

Cosmic Paradigm Newsletter  
by Mark Kimmel  
November 22, 2005

Dear Friends,

Myriad messages, contradictions, many quoting some supposed off-planet source. The world situation is getting worse -- secret societies, terrorism, economic chaos, environmental damage, etc. We are being bombarded by energies from the galaxy, we are about to be rescued, or we are ascending to a higher dimension. Information overload? Or is it the sign that the end is near?

There is little doubt in my mind that time is speeding up, consciousness is shifting, and we are on the verge of a new dawning. The big question is how we will choose. The alternatives are more of the same, getting progressively worse, or an ascension to a whole new way of living. When you are presented with these possible futures, will you risk the unknown? To which path will you give your vote?

As I have said before in this newsletter, in my talks and gatherings, and in individual conversations, "Do your own research. Reach your own conclusions. Follow your own path." The subject of UFOs and extraterrestrials is the second most popular topic on the Internet. Messages go round and round. New web sites pop up every day. I reiterate, "Be discriminating"

Having said the above, I find a few messages compelling and appropriate for what I believe is THE DEFINING MOMENT IN THE HISTORY OF THIS PLANET. I present below a sampling.

I have other interesting articles that I would like to share with you, but they would make this newsletter too long for some.

They will be posted at [www.cosmicparadigm.com/Articles\\_of\\_Note.htm](http://www.cosmicparadigm.com/Articles_of_Note.htm)

Interested in joining with others to help transition the people of this planet? Want to know more? Want to share your contact experiences?

Join the Cosmic Paradigm Network at [www.cosmicparadigm.com](http://www.cosmicparadigm.com)

With Truth and Love,

Mark Kimmel

You can order the paperback versions of TRILLION, DECIMAL, & CREATING THE COSMIC PARADIGM at <http://www.UFO-truth.com/> TRILLION & DECIMAL are available through bookstores.

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From Peter Farley:

The following are excerpts from messages given to Erica in her earlier channelings of the Spiritual Hierarchy and her own angelic Guidance. In it there is an understanding of what each and every one of us is going through in preparation for the war currently raging between humanity and its enemies and the more personal war going on within each of us between the Light of our own Knowingness of truth and the dark side that wants us to remain passive during this ongoing war. The choice always remains ours and no judgment is made about that choice. From personal experience of working with so many people and on my own past lives, I can share with you the fact that the pain of making poor choices in the past never leaves us but always remains a cancer eating at our spiritual insides from lifetime to lifetime, clouding our existence and holding us back from the joy of making a real commitment to both our own spiritual growth and to the service to others which allows it to take shape.

With all the 'tactics' the Spiritual Hierarchy, as I like to say, used to drag me kicking and screaming into doing this very very difficult work, none had more of affect on me than the words of the Nine from the book *The Only Planet of Choice*--"What will it be like going through Eternity knowing that the lifetime that truly counted you didn't step up to bat". Everything we have ever been and done is to prepare us for this very war now taking place. We have now finished the training, now all we have to do is step forward to serve.

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## **THE ARCTURIAN CORRIDOR**

### **A Message from the Arcturians**

We, the Arcturians, have been chosen by the Galactic Council to be Gaia's Guardian during Her, and Her inhabitants', transition into the fourth and fifth dimension. We ascended from the third dimension eons ago. Since then we have served as guardians to those who wish to follow the highest Path of Pure Consciousness. In fact, in your "time," many of our kind have taken physical earth bodies to assist in Gaia's planetary ascension. We resonate to the fifth dimension and beyond. Therefore, entering a corporeal earth body is a great sacrifice, one which we joyously accept.

The Arcturian Corridor is a tunnel of light, which serves as a stargate--an inter-dimensional portal--projected toward Earth. Because the Corridor is in close proximity to Arcturus, and because of our comment to assist those on the Path of Ascension, we have been chosen to be the Guardians for this Corridor. Beings who wish to participate in the third dimensional experience travel through that portal to Earth. Then, when they have completed lessons on the lower worlds and wish to leave the "wheel of life and

death," they return to the higher dimensions through the same portal--the Arcturian Corridor.

We have been chosen because we have the greatest ability to utilize the force of love to fulfill Gaia's Divine Plan to become a planet of Unconditional Love and transform into a Star. The beloved members of the Pleiades, Sirius, Andromeda and Antares, as well as the Brotherhood and Sisterhood of Light, the Angelic Kingdom, the Ascended Masters of Earth, and the awakened members of Earth join to fulfill this Planetary Ascension.

Click here for this entire article ~

<http://www.multidimensions.com/cgi-bin/yabb/YaBB.cgi?board=news;action=display;num=1058711720>

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### **Reading from Hopi Nation**

"You have been telling the people that this is the Eleventh Hour.  
Now you must go back and tell the people that this is the Hour.

And there are things to be considered:

Where are you living?

What are you doing?

What are your relationships?

Are you in right relation?

Where is your water?

Know your garden.

It is time to speak your Truth.

Create your community.

Be good to each other.

And do not look outside yourself for the leader.

This could be a good time!

There is a river flowing now very fast.

It is so great and swift that there are those who will be afraid.

They will try to hold on to the shore.

They will feel they are being torn apart, and they will suffer greatly.

Know the river has its destination.

The elders say we must let go of the shore, push off into the middle of the river, keep our eyes open, and our heads above the water.

See who is in there with you and celebrate.

At this time in history, we are to take nothing personally.

Least of all, ourselves.

For the moment that we do, our spiritual growth and journey comes to a halt. The time of the lone wolf is over. Gather yourselves!

Banish the word struggle from your attitude and your vocabulary.

All that we do now must be done in a sacred manner and in celebration.

We are the ones we've been waiting for."

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## The Elders, Oraibi, Arizona Hopi Nation"

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Every so often you will hear the expression used that indicates that everything is in the Now. For you who operate in linear time, it is difficult to imagine because you have a distinct impression of what has just passed. Your life revolves around the cycles of time, and you have night and day, weeks, months and years as you record or map out your activities. Linear time is your understanding, but in reality the past, present and future are one.

Sometimes when you are relaxed and your mind is open, you can get a "feeling" of the Now and time seems to stand still. Until you progress upwards into the higher dimensions you will be unable to experience it fully. In linear time you are bound by it because of the physical nature of your dimension, but you would be released once you left your physical body. Quite a few of you have had out of the body experiences, and some have encountered circumstances where it would seem that they have been away hours, only to find it has been just a short time.

Also bear in mind that when you can travel by thought almost instantaneously, time no longer applies because everything Is. Travel back to the past, or even into the future and time as a measurement becomes irrelevant. Some of you have been aboard our ships and traveled out of your solar system and visited other planets, yet when you have been returned your idea of time has been turned upside down. You have equated your experience with your existing perception of time, and inevitably you find that it is totally different to how you "felt" it. The reason is that time is not constant, and it becomes an un-necessary term of reference when freely traveling in the higher dimensions.

Imagine that you visited a planet with binary suns, and they were placed in such a way that you never experienced night and day as on Earth. Living in constant light there would be no demarcation such as you now have with night and day. Night for you is also a distinctly separate part of your experience, as normally it is a time for sleep and re-charging of your physical body. In the higher dimensions that many of you will eventually enter, you will no longer have the need for sleep and will be able to re-charge from the energies that are perpetually around you. Consider that without night and day, and in constant light you would not have or need the familiar time reference you use.

On Earth you do take in energy from outside of you, but also because of your heavy physical body you also need solid food. Even on Earth as you refine your physical body, so it becomes lighter and you find less need for the foods of heavy vibrations such as meat. You also have less need to eat in copious amounts, and if you do it has a debilitating affect. Putting these facts together, you will begin to understand how your whole life style is changing, and it will prepare you for even more as you approach the final years to Ascension. All of the time the energies coming to Earth are being raised up as the refining goes on, which also helps raise your consciousness.

Think of the fact that as everything is in the Now, you can move anywhere into historical times. You can observe the Earth when it was being formed, and in speeded up time if you wish. Can you see that once your mind is unlocked and not reliant on time as you presently use it, you will soon learn to exist without it. I know that some of you already get moments where you lose touch with time, and it is not that there is anything wrong with you. You are losing your dependence upon time because you are not allowing it to fully rule your life.

A number of quite radical changes will occur as you prepare for Ascension. The main one will be the change to your body, from one of carbon based cells to crystalline which are suited to your existence in the higher dimensions. You will see changes that will return you to the state of perfection written in the coding of your DNA. No ill health or aging, no deformities or disabilities as these will no longer be able to exist. It may sound impossible, but I assure you that it is so in the higher vibrations.

Some visitors to Earth, have already carried out what are to you miraculous healing. Your methods are very antiquated in most respects, as you are more drug dependant for treatment that does not necessarily address the cause. You do however have many forward looking people who have worked in alternative medicine, but often in the interests of maintaining the grip of the Pharmaceutical companies, it is suppressed. This will all soon change, and as an interim measure new means of treatment will be introduced, until even they will become un-necessary.

At present your minds are occupied with all manner of problems, and many struggle to exist in a world where there is sufficient for everyone. Again, all of that will change when your off world family arrive openly on Earth. We know the will and co-operation is there with you, and we shall combine our efforts and quickly re-organize your society to one that more reflects what is for the good of all.

I am Ela of Arcturus and we dwell in much higher dimensions that are already absolute living pictures of beauty and color. These are our creation, and you too will also have such powers before very long. What we have created reflects the harmony and Love we have within us, and carries the consciousness of that Love. There is no negativity and everything exists in its perfection, and all interacts with its particular energies. The interchange of thought extends to all including the smallest blade of grass.

I leave you with these thoughts, as soon your minds will be presented with a whole multitude of new ideas and possibilities. Expand your minds now and begin to perceive what is possible, as anything you can think of can be created. You have a certain success using your power of thought, but know that there will come a time when you shall be able to create at will. The Great Light that permeates All That Is comes from the Creator, and we acknowledge that Great Love that abounds everywhere. We offer our thanks for the wonderful experiences that beckon, as we all climb the higher dimensions to create even higher expressions of the Creator's Love.