

The Cosmic Paradigm Newsletter  
November 11, 2006

In this newsletter and for the next few months we are going to examine what each of us can DO about the situation on this planet. Those who observe us from afar are awaiting a sufficient stirring among Earth's inhabitants so that they might offer their assistance. Until they can detect sufficient numbers demonstrating a willingness to listen, they are constrained in what they can do. I.e. until we act, they are unable to act. This situation has been going on for some time, all are getting restless to see when we will break from the chains of our enslavement. Please note that I say "when, "not "if."

To start this off, we first need to wake up to what is going on about us. The world is applauding the recent election in the U.S. What are the implications of this for me as an individual, for other countries? Economists are predicting a slowdown in the U.S., a falling dollar. How does this impact me? What does this portend for the rest of the world? The environment continues to degenerate. The signs of global warming are manifesting themselves in many ways. What does this mean for my lifestyle? Can the nations of the world cooperate to reverse this? What is the real story behind these headlines?

We must each come to a realization that things are not as they appear. We need only scratch the veneer of that which surrounds us to realize that we do indeed live in "The Matrix." As I have traveled about this country and abroad, I have said to people, "97% of what you grew up believing is not true." When I started saying this a couple of years ago, I did not fully understand how true these words were. Now with each day, with each new conversation I have, with each new book I read, with each new email I receive, I understand more and more. We are living in a fabricated reality.

The fabrication began many, many years ago and has grown to encompass every aspect of our lives. History has been rewritten to gloss over our origins, origins that involved active intervention from beings not of this planet. Indigenous peoples have been marginalized so that their truths about contact with celestials and star people would appear to be the ranting of a primitive people.

In more recent times all of our institutions -- government, religious, financial, medical, legal, scientific, educational, military, media -- have been captured and turned to serve those (both planetary and non-planetary) who do not have our best interests in mind. Our money continues to be inflated, a hidden tax wielded by politicians. A shadow government controls events behind democratically elected governments. Those who know the truth are ridiculed and forced to play the game or risk loss of career, loss of income, loss of family, and/or loss of life.

A quote from, "The Report from Iron Mountain," from the Hudson Institute, a private think tank from the 1960's, may help you comprehend the scope of one aspect of what we are faced with:

The war system not only has been essential to the existence of nations as independent political entities, but has been equally indispensable to their stable political structure. Without it, no government has ever been able to obtain acquiescence in its "legitimacy," or right to rule its society. The possibility of war provides the sense of external necessity without which no government can long remain in power. The historical record reveals one instance after another where the failure of a regime to maintain the credibility of a war threat led to its dissolution, by forces of private interest, of reactions to social injustice, or of other disintegrative elements. The organization of a society for the possibility of war is its principal political stabilizer.

Yes, our first job is to recognize the veneer of our society. Our second job is to decide whether we wish to continue to play along, or not. It is one thing to complain about the current condition. It is something entirely different to decide to turn our back on it. This decision has far-reaching implications. Once you start down the slippery slope to admitting the truth and refusing to play the game, you enter a whole new ballpark. IT IS PROBABLY THE SINGLE MOST IMPORTANT DECISION EACH OF US CAN MAKE.

There are hundreds of worthwhile web sites, the following give additional insights into the truth behind the veneer:

<http://www.wanttoknow.info/index.shtml>  
<http://observer.guardian.co.uk/>  
<http://www.independent.co.uk/>  
<http://www.nomorefakenews.com/index.php>  
<http://www.solari.com/>  
<http://www.fromthewilderness.com/>  
<http://www.whatdoesitmean.com/index632.htm>  
[http://projectcamelot.org/ralph\\_ring.html](http://projectcamelot.org/ralph_ring.html)  
<http://www.poclad.org/>  
<http://www.realityzone.com/>  
<http://www.newswithviews.com/Devyv/kiddA.htm>  
<http://www.gnn.tv/>  
<http://www.earthchangestv.com/>

Interested in adding your energy to those who are dedicated to a positive transformation of this planet? Join the Cosmic Paradigm Network at

[http://www.cosmicparadigm.com/Join\\_CPN.html](http://www.cosmicparadigm.com/Join_CPN.html)

Next newsletter we will explore what steps each of us can take after we make THE decision.

In Truth and Love,

Mark Kimmel

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November 9, 2006

\_\_S: Hi, Sweetheart! Let's get going on your message.

\_\_MATTHEW: Thank you, Mother dear soul, for taking time from our family's visit to do this. It will be brief and not our usual style, but I do want to get it out before mid-December when the last will leave.

\_\_Now then, thoughts around the world are focused on the results of the elections in the United States and speculations as to "What changes will we see and how soon?" So, at the risk of appearing like a political analyst--you have plenty of those--I shall speak about this, first as it is registered in third density consciousness where two aspects are being given serious thought. One aspect is widely known: The Democrats have wrested congressional control from the Republicans, and most informed people worldwide are, at the least, relieved. The second is comparatively unknown: Some members of both parties are either Illuminati themselves or are influenced by that global organization; the voting did not change that or their determination to continue their march to world domination, however futile that intention is except in their minds.

\_\_Nevertheless, even though more Democrats would have won and those who did would have won by greater numbers had the election been conducted completely honestly, the outcome would not have changed. Remember, the Bush administration doesn't act on its own--it is simply the most visible and seemingly the most powerful element of society that secretly is managed by the Illuminati. With the growing dissatisfaction of US citizens about their president's policies and the continuing exposure of corruption within their government, the Illuminati saw that a change of parties was necessary to "reflect the will of the people" to keep alive a while longer the façade of a "free society."

\_\_Another prevailing third density response to the election outcome is that surely now there will be a considerable change of course in US domestic and foreign affairs. To the contrary, there will be no change at all in the course that was set decades ago--it has been mightily reinforced! Now I am putting the election into a universal context, and I tell you that at this station and all others where evolved souls in spirit or body reside, there is jubilation as we watched the light intensifying. It started with the people of the United States anticipating election day with heartfelt desire to initiate steps toward peace, to clear their government of corruption, to restore civil and human rights to those who are being denied them, to uplift the lives of the poorest among the citizenry, to protect the environment so their children and grandchildren will inherit a safe and sane world. Their hopes for all of this continued to build and burst into elation as the election returns came in. Peoples around the world who just as fervently want peace and see the winning party as the catalyst added another huge measure of light to the brilliance emanating from the United States. This LIGHT that you collectively have been generating is what is vital about the advent of that election and its results!

\_\_ We are not overlooking the feelings of those who are disappointed or what the Illuminati may think to do to keep their plans moving ahead. And here I am moved to tell you that, as much as we understand your keen interest in who wins a major election in any country and how people of all nations may benefit--and we understand as well the dark ones' dreams, however shattered those will end up--it is time to serenely sigh "Aaaaah" and wend your way out of immersion in third density issues. Yes, by all means be informed, and truthfully so, but remember that your foremost purpose in being there is to advance your own and Earth's evolution.

\_\_ Mother, I think this is a good place to insert my response to Jean's [[Jean Hudon - earthrainbownetwork-subscribe@lists.riseup.net](mailto:earthrainbownetwork-subscribe@lists.riseup.net)] request, so will you please do that and then I'll continue along this line.

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\_\_ November 5, 2006

\_\_ Mother, please pass on to Jean my comments about the material he sent to you concerning known and secret prison facilities around the globe. Thank you.

\_\_ "In a few short years your world's peoples will be living in peace, love and harmony, but in this moment it is true that some souls are treating many others in unconscionable ways. At this station there is no hatred for or judgment of those who order or willingly implement torturous interrogation, but we do have emotions even more heightened than yours and we deeply feel sadness and disappointment that these manifestations of darkness still exist. It is logical that since we have repeatedly assured you that the light is stronger than the darkness, you are asking, 'Then why do they still exist?'

\_\_ "You may recall that in several of my messages I have spoken about the souls who agreed to serve in seemingly 'evil' ways that would, however, lead to the completion of Earth's karma that is the collective karma of her residents; then those souls would join the light. The opportunity to complete difficult lessons and learn--actually, not learn but remember their Oneness with All That Is--and achieve the balance needed to move into higher densities is why so many souls chose to reincarnate even knowing that the path would be difficult.

\_\_ "However, those who had agreed to serve in the 'heavy' roles became attached to their power and refused to relinquish it to join the light forces as they had agreed. They did this knowingly and willingly because in their arrogance, they felt that they could defeat Earth's lighted souls through creating one fear-filled situation after another. They know that the energy of fear is incompatible with the energy of light, thus fear is their most effective tool and also the fuel that enables them to keep their power over others. Through this means of fear they have continued in control for several linear years beyond their soul contracts' provisions. Yet they also know that Earth is ascending steadily into the frequencies where darkness cannot tolerate the light intensity, and as their realization has grown that they cannot reverse her determined course into the higher vibrations, their

own fear has grown accordingly until this point when they are operating in pure madness. Without question, their days in power are numbered precisely because the light is exposing their atrocities. Between the frequencies in which Earth now is revolving and the in-pouring of light from your space family, the light is unstoppable, unbeatable.

\_\_ "What is so important for you to know is that each of you must choose whether to physically journey with your planet homeland. Your trip ticket is not automatic, but the 'cost' is within the means of everyone--simply, let the light fill you! It is as easy as recognizing and feeling grateful for the beauty of Earth and the blessings of your life; treating all life forms respectfully; being truthful, kind, generous, compassionate, forgiving, helpful--and fearless!"

\_\_ Mother, I think that is enough, perhaps even more than enough, for Jean's request. Please save this for my next message, when I will continue with spiritual awareness and guidance.

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\_\_ MATTHEW: Thank you. Indeed, your thoughts, feelings and actions dedicated to helping others and improving your world are an essential part of manifesting your own light and a vital addition to the light-beaming and technological assistance from our space family. We wish you could know Earth's gratitude for your contributions, and the gratitude of your own souls! We, and beloved Earth too, want you also to know that your light will shine even more brightly when you rise above preoccupation with worldly issues, especially wishing for public disgrace and prosecution of the ones you see as responsible for all the world's woes. Each of them will judge self in accordance with universal laws--let this be sufficient in your minds and hearts so you can live and love fully in each moment.

\_\_ I think that everyone reading this knows that love and light is one and the same, only differently expressed, and as the total essence of Creator, it is the most powerful energy in all of Creation. You know that every soul in this universe as a part of our Supreme Ruler, by whatever name, is thus a part of Creator-Creation, and at soul level we are inseparable. It matters not whether we are in etheric or physical realms, in one galaxy or universe or another, the stage of our soul evolution, or our conscious acquaintance with one another: We are One. It is time to put yourselves squarely into this Oneness of All by releasing your third density thoughts and desires to punish those who have harmed many others and instead give and receive love--BEING the Oneness. Not only is this the sublime pathway of your spiritual journey, it is your ultimate gift to every other soul.

\_\_ Mother, it occurs to me that not everyone reading this may know all of that, and we know it is far easier for us to simply state those truths than it is for you to understand them. There is a chapter in one of the books about how love-light works that I think can be very helpful to readers. I see that you know what I'm referring to, so will you please copy that, and let it also be my loving farewell for now.

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\_\_ [The following is a chapter in Illuminations for a New Era.]

\_ LIGHT AND LOVE IN ACTION \_September 22, 2002

\_\_ MATTHEW: Light is light, Mother, just as truth is truth, so it's not as if your tacking "divine" onto light promotes it into "lightest." Simply, light IS divine! The light attributed to the sun actually is from God through the Christed realm that was made by Creator, ruler of the cosmos, so regardless of how light is manifested within each person or how it is directed scientifically, it all comes from Creator. This self-generation of energy in light form is from that top technical expertise, you might say, so scientists who think they have gotten around the need for a supreme being are not as savvy as they think.

\_\_ Light is the composition, or ingredient, of the soul, and it is the light streamers that identify each one regardless of its spiritual station, physical body or discarnate state, or location in our universe. Those souls referred to as "light beings" reflect it in their spirituality and morality, but even those who are referred to as "dark" retain a spark, otherwise they could have no life at all. The force of what we call "the dark forces" is the negative attachments to energy that cause fractures in their light streamers and eventually extinguish all light except that connective spark to Creator.

\_\_ Light is within your spirit, the sensation you describe as feeling light-hearted because something joyful is happening or you're remembering it. That sensation is the light coming from your soul, connecting with your mind and flowing through your body to produce joyful feelings or an Aha! inspiration.

\_\_ Reception of light is the province of the soul, absorption of light is the province of the body. The body directs the light into the cells, which have been programmed by the DNA to accept it, but the soul may deny its entry. This is how the topmost dark forces are able to make puppets of the people who make free will choices with dark proclivity. Their souls voluntarily deny the light entry, which precludes absorption by the cells and thus adversely influences the souls' DNA. Since DNA is the knowledge handed down from one soul generation to the next, the inclination toward darkness becomes more and more inculcated in that DNA until the affected souls arrive at lost soul status. (NOTE: Revelations For A New Era "Lost Souls" chapter explains how souls reach that status and can be redeemed or reabsorbed by Creator.)

\_\_ S: When you have talked about sending light, I've interpreted it to mean that we automatically do that simply by loving people, but now I'm not sure that's all there is to it. If not, then exactly how do we send light to someone?

\_\_ MATTHEW: You're certainly right about feelings of love for someone carrying light to that person, as love and light can't be separated any more than two sides of a coin can be. Light is the visual, or external, proof of its conjoining love, which has its own

evidence in your world. But there is no division of this homogenized energy into a light compartment and a love compartment. Oh, you could say that light is the makeup of a soul and love is a capacity of the soul, but how can one separate those any more than one can separate the soul's linkage with Creator, the maker of no less than the cosmos?

\_\_ But you're also right in thinking there may be more to it than that, and even though you don't have to understand the process of light-sending for it to be effective, you may want to know how it goes.

\_\_ Think how you react when one of your dogs comes to nuzzle you or you hear one of your favorite symphonies or see a lovely flower, feeling as if your whole self is lighting up. That is what is happening! You actually are being filled with the light your body cells are absorbing simply by the experience. You didn't have to do a thing to get that light feeling, and the cause that evoked it didn't have to make any special effort to create your feeling, either. Simply by your soul's being receptive to the light, you get it.

\_\_ The light passing from one person to another is no different in cause and effect, but you may want to initiate it by directing your thoughts, which are aligned with your feelings, toward someone, and when you do, instantaneously that vibration is with that person. The energy flows from you along your thought form of intent and intensity and it goes directly to the "energy address" you want it to. The quality and quantity of light that is received is exactly that which you send. True, the receiver will not consciously know this, but the receiver's soul always is aware of the incoming energy.

\_\_ People known as "energy healers" act as vehicles for pulling in energy from the neutral universal pool, letting it flow through their souls where the love aspect and the direction are attached, and flow on to the person of that attachment. There can be no "false addresses" because the feelings are totally clear.

\_\_ This is why it is vitally important to send light to people whose attitudes or deeds you regard as detestable, to try to influence a "lighter" approach in their activities. Verbal or written pleas may or may not touch their conscience, as that layer of the soul atrophies when its messages are ignored time after time after time, and light reaching their "entire" souls is the only way to help them literally "get it."

\_\_ While it is true that one to whom light is sent may choose not to receive it, it is just as true that ONLY light with its healing love energy can eliminate hatred, violence, oppression and warring in the hearts of humankind. Retaliation in kind never will do it! Think of Earth's history - did the first war on the planet end all fighting for control and result in peace, harmony and kindness? No war ever guarantees anything except more of itself until light enters the scenario.

\_\_ The souls who are inclined toward darkness in their thinking and doing aren't able to produce light themselves, so they can neither uplift their own motives and deeds nor influence any others toward benevolence. That's why love must be generated elsewhere and sent to them. When it is sent in such abundance that you could almost term it a "love

assault," it cannot be ignored because the energy of it is too powerful. As the most powerful energy in the universe, love IS Creation, and where there is light, darkness simply cannot exist.

\_\_ All in existence is manifested and connected through the energy generated by the continuous flowing of light-love being directed and received. There simply is no beginning and no ending, there just IS - the All That IS, the I AM, the Totality. And each soul is part of it. Each soul has the capability of holding light or darkness.

\_\_ And that brings us back to why I've often told you it is imperative to send light - or love, if you will, as they're the same - to those whom you regard as evil or cruel or despotic. This is not condoning what they do or being indifferent to the suffering they cause, and it certainly is not supporting their activities! What it is, is understanding that darkness is not the enemy of light or the opposite of light, it is the absence of light, and only by having that void filled can the darkness be overcome.

\_\_ Withdraw the fuel of the dark forces by sending to them what is missing from their souls, something they cannot create themselves: Light. The soul in darkly-perceived reality believes it has been abandoned by its Creator. That soul is suffering from fear, and in its frenzy to rid itself of fear, its dark nature consistently turns to the false gods of political power and money. The presence of light is frightening because a dark soul knows it cannot survive in the light frequencies, but it doesn't realize that it can thrive if only it will receive and absorb the light within its being.

\_\_ That is why we ask that you send light to those beings. We also ask that you not judge any but feel compassion. We ask that you not feel negative emotions about their deeds, as those do not have any effect at all on those beings, but they do have adverse effects on those who harbor those sensations.

\_\_ S: Matthew, you've mentioned this before, but it's hard for me to separate my thoughts about the people who are causing such terrible suffering from what they're doing, so I don't see how I can be sending them light. Can you please help me with this?

\_\_ MATTHEW: Mother, you would turn on a flashlight to guide someone out of the darkness of uncertainty and anxiety onto a path where they are confident and secure, wouldn't you? Those souls have lost their way and are fearful and foundering. Do not think of them as their deeds, but rather what you want for the world! Think of kindness, helpfulness and justness and sharing, think about the world's people living in harmony, peacefulness and love and send those thoughts to those souls in darkness.

\_\_ S: Yes, I see, dear. Will you please put light and love in the context of everyday life insofar as our being receptive to it and also how we can express it?

\_\_ MATTHEW: I am happy to do this, Mother! Being receptive to the light brings spiritual growth beyond third density limitations. These limitations include feeling prejudice and hatred of differences, acting in greed, judging others for their choices,

holding resentments or desiring vengeance, progressing by ruthlessness and cheating, controlling others and denying their free will, blindly following dogma or orders when instinct tells that they are not based in godliness. And the greatest of all prevalent third density limitations is fear.

\_\_ Actually, all of those negatively-bound emotions and motives I mentioned arise from fear. Without understanding that, you could logically think that in changing directions in some of those areas while remaining fearful of personal or world situations, you are growing spiritually. That is progress indeed, but not in the measure you may think. Spiritual evolution is learning to live without fear. It is learning to live with full trust in the power of love, the most powerful force in the universe.

\_\_ The word "love" has been so commonly used that it is severely abused, as in "I love artichokes" or "I loved that movie," so first I say what love is not. Food and entertainment can indeed give pleasure, and I surely am not debasing enjoyments that can be uplifting, but those fleeting sensations are not love.

\_\_ Neither is love the physical attraction of one party to another that leads to anxiety about the long-term security of the relationship. Love is not controlling a mate, it is not pitying or worrying about family or friends, it is not professional success, it is not possessions.

\_\_ Love is not dependent upon fame or financial wealth or others' opinions of you. Love is not crusading for your beliefs or proselytizing. Love does not require understanding mystical spiritual teachings or all karmic components of experiencing or the continuum that you call time and space or the universal laws.

\_\_ So, then, what is love? In simplest terms, love is God's sharing of Himself with all of His creations. Love is the healing force of the universe. Love is within the soul and needs only your allowance of those innate sensations of loving others and receiving their love for you. Love has no limitations, no boundaries to its capacity.

\_\_ In expression, love is treating others with kindness, fairness, honesty, compassion, helpfulness, caring. If love can be said to have "ingredients," then those are some of the ingredients of godly expression in action.

\_\_ Knowing that you and God and every other of God's creations are inseparable is love. Knowing that Earth is a sentient, conscious life herself and respecting all of her life forms is love. Realizing that no one can know others at soul level and therefore does not judge them but rather does not condone an action seen as injurious, is love.

\_\_ Listening to one's godself is love. Living the kind of life that engenders loving self is love. Feeling joy yourself when you see it in others is love. Doing something that brings joy to another is love. Forgiveness of self and others is love. Sharing your resources with full heart is love. Doing good deeds without attaching expectations is love.

\_\_ Feeling peace of heart and mind is love. The quiet thrill of seeing a sunset or hearing a songbird is love, and a smile is one of the simplest and most radiating expressions of love.

\_\_ In any or all of these instances and many others that you may encounter that instinctively you know are love in action, you are manifesting your love for and of God.

\_\_ Mother, I don't think I've told you anything at all surprising. But perhaps it is good to have some references as a guiding light in these times when darkness may seem to be overshadowing the magnificent abundance of love that is in your world.

\_\_ LOVE and PEACE

\_\_ Suzy Ward\_\_

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