

COSMIC PARADIGM NEWSLETTER

By Mark Kimmel

August 17, 2007

I informed you a little over two months ago that I was entering a "quiet time" when I would not be giving talks, doing radio interviews, or reading emails; I had already been avoiding television, talk radio and newspapers. During this time, I began a daily yoga practice which I am finding suits me quite well. And I have spent enjoyable time in what a Colorado summer has to offer: gardening, hiking, fishing and camping. It seems that getting in touch with Earth was exactly what I needed.

Now, as I sample the outside world once again, the media would have me believe that little has changed. However digging beneath the surface, I see change everywhere. Nowhere is this more evident than at the grass roots level where millions of small organizations are springing into existence to address everything from global warming to local supplies of organic food to sustainable living to a renewed spirituality. I see these signs taking place against a hopeful background where the light of truth shines ever more brightly on the deceit of politics and the real reasons behind our valiant men and women overseas.

As for news about UFOs, a more or less usual number of published sightings is being reported from around the globe. (You can keep track of these at: <http://www.cosmicparadigm.com/ufonews/>) I continue to receive lots of emails from folks who are having encounters with ETs. Yes, it is startling; just know that you are not alone in this and that you can say "NO" if things get beyond your comfort level. Enjoy these phenomena, including crop circles, whose purpose is to awaken us. (Ever since I saw my first UFO, I have been unable to concentrate on the ordinary things of 3rd Dimensional existence.)

I found my email full of news from many sources. Some were fear inducing doom and gloom predictions of everything from global warming to financial crisis to terrorist attacks. (I am not saying ignore these; rather see them for what they are: fear inducing. And do not allow yourself to get caught up in the drama.) Some are subtle as they portray certain extraterrestrials -- formerly known for their opposition to our enlightenment -- as now members of the uplifting team. I, once again, offer a warning against believing everything you read in the media or on the Internet. Do your own research. Go deep within to find your truth.

The messages I do take time to read are encouraging as they track the progress of the transformation of our planet. I find it most interesting to note the ways in which each message is geared to a particular audience, a particular background, or a particular spiritual orientation. (As I see it, there is one for anyone who is open to new ideas.) Yet, despite their differences, all these messages suggest the same thing: **NOW IS THE TIME OF OUR TRANSITION.**

I had time to communicate with my spirit guides and a group of ETs who call themselves "The Wise." This is in addition to my more or less continuous communications with celestials. Despite an occasional chiding that I be more patient, they all support my journey and confirm the material I present to you.

I also had the opportunity to step back into the world of business, finance and legal matters. Like climbing back on a bicycle, I understood what was said, exchanged views, and offered opinions. In each case I came away with the feeling that I had never left my previous role. I also found myself most reluctant to immerse myself once again in that world. These forays confirmed for me how different the energy is from the energy involved with helping the transition of the planet.

THE FOLLOWING MESSAGE FROM MATTHEW SUMS UP THE HUMAN CONDITION. IT WAS BEAUTIFULLY WRITTEN, BY SUZY WARD, AND VERY MUCH TO THE POINT. THE TRUTH OF THESE WORDS RESONATES WITH MY SOUL. I ENCOURAGE YOU TO STUDY IT.

Interested in working with others to help the enlightened transformation of this planet? Join the Cosmic Paradigm Network at http://www.cosmicparadigm.com/Join_CPN.html

I wrote in my last newsletter, "These are the winnowing times," and indeed it has proven so. I honor those who have chosen to withdraw from the messages I present. I expect more may choose to do so after the controversial material below. This saddens me; I wish them the very best. Please note, if you want to continue receiving these newsletters, don't change your email without letting me know and empty your box regularly. If I get a returned email, I have no choice but to cancel your subscription.

In Truth and Love,

Mark

August 1, 2007
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Presidential order re: Iraq war dissenters; "Fire the Grid" and "7-7-7" effects. SPECIAL - Message from God

[Guests on "Matthew and Friends" www.bbsradio.com August 8 will be Mike Quinsey, www.treeofthegoldenlight.com , ET First Contact; and September 5, Alfred L. Webre, www.exopolitics.com , universal politics, government and law.]

MATTHEW: Along with loving greetings comes my farewell for a while. My mother, Bob and their dog family are relocating, and traveling, moving preparations, resettling and collaborating on a book as part of an expanded mission will occupy all of my mother's time for an indefinite period. I ask that you please not write to her as her inbox is overflowing; during the past many months she has had little opportunity to answer emails, and those as far back as March will receive her attention first.

God and I discussed that this is a fine time for Him to speak to you via this means, and to give space for this as well as address the two subjects most prevalent in your emails, I shall comment only on those, and briefly. The first is the concerns about President Bush's executive order that permits the arrest of dissenters with his war policies and confiscation of their property. When you put that order into the context of what you know through our messages; the Internet's widening exposure of evidence of the administration's deception and wrongdoing; and the facts that major media are being forced to report because of growing public awareness and outcry, you can see that FEAR is the real intent of the desperate ones who conceived of the order. They know that there is no possibility whereby its wide-scale coverage can be achieved; however, they will try to entrap some individuals to "show-case" in an attempt to create fear throughout the populace. We urge you, DO NOT GO INTO FEAR! Remember what we have told you, that a lot of information, including on the Internet, is false and its intention is to create fear. Trust your intuition as to what is true and what is not, and do NOT fear ANY forthcoming grave-sounding projections or developments--we also have told you that you are innately well prepared to navigate bumps along the way. Everything in your world is moving in accordance with the energy invested in it, and whatever is based in darkness is facing a short and increasingly bleak existence.

Second, and related to my previous sentence, is that the events known as "Fire the Grid" and "7-7-7" so successfully accomplished their purpose that Earth is glowing brilliantly in the profusion of light that you generated jointly with our benevolent space family. The light streaming to Earth from myriad points in the universe and mingling with your own has reached unprecedented measure, and while it may not soften the most hardened hearts and minds, the intensity is transmuting the remaining wisps of darkness and transforming its former strongholds into a global fortress of light.

God needs no words of introduction from me, and so now I leave you with the assurance that I and countless other souls in spirit and in body are lovingly and joyfully accompanying you every step of the way into Earth's Golden Age.

GOD: My dear Matthew, I too would like to think that I'm known well enough without any introduction, but certainly my thanks is in order for graciously letting me preempt your space, and to you, dear little Suzy, for your time in these busy days.

So then, good morning, all my beloved children! Call me whatever name you wish--I answer to all. Many of you have been wondering where I am while so much furor and

ferocity is going on in your world. I am here to tell you that I'm right where I've been since Day One of this universe--everywhere!--and I have quite a bit to say about this.

To start, however paradoxical it may seem, the only constant anywhere is change. Your world is teeming with greater changes than ever before, and I assure you, you wouldn't want it any other way! Many who sensed a need to make changes are doing so confidently, but for some of you, moving out of the familiar space seems scary. "Whatever will happen if I change my job or location or even my mate? Oh NO, not my beliefs too?!" You'll get on with what you chose to experience, that's what will happen. Is that so bad, that you'll get yourself out of a rut and get on with Life's Adventure that you signed up for?

Of course not everyone needs to change jobs or mates or relocate, but many DO need to change beliefs, and here are the first two if you believe that (1) Your individuality means you're separated from everyone else, and (2) I am the cosmic superpower that makes everything happen. You're definitely a unique individual, but also you're an inseparable part of me and all others everywhere, and it's ALL of us in this universe who make things happen.

Hmmmm. So you're a bigger deal than you thought and maybe I'm not such a big deal after all. Not exactly, my dear ones. WE ARE, together, ONE amazing powerhouse with infinite and eternal potential--so yes, you better believe I AM powerful! And it's not because I control you--I don't. It's because you and all other life in this universe are my BEing in all your experiencing forms--collectively WE ARE this universe!

I have more to say about beliefs, but let's talk about why I don't control you, which is much like your idea that I let bad things happen to good people. This is how it goes: Creator, ruler of the cosmos--that's all the universes--gave you free will to express whatever you want to and gave us universe rulers a law we have to obey: Stay out of your soul parts' choices! Eons later Creator made the one exception to that law: "No nuclear wars anywhere," so now we rulers have the authority to stop all efforts to do that.

Otherwise, it's your choices all the way, and actually, that's an excellent basis for your multiple lifetimes around our universe. If you stray from the path you chose in your soul contracts--those pacts you make before you are born so you can grow beyond that stage of evolution--I can't mess with that, and you wouldn't want me to. If your birthright to make your own decisions suddenly went poooof and I started mapping out every one of your lives, I believe I would hear howls of protest.

I do have a hand in this, though. Creator thoughtfully put a loophole in that free will law that lets me put conscience as an ingredient of your souls, and that's what can keep you on your straightaway path if you want it to. Like everything else, it's your choice to pay attention to it or ignore it. Conscience should come with a warning: Ignore me and I'll become extinct. Well, just as you don't come with copies of your soul contracts, you don't come with a warrant on your conscience either. You have instinct, intuition,

inspiration and a sense of honor, too--those are other ingredients I put in souls that also help you know what's right and what's wrong for you.

But--sometimes "but" is necessary, and this is a big one--what you may think is right may be wrong and vice versa. You don't consciously know what's in your contract, and you sure don't know what's in anyone else's. Your contract is your part of the pre-birth agreement made by the souls who want to be in on the "give-and-take" lifetime of shared experiences. The agreements provide growth opportunities for every soul, so you can see that they're all-around win-win situations.

So think about this: You (or they) chose to be on one end or the other of "bad" things and you (or they) did it for one of two reasons, both of which provide experiencing that balances other lifetimes, and balance is essential for soul growth. One, you (or they) needed to feel what it's like to endure hardships and others volunteered to provide the circumstances that let you (or them) do that. Or: "Been there, done that" and this time around you (or they) are the volunteer(s). You can call this karma if you like--just don't interpret this opportunity to achieve balance as a reward or a punishment for yourself or anyone else.

Something else you need to know about those agreements is that unconditional love is the basis on which ALL the souls fill their various roles. Out of love, some agree to be the "heavies" for those who choose the "rough way to go"--I explained the reason for this see-saw experiencing. The thing is, you've been stuck for only I know how long on this bumpy see-saw of third density, where deceit, tyranny, violence and corruption are part and parcel of everyday life. You're sick and tired of it, so this time around you chose--again!--to get out of it, and believe me, you wouldn't want me sticking my finger in and doing anything that might keep you in it! You have no idea of the domino effect if I meddled in just a few lives, no matter how good my intention! I'm not allowed to do that anyway.

Now, some of my children aren't on Earth to wind up their karma--or if you prefer, call this universal law Divine Grace--they're there to HELP all the rest of you do it. And you'd better be grateful that they are willing to temporarily leave their families and homelands in higher planes to help you fulfill your pre-birth choice to deal with third density and be done with it.

Since doing that may require you to make some changes, maybe you'll welcome more suggestions for going about that. Pay attention to what Matthew said about DON'T GO INTO FEAR! I'll add this: If you think you have any enemies, you'd better know that fear's by far the worst. From my point of view, it's your ONLY one, and I strongly suggest you give my opinion of this careful thought.

Then there's what you could consider the other end of the spectrum from fear: pettiness, that clutter-clatter of attitudes, interests and activity that keep you preoccupied with trivialities that aren't worth even one bean in the hill, yet have the power to prevent knowledgeable, sensible evaluations and decisions. Of course I know what your petty

stuff is--we are ONE, remember?--and I'm suggesting that you sort through that vast heap of mindless TV programs and gossip sessions; pointless tiffs and jealousies; nit-picking, nagging and griping; letting mere curiosity rather than core interests occupy your thoughts; and worries about "what if" and rumors of dire possibilities.

Now if those include your enjoyments, I'm not criticizing you--I'm simply giving you motherly-fatherly advice: Compare how much time and energy you spend in those pursuits with how much you devote to LIGHTening your mind, body and spirit. Say, to conversations or correspondence with like-minded folks, or to the silence and solitude that ease the pressure of daily responsibilities. Playing with your families and animals, smiling and laughing, listening to melodious music or reading something that expands your mind, or connecting with the beauty of Nature. Seeing and feeling thankful for the blessings in your life and going within your deepest self and listening to the song of your soul.

"But I'm already too busy!" won't cut it, my dear children. What I've just mentioned is restorative, rejuvenating, energizing and essential for balance in your days and within you. When you oust pettiness in its many forms, and I may have forgotten some, there IS time for uplifting experiences.

Another thing is, "Judge not..."--some things in the Bible are right. You do know that I don't ever judge you, don't you? "Judgment day"--I don't care much for that term--is when you review your past lifetime in the context of ALL your lifetimes, see where you need to improve things, and based on that you choose what to put in your soul contract for the next time around. Anyway, not judging is a key to helping self and each other evolve and so is gratitude. Feeling thankful for the help is as important as not judging the helpers. That doesn't ever mean approving of greed or viciousness or violence--you certainly don't have to do that! Gratitude is acknowledging and appreciating that some of you agreed to play the "heavies" because others need that to wrap up their last remnants of third density. It would be good, too, if you also feel thankful that you wanted and were selected to participate in this magnificent time of Earth's entry into the Golden Age.

"Golden" because only light will prevail on Earth, and how she will rejoice! She is a beloved part of me just as you are yourself, and what a price she paid to give her humankind many, many, MANY chances to get it right and "see the light"--it nearly cost her planetary life. I'll tell you more about that, but the point here is, she's giving all of you this one last chance to wake up and wise up. Part of that is, you have to stop confusing religion with spirituality, and that brings us back to beliefs.

I'm not saying that all of you are clinging to beliefs that are based on false teachings, but if you believe that your religion is better than all the others, listen up. My messengers whom you attach to the various religions didn't set those up. In a nutshell, the very concept of religion came from the thoughts of dark ones off-planet, and today's religious teachings are based on what a few of my self-serving parts on the planet said a long time ago: If you don't obey God--or some other name they gave me--you're doomed, and they said that was "My Word." Those few folks wanted to control everyone else, so they

wrote the rules of "obedience" that spell "doom" to falterers. And I have to tell you, Christianity is THE major digresser from the truth that my messenger came to give. Yes, the one you call Jesus, and oh my! how they changed his life from the actual to the fictional--it's hard to know where to begin to set the story straight.

The FACT is that Jesus was never put on a cross, so there was no crucifixion or resurrection. That rather blows the whole foundation of Christian dogma, doesn't it? For how, then, could it be that "he gave his life to save sinners"? Sinners means the whole lot of you, according to those who came up with the idea that everyone is "born into sin." Oh dear me! The only "sin," if you will, is interfering with the growth of a soul, your own or anyone else's, and the result is DEvolution with as many more chances as needed NOT to do that.

Then there's Mary Magdalene-- how wretchedly the Bible portrays her! She was Jesus' wife and ultimate soulmate, and after the Sanhedrin flogged her husband and warned him to get out of their territory--they didn't want to make him a martyr as that would give impetus to his teachings--they went to the East where Jesus had spent the "lost" years learning from the masters how to perform "miracles" and where he knew his family was safe. He and Mary had a happy family there, and years later they all traveled to the West and settled in what now is France. Eventually Jesus returned to the East and along the way continued teaching My REAL Word--the Bible includes some of that, but everything in the early records didn't support the self-serving ones' cause got left out--and he lived to a ripe old age. Although in their later years he and his adored Mary were apart in body, they were so highly attuned spiritually that they were together then, as now and evermore, in spirit and celestial visitations.

Later leaders of the Roman Catholic faith made up absurdities like "the only son of God," "virgin birth" and "immaculate conception" and made layers of saints. They did that to put still more distance between "my ONLY son" and all my other children--and ME, who is ALL of you!--as well as making themselves the gate-keepers to heaven. Or hell. Actually, neither exists as portrayed, but that's another story.

Those leaders were greedy, too. In the centuries during and after Jesus' life, the same few people ran church and state, and along with unfair taxation of their poor countrymen, the church of Rome came up with a two-edged sword to cement their control: You can atone for your sins--they made those up too--if you confess and pay money, and a portion of everything you have must be given as well. That spread to other churches and you know it as tithing. Something else that church did now and again was demand of their priests sexual abstinence, as if denying that strong nature in humankind made them more "saintly," and you know what that led to. Then there were all those wars and inquisitions and brutal killings in my name!

Later movers and shakers of the Roman Catholic religion decreed that birth control is a sin and more recently, so is abortion. With the wanton killings they've caused or sanctioned throughout the ages, it's hardly sanctity of life that interests them. No, it's to keep the population growing that financially supports them and bows to their authority.

From Day One of the papacy, the appointed one and his close circle have lived in opulence that has been paid for by the masses they brainwashed into believing that the church's rules came from ME.

If it sounds like I'm picking on that religion, it's because its headquarters, the Vatican, has been the biggest hotbed of darkness from its beginning. No other religion has it all right or all wrong either--strands of truth are in the "holy books," but the Bible is by far the most seriously distorted to keep unquestioning followers mesmerized. And while the original basis of individuals' faith may have been pure long ago, fanatical elements have defiled that purity to the extent that some of you think they represent the religion itself.

Realizing that EVERY soul is a precious and EQUAL part of me and I love each and every one unconditionally, let's look at the collective soul-selves "religiously." Fundamentalist Protestants say that unless you accept Jesus as your "lord and savior," you'll burn in hell for eternity--I notice that they tend to leave me out of it. Some congregations have split over accepting or scorning my beloved children who are homosexual by birth choice, and they choose it for good reason: It's an advanced stage of balanced masculine and feminine energies, and all my children experience those lifetimes as they progress toward androgyny. Islam is seen as rewarding its followers for "killing the infidels," and my women children are deemed inferior to my men children. Zionism, a political militant movement, hides behind the skirts of Judaism and cries "anti-Semitism"; and the pacifist Far Eastern religions, which have adhered most closely to my messengers' teachings, are deemed by the others as out of touch with reality. As if those painful departures from SPIRITUALITY aren't enough, this whole situation has become so befouled that even Satanism with its diabolical tortures and human sacrifice is an established religion.

It's been like the plaintiff wail of a broken record but with far harsher, far sadder effects as generation after generation, my Earth soul-selves have been mind-controlled by religious "authorities." Once the people were stuck in those clutches, governments and all other institutions that impact life on Earth easily became authority figures too. Souls come in with amazing intuition and the capacity to use common sense and reason wisely, but the collective influence of "authorities" dulled those abilities. My children bought into the rhetoric and obeyed the instructions, even when it meant being sent off to war after war, where billions have killed and been killed.

How did that whole sad state of affairs come about? It was the work of the off-planet dark force that is without conscience, without light except the spark of viability. That force "captured" my weak-willed children of Earth who got caught up in the lure of power and money and, performing as the force's puppets, they kept all the rest of my children in the bondage of fear, poverty and ignorance. The souls' need for balanced experiencing kept it going until now--that ages-old merry-go-round is stopping. There's more to say about that, but I want to give you a good example of ignorance.

"All life began in the sea and apes are humans' ancestors." OH?! I'm not saying that primitive sea life and apes and their relatives aren't parts of me, but can't you see how

DEMEANING the very idea is that that is how I started you, my HUMAN souls?! You credit me--well, some of you do--with making you "in my own image," and I assure you, my drawing board didn't start with you as amoebas, some of which I "inspired" to move to dry land and grow into apes, and then I picked which ones of those I wanted to become humans. Your ancestors are such highly spiritual and intelligent beings that you can't even imagine it! Yes, your "theory of evolution" was in there somewhere, but not as you understand it. Nothing's "black or white" the way you think.

Now about the price Earth paid for enduring the darkness throughout the millennia of the insidious workings of religions and other sources of near equal dark persuasion. She kept giving her own light to sustain the lives of her humankind as they slaughtered each other and destroyed and polluted her Nature until all the bloodshed and devastation nearly claimed her own body, your planet home. Her soul, which stayed in its high plane of origin as her body spiraled downward into low third density, was in deep sorrow and despair. Her planetary self survived because she cried out for help and my children in civilizations far advanced from you spiritually, intellectually and technologically--yes, some are your ancestors!--rushed to infuse Earth's body with their light so it could survive. She wanted to give you this one last chance to open your minds, "light up" your consciousness and shake free from the shackles of that dark force.

And this brings us to why that LONG merry-go-round ride that you're sick and tired of is stopping. So is my beloved Earth fed up with it! She's on the fast track out of third density where, until recently, the darkness has been quite successful, but its time is up--the dark force "has left the building," so to say. Only the lingering effects of its influence on its Earth puppets remain and those are fading fast. The truths "coming to light" are exposing once-hidden agenda, and by the impartial law of physics regarding form and frequencies, the puppet's refusal to accept the light will cause their demise along Earth's ascension path. Your dear planet is homeward bound to her soul's blissful plane, and all who go with her will live in harmonious cooperation with your benevolent "space" family. The trip ticket is free, but with strings: You need to know and live the TRUTH of who WE ARE. This isn't complex--it's as simple as paying attention to what your soul is telling you! "Going within" automatically connects you consciously with soul-self--that's you and me--and all the rest follows naturally.

I never take sides--how could I when I'm ALL of you!--but I do have my druthers, and I'd love to have all my children choose to live together peacefully. So I hope you will believe what I've said and act on it, but I can't make you--it's always been your choice to believe what you want, do what you want. All I can do is add my voice to the messengers who have told you the very same things through their Earth receivers. What will happen if you don't believe us? What will happen to the souls who will never know about our messages? They will go to a placement attuned to the energy they put forth in deeds and motives throughout the lifetime.

Some will journey with Earth because they are living in "godly" ways simply by heeding their souls' messages. They live from their hearts, where unconditional love, kindness, honor, truth, compassion and desire to help others lie.

Some will go through it again--the tyranny, violence, corruption, lies, the hold of religions--and they'll come in with the brain power to question and reason, yet another chance to break free of dark control. But not on Earth. There are other third density places in our universe where rampant disrespect for life will go on until all my soul parts know the truth of their god- and goddess-selves.

And some will DEvolve and start over from scratch. They're the ones who persist in choosing darkness over LOVE, the same Creator Source energy as light. Constantly light will be beamed to those souls, who will start with only basic instinct, and when they accept the light, they'll recall a smidgeon of intelligence. As they accept more light, they will remember a modicum of reasoning ability, and so on and so on. This isn't punishment, it's a chance for those parts of me to start over without even a hint of darkness.

It's quite a lot to think about, isn't it? There is time, my beloveds, but frankly, not much, to decide what you want. Whatever that is, I will honor it, and if it's help, ask and it shall be given!

Matthewbooks

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