

The Cosmic Paradigm Newsletter
By Mark Kimmel
July 5, 2007

Dear Friends,

A few weeks ago I was feeling a bit overwhelmed by all that is occurring and asked repeatedly, "What was going on? After several requests, I received the following response, very clearly, word for word, "These are the winnowing times." I searched the dictionary to confirm my understanding of winnowing and found, winnow: 1) To separate the chaff from the grain by means of a current of air. 2) To sort or select (a desirable part).

As I have been saying in these newsletters for many months, this is the time of the transformation of our planet, of our individual transitions. For me, the above words, from a much wiser source than I, confirm the notion that the situation in which we are living is indeed a time of choice.

As I write this newsletter, with lots of help I might add, I recognize what changes in my perspective have occurred these last few years. This newsletter was first published in November 2002. For those of you who remember that first edition, you may recall my sense of wonder at UFOs and ET contact. In the intervening years, I have shifted my focus from the phenomena to the meaning behinds it. In more recent months, I don't talk much at all about ETs, rather I find myself much more interested in what is going on in our world during these transition times. I am grateful for my many experiences with UFOs and ETs; they served to open me to the larger reality. I am similarly grateful for all the messages coming from ETs, angels, spirit guides and celestials; they have enriched my perspective. I have now successfully developed my own communications with wiser beings.

The message I want to convey to you today is one of love. First I want to say that the way in which I am seeing the fear-filled events of our times is that they are important. However, they are backdrop to the drama in which I am immersed, the drama of choosing whether I will function from a basis of fear, or from a basis of love. If the fear -filled events stay at the forefront of my consciousness, I will act out of fear. By relegating them to the backdrop, I can become a loving observe of the drama, and I can function from a state of love.

As we see the fear based decisions we have made over these past few years, we can see them for what they were: experiences. We can put aside their influence on us. We can reject their pull on our psyches. We can see ways to turn them into an impetus for action. We can become loving observers of this landscape, marveling at the power it has to snag others.

Neither are we lulled into denying that any of the larger reality exists, living in the comfort of denial. Denial and comfort are traps just as surely as fear. Comfort displays an

unwillingness to grow, an attempt to hold onto the world as it is, to avoid change. If there is one thing that is a constant it is change and we are well advised to welcome the changes.

In earlier newsletters, I have spoken before of the power which we as individuals have -- the power to change this world into that which we would desire. (My earlier newsletters are archived at http://www.cosmicparadigm.com/Newsletter_Archive.html .) In those earlier messages, I encouraged you to discover that power for yourself. I have also encouraged you to hold in your heart the vision of a wondrous new world, a world based on love not fear. Earth is to become an idyllic place where all people are honored as unique individuals. Where health, energy and wealth are available to all. We now have an opportunity to bring that idyllic world closer to reality.

The power of mass meditation has been shown in several circumstances, most notably when a group meditated and the crime rate in Washington, D.C. diminished. Much the same can be said for prayer. We are at the point in our evolution where we are being called to be proactive. Meditation is something that anyone can do -- in private, with love, without fear.

ON JULY 17TH, A WORLDWIDE MEDITATION IS PLANNED. I ENCOURAGE YOU TO PARTICIPATE. GO TO THIS WEB SITE <http://www.firethegrid.com/index.htm> . I INTEND TO BE PART OF THIS. I HOPE I WILL FIND YOU THERE!

The specifics of your meditation are not nearly as important as your presence. Not all of us will have the same vision of a New Civilization on this planet. That is perfectly fine. Part of our new civilization is embracing diversity. Be part of the tapestry we are weaving -- a new way of being.

Until we have a chance to chat again,

In Truth and Love,

Mark

My new book, "Birthing a New Civilization," is now available at <http://www.cosmicparadigm.com/AboutBirthing.htm>
In it you will find much more of what I am communicating in this newsletter.

You can order the paperback versions of TRILLION, DECIMAL, & CREATING THE COSMIC PARADIGM at <http://www.cosmicparadigm.com/>

The information presented in this newsletter is based on what we believe to be true. It is from reliable sources and our own personal experience. Copies of earlier newsletters and special reports are available at <http://www.cosmicparadigm.com/>

This editorial opinion is provided by Mark Kimmel. For breaking news, information, personal stories, newsletters, and books relating to extraterrestrials, implications of extraterrestrial contact, and the Cosmic Paradigm go to <http://www.cosmicparadigm.com/>

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