



# Transformation

*From Enslaved to Magnificent*

**Navigating the Shift**

Edited by Mark Kimmel

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## DEDICATION

*This book is dedicated to the millions of our brothers and sisters who encircle our planet in their starships and to those who walk among us, and to the many celestials who assist us daily — all of whom are dedicated to overcoming the enslavement of Earth and her human population, and transforming all into*

*a new civilization of love and Oneness.*

## ACKNOWLEDGEMENTS

I express my appreciation to my lovely wife Heidi, who has supported me as I arose at all hours of the morning to transcribe the messages at Mark's Corner, and has later read each, correcting my typing errors.

Sally Hanson read this manuscript with the practiced eyes of a professional, catching typos and questioning the wording of certain sentences. I am grateful to have such expertise available.

Annie Miller transformed these pages and supplied the most appropriate front cover. Thank you, Annie, for your timely dedication to this project.

The words in this book may be mine, but the thoughts, images, and concepts behind them belong to others of a much higher vibration. I am most grateful to all who inspired and patiently stuck with me to create the postings at Mark's Corner.



## EDITOR'S NOTE

It is a great honor for me to participate in the creation of this book. In 2008, when I was first asked to receive messages and post them on the internet, I resisted, believing I was not capable of communicating with non-humans and had no desire to expose myself as crazy. I have since learned to express the beautiful words herein.

I received these communications during 2008, 2009, and 2010, posting 144 of them at Mark's Corner at the Cosmic Paradigm web site. I have recorded them in this book using the same beautiful words that I originally posted. The communications have been grouped to make the information easier to assimilate and to connect communications from different beings on similar topics. Although I have been reluctant to change any of the beautiful words of these messages, I have, working in conjunction with the original authors, omitted redundant passages, occasionally changed wording to better reflect the intent and scope of messages, and occasionally found more appropriate words to express the intended meaning.

These messages detail the transformation of our planet, our place in the universe, and a positive outlook for our future — if we are willing to act. I hope, by presenting them to you in this new way, that they spark your curiosity, and that you will make a decision to join with others to become Caretakers of the new Earth. As always I encourage you to seek your own unique truth, and live it. The messages at Mark's Corner were the result of communications with beings from other star systems, celestials, Earth, Jesus, and the God of this Universe. The communications have been verified as coming only from those who are of the highest Christ Consciousness.

**Justine** — The first messages that I posted were from a male with a body closely resembling a human of Earth, and whom I understood to say was from the planet Supsten in the star system Altair. (My interpretation of his words.) I have subsequently learned that Justine is indeed from Supsten and it is indeed a planet of the star system Altair, however his home planet, that sphere upon which he has most frequently incarnated, is within the Andromeda galaxy, not our galaxy, the Milky Way. He has been aboard the Andromedan starship, Athabantian, for only a short time as measured in Earth years.

**Bren-Ton** of Andromeda, an androgynous being who has no physical form, although he incarnated predominately as a male before ascending to a lighter density, subsequently contacted me. He has been observing Earth and her people since coming with an Andromedan starship to beam Light energy to a struggling Earth.

**Moraine**, a beautiful female with a body resembling that of a young human of Earth, and also from Supsten, next supplied me with engaging messages. Speaking from the Andromedan starship, she has informed me that she is over two hundred years old, and like Justine has been in orbit about Earth for a few years. In honor of these three wayshowers, an image of the Andromeda galaxy appears on the front cover of this book.

**Adrial** is a celestial of this universe, currently charged with assisting the transfor-

mation of Earth's humans. She has followed events on this planet since the initial human inhabitation. I am most grateful and humbled to have ongoing communications with her and other extraordinary beings.

As you read the messages on these pages, you may feel that some of the material is redundant. In some cases it is. Nonetheless I have included most messages because, 1) they were so beautifully written and each author has a slightly different way of expressing him- or herself. 2) I have been told that redundancy will help readers to internalize this information, so that they might rely upon it rather than seeing it as a source of entertainment. 3) This material has a special quality: It changes to meet the needs of the reader each time it is read.

Adrial, Bren-Ton, Justine, and Moraine have informed me that the messages in these pages are all the information and insights we require to navigate the transformation. I have included a few communications from them that were not previously posted at Mark's Corner. These were provided specifically for inclusion in this book.

A careful read of the following pages may produce some apparent inconsistencies. These may be due to different perspectives of those who are communicating this information, or they may be that my abilities to receive the communications increased over time. Please keep in mind that no one, with the exception of God, has a complete understanding of the larger picture, or of the changes to Earth's human population. As for correlating the time of events, refer to the underlined date of each message, and remember that those who are sending these messages do not relate well to our linear time.

You may find some differences between the communications in this book and those presented by others who are receiving messages. It may help to view the larger picture and the transformation of Earth and humanity as parts of a giant crystal: There are many facets to it; no one has the complete picture.

The collected messages of this book paint a hopeful picture for the future of mankind, as we come to realize and manifest the truly magnificent beings we are — magnificent beings having a bodily experience in this density, magnificent beings undergoing the rigors of a fear-based enslavement in order to choose living in the Light of love, and magnificent physical beings who now have the opportunity to ascend to lighter densities within these physical bodies — something that has not been accomplished before in this universe. All that remains for each of us is to raise our personal frequency to a level that we may accompany Earth as she transforms herself.

Final comment: My level of consciousness is reflected in the words herein as they were written. My ability to receive and transcribe these messages has expanded over the course of these transmissions.

In Truth, Love & Joy,

Mark Kimmel  
December 2010

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# Part I

## The Larger Picture



# 1

**The messages in this chapter focus on Universe and Earth History plus the following topics:**

- **Origins of Earth Humans**
- **Human Ancestors**
- **Dark Energy**
- **Atlantis & Lemuria**
- **Earth's Moon**
- **Earth's Tilt**

## **Bren-Ton**

3-6-09 One million years ago Earth was a pristine paradise. Her waters were clear and pure, as was her atmosphere. Her land was vibrant and lush with grasslands and forests covering all. She supported a wide variety of plants and animals. All mammals, fish, birds, and insects comingled in harmony; all were vegetarian. There were no adverse bacteria, and no viruses or funguses. There were no seasons as the tilt of the planet was vertical. There was no moon.

Earth volunteered to host an experiment in human evolution. Four races — black, yellow, white, and red — numbering about ten thousand in total, were brought from nearby star systems. The idea behind this experiment was to blend these four races, meld them into a unique race combining the best aspects of each, a race like no other in the universe. My ancestors contributed the red race. The humans from Sirius brought the black race. The white race from the Pleiadians volunteered to come. The yellow people from Aries agreed to be part of the experiment. All knew of the experiment and all four willingly accepted the challenge of completing the goal of integration.

The colonists who came to this planet from the four star systems were all volunteers. They came from planets that were about as technologically advanced as was your civilization was two hundred years ago. They did not possess or understand complex mechanisms. The sources of power they were familiar with were animals and wind. So, these were not a primitive people. They had been transported by starcraft from their home planets; they knew of the larger picture, knew of greater technologies.

Those who oversaw this population and its evolution did not, by joint agreement, contribute any advanced technology. The primary purpose of this experiment was to get the four races to interact. After several hundred thousand years of evolution, the settlers

developed only rudimentary forms of mechanization. Keep in mind they were not driven to develop faster, because Earth was such a paradise, everything was here for them.

The settlers understood the basics of sanitation and agriculture, and taught their children about the larger picture. They were a very spiritual people, and knew about God and celestials. There was no religion. All were very beautiful people, filled with love. There was little fear or anger, and minimal conflicts between individuals. They were in complete harmony with Earth. They enjoyed long lives; there was no disease, and few hardships. There were no ferocious animals, and no adverse climate.

It probably appears to you that these ancestors of yours were not motivated, but they were living in a paradise where everything was provided. Their primary focus was to interact with each other and to live peaceful lives. Due to the moderate climate, they built only basic structures. Their lifestyle required only the basic tools they brought with them. It did not take long for them to domesticate the animals they found on their new planet. Their population eventually grew to about 500,000 people.

Their impact upon Earth was minimal, as they ate off the land. The climate was moderate; housing was required only to shelter them from the rains that kept the land green and lush. All members of the original races were happy to be part of the experiment. For those on the planet's surface, time passed with the daily rotation of the planet and the changing configurations of the stars.

The land of Earth resembled the current continents, but more closely connected. The colonies were established on different parts of what is now known as Asia, Africa, Europe, and the Americas with the idea that they were close enough that the people would interact, while retaining their individuality. Earth was happy with this situation; she saw herself as nurturing the experiment.

Those of us who had contributed our races watched over the experiment and were pleased. After the initial colonization, we did not physically interact with the residents of the planet, preferring to allow the situation to develop in its own way. We did observe that all was in peaceful coexistence. In retrospect, the only mistake we made was to place the races so far apart; this minimized their interaction. They tended to intermarry, rather than reaching out to those of other races.

3-8-09 When the dark energy descended on Earth, about a half million years ago, there were many changes resulting from the fear that overwhelmed everything and everyone. It could most easily be seen in the animals; where once all lived in harmony there was now predator and prey. This became true for mammals, birds, fish, and insects. Each species was overpowered by the fear that warped the planet. Keep in mind that all is energy, so fear transformed the actual physical manifestation of the species, changing both their appearance and attitude. Where before the members of the feline family were docile vegetarians, they now became predators, preying on their former friends in the bovine and other foraging families.

For the humans of that time, their energy manifestations also changed. The overwhelming fear changed their very DNA, robbing them of the loving, peaceful attitude they had brought to the planet from afar. So fierce was the fear that males and females were transformed into savages. Overnight they were changed from caring family members to selfish individuals, from accepting to suspicious and judgmental. Losing their tradition of peaceful agriculture and domestication of animals, they reverted to being hunter/gatherers. Even their physical manifestations changed, so that they became like their primitive ancestors.

Earth herself resisted the dark energy, but ultimately to no avail. Her axis was tilted so that she now produced seasons and her poles were shrouded in ice and snow. Overall she cooled from a moderate temperature to seasonal with latitude fluctuations. As a final insult, she was harnessed with an artificial satellite that tugged relentlessly at her waters and land. It was a sharp reminder of the power that the dark energy had over her and her plant, animal, and human residents.

Those of my ancestors who had brought the settlers to the planet tried to interfere. We were summarily rebuffed by the power of the dark energy. The dark energy placed an energy field around Earth that my ancestors could not penetrate. We were forced to withdraw under threats to the civilization of their own star system. The dark energy blanketed much of this sector of the universe, but none so completely as Earth.

As a result of the actions of the dark energy, Earth and her inhabitants were plunged into darkness, gripped in a state of fear. The civilization of Earth's humans was wiped away; they became primitive in every sense of the word. Fear dimmed the Light of the Creator in all. A predator-prey hierarchy was established among Earth's animals. Viruses, bacteria, and funguses were introduced to plague humans, animals, and plants. The dark energy fed on the fear emanating from the planet and her inhabitants.

3-10-09 The fear imposed on your planet thrust all human, animal, and plant life into what you would call a very dense 3rd dimension existence. It could almost be called a 2nd dimension, where there is only fear — everyone and everything reacts based on fear. This condition set the stage for the next part of the dark energy's plan: the introduction of physical entities under its control. They came in starships from the Orion Star System where the dark energy had already successfully instilled fear.

Others have told of the coming of this race, so I will not repeat, except to say that what was done happened to all four races. The beings from Orion came and instilled the beliefs that they were more powerful and more glorious than the now primitive inhabitants of the planet. They instilled the beliefs that they were gods and, with their advanced technology, could have their way with all. This resulted in the beliefs and structures about which I communicated in my earlier messages. These beliefs and structures took different shapes in each of the four races of Earth. For the next several hundred thousand years the beliefs and structures nurtured by the agents of the dark energy were to dominate the affairs of Earth.

However the Light of the Creator had not been totally extinguished. There remained in the hearts of some men and women the will to resist the dictates of the dark energy and its agents. These began the long evolutionary path to where you are today, creating things and conditions beneficial to all. Despite the best efforts of the dark energy and its agents, the power of the Creator's Light slowly lifted a struggling mankind to new consciousness. In each generation, and in each region of the planet, there were a few who could not be manipulated by the priests of religions or the strongmen of governments. These few were hunted down, persecuted, and killed, but the Creator's Light did not disappear. It reemerged in others who continued to lift primitive man out of the darkness.

After several hundred years of observing affairs on Earth, my ancestors found a way to penetrate the energy shield established by the dark energy. They established the colony of Lemuria on islands in the Pacific Ocean in order to interact with the red and yellow races of Asia. They found these races of humans were primitive, and laboring under the weight of structures and beliefs established by the agents of the dark energy. The humans of Earth at that time were far removed from their highly conscious ancestors that had originally

been brought to this planet. Despite impediments, the Lemurians set out to uplift the humans. After many frustrations, they were successful in transplanting a few of the red race to Asia to remove them from the influence of the agents of the dark energy. These were the predecessors of the red race that much later migrated across the Bering Strait.

At a later time the Pleiadians established a colony on islands in the Atlantic Ocean; it became known as Atlantis. Their goal was to interact with the white and black races in Europe and Africa. They too found the humans of Earth in a primitive state, laboring under beliefs and structures imposed upon them. Given the huge gap in technology and spiritual development, the Atlantians did not interfere with the ongoing evolution of the human races of this planet. Also, there was a continual struggle as the agents of the dark energy were always seeking to thwart their efforts.

After a time, the dark energy infiltrated these two colonies and they too began to set up structures and adhere to beliefs not beneficial to their inhabitants. By shifting into the guise of the inhabitants of Lemuria and Atlantis, the agents of the dark energy were successful in penetrating to the very heart of these civilizations. Greed and lust crept into the lives of the inhabitants; they lost their connection to the star systems that had originated them, and diminished their connection to Creator.

3-12-09 The history of your planet since the days of Atlantis and Lemuria has been distorted to hide the involvement of non-humans in your civilization. Some of the problems associated with the marginalization of the black and red races are due to the dispersion of a few people from Atlantis into the white race in Europe and from Lemuria into the yellow race in Asia.

The evolution of your civilization, since the time of those two outposts of beings from other star systems, has been driven by the influence of this dispersion. In addition, many of your inventions have been the result of ideas planted in the minds of individuals by those of us who wished this evolution to take place. Mark, you know of this from your involvement with entrepreneurs. The influences of all non-humans have been hidden from the mass of people because the agents of the dark energy did not want their own involvement to become known.

Those among you described as indigenous peoples have secretly communicated with us throughout their history. We have been the invisible hand behind the building of the pyramids in Egypt and elsewhere. The knowledge of the pyramid builders was carved into the stones as we coached them about the movement of the sun, moon, and stars. Once you open yourselves to that possibility, the evidence is there for anyone with an inquiring mind to uncover.

The cover-up of interactions with beings from other planets in secret projects within your governments and corporations is quite simply a power play. Knowledge of the presence of non-humans in human form is an equally important reason for the cover-up. All will become known when we arrive to assist the transition of Earth and her peoples. All of your distorted history will be uncovered. Those who have knowingly perpetrated this distortion will be seen for what they are. And let us not overlook the role of religion in all this. It is in the best interests of religious rulers to carry on distortions of the involvement of your brothers and sisters from other star systems.

10-4-08 Earth originally had no moon. The artificial satellite, which you call “the moon,” was inserted into Earth’s orbit quite recently in terms of the life of the planet.

As you can imagine, it took a great power to do this. Observations of the backside of

the moon, by human probes and astronauts, confirm the artificial structures there. These are part of the artificial nature of the moon. Earth's moon does not rotate because she is an observation platform.

The moon has major effects on the planet and her people. It causes the tides, which wash the shore of the land unevenly, and affects fishermen and others who must traverse the seas. The moon affects the cycles of women. The moon also creates an artificial time.

These are but part of the control placed upon this planet and her people by the powerful dark force that enslaved this region of the galaxy. In addition to inserting the moon, the dark energy tilted Earth's axis of rotation. Earth was not tilted prior to this point. This was done to show the planet the power of the darkness, to place her in chains, if you will.

Over the next few months, we will remove the moon, and we will right the planet on her axis. Earth will then spin perpendicular to her rotation about the sun, her original rotation. This will moderate the climate of the planet. The temperate zones will no longer experience seasons; growing will be extended to year round, as in more tropical climates. Then the continued heating of the planet will bring about an even more expanded zone in which the climate will be conducive to growing food and other plants. The tropical zone will not be unduly hot.

You can imagine that there will be effects on the weather. That is why we are moving the axis of the planet quite slowly. We anticipate that it may also produce strains on the tectonic plates. We anticipate that after a short period of time, the climate will attain stability, so there will be no more hurricanes or tornadoes. We believe it will be more stable, salubrious and moderate, more conducive to human habitation, without the need for technology to battle a constantly cycling climate.

The removal of the moon will also be done slowly so as to interrupt things on the planet's surface minimally. It will be withdrawn gradually, perpendicular to the surface. Over time you will see the moon gradually retreat from Earth.

These measures give the humans of Earth an idea of our commitment to helping you. We are restoring Earth to that which it was prior to envelopment by the dark. That dark power has now been dissipated by the combined efforts of your brothers and sisters from other star systems. This has been a project of significant magnitude, a cooperative effort of unprecedented size. It requires continued efforts, involving many large craft, to tow away the moon and to right the axis of the planet.

Cleaning the surface of the planet from the effects of the darkness will be easier. However, it will require the skill of a surgeon, rather than the meat cleaver of the butcher; the people of Earth will be intimately involved in that process.



## 2

**The messages in this chapter focus on Universe and Earth History plus the following topics:**

- **Starseed Project**
- **Red, Black, Yellow and White Races**
- **Dark Energy**
- **Atlantis & Lemuria**
- **Alien Technology**
- **Government Cooperation**
- **Infection of Human Institutions**
- **Presence of Star Beings**

### **Adrial**

**5-4-09** Greetings to my loved ones on Earth and elsewhere in the universe. The Pleiadians are one of the star civilizations who have been interested in Earth since the beginning. They supplied some of the original peoples to this planet as part of the Starseed Project. The Pleiadians are what you would identify as the white race, with blonde hair and blue eyes. They are generally highly spiritual while maintaining an emotional compatibility with the humans of Earth.

Another star civilization that was involved with seeding Earth is the Sirians. They are a beautiful dark-skinned race who contributed to Earth's original population the black people. They are a very strong and mentally evolved civilization. The black race on Earth received a powerful manipulation of their DNA to make them into physical slaves for the agents of the dark energy.

The Arians were also involved with the initial seeding of life on this planet. They contributed the yellow race. And as you already know, those from Andromeda brought the red race. The yellow race was settled in Asia, the red race in the Americas. The red race journeyed to Asia across the Bering Strait, settling some of their numbers in Asia, and mingling with the yellow race. They were subsequently thrown out by the yellow race many centuries later, returning to the Americas, in a second wave of settlement.

As Bren-Ton has told you, the races that seeded Earth were not primitive. They were placed somewhat apart so that they could establish themselves before beginning to interact. They each developed a civilization somewhat reflecting the star system from whence they had come. The four civilizations developed independently until they achieved

the means to interact. The majority of the individuals of these civilizations operated from a place of love. They knew of their origins, knew of the Creator, and were telepathic. They valued their direct connection to God. These civilizations lived in peace for a long time.

The coming of the dark energy has been recounted elsewhere, so I will not belabor it here, except to say that the contributing star civilizations were aghast at the destruction wrought on those they had seeded, as they saw the dark energy submerge their cousins to the status of “primitives.” At that time (and it continues to this day) there were scrimmages between the forces of Light and the forces of dark. The four star civilizations were forced to defend their home territory, leaving those they had seeded on Earth to fend for themselves.

It was several hundred thousand years before the star civilizations that had originally seeded Earth were able to form expeditions to visit and re-colonize the planet. First, because they had been preoccupied with defending their own home planets from the dark energy, and second, because of the energy field surrounding Earth.

After a relative peace had been achieved elsewhere in the universe, the Pleiadians established Atlantis, and the Arians and those from Andromeda established Lemuria. The Light that was brought to Earth by the establishment of these two outposts on islands in the Pacific and Atlantic was in direct opposition to the darkness that prevailed elsewhere on the planet.

For thousands of years, first Lemuria and then Atlantis flourished and became beacons of Light on an otherwise dark planet. The Atlantians penetrated the dark continents of Europe and Africa, establishing outposts in Egypt, Greece, and among the Celts. The Lemurians established outposts among the Vedics and in China. The knowledge of Lemuria was subsequently hidden in Tibet; that of Atlantis largely disappeared.

The two colonies of Atlantis and Lemuria existed until tens of thousands of years ago. Their level of technology was such that they possessed machines capable of space travel. They did not share these technologies with the primitives of Earth. After some time, the dark energy penetrated these two outposts of star civilizations. They were corrupted away from a direct relationship with God, and priests became oracles of knowledge.

The pyramids built around the planet were the result of Atlantian influence. The two island nations eventually slid beneath the oceans, but only after they had essentially destroyed themselves by becoming trapped in their own fear and anger. Their technologies, such as the energy crystals for generating electricity, were hidden from the primitives.

The primitives continued to struggle upward because the Creator’s Light in each would not be submerged by the dark energy for long. Successive civilizations emerged on the planet, in many case encouraged by the presence of those from other star civilizations and from among my ranks of the celestials.

The most powerful positive force behind the current civilization on this planet is the Christ Energy that Jesus brought some two thousand years ago. That energy of love, despite a twisted religion and aggressive colonizing that emerged from his presence here, has slowly permeated all peoples of the planet, until today the great armada of starships is finally able to assist your transition concomitant with that of Earth.

12-5-09 Disclosure of the reality of beings from the planets of other star systems will soon take place; it is but the top of a very slippery slope, for if you are open, you will discover the many facets of a larger truth, facets leading to a wondrous outcome. Some of the following material may seem familiar; some of it will be new. Our intention here is to touch on the major facets of the larger truth in the hope that you will search out additional details for yourself and verify our words. Furthermore, it is our intention that having

digested these truths, you will realize that your freedom from domination can be achieved only in ways not prescribed within a 3rd dimension box. In addition those of you who are conversant with this subject will be called upon to explain all to the awakening ones among you.

The truth is far beyond governments explaining away UFOs as swamp gas or weather balloons. The truth is far beyond the possibility that there are planets elsewhere in the universe and that sentient beings might exist on them. It is not so much that there are beings on other planets, which is easy to comprehend intellectually; the truth is much larger than ET starships materializing in Earth's atmosphere — and much more confrontational. The truth is that there are beings walking this planet alongside what you recognize as your fellow Earth-humans. The truth is that these entities have been involved, and continue to be involved in your daily lives.

So let us begin this journey of discovery. First are the secret operations within most governments of this planet that conceal a working relationship with entities not indigenous to this planet. These relationships are generally known only to a select few in the military and intelligence services. In some countries, these relationships can also be found within corporations and other non-governmental institutions. By indigenous, we mean the humans who were originally brought here several hundred thousand years ago as a part of the Starseed Project, the ancestors of Earth's four races, who comprise ninety-nine percent of the population. Those characterized as not indigenous, or "aliens," arrived somewhat later.

The arrival of the alien races has been described in other messages published at this site and in other readily available sources. There have been many off-planet races who came and modified the original human stock, but this is the easy part of disclosure, this is history. The more difficult part is the reality of the current presence of certain non-indigenous races and the complicity of governments cooperating with them in ways adversarial to the good of the ninety-nine percent majority. For at the heart of all that is wrong with Earth and her human population is meddling by certain extraterrestrial races under the guidance of the dark energy that has infected all institutions and beliefs of mankind.

In modern times, an example of intimate cooperation between a government and an alien race took place in Germany during the time of Adolf Hitler. As a technologically developed nation, and one that sought to develop technology for aggressive purposes, Germany was the ideal candidate for compromise by a race of alien entities. Agreements were made to trade technology for human experimentation. It resulted in the development of rockets and other advanced propulsion systems. It also resulted in atrocities against Earth humans. When German scientists came to the United States with Project Paperclip, the Nazi philosophy and the connection to off-planet aliens was infused into the U.S.

In the 1950s there was an agreement between the government of the United States and a race of aliens who wished to experiment on human subjects. These aliens traded technology for the right to perform biological experiments on ordinary humans with an aim of improving their own biology. These experiments are at the root of the missing children and abduction phenomena.

Another aspect of disclosure is the infection of institutions created by mankind. This began many thousands of years ago with religions set up to worship those who had descended from the skies. Most of our current religions are rooted in these ancient beliefs. These infections of mankind's institutions are dependent on the ability of the outsiders to shift into human form. For many thousands of years this has been a hidden aspect of life on this planet. Humans who achieve some measure of wealth or prominence are likely to

be displaced by a shape shifter who appears to be the same human but who soon begins to act in ways unlike an indigenous human. Most likely this is due to a lack of emotions and morals in aliens. If you look closely, you can see this operating in politics, corporations, banking, religions, sports, and the media. This is the principal means of human bondage. This ugly truth will eventually surface as part of any truly transparent disclosure project.

The technology received from alien races, plus the billions of dollars spent on its development, has now resulted in secret military bases on the moon and on Mars. Alien technology is at the heart of projects such as HAARP that seek to control human behavior by broadcasting energies. Other mind control techniques are regularly practiced on human subjects to compromise those in power and to create instruments of death.

The whole subject of September 11, 2001 is riddled with hidden truths surrounding the events of that day. The truth behind those events will eventually surface and will undoubtedly show that the events were not as publicized in the popular media, nor are they a valid basis for war, torture, or national policy. Unveilings like this will show the complicity of the media and religions in your enslavement. Similarly, the chemtrails that cloud the skies are not some sort of benevolent attempt to slow global warming, rather they are filled with heavy metals and biological agents that have infected all Earth-humans. Biological agents, used in conjunction with some vaccines, are designed to increase fatalities from otherwise mild diseases.

So the slippery slope is indeed quite slick, for once you open yourself to all of these possibilities, and investigate them to satisfy yourself of their likely truth, you can never climb back to seeing your Earthly existence from a conventional point of view.

Of more recent vintage are benevolent beings who have come to this planet in human form, and who are advocates of the welfare of indigenous humans and the ascension process. For if those who operate in their own self interests are here, and are in control of the planet, then humans will not lift their enslavement by themselves. Humans require the assistance of outsiders who are here in large numbers to disclose the truth, raise our energy, and mentor us as we transition to the new Earth. Some of these outsiders incarnated with this mission as part of their soul contracts. Some are here as walk-ins who have come as replacements for original souls. And some are here as benign shape shifters.

There are over a million of these beings actively promoting the welfare of humanity at this moment. They are working in education and other institutions to awaken you to new ways of seeing and behaving. The most important truth about these more recent additions to your planet, and their associates in the vast armada overhead, is that they are unequivocally dedicated to your advancement and to Earth's ascension — all within the framework of Oneness with God.

The slippery slope immediately comes into play when the subject of disclosure is broached. For when the presence of the armada of ships surrounding Earth is disclosed, it will eventually open the gates to full disclosure of the role of the non-indigenous beings among you. This will in turn show the control by aliens of your governments, banks, corporations, religions, and media. Then ordinary people will at last understand the extent of their enslavement. Then there will be chaos. It is from this chaos that the new Earth will emerge.

The main point that we would like to make is that you need to be aware of these truths as disclosure of beings from other star systems is unveiled. See the mechanisms of your enslavement, knowing that the time is now for the removal of all of these methods of enslaving you. Look upon your current situation, not as hopeless, but rather as one that cannot be fixed using the tools of the 3rd dimension. Only by embracing the higher

### *Transformation*

vibrations of advancement will you remove yourselves from the morass of the enslavement.

This material is being presented at this time because very soon there will be the first glimmer of disclosure. DO NOT LET DISCLOSURE STOP AT THE MERE ACKNOWLEDGEMENT OF UFOs; THERE IS MUCH MORE TO THE STORY. The truth is much more involved than some will wish to acknowledge. Do not allow earthly authorities to whitewash the truth and their complicity in your enslavement.



# 3

**The messages in this chapter focus on Energy plus the following topics:**

- **Nature**
- **Impact**
- **Types of Energy**
- **Energy from Star Civilizations**

## **Bren-Ton**

10-15-08 Everything has a frequency of vibration. That which is physical is energy slowed into matter. The physical is a reflection of that which is imagined in the non-physical. All the ships of the armada are living organisms, created by the intention of those who wish to have such a ship. For us, the process is quite magical. We intend to have such a magnificent craft and then we grow it to our specifications. If it is a giant craft, it requires the intention of many to materialize it. Each of our craft is a conscious entity that volunteers to serve us.

If we wish to make one of our craft appear in your density it is quite easy to create a hologram of it and project this hologram into your reality. When our initial appearance is made, that is the way in which it will be done. It will appear to be very real to those of you on the ground, but it will not be a living organism.

Everything material is like a hologram, constructed by focusing light in a way as to condense it into matter. You are not able, with your current minds and science, to appreciate how this is done. It does not matter, that is the way in which it happens.

The great planet upon which you exist was created in this way. She was created by God to serve as the stage upon which a great drama would take place. Being a conscious entity, like all created entities, she agreed to this task. This drama of the dark energy and the energy of Light is now entering its final hour.

Energy influences everything. You are now feeling the shift in energy. It is affecting your physical bodies. It is affecting the temperament of people. It is causing people to choose how they will present themselves in these final moments.

There is always a choice, a choice between attachment to that which is familiar, that which is traditional, that which your five senses can see, taste, smell, or feel, or a choice that leads to a higher way of being, a lighter way, a way to a higher frequency. All of us on the giant starships exist at a higher vibration, not much higher but high enough that your

physical senses, or the sensors of your science, cannot readily detect us.

The frequency of your planet, Earth, is very slow due to the presence of so much darkness, so much fear. The darkness has dragged you into an existence of “swimming” in very dense water.

We will raise the frequency of this planet, raising it to the level where we exist. We still have structures. We still have form for physical bodies. We still have the need to take nourishment. However we are not as attached to the physical as are you. To raise you to our frequency will take some time. This is what we call the “interim time.” You have been experiencing it for several years now. As the frequency rises, the institutions created by mankind will melt away. This is what is happening to the economy; it is melting away.

Those who adhere to the dictates of the dark energy recognize this is new territory. See how quickly they scurry to find a larger power to assist them. Creating money out of nothing is their solution. It shows the façade of the entire economy, an economy created out of nothing. Yes, there is a real need for products and services, but the way in which the economy delivers them is a façade. It is a clever façade created by those who would suck the energy of the populace for their own benefit. So we are back to energy once again.

You may be feeling the energies of the dismantling of the structures of mankind. These will be disorienting. They will continue, becoming more intense. Flow with them; do not resort to fear.

Prepare for the interim time by storing that which you will need to survive for a short time. We will not prolong this transition beyond your ability to survive. You will be given all types of assistance as the energies shift further.

However, do not believe that the end product of this energy shift will be a completely new world, a heaven on Earth. Nothing like that will occur overnight. It will take years to fully shift your planet and her people into our higher density. There is much to be learned by those who choose to participate, as the shift takes place.

Begin to see all as energy, as a frequency of vibration. If everything has a frequency, then everything can be changed by desiring it to be so, by intent, by willing it to happen. What is your intent for this interim time?

## **Adrial**

**6-3-09** It is my pleasure to visit with you once again. There are many energies affecting your planet and her humans. Those of the Light come from other humans, the great armada, the planet herself, the sun, my associates among the celestials, the galaxy, and, of course, God. In addition there are dark energies impacting the planet and her peoples from the dark one and its minions.

Let me elaborate about specific energies. First are the energies that are repairing the DNA of each cell in your body, lifting you into a new type of human, taking you to heights not experienced on this planet for many thousands of years. This repair to the DNA has been going on for some time; it is now accelerating. The purpose of this repair is to give you a greater capacity to embrace the Light, a greater capacity to receive and give love, and a greater capacity to cope with change and chaos.

The second great energy is to expand your mind to embrace a larger picture, to open you to new vistas, and to express who you really are, a son or daughter of God. These energies, working in conjunction with the Christ energy, will expand your ability to enjoy relationships without judgment or competition.

The third significant energy, concomitant with the Christ energy, is to open your heart to receive the Light of God, and to embrace all your brothers and sisters of the universe in Oneness. Before the Christ energy, women were treated as less than men; the Christ energy helps men see women as equals. These energies help everyone see those of all races and ethnicities as manifestations of the Oneness of God. These beautiful energies, concentrated in your heart, the seat of your soul, will ultimately allow you to become more telepathic, with your heart speaking to the hearts of others.

A fourth energy, the energy from Earth, affects everyone on this planet. It is her call to pay attention to growing things, to animals, small and large, to think about the composition of the dirt in which you are planting. The energy of Earth is love for you, her guests. It is a beckoning to enjoy all of her majesty, whether on the high mountains, or beneath her seas. The energy of Earth calls to each of you to touch her, to smell, to listen to her silence, and to enjoy the magic of her animals, fish, and birds.

The energies that you receive from and give to other humans, animals, and plants play a large part in your lives. The smell of flowers or food stirs certain emotions. The embrace of a pet stirs feelings of love. You sense the energies of other people and act accordingly. Much of your communication is done non-verbally; you are receiving and transmitting energies all the time.

In direct opposition to these energies is the energy of fear. The absence of Light produces fear in anyone, human or not. Fear is contagious. Once it is felt by the human, it can be transmitted to others by a word, by an action, or by a simple unconscious thought. Parents transmit it to their children. Elders transmit it to the young and inexperienced. In addition to being the absence of Light, fear takes on its own power. Fear then produces any number of offshoots such as anger, greed, and lust.

Under the guidance of the agents of the dark energy, manmade energies are being thrust at you. They are designed to impact your brain function. As an example, energies from the High Frequency Active Auroral Research Program (HAARP) produce fear. There are also frequencies generated by the dark energy that arrive in this dimension in the form of viruses — but their origins are energetic. So if you are feeling disoriented with doses of fear, you may attribute some of it to the effects of HAARP. If you succumb to sickness, it may be from a created virus. Remember, before the dark energy, Earth and her occupants knew no disease.

And then there are thought forms, snippets of energy that float into the minds of everyone, from those who are asleep to those who are the most awake. These real or fantasized recollections and fearful projections intrude into the consciousness of everyone. Select any of value, and dismiss those that adversely impact you. These thought forms provide you with yet other opportunities to discern what is in your best interests, and in the best interests of all.

Energies from the galaxy are also impacting Earth and its residents, causing an acceleration of change. The planet herself is emerging from a long period under the control of the dark energy. This is producing, and will continue to produce, changes in weather and sea levels, as well as volcanoes, and earthquakes.

Given the cornucopia of energies impacting your physical envelope, it is no wonder that you can be confused, or overwhelmed, and sometimes cycle between joy and depression. It is no wonder that you feel disoriented at times. Recognize these energies, and sort them according to their appropriateness for you. You have the power to control their impact on you. Decide in each moment how to react. Your intention is most powerful in this regard.

The point of this message is to help you understand the myriad energies and their impact on each of you. When you feel disoriented, uncomfortable, heavy, or light for some unexplained reason, it is most likely due to energies entering your body.

7-3-09 The notion that you in the physical realm have regarding a particular designation such as “3rd dimension” is a matter of convenience. In reality, those of you who say that you are of the 3rd dimension exhibit various energies. Other people whom you encounter may present 3rd or 4th dimension energies. They may even display different energies depending on the particular activity in which they are engaged, or the particular mind-set in which they find themselves. The energy of joy is different than the energy of sadness. The frequency exhibited by someone who is of the Light is different than the energy exhibited by someone who is angry. So within that which you call the 3rd dimension there are many different energy levels, many densities.

Frequencies are on a spectrum from the densest, where there is little if any Light, to the pure Light of the Creator. It is a spectrum of many, many vibrations. There are no precise divisions between one group of vibrations and another. Yes, it is true that I am at a higher frequency than is your physical body, but your soul also is at a much higher frequency than your body. In fact your soul is at a very high frequency; it is an individuated part of your Oversoul, one of the primary creations of this universe.

To say that Earth is going to a higher frequency or to a lighter density is correct. To say that Earth is ascending to the 4th dimension is not correct, for there is no 4th dimension as such. Nor is it correct to say that a particular individual will ascend to the 5th dimension, for there is no 5th dimension as such.

What you as an individual should aspire to is to vibrate at a density in which you can relate to those with whom you desire a relationship. It does not mean that you need relate to everyone. By focusing your energy at a specific level, you will attract others whose frequency vibrates with yours. Determine what frequency feels most comfortable to you. Try out different frequencies to learn where you wish to reside in this moment. Do not be fearful; this is not something in which you will be forever stuck.

You may choose to dip into a lower frequency by viewing a movie or reading a book that is based on fear. You may choose to raise your frequency by connecting to Earth. When you travel on an airplane or visit a congested city, you immerse yourself in a lower energy. When you partake of a hike in the wilderness, you surround yourself with a higher energy. When you are in the presence of a spiritual teacher, you find yourself in his or her higher frequency. Experiment so that you know when you are sensing each of these outside influences. Then choose how you wish to be in the moment.

Even though you are still in a physical body, you can begin to live much of your life at a lighter density. You can control when you wish to be in this density and when you wish to be in a more dense frequency. Those of us at a high frequency can slow our energy in order to manifest ourselves in your density. By raising your frequency you can meet us half way; that is when we can most easily manifest ourselves to you.

So you see, things in the larger universe are not so precise as you in the physical densities may wish. Everything in the larger universe is fluid. At any moment, we know the frequency we choose; it is a conscious choice we make. Those of us who naturally resonate at a very high frequency can lower our rate of vibration to a lower frequency when we choose to do so. You who resonate at lower frequencies cannot so easily raise yours.

Because pure Light or love is the highest frequency, by definition those who reside

in fear have a lower frequency. The frequency of Earth and her residents is currently quite low compared to that of other physical planets. It was artificially lowered by the actions of the dark energy that invaded many years ago. Earth's frequency is now rising with each passing year. Soon she will be at a frequency where those of the dark energy will no longer be able to reside on her.

Those who choose to maintain their dark, slow frequency will be plucked from Earth as weeds from a garden. Similarly, as the frequency of Earth rises, those who cling to Earth's current paradigm will feel uncomfortable. They too will be removed; however in their case they will be gently lifted from this planet to another, as you might transplant a seedling from one area of your garden to another. Those who are strong in Earth's new frequency will remain in this new garden of Earth much as a desirable plant remains in your flowerbed to contribute its beauty.

The reality you are experiencing for this lifetime is a created reality. Those who say that you as an individual create your own reality do not have it quite correct. It is true that all is energy, and that this reality is energy slowed to a great degree. You interact with this slowed energy, as you are now doing with your keyboard. You interact with the other aspects of your reality, but you do not create them, nor does your individuated soul create them.

You interact with the other people of this planet, and perhaps with those from other star systems, but you do not create them. Your job is difficult enough in this lifetime without worrying about creating the stage upon which you will act out your time in this incarnation. The reality surrounding you is created from energy through the cooperation of Oversouls and other agents of God. You are the beneficiary of that creation, not its designer, nor its implementer.

So everything is a ladder of frequencies ascending from where you are today to the Light of the Creator. You are in the process of climbing this sacred ladder. In time all in the universes will embrace His Light, and the universes will be in Oneness.

4-15-10 Greetings to one and all. I wish to communicate with you this day about the effects of your individual energies on the whole. There is an urgent need to elicit cooperation from as many of you as possible to move the efforts of your brothers and sisters from distant star systems forward. Let me explain.

**OVER THE NEXT FEW MONTHS, THERE WILL BE A CONCERTED EFFORT TO REMOVE THE LAST INFLUENCE OF THE DARK ENERGY FROM THE FACE OF THE EARTH. TO ACCOMPLISH THIS, WE DESIRE THE HELP OF AS MANY EARTH HUMANS AS POSSIBLE.**

Each effort on the part of an Earth-human to create something that will benefit others pushes the energy of the entire planet to a higher frequency, and away from the slower energy of fear and control. Each effort by an Earth-human to see the larger picture and to tune his or her individual energy with it shines Light into the darkness.

On the other hand, angry words spoken against the controllers of mankind provide them with more power. Each rally against a government strengthens the current regime and the existing power structure. However, efforts of peaceful resistance, of non-compliance, strengthen the Light in all.

Your space brothers and sisters have been beaming Light to your planet for seventy years. This Light has enabled Earth to shake off the overwhelming fear-based controls imposed on her. This Light has also enabled people to see the controls imposed on them, to



see the lies and misrepresentation, and to see that those in charge are not functioning for the highest good of all. The Light has enabled people to see the media for the control mechanism that it is. The Light has enabled people to see financial institutions and giant corporations as methods to control their behavior by limiting their choices while providing profits, to see the medical establishment as limiting their access to real health care in the name of making money, and to see the legal establishment as a club dedicated to its own preservation rather than providing justice for all.

The key to unlocking equality, prosperity, and peace is to find ways to shine Light into the darkness. Each individual who focuses his or her Light on the darkness makes a difference. No one's effort is too insignificant. Each point of focused energy counts, and it does not require anyone to expose him or herself to ridicule or rejection. It is not necessary to stand before a crowd and speak out; it is only necessary to focus your individual energy on achieving the goal.

And what is the goal? The goal of all our efforts is to return Earth to the pristine planet she was before the dark energy enslaved her and her peoples. Once returned to this so-called 4th dimension, Earth will then ascend to an even higher frequency that some identify as the 5th dimension. But before she reaches the 5th, she must cleanse herself from all remnants of fear.

We are at a tipping point. These next few months will determine the course of much and of many. No matter how small you may perceive your individual effort to be, your star brothers and sisters notice you, as do the celestials. This coordinated effort is the mightiest ever undertaken in this universe. You, the individual souls incarnated on Earth, are the focal point of this mighty effort. It is for you and for Earth that billions of beings have congregated about your planet.

The darkness has proven to be well entrenched on Earth, perhaps a bit more than had been anticipated, but the relentless showering of love energy is making its presence felt. Soon, very soon, the corrupt structures erected by the agents of the dark energy will crumble, making way for a new civilization. Then those of you who have contributed your Light will see the results of your efforts.

Now is the moment when it is most important to put forth your Light. Focus on the new Earth, a new home for humanity, a return to the pristine Earth, and the ascension of mankind into a wondrous place of peace and beauty.

Many are asking about new information, some new revelation. There is none. Now is the time to finish what has begun. Now is the time to focus your energies to create a new civilization on Earth.

## 4

**The messages in this chapter focus on Brothers and Sisters from the Stars plus the following topics:**

- **Oneness**
- **Supsten of the Altair Star System**
- **Earth's Diversity**
- **Appearance of Starships**
- **A Message from Starships**
- **Armada Commander**

### Adrial

8-10-09 The woman washing clothes in the River Ganges, the soldier patrolling the streets of Tehran, the beggar on the street corner in Rome, and the banker on Wall Street are your sisters and brothers. The farmer in the mountains of Ecuador, the fisherman in Iceland, the factory worker in Kuala Lumpur, and the woman behind the counter at any department store are your brothers and sisters. The corrupt politician, the woman at the post office, the gamekeeper on the animal preserve in South Africa, and the socialite in San Francisco are your sisters and brothers. Those who control you, those whom you control, and those whom you influence are all your brothers and sisters.

A human of the Altair star system, an Andromedan aboard the craft that circles this planet, and a resident of any planet of any distant star are your sister or brother. Whether on this planet or another, whether human-like or not, all are children of God, and all are your sisters and brothers. Whether they are of the Light or the dark, they are your brothers and sisters.

As long as any one of these is hungry, for food or love, you are impacted. As long as any of your brothers and sisters does not embrace the Light, this universe is impacted. How do you embrace all in Oneness? Do you live your life considering the wants and desires of your sisters and brothers?

The most important thing you can do in this lifetime is to tend to your own Light, setting an example for those who observe you. You cannot change one of your sisters who is of the dark until your sister is ready to change. You cannot awaken one of your brothers who chooses to sleep until that brother wishes to awaken. Live in the Light, giving an example of the highest way to conduct yourself.

It does not matter where you reside, or what you do in this 3rd dimension, it is the

way in which you live your life that is all-important. Are you self-centered, or are you considering the needs and wishes of others? Are you focused on your mission to the exclusion of all else, or do you include the needs and wishes of others?

“I am but one human among billions on this planet, what can I do? How can I bring about change?” The answer is, and always has been, live your life in the Light. Love your brothers and sisters. Do what you need to do for yourself, but always consider how it impacts others. Are you showing others that you are a son or daughter of God in your every action? Do you live with joy? Do you respect Earth and all her many creatures, plants, and rocks?

Many of you have asked what you can do to help the members of your immediate family see the bigger picture. My answer is to live in the Light, show them an example of moving with the transformation of Earth and her humans. Be a beautiful shining Light, and one or two of your reluctant family members may see you as more than crazy, may see you as a role model, may glimpse that you are of the Light.

So honor your sisters and brothers of this planet by living at your highest, and by pursuing that for which you came into this life. Above all be honest with yourself, and live the way you are being called to live, as One with all. Do not seek comfort for comfort's sake; seek instead to do that which is right, even if it is not comfortable. Pursue the higher path, even if it requires sacrificing your physical comforts, but do so with an eye to your impact on the lives of your brothers and sisters.

If you examine news reports without giving in to the emotions solicited by them, you will find truth emerging on a vast number of fronts. Much of the truth involves people acting in their own self-interests. Some of it involves outright misdeeds. We are not going to chronicle the truths about situations that are emerging; rather we say that the stage is set for seeing many things that are based in fear. Pay attention; read between the lines; remember; then forgive your brothers and sisters.

The truth about the activities of some of your brothers and sister (not all humans of Earth by any means) is seeping to the surface. It is interesting for us to note how some of your Earth-human brothers and sisters who would emulate these self-centered and deceitful ways are defending these actions.

It is equally interesting and gratifying for us to observe the valiant activities of others of your sisters and brothers who are awakened to the truth of a larger reality and are defending the rights of their fellow humans to lead a love-based life, a Light-centered life. These are the ones who will accompany Earth as she moves to her new place of brilliance.

It is a great disappointment to us to see how many of your brothers and sisters cling to their current lifestyles, whether they are comfortable or suffering. Change is so fearful to them that they are unwilling to look at messages from their sisters and brothers of the Light. The only solution to their condition is to continue to send them Light in hopes that a few will awaken.

Regardless of what they are showing by their actions, all humans of Earth, and all beings in this universe are children of God, and thus are your brothers and sisters. Do not condemn them, for chances are, you once lived a life as one of them is now living. This is the Oneness of all.

## **Justine**

9-27-08 Like you, I am an embodied spirit. I have a physical body with legs and arms and a head. I have two eyes, a nose, and mouth. I breathe, but our air is not like yours. I am somewhat taller than you, but with a body that you would find pleasant to gaze upon. I have a mouth for consuming food. I have fingers like you on my hands. I am a male; we procreate just like you do here on Earth. In my society we are together as male and female for many years, although we do not measure time in a linear manner as you do on Earth. Our planet is Supsten of the star system Altair, the name for our sun as previously given to your people.

Ours is an advanced form of physical civilization, similar to that in which you will find yourself in the near future. We are no longer enslaved by the darkness that invaded Earth, and that has invaded other planets. The dark energy of which I speak seeks out planets of interest and determines whether those who inhabit them are susceptible to invasion. If an opening is detected it rushes in and begins to assume control.

I am a leader of my people in the sense that I am a representative who has been designated to come to your world. I am here to tell you our story so that you might know that those who wish to assist Earth are of good intent.

My planet Supsten is very beautiful, particularly now since it has been freed from the darkness. (Restoring its beauty happened quite quickly after it was released; I am sure the same will be true for Earth.) We have land upon which we walk and water in which we swim. It is quite beautiful with trees and other growing things. The land is flat with few mountains such as you have on Earth. I find your mountains quite beautiful in a rugged sort of way. On my planet we have much fertile land for growing all manner of food. We cultivate the land in many ways, both by hand because it is satisfying and by mechanism because it is more efficient. However we do not disturb the land so much as does your modern mechanized equipment. We are One with the land and it yields for us in great abundance. We have a wide variety of what you call produce.

Picture a very gentle place, of people walking and talking, of an almost idyllic society. Today that is so, but it was not always the case. In times past we had our great conflicts. However we did not enter into an era of mechanized conflict such as you have here on Earth. Ours were limited to great physical battles between races.

We had the whites and the blacks. The white race was planted by the Pleadians; the black by Sirians. All newer planets are seeded from the older races. In our case it was to mesh the black and the white into a new race.

Eventually we tired of conflict, and told our leaders to stop. Ours was not as controlled a sphere as is Earth. The situation on Earth is managed by the darkness for its own ends. As far as we can tell, the rule of the darkness is in the final days, weeks.

Back to our planet. We have been given the knowledge of how to create vehicles to transport. We tap into the universal energy; it is everywhere for our use. Everyone on my planet is tapped into the universal network that pervades my entire planet. When we wish to communicate with another we merely set up an intention to do so. If the other wishes to respond, a connection is made and we communicate.

I am one of the surface dwellers. There are others who dwell beneath the surface. They appear much different. They have a civilization that is more developed than mine; it is much older. None of them have traveled to be here during Earth's transition.

Another reason we are here is to bring energy crystals to your planet. They will be of assistance to everyone during your transition time. Once again, I emphasize that we are

here — I am not alone on my giant craft — to show that we are your peaceful brothers and sisters, that other planets have made the transition to the Light, and to provide our energy to assist the great transformation of Earth.

10-1-08 As I observe your world from my vantage point of this great Andromedan starship, the thing that strikes me as most unique about your planet is its diversity. Nowhere else in the galaxy, so I am told, does this diversity exist. It is wondrous to behold.

The roots of this diversity come from the original seeding done by humans from the galaxy as they brought the four races of black, white, red and yellow to your planet. The diversity of animal and plant life was already in place on Earth at that time, some one million years ago, having been created as such by the hand of God.

Then those who came later, wishing to control the people of the planet, added to the diversity by implanting the seeds of discourse. They believed that by making you competitive with each other they would more easily control you, so that you would not rise up against them, your enslavers. They made you fearful of each other, but they that did not make you more easily controlled. They have struggled with that ever since. In fact, the reason there is not a one-world government already on your planet is your very diversity of belief and behavior.

Now as you prepare for the great transition to a lighter density, we see the great advantages of retaining this diversity. It will continue to make Earth a unique planet. So in addition to her great beauty she will retain her diversity of plant, animal, and human life. All of us gathered in orbit about your planet wish only the best for its inhabitants, particularly those of you who will remain on the ascended Earth. We will, once again, nurture life on this revitalized planet, the jewel of the galaxy.

Please continue to transmit to us that which you wish to have in your revitalized world. We stand ready to assist you to accomplish that end.

### **Bren-Ton, along with a brief comment by God.**

11-20-08 The appearance of our great starships will be a shock to almost everyone on your planet. It will be a first time for most people to see a fully materialized ship from another planet. Heretofore, many appearances have been holographic images transmitted from our ships in orbit. Our arrival will cause many changes to your previously held beliefs.

Our current plan is to make appearances in a number of locations simultaneously. This will heighten the value of our debut. As we have stated, many of your systems and institutions will be shocked by our arrival. Many people will continue to deny the reality of what they see with their own eyes; many will fear. So this will not be a momentary appearance and then we depart; no, we will stay awhile.

There will be some interchange of communications from our ships to you via your radio and television. We will also be transmitting telepathically. The basic message will be as follows:

*We are here at the request of many of this planet. We come in peace. We do not wish to overwhelm you, or to be treated as superior. Only our technology sets us apart from you.*

*This is the end of an era for the people of this planet. The darkness that has overwhelmed you for many thousands of years is lifted. You may now see*



*yourselves as the beautiful beings who you are. You are our sisters and brothers. Welcome back into the family.*

*We would like to help you correct your presence on this planet, so that you will no longer assault Earth. We wish to help you live at peace with each other and with your home.*

*To that end, we will help you develop technology that will enable you to do this. Also we are making certain adjustments to the planet to return her full function to her. She is a beautiful sphere that has been chained these many years.*

*There will be a period of transition to the new. We will work to minimize its impact on all of you. Please join with us in a spirit of friendship and mutual assistance.*

This is a preview of the message you will receive when we make our appearance. Please broadcast it so that many will know.

Conditions on your planet are quite fragile, much more than you are being led to believe. Your economy and governments are stressed. Your environment is stretched to the limit. You are unable to continue on this path. Major changes will be required. Are you ready to undertake these changes? Are you ready to step up to become citizens of the cosmos? Are you ready to fulfill your destiny?

The most obvious group who will be forced to openly recognize our existence is your military. They will come to see that they have no place in peaceful interaction between civilizations from different planets. Sophisticated weapons of your military were designed with the assistance of those who came here under the guidance of the dark energy. We wish them to be turned off before we make our appearance so that there will be no injuries to those on your planet or to our ships.

Next will be governments, who will be forced to admit that they are part of a larger whole. They will send emissaries to meet with us, to speak for the people, however our mission is to speak to the people directly; we will do that. Many will “hear” us speaking to them directly. All will be startled. Those who are awake will accept us as their brothers and sisters. Those who are less awake will be dismayed, but they too can see us as non-threatening, if they will change their perspective.

And, yes, many will fear us and reject us. Those who cling to old religious notions will fear us the most. Religious leaders can do much to ease the fears of those who look up to them. Will they do that? We will see.

Scientists will change their views of what is possible and what is not. Some of their physics will be outdated. Again, some will resist. We anticipate that most will eagerly accept.

Those who deal with the environment will see us as a way to cleanse the Earth. That we will do, as well as changing attitudes about your planet. Many of our transmissions will be made to help people to understand Earth as a living organism.

All institutions set up by the agents of the dark energy will be impacted. We will not impose our ways on you, only show you that there are other ways. Showing ourselves will assist you to rethink your priorities.

We come here not to destroy Earth or her people; rather we wish to jolt humankind with the realization that there is more to living than leading a self-centered life. Those who are caught up in that mode will fail to accept us.

Your methods of transportation will be outmoded. This will lead to demands for

radical change. We will show you the way; you must implement it for yourselves.

Communications will be altered as you see that you can communicate without the need for electronics. This will change the shape of your telecommunications.

We have previously spoken of the energy sources that we have installed. These will ease your burden during this time of transition.

Yes, the impact of our showing ourselves in this density will be overwhelming, particularly to those who cling to the old ways. This may produce a few weeks of painful adjustment. Be prepared for dislocations of the conventional.

It is only after we make ourselves known that we will make certain adjustments to your planet. We have previously spoken of these. These too will cause some temporary adaptations. Be prepared and help those who do not yet understand. Earth is returning to her pristine, beautiful state. Humankind is returning to its state before the dark energy invaded your planet and modified you. Some will see this as ascension; in reality it is a returning and new grounding. From there Earth will advance to be a planet of the cosmos, and you will travel to the stars.

All facets of your current context will be affected. Look to each other in preparation for our time of arrival. Examine for yourself how it would change your life. Do a little homework in anticipation of our arrival. Discuss it with others.

**I am the God of this universe.** The words of Bren-Ton are My words to you. You are Me; I am you. You are My creatures, but at the same time we are One. You are all of Me. Now is the time when your sisters and brothers will make their appearance. Welcome them.

You too may have lived on planets other than Earth. Recall those experiences now to assist the transformation of this planet. Recall your training for this moment.

Those of you who read these words will resonate with them in a particular fashion. They will trigger within you something long buried. Be open to that new urging, those new insights. Come from a place of love for your sisters and brothers and for your planet, Earth. I am the God of this Universe; I welcome you to the fullness of your being.

### **Bren-Ton, Justine, and Moraine**

**7-5-09** In the near future we who are your brothers and sisters from other star systems will materialize some of our starships for all on your planet to observe. For some this will be a confirmation of their long-held knowledge of our existence. For many it will be a confirmation of their belief that Earth is not the lone inhabited planet. For others it will shatter their beliefs.

First of all let us reinforce that we come in peace. We do not come to frighten, or to impose ourselves upon you. We are your brothers and sisters from other planets. We come to assist the humans of Earth as your planet returns to its pristine state, and you come to know who you really are.

Governments around the world will be shaken by the appearance of our ships. No longer may they claim to be the highest authority. Their denial of our existence will cause people to question the legitimacy of their power. Ordinary people will begin to look at those who consider themselves superior in new ways and will no longer accord them their status. Ordinary people will now know that they have been lied to, as many in their governments have known of our existence for many years.

The media will similarly be criticized for its refusal to admit our existence and its cover-up. Our sudden appearance will cause some in the media to dig out earlier instances of contact and replay them as background; thus the misinformation and cover-up will become apparent for all to see.

The impact of our appearance on religions will be most immediately felt as they scramble to explain how to fit their antiquated belief systems into the reality of life not only on distant planets, but in plain sight in your atmosphere. The fundamentalists of all religions will attempt to turn our appearance into a fearful event, claiming we are evil, and that this is the predicted end times. This is not the end; this is a new beginning. As we said earlier in this message, we come in peace.

There will be similar impacts on corporations, who have hidden knowledge of us despite their reverse-engineering of our crashed craft, on the members of the medical establishment, who also have hidden their familiarity with us from having examined our fallen brethren, and on the energy companies, who would keep you tied to fossil fuels despite the availability of other technologies. Science will be forced to revise many of its traditional theories, for we are violating many sacred tenets.

Our appearance is important; however the impact of our appearance is much more so. Take a moment now to think how it might change your life, and prepare yourself, for this event will happen soon.

**Zirtof, the supreme commander of the ships of the armada, communicated the following.**

**5-20-09** My name is Zirtof. I am the supreme commander of the armada that encircles your planet and the other spheres within the Earth star system. This is the largest assembly of craft ever in this galaxy. Some of the craft here are quite large, housing up to one million beings. My job is to coordinate, simply coordinate. With such an assemblage of highly evolved beings, all functioning from the Light, one does not “command” such as these.

We are assembled here to put a final end to the domination of your planet by the dark energy, and to cleanse your planet of the residuals of that habitation. Few who are of the Light would miss the opportunity to witness it and to transmit events back to their home planet. As some are saying, this is the greatest show in the galaxy.

There are craft here of almost every conceivable design, both from celestials and from physical beings. You on Earth are unable to see them as we are at a higher frequency, but your military is well aware of our existence, as they possess technology that detects our energy. At the present time they do not have weapons to harm us, but such weapons are under development.

As I said, this is a gigantic effort; the civilizations that are assembled here each have their own structures. Those who resemble the humans of your planet tend to group together; those of us who are far removed from your physical appearance tend to cluster in another group. Celestials too are here in great numbers with their brilliant ships of Light.

As a force, we are an effective shield against further penetration by the dark energy or any of its minions. Over the last years of Earth time, they have made several forays in an attempt to supply their comrades on the surface. This has been effectively blocked. Nor have any of those who work with the dark energy left your planet; they are effectively held captive there.

You are asking about me personally. All right, I do not resemble you or any of the characters that your science fiction writers depict. Nonetheless, I am of the Creator's Light and have nothing but unconditional love for my brothers and sisters on Earth.

We are all awaiting an event that will transpire in the near future. It is not of Earthly creation, so we can judge its timing and effect quite accurately. I will not disclose it except to say that your long wait is about to end. Events will now cascade over the coming months. All of your preparations should be in place within the next two weeks.

There are currently 1,038 ships in the fleet of the armada. This number varies as ships come and go. These are the primary or mother ships, not including the smaller transport and scout ships. The numbers of individual beings is too large to keep track of. As I said, they come from all corners of the universe, as this is the spot to witness and assist the transformation of Earth into Terra, or I should say the return of Earth to its Terra raiment.

The process of realigning Earth's current inhabitants will take place over a period of several weeks. This is not imminent, but soon. Other events will precede it. When it does happen, everyone will be recognized by his or her energy signature. Only those of higher energy signatures will accompany Earth in her transition. Those of the dark energy signature will be removed, by force if necessary, and taken to a place of lower vibration where they may begin again the long climb into the Light. This is not a pleasant task and will be undertaken by a select group of those under my command who have volunteered for this duty. You might think of them as loving garbage collectors.

Then there are the vast numbers of sleeping individuals who inhabit Earth. Their energy is not sufficient to accompany Earth, nor is it dark to the extent that they must be forcibly removed. These too are recognized by their energy signatures. They will be gently lifted from the planet and taken to another planet where they will resume their universe careers. They will awaken on their new home believing they have always lived there, and that their ancestors were from this new planet as well. This type operation has occurred before.

In addition to assisting the transformation of the people of Earth, we continue to beam energy to the planet herself. This is an ongoing operation and explains why some of the ships are rotated from duty. It is very hard work to maintain the required energy intensity; even the great ships tire after a few years and ask to be relieved. Since they too have volunteered for this duty, we, of course, grant their wish for a respite, knowing they will return if they are able.

The third part of my operation is keeping the dark energy at bay, for it would gladly return if it detected a weakness in the Light energy we are transmitting. From time to time its agents attempt to penetrate our curtain of Light, but they are rebuffed by a renewed intensity of Light energy in that particular sector. Our ships now completely surround your planet in every direction.

The fourth task I am charged with is to right the planet in her polar rotation. We are gently returning her to a vertical rotation. This process has begun as well as the gradual warming, despite what your scientists may be reporting. Light from our craft has been warming the planet, while others of my fleet have been gently tugging at the planet herself. This process is proceeding to my satisfaction and will be completed in a matter of months.

The next task I am charged with is the cleansing of the planet. This I am deferring until all residuals of the darkness are removed along with their nefarious legacy, such as fossil fuel burning.

One very pleasant task is to work with those who inhabit the planet other than humans. These are the mythical creatures on the surface and the large number of those

beneath the surface. Some are remnants of the Lemurian and Atlantian civilizations, who have successfully established colonies beneath the surface and will be emerging to reconnect with their relatives on the surface. Some 50,000 in number, they will remain as Caretakers of this planet for the remainder of their lifetimes.

Then there are those who inhabit the core of the planet. They have been tending to the planet's stability for hundreds of thousands of years. They will now be free to travel to and from the core. This has not been the case since the Arctic and Antarctic military stations were set up to interfere with their freedom.

My final task is to coordinate the many ships of the armada, their placement and their duty cycles. We have many volunteers coming and we do not always have parking spaces to accommodate everyone. There is a waiting line as some ships tarry far out in space awaiting a place in the more immediate area within the planet's blanket.

So now all is prepared for events to unfold. There are some events that are under my control, because they do not involve the free choice of individuals on the planet. These I am able to predict with some certainty, as all in the surrounding blanket have agreed to coordinate their energies. This includes the energy controllers of this galaxy, those charged with keeping the suns and planets in their orbits, plus managing solar and galactic energies.

So this is a peek at my operation. It is multi-faceted and quite fluid. We must await certain events on the planet's surface, to proceed with the follow-on steps. In turn, events on the surface will be in reaction to events of a galactic or solar nature.

My advice for those of you who wish to be Caretakers of the new Earth is to maintain your energy levels at as high a frequency as possible. This will enable you to weather the forthcoming storms of change. Do not neglect any aspect of your welfare, physical or otherwise.

In parting I emphasize that we are here on a mission of goodwill. We wish only the very best for our cousins on the planet and will do all in our power to assure a transition that is as smooth as possible. We love you and wish only the best for each according to their free choice.



## 5

**The messages in this chapter are from Two Human Ancestors of Earth and include the following topics:**

- **Roman Military**
- **Emperor Constantine**
- **Gaul**
- **Homosexuality**
- **Christian Church**
- **Tecolote Culture**
- **Dark Energy**

### **Flavius**

10-7-08 My full name is Flavius Antonius Regatta. I was born in the town of Gandolfo in what is now known as Italy. In those days it was a small town, an agricultural center. My father was a Senator to Rome, as well as a local government official. My mother was Judicia. I had three younger brothers. When I was a boy, my family would travel to the seacoast to play and relax. We were wealthy by the standards of those days, with a large house and substantial grounds. My father had slaves who worked the land, growing olive trees, fruits, and vegetables. I was schooled by a tutor who taught me many things, including honor for the traditional Roman gods. My family honored all the ancient ways of Rome, and that which was conventional at that time.

According to family tradition, I went into the army. As the son of a Senator, I was accorded the rank of centurion. I worked hard to be a good soldier and quickly rose in the ranks. I was but a young man when I became a *tribunus laticlavus*, the second in command of a legion of six thousand men.

When I was about twenty, Emperor Constantine decreed that Christianity would become the state religion. This was over the vigorous objections of my father and other members of the Senate. After that decree, all who would not give up the old ways, the worship of the Roman gods, were punished. My father lost his estate because he refused to give into Constantine's demands.

As a member of the Roman army I was pledged to carry out the will of my emperor. I was ordered to use my men to enforce the new religion. It was not a pretty sight as we entered homes to remove the old idols and crush resistance. Many people were killed in the name of the new religion. This was all done to appease the leaders of the new religion who

demanding obedience from all in the name of Constantine. Rather than oppose the new religion, I went along with it.

Eventually I could stand no more and requested that I be transferred away from Rome. Because I had followed orders, my request was granted. I marched with one thousand fresh troops from Rome to Gaul. A caravan who supplied the army followed in our wake.

At that time Gaul was divided into several parts. Eventually I was given command over the part known as Belgica. It was the area of Europe that now encompasses Belgium, Holland, and part of Germany.

There at last I was free of the dark cloud that was sweeping the whole of Italia, a dark cloud of forced obedience to the will of the new state religion. In Gaul I was free to worship as I wished, and I did so. I had secreted some of the old idols of the Roman gods with me and I now displayed them in my tent.

I should mention here that life in this new command was very harsh. I had not experienced much snow before and the winter in northeastern Gaul was quite difficult, both for me and for my men. We inherited only rudimentary fortifications. My first order was to build a number of buildings in what is now known as Brugge. In those days it was a small town on a river leading to the northern sea. (Mark, you have visited Brugge and wondered at your connection to the place. That is because it was my home for several years.)

Homosexuality was quite common in the Roman army, particularly among the men of lower rank. It was accepted as a common practice; it was not viewed as abnormal or evil. In fact, sexuality was fairly open within all of Roman society, prior to the restrictions placed upon it by the official religion of the state.

It was quite common for a married man in the army to have a mistress, for he would be gone for many years at a time, leaving a family behind in Italia. Only the men of higher rank, usually of noble birth, were allowed to marry when they were in the army. Because those of lower rank could marry only when their term was finished, and because opportunities for mistresses were reserved for the officers, they turned to homosexuality.

The easy sexual mores of the nobility were accepted because many of noble birth were part of the army and the men were away for long periods of time. This was condoned by the native religion of Rome with its many gods and goddesses. In fact, the Roman orgy, with its wine, was a part of life.

The Christian Church saw the power of the army and wished to control it. They viewed homosexuality as an evil, and set out to exploit the practice. This Church adopted the role of enforcer of mores, against the army. It was a move by the bishops of the new religion to grab more power — and it worked.

After the Church became the state religion, a priest was sent to accompany the army when it traveled. The purpose of the priest was to minister, and to uphold the ban on homosexuality. It was a very divisive matter. Those who wished to practice homosexuality clung to the worship of the older gods and goddesses, rather than embracing Christianity. It made for much discontent within the ranks of the army.

I offer this as typical of the things that were imposed upon the people by the Christian Church as a means of gaining control over the populace. All of this was done with the consent of Constantine, who had made an unholy alliance with the Church leaders.

Constantine was interested in gaining better control over the populace. The popularity of the followers of Jesus was a disturbing factor in his rule. He was smart enough to encourage Christianity to become the state religion, thereby gaining control over

more segments of the population. He already had control of traditional Roman society through the nobility and through the army. However, forcing the new religion on people who opposed it was a bloody experience. I have already described how the army was used to root out those who did not embrace the new religion. Constantine did not fully appreciate what he had initiated, until it was too late.

The Church has rewritten much of the history of this era to portray it as the will of the people; it was not. It was the desire of an emperor to impose control over an unruly segment of his populace. It had many unforeseen consequences.

I did not know then what was included in the official text of the Church, or what was left out. I had no first-hand knowledge of it, and had little interest of it in those days. I can attest, firsthand, to the bloody, ruthless ways in which it was imposed on the population. Christians were a minority at the time I was growing up. Constantine used this vocal minority to impose his will. Now, from my position as one who has ascended from Earth, I can now tell you that certain key points of dogma were fabricated and/or distorted.

I communicate with you as one who witnessed the bloody institution of the Christian Church during the reign of Constantine. Mark, you are now witnessing the end of Christianity; it is fitting that we should collaborate. As the existence of extraterrestrial life becomes apparent, the enormity of the Christian imposition, based in the papacy, will be disclosed. The leaders of the fundamentalists will become so dogmatically non-accepting of their brothers and sisters from other star systems that many of their followers will come to reject their dogma as too extreme.

There is hope, among those of us who watch this process, that the true meaning of Jesus' life on your planet will come forth. It would be a beautiful experience for you to behold the love in which he carried all people. Jesus was walking love. He loved Earth, and he loved humanity. He came, amidst the darkness imposed upon the planet, to uplift the common man. He succeeded, until the Christian Church was formalized. His teachings were largely intact until the Church leaders who wished to control the people contorted them at the time of Constantine.

I am Flavius, one who experienced life on your planet in human form. Those of us who reside at the higher realms wish only the best for the many incarnations of our cumulative Oversouls. May you fulfill the agreements under which you incarnated, may you be of service in the days of the transition. We support the revelations of both the celestials and of your brothers and sisters from other planets.

## **Lone Wolf**

4-21-10 I lived almost one thousand years ago in an area that is now called Colorado and New Mexico. I was the son of the great chief of this region; the name that we called ourselves was "Tecolate." We were a great nation with many, many people across a broad area. From our center in what you now call Chaco Canyon we traded with visitors from the south, and from the lands to the east and the west. The nation of Tecolate was very rich and powerful.

In those days, there was a great separation between the rulers of the nation and the people. The priests were the cause of this separation. The people were the slaves of the priests and the powerful. My father, a chief, forced the weak, those who were caught in the web of the priests, to serve him. By the time of my birth, there was little harmony with the land or the common people.

I was born during the final times of the Tecolate nation. I had two older brothers and four sisters. My oldest brother was to become the next great chief. My next older brother was to become a priest. As the son of the chief of all chiefs, I was destined to be a chief of my people, if not the head chief. As a young man, I was assigned responsibility for people in the outlying area to the west.

I saw the situation of the people, saw how unhappy they were, and felt for them. I saw that the empire of my people was crumbling under the weight of the priests' demands and the luxuries of the ruling class. I observed that ordinary people had lost their connection to the Earth due to the demands for ever more grain, beans, and animal hides for trading. As a mature man in my twenties I began to express my observations. The common people learned of this and I became a great hero to them. Wherever I walked, they would throng to get a glimpse of me. This did not sit well with the priests who wished to continue their domination of all.

In addition to my empathy with the people, I had a special relationship with the Earth, the plants, and the animals. I was a harvester of honey, because the bees would willingly share it with me. I would go to a hive and take a portion of the honeycomb. Placing it into my leather pouch, I would bring it to the royal family, my family. I was much valued for my talent until I began to speak out against the harsh rule imposed by the priests.

The priests were an insular clan who kept the people hypnotized with their stories of the gods who spoke to them. They were able to provide just enough magic to make people believe in their power. We regularly saw ships in the sky. Some would land and beings would emerge to commune with the priests. Before I was born a requirement had been made for human sacrifice. This was done to appease these gods of the sky. Some of us communicated with those from the sky who were not in league with the priests, but our experiences were ridiculed and we were threatened; so we became a secret society among our people.

As I look at your society today, from my vantage point in the spirit world, I see parallels to the Tecolate nation. We were ruled by a small group of privileged people who were in contact with the sky gods. There was a great disparity between the powerful and the ordinary people. We had lost touch with nature upon which we were dependent for all. Yes, ours was a primitive society but some of the elements are similar.

This eventually led to our downfall as we stripped the land of its soil and timber. People began to go hungry as the elites extracted more and more from them in order to trade with the distant nations. As people existed at a subsistence level, the power of the nation dissolved and people began to drift away. The power base dissolved, and the privileged were left with no one to support them.

As I was growing up, my family, father, mother and children, would visit a place we called the Sentinel. High in the mountains to the north, it was a retreat from the hot dry land where we lived the rest of the year. We journeyed for three days to reach the high lands. My father, due to his exalted position, was carried on the shoulders of slaves. Upon his arrival feasting was readied for my family and other powerful people. There was always music from the drums and flutes, and dancing, always dancing. It was a marvelous time that I eagerly anticipated. Today you call this place "Chimney Rock." We would also journey to the hot springs, another day's walk, to soak in the healing waters.

The Sentinel was also a place of ceremony as dictated by the priests; human sacrifice was done on the great rock overlooking the two spires of the Sentinel. I was forced to watch as young children were sacrificed to the gods. A ship of the sky gods hovered overhead as the ritual was carried out. When the ritual was completed, a great fire was built on the

altar to signify to those waiting in the city to the south that the sacrifice had been accomplished, that the gods of the sky had been appeased.

I was at the Sentinel 964 years ago. In a banquet before the great ceremony, I was poisoned for daring to propose ways contrary to the will of the priests and sky gods. I was buried near the hot springs, as was the custom in the royal family. In a rebellion, a chief “more aligned with the will of the gods” replaced my father. My brother was stripped of his authority and banished.

I am communicating these things to you today, Mark, that you may know that a thousand years ago, the people of that time were also under the influence of intruders from the sky. Today you understand that they are from another star system. At that time we did not, except for the priests who hid that information from the people. The influence of the sky gods over a primitive people was to generate fear, for it is fear that feeds their power. As the others who have communicated with you have pointed out, if fear can be replaced with Light, a paradise can be re-created on Earth.

I speak now for the billions of your ancestors who observe from the afterlife, who are keenly aware of actions by their descendants, “Wake up to the reality of who you are. Understand the influence you have each and every moment. This is the final time of Earth’s existence in this dimension. Wake up and assist your mother to transcend the influence of the sky gods who imprisoned her and all who dwelled on her.”

Today, a thousand years after my time, you have the opportunity to make things right for all who have gone before you, for all who saw a better way but were unable to accomplish it in their lifetimes. Take this opportunity to answer our call.



## 6

**The messages in this chapter are from The God of this Universe, and include the following topics:**

- **History of the Universe**
- **Oversouls**
- **Dark Energy**
- **Earth's Call for Help**
- **One**
- **Individuated Souls**
- **Beliefs**
- **Now Time**
- **Change**
- **Learning Experiences**

2-16-09 Before the universe of time and space, before the spiritual domains, before all, I determined to undertake a grand drama in My universe. In connection with that decision I created Oversouls to assist Me. It is their mission to supply the souls for the grand drama in conjunction with My physical creation. So you see, from the very beginning, all was One, and all was interconnected. It remains thus to this day.

After that initial creation, I charged the Oversouls with allowing Me to experience every aspect of the diversity of My creation through their individuated souls. At the same time I created the domain of the spiritual with angels and celestials. I then continued by creating the galaxies with their myriad diversity of life forms. Throughout all of My creation there remains the interconnection of all; all is One.

When the Oversouls were ready I created planets and inhabited them with all manner of plants, animals and self-conscious beings. The Oversouls supplied individuated aspects of themselves (souls) for each of these material creatures. For it is at the soul level that all are connected to Me. Every aspect of creation is conscious, every creation is interconnected, every creation allows Me to experience the fullness of their life, every creation is good, and every creation is infused with My love. In time as measured according to your clock this process has taken billions of years. As viewed from My perspective all is happening now in a brilliant tapestry of interconnected Oneness. I will continue another day to expand upon these truths.

2-17-09 As I said in My prior message, I created Oversouls to individuate souls for the characters in My grand drama. Each Oversoul is capable of individuating many souls

simultaneously, each containing the Creator's Light. The Oversouls populated my universe of planets with humans and other life forms, all experiencing different aspects of the grand drama. I gave the Oversouls free reign to experiment with different life experiences, so you can imagine the diversity among My billions of planets. As I look out at this vast creation, I see all as One and I embrace all in love.

After a time, one of the Oversouls decided to take experience to an extreme and find out what it was to live with diminished Creator's Light in the souls he was individuating. He has been given many names, but none of my Oversouls have specific names as they are all of My energy field, and not truly separate from Me, just as you and all other individuated souls are not truly separate from Me. Although it may appear that you, that other humans, animals, planets, and inanimate objects are separate, we are One.

So this particular Oversoul experimented with ever decreasing amounts of Light in the souls he was individuating. In the process this oversoul began to accumulate a preponderance of soul experiences that were not of the Light. This in turn began to weigh heavily upon his functioning, and he sought out more, ever more dark experiences to feed his thirst. He determined that fear, which emerged in the absence of the Creator's Light, was a substitute for love, not a fully satisfying substitute but nonetheless a substitute. And his souls became ever more darkly individuated. It took a few billion of your years until this dark oversoul decided to carve out a section of My universe as his exclusive part of the grand drama that would be played only in darkness. And yet I love him as one who is only slightly removed from Me.

Your planet, Earth, lay in the path of his scheme to create an exclusively dark play, so it was quickly enveloped, as were a number of other planets of nearby star systems. The dark energy, for that is how I had come to see him, created fear in all residents of all the planets under his control. That is how fear came to dominate Earth.

2-18-09 When My other Oversouls saw that dark energy individuating souls with diminished Light, they reacted by stepping up their individuation of souls with strong Light. They placed these souls into all regions of My universe, thus assuring that the Creator's Light would remain strong. This became their primary focus. I embraced all individual souls, whether strong in the Light or not, as aspects of My creation, as One.

In the boundary between those areas claimed by the dark energy and those claimed by Oversouls dedicated to the Light, there was conflict. In some cases, the Oversouls of the Light manifested hearty souls who wished to sample what it was like to live in the darkness. The dark energy did likewise for certain souls with diminished Light. Incarnating in this way gave individuated souls opportunities to make choices between the Light and the dark. This too I embraced as One creation, foreseeing the day when Light energies would balance out the dark.

Meanwhile the Oversouls of the Light were determined not to yield to the dark energy, to give it dominion over that space which it claimed. They did this mindful that they could not stoop to tactics employed by the dark energy and risk becoming trapped in his web of deceit and darkness. Strong individuated souls volunteered to live on planets dominated by the dark energy. The dark energy retaliated by individuating souls on planets where the Light was the strongest. For millions of years, this conflict continued, with the Light and dark making advances, and then giving ground. When I speak of battles or conflict, I refer to the tug-a-war between energies of the Light and energy without the Light. These are not wars as you experience them on Earth.

Some planets became very dark, trapping the souls incarnated there into harsh lives

under structures of the dark energy. Keep in mind also that many of these souls were of the Oversouls of Light; they had volunteered to live in this darkness to experience it for themselves, to add to the experience of their particular Oversoul. In some ways it is much easier to choose when the choices are so stark as black and white, dark and Light. There is value to living in the darkness so as to determine what it is that a particular soul does or does not wish. So it came to pass that my universe was divided into predominately areas of the Light with a minor portion dominated by the dark energy. Yet all was One, all were My creation, and all were My creatures. All were playing out their roles in the grand drama of My universe. And never did the Creator's Light completely vanish in any souls, even in those who chose to live without acknowledging the Light.

2-19-09 Let Me now turn our attention to considering the situation on Earth from the perspective of Oneness. Throughout the universe, the Oversouls of the Light had been occupied with establishing a bulwark of planets that the dark energy could not claim or with which it could interfere, and vice versa. Yet souls continued to incarnate on planets that were of the opposite polarity. That is, souls individuated from the dark energy were incarnating on planets predominately of the Light, and souls individuated from Oversouls of the Light were incarnating on planets claimed by the dark energy. So there was no true demarcation between the two, only a line in the shifting sands of energy, and a constant pressure as the Light attempted to penetrate the darkness.

More specific to Earth, your planet had volunteered to host incarnations of the dark energy, those who functioned principally out of fear. Yes, I said volunteered, for all incarnations are voluntary — those of the Light and those of the dark. To live a life in either fashion, an individuated soul volunteers to experience a way of being for a lifetime. So Earth was the host for many thousands of your years to the dark energy and her agents. It was a planet onto which individuations of the Oversouls would come to experience the darkness and individuations of the dark energy would come to experience the darkest of the dark.

Others have told you of Earth's call for help and the response by My children of other star systems who came to her aid. They are still here, supplying overwhelming Light to rid Earth of the last vestiges of the dark energy. So now, Earth is emerging as a planet of the Light. Yet I loved Earth and her inhabitants throughout the darkness just as much as I love them today, for you see we are all One. Earth is One with Me. The dark energy is One with Me. The Oversouls of the Light are One with Me. You and all humanity are One with Me. My grand drama is now entering its final act, in which darkness will be balanced with the energy of Light.

2-20-09 Those of My children who have found ways to benefit exclusively themselves during this time when the dark energy has ruled Earth will find it extremely difficult to accept the idea that all are One. Now that the dark energy is withdrawing due to the Light of the starships of My children from other star systems, the structures and beliefs that gave rise to a privileged few will collapse. Only those who see all as One will accompany Earth to her new way of being. For it is true that all the plants, animals, and humans of Earth are One with the beautiful sphere that is your home. You are My children of the physical realm. Each of you has an individuated soul from one of My Oversouls. At a soul level, each is conscious of who he or she is. Each came to this planet with a contract to experience a lifetime. Each is One with each other; each is One with Me.

After the Light has fully vanquished the dark energy from Earth, and the agents of

the dark energy have been removed, you who remain will exist in a veritable paradise. This transition will not be easy for anyone, especially for those who are slow to embrace the Oneness of all. Many who are caught in old structures and beliefs will not make the transition. To successfully transition to the new civilization of Earth requires that you consciously embrace that you are One with all.

I look forward to welcoming as many of you as possible to the new Earth. Please accept My invitation to become One with Me and My creation. You are my children. I wish only the very best for each of you. May the Light of the Creator shine brightly within you, guiding you along your path.

2-21-09 Now let us explore a bit further. You are an individuated soul, meaning that your Oversoul has allowed a piece of itself to become your soul for this lifetime. On the one hand, it is like you borrowed this fragment of your Oversoul for a time; on the other hand this individuated fragment, even after it is reunited with your Oversoul, will forevermore be known as Mark, or by your universe name, Plantageon.

Your soul incarnated into a body, just like the soul of every other human being on this planet, or on any other planet of My universe. This is also true for all physical beings that are not human. You were born of human parents and grew up as a human being. Your particular circumstances were agreed to by your soul prior to birth: time and place, parents, siblings, encounters with other humans, and in your case non-humans. All was known to your individuated soul prior to your birth. All was aligned with your Oversoul's desire for cumulative experience; all was part of balancing prior lives and actions.

Do you see how you are One with Me? How you are One with other souls of your soul group, other individuated souls from your Oversoul? How you are One with the souls of other Oversouls? Yes, all on this planet Earth are One; all humans are One. Despite differences of location, skin color, religion, nationality, or sex, you are One with every other human of Earth. You are also One with every human from other planets, as well as non-humans from anywhere in My universe. This is equally true of souls that have been individuated from the dark energy Oversoul. All is One. Just like you, Mark, every soul that is incarnated in a physical body does so with a contract approved prior to their incarnation. Understanding this, how could anyone do anything but love all My children?

2-22-09 Let us begin now with the final lesson of this series. As I experience you, Mark, and other humans of Earth, I see you trapped by various beliefs. Most of your beliefs are based on misinformation, much of it deliberately manufactured to control you.

You have beliefs about who you are, about your family, about your city, and your country. Most of these are not true. You are a soul having a physical lifetime, not a body with a soul. Your family comes from a mixture of races more complex than anyone might imagine, you are not of a defined lineage. Your city (Fort Collins, Colorado) was founded on the back of a military installation, an outpost against vicious American Indians. The Indians were not vicious; they only wanted to live in peace. Your earthly family did not need to conquer the wilderness, only learn to live in harmony with it. Your country did not need to become the mightiest military presence on the planet, to fight a war on terror. These are constructs designed to keep you subservient to the desires of a few.

Many people believe the current economic structure is designed to benefit the majority. In reality it was designed to benefit the few who own and control major corporations and financial institutions. You believe your government operates in the best interests of the people, that it is a democracy. In reality it operates for the benefit of the elected few,



and the bureaucrats who administer it.

Your various religions teach you that a priest, rabbi, minister, Bible, or Quran is needed to interpret who I am. As I have shown you, I am as close to you as a flick of the switch. You need only drop into a slightly different consciousness and you may speak with me at any moment of the day. You do not need organized religion with its leaders and “wise men” to find truth. I AM TRUTH. Ask Me, I will tell you.

So I leave you with these final words: I AM YOU; YOU ARE ME. Discover truth, cling not to beliefs. Wake up, for the time is near when all will choose to accompany the new Earth, or choose to remain behind. All will be called, all will choose. And, most important, remember that we are all One.

9-14-09 Good Day, My children. I am most pleased to have this opportunity to clarify certain things during your transition. In your reality, at your frequency, in your density, and/or in your dimension, time and timing take on different meanings than at the higher frequencies in which celestials and your star brother and sisters exist. Thus, communications that deal with the date of a proposed event must be examined in light of the TIMING of the event, not in terms of its TIME.

The timing, or sequence of events, is all-important at the higher frequencies. “All in its proper sequence” is heard most often, or words to that effect. But then words are seldom spoken either. Rather it is the flow of events that is all-important. When this is translated into language for Earth-humans, a precise date may become associated with an event.

Earlier this year several people told you, Mark, based on their interpretations of what they were receiving from those outside their reality, that some event of importance would be happening in July. It was not specified what would be happening.

Well, something did happen in July of your calendar. Things are happening all the time. Things are happening in different dimensions than yours; they may or may not impact the people of your planet. So when anyone in your density forecasts a date or a time, it is always risky.

Events at higher vibrational flows do not take on precise linear time, as you on Earth might believe things do. Then there is the fact that many things are going on at different levels of consciousness, and many billions of beings are involved. Again this means that it is most difficult to predict the moment of a future event with any accuracy.

Add to this that at the higher frequencies everything is viewed in the now. Everything is present. Past is present. Future is present. So when someone in your density receives news of an event that is seen as already completed by those of a higher frequency, it can be misread as a prediction of an event to occur at a precise calendar date.

The only constant in My universe is change. I designed it that way. And it will not change. This again causes the prediction of the timing of future events to become nigh impossible. Add this to the reading of your tea leaves, or the examination of the stars, and you see how impossible it is to predict any major event with accuracy.

At the same time I can tell you that your planet (Really it's My planet, and its people are My children.) is experiencing unprecedented changes. Earth is returning to her former pristine self. That may not be readily apparent, but it is happening. This will cause major changes for My children who dwell on her surface. It will be an exciting time, filled with promise and challenge.

Then there is another factor: The free will of all involved. Either the collective free will, or the free will of a single individual, can change the course of any event. Free will decisions apply both to those who support a particular change and to those who oppose it.



In the case of Earth's return, there are those who stubbornly oppose it. In this case, despite their efforts, they will not prevail; Earth will return to her former glory.

As to future events, there will be many changes coming to the humans of Earth. These events are already unfolding. There will be more. You live in exciting times. My suggestion is that you find how you can lovingly contribute to the changes that are underway. Find your unique contribution and grab hold. It will be a ride like you have never experienced before. Enjoy the discovery of the new; enjoy the old lifting from your shoulders. Your life is much easier when you adopt an attitude of joy and acceptance.

9-15-09 Good Day, My children. I am pleased to again have this opportunity to clarify certain things. A lifetime on Earth is a lifetime filled with challenges. Everyone who incarnates on this planet agrees to incarnate knowing in advance that their life will be filled with difficult challenges. If you did not wish difficult challenges, you would not have chosen to come to this planet, particularly at this juncture.

In the months ahead the challenges will change. (There I go again using one of my favorite words, "change.") In the months ahead, the challenges will be unlike those experienced before by Earth-humans. Earth herself will change, transforming herself back to the brilliant sphere that she was when humans first arrived. This returning will cause many dislocations in what you believe is the natural order of things.

Your challenge will be to adapt to these changes. Weather will change, ice will melt, and seas will rise, as warming engulfs the entire planet. There may even be "earth shifts." All of these will present challenges of adapting to a changed environment.

There will be additional challenges to your traditional life as many of your man-made institutions collapse to make way for new ways of organizing to provide for the good of all. You will learn about leadership and how to teach new ways of organizing and doing. More challenges face you as you transform into the humans of the new Earth.

One of your challenges will be to forget your traditional ways of relating to each other. You will come to see each other as My children, whether from this planet or some far-off sphere. The challenge will be to put aside traditional ways of knowing each other, of judging each other, of loving or fearing each other.

The best way to approach all these challenges is to see them as learning opportunities. First and foremost, Earth is an educational planet. That was the purpose for which I created her. She is diverse and beautiful in order to teach her occupants about beauty and diversity. Learn from the experience of being here.

Many grumble at these new challenges. Many resist them. The sooner you see them as learning experiences, the easier your life will be. Begin practicing today: The next time someone does something of which you do not approve, see it as a learning opportunity. Look at the experience in a new way. See it as an expression that is there to teach you something about yourself, and something about your brother or sister. But mostly it is to teach you about Me. I created this opportunity so that you might see My diversity, My encompassing of all there is in My universe. Practice acceptance. Practice flowing in the moment. See the opportunity to love another for who they are, not in judgment, but in acceptance of the real them, not their behavior.

And yes, this also applies to those who follow the dark energy, for they too are My children. Accept them for who they are, a child of Mine. Look beyond their behavior to the soul of which they are a manifestation. Many of you have chosen to spend a lifetime in one of these roles. I allowed darkness into My universe; it is now on the wane, fleeing from the

## *Transformation*

Light of My other children.

In summary let Me say that you will continue to be challenged, increasingly so in the near term. It is your choice as to how you react to these challenges. I commend you for incarnating at this time of Earth's transition. And most important, remember who you truly are during these difficult challenges. You are My child; I am always with you.

# 7

**The messages in this chapter are from the Soul of Earth and include the following topics:**

- **History**
- **Earth's Transition**
- **Invasion of the Dark Energy**
- **Earth's Intimate Involvement**
- **Time of Chaos**
- **Post-transition Earth**

10-19-08 Walk with your bare feet in my grass; wade in my streams, lakes, and oceans. Touch me as you walk along a forested trail or along the beach. Revel in my beauty as you witness a sunset or gaze upon a panorama. I am Earth; I give unselfishly to those who dwell with me.

A few billion years ago God created me; it was a cooperative effort to which I agreed. I became a beautiful and wondrous place filled with life. Your scientists are correct in that they see this taking place over a long period of time. It did indeed require a long time to develop my beauty. It was as if I were a young child, who grew into the beauty of fullness. Your pictures from space show me as a beautiful globe. I am indeed beautiful; I am glorious. I am one of the most beautiful planets in this galaxy. Revel in my beauty. Soak it into your very deepest crevice. I define beauty for those who dwell upon me. Now, I am changing from what I have been in the recent past to what has been my destiny.

Let me give you a brief vision of what I will be when I have returned to my beauty. First and foremost, I will radiate so all in the universe know me. I will shine with iridescent colors of blue and green. Blue because my oceans will be clean and pure. Green because most of the land will be covered with lush vegetation. No more will I have deserts. No more will I have ice and snow. I will become a temperate paradise for all.

I am being returned to the lushness enjoyed when I was much younger, but not as far back as when dinosaurs roamed my surface. No, I will not be the home for giant beasts; rather I will be the home of a conscious race of humans. I will be a lush paradise. I will have birds, animals, and fish in great abundance. Most importantly, all will enjoy a harmonious relationship.

But I get ahead of my story; in coordination with God's plan, those from off-planet originally introduced all my plants and animals. I was to be a grand experiment, housing the plants, fish, birds, and animals native to other planets, an experiment to see if such a

vast diversity could live together on a single sphere. So they brought animals and plants from many other places. Some readily adapted to their new home, others did not. Some died off, others prospered until a few million years later a balance was achieved. Those who had seeded this planet were pleased with their handiwork.

It was only after this great handiwork was completed that the first humans were introduced to me. Those from other planets brought four races here. When they came they were very conscious, aware of who they were and from whence they had come. They were able to communicate with me, with each other, and with my animals and my plants. Everything was provided for them. They lived off fruits and nuts, and other foods of my bounty. They did not fight among themselves; they cared for each other. In the beginning it was a veritable paradise for all who occupied my surface. In the beginning, there were none who lived beneath. In the beginning, I was a salubrious home to my new guests, for they saw themselves as guests on me. They honored all that they found here and did not destroy except to consume what they required.

Imagine how that was. Imagine the beauty, the tranquility. I was very happy to have my new guests. I was of the Light; my guests were of the Light. I felt that I had fulfilled all that God had created me for. I was a happy mother with many children: human, animal, and plant. As I looked upon it, it was a blissful paradise. My oceans, lakes, and streams were pure and fresh. My air was clean and fresh. My land was without scars. The humans trod upon me softly; all was in harmony.

The dark energy being was born of a desire to experiment by moving away from the Light. This great energy entity was, and still is, very powerful and very vast. It moved into this sector of the galaxy with the intent of dominating it. I screamed out to God that I did not wish to be part of this. God requested that I cooperate with this darkness, to allow it to discover for itself what it was like to invade and conquer. He reminded me that I had agreed to play this role. Like you, I too had a contract that I agreed to before my creation in the physical. I had agreed to become the stage upon which a great drama was to be played. Coming from a place of great love for all, I was to endure, in order for the dark energy to find its limits and return to the Light.

The dark energy slowed my rotation and shifted my poles so that now a part of me faced away from the sun for some of the year, so that a portion of my atmosphere and water would become cold and dark. It was a great struggle; I did not wish so much of my surface to face away from the sun for such a long time. In the end, the darkness prevailed and cold descended onto my surface for the first time. This changed the climate for those who dwelt on my surface.

Some of my surface dwellers wished to abandon me entirely. We made an agreement and I welcomed them into the bosom of my interior. There they created a civilization of a kind not known before on this planet. There they were able to hide and avoid much of the darkness. In the process they transformed themselves into a new species tolerant to the heat of my core.

In addition to tilting my axis of rotation, the dark energy placed an artificial satellite in orbit around me. One purpose of the moon was to constantly tug at me, to remind me that the dark energy was controlling me. I resisted, until a balance was created between the desires of the dark energy and that which I would tolerate. I did not easily give up my tranquility and my beauty, but like a wild horse, I was eventually tamed. However, like the horse, I did not stop being a horse, I merely became accustomed to the bridle and saddle: the moon and my new tilt.

The dark energy then began to work on those who dwelled on my surface. The dark

created competition out of harmony, and distrust out of peacefulness. It turned brother against brother, species against species, and race against race. Fear replaced love as the dominant energy of those who lived on my surface.

Yet I maintained an attitude of love to all. I even maintained that attitude toward the dark energy that had twisted my beauty. To this day, I maintain an attitude of love toward all who inhabit me. I allowed the experiment to continue, allowed the dark energy to invade all my guests, all those who depended on me for sustenance. But I was not happy. I saw the dark energy as a cancer that had invaded and I was determined to expel it, after I allowed it to complete its experiment.

I saw many generations of humans incarnate on me while the darkness worked its best to contort all. It was very painful to watch all of this, but I believed that it would not last forever. I believed that at some time the dark energy and its minions would be forced to leave, forced by an insurgence of humans, the only ones who could demand its departure. But this did not occur, despite many ages of humans. Most humans acceded to the will of the darkness, deciding that they were not powerful enough to overcome its will. I watched in great sadness as greater and greater fear invaded all.

When the humans were taught to harness the energy of hydrocarbons, the invasion of my surface became extreme. My oil, a beautiful resource for use by my guests, was squandered as a fuel. Fear became more and more dominant, as I was explored and exploited. My most private parts were probed with the intent of utilizing them for control over others, for the building of great wealth for those who sang the tune of the dark energy.

Finally, about seventy years ago I cried out: I was choking from lack of Light, choking on fear generated by those who did the work of the dark, and those who had succumbed to fear. I called upon Creator to save me from almost certain self-annihilation. Creator listened and allowed those from other star systems to respond to my cry. Giant starships from other star systems brought me a transfusion of Light. It was as if I was a patient on her deathbed and suddenly a cure was found. I slowly began to recover. My shriveled physic opened to accommodate more and more of the Light. The darkness shrieked that this was unfair, but Creator decreed that I was not to die.

Slowly, as the energies of the Light penetrated, the dark energy withdrew. Over the last sixty years the dark energy has been forced to completely withdraw under the constant pressure of the Light of those from other star systems. The dark energy is now gone; only residuals remain, and those who adhere to its ways. I am most grateful.

I am now returning to that state before the dark energy descended on me. Now I will once again be a planet of tranquility. All my physical manifestations will be adjusted to allow this to happen. The moon will be removed, my axis will be righted, my ecology will be cleansed, and I will become temperate over my surface. I will once again radiate the Light, as I so dearly loved to do those many eons ago. I have been long a captive of the dark energy; now I am ascending out of the darkness in which I was held. I hope you can sense the happiness with which I convey this message. Tell everyone that the real Earth is back, or will soon be. It is a glorious time, I am most happy to offer myself to guests who will honor me as an ascended host. In reality I am merely returning to my prior beautiful self. I am the soul of Earth, the being upon which humanity walks.

4-15-09 I wish to convey to all my human guests additional truth about their existence on my surface. Some of your visionaries believe that all physical creation is but one form or another of energy, slowed to materialize into physical form. That is true. I said



that the life forms of plants and animals from around the galaxy were introduced; I did not say how that was done. The way it happened was that patterns were brought, and the physical forms were materialized here; they were not physically transported. Why physically transport anything, when you can bring the pattern and materialize it where required? So that is the way it happened to me.

In answer to your question as to what you, as an individual human being, can influence of my materialized creation, the answer is that you can physically affect that which appears physical with the tools I have provided to you. Thus if you wish to cut down one of my trees, you will need to use a physical implement to do so. As long as you remain in this 3rd dimension reality you will affect things of this dimension in 3rd dimension ways. The physical is acted upon by the physical.

Is it possible to act upon things energetically? The answer is yes. At your level of evolvment, humans have a very limited ability to affect my material creation by using energy techniques. As you proceed to assume greater powers, this ability will increase. You will also be able to construct machines to assist you in this. Working in today's 3rd dimension, if you wish to construct a table, you will need implements with which to do that. At a higher level of functioning, you will be able to construct things by using energy manifestation techniques.

It is of little value to you at this moment to see everything as slowed energy, unless you wish to do so for philosophical reasons. From a practical aspect, see that which is of my material nature as something you can interact with on this physical plane. Hold all in appreciation for what I have given to you, for it is my bounty that I freely give to humanity, and which I allow humans to use for their benefit. Appreciate them as gifts, and do not desecrate my air, water, and land. Hold all in great appreciation and I will continue to serve you.

I am transforming to a new way of being. I invite all who would be Caretakers of my new way of being to accompany me on this journey. In my new way of being, the land, water, and air will once again be pure and clean. In my new way of being, there will be peace among all my guests, and all my animals, fish, birds, and insects. I am very much looking forward to the time when that will be the case.

Time will continue to accelerate until in the final days it will appear to stand still for my human guests, as well as for my animal, bird, fish, and insect residents. This will enable me to accelerate my return to my former state of pure waters, clean air, and pristine land. My plant life will be repaired, and once again my deserts will bring forth the trees and grasses that formerly existed there. All of this will be accomplished in an "instant of time" as far as my human guests are able to sense.

You may appreciate what a complex process this is when you consider the many guests who are currently on my surface, as well as my many other residents. All must be cared for in the manner most auspicious for their wellbeing, even those who are leaving me. Make no mistake; I would like to have as many of my human guests as possible accompany me.

4-25-09 I am the soul of Earth. I am the breath of life, the energy behind everything on this planet. In the beginning, Creator, through the God of this universe, created me as an expression of His desire to have a unique new planet. Who I am was manifested as a direct result of that desire. I began my existence knowing that I would create a pristine wondrous planet suitable for human life. That was and is my charter, my goal, and my sole task.

In the beginning there was only the energy of the universe. In cooperation with the energy managers of this universe, I slowly assembled the necessary energies and began to materialize them into physical form. At first my planet was but a glowing collection of gasses that I spun off from the sun and collected from nearby space. This was not some random effort, some chance happening, it was my deliberate act in accordance with the plan of the Creator. It was I the soul of Earth that dictated the various steps that led to the cooling mass of materialized energy that became the rock of Earth with its minerals. It was an intentional act on my part. Human scientists have discovered much of Earth's early development. The geological record is the history book of my physical manifestation.

What human scientists have not discovered is how life came to me, how plant matter came to live on my rocks. The answer is that plant matter was transported from around the galaxy in accordance with my wishes to have a little of this and a little of that growing on my surface. For you see, all in the universe is done in cooperation. If I desired a particular plant and another planet had it, it was cheerfully contributed.

The same is true of animal life. None of it originated on my surface; it too was brought from other planets. Yes there has been evolution from the original plant and animals that were brought to me. But evolution was not random or "survival of the fittest," as human scientists would have you believe. Rather I guided it every step of the way, carefully selecting that which was most appropriate for me.

I am the soul within Earth. It is my energy that sustains every rock, every blade of grass, every tree, every flower, every berry, every animal, every fish, and every insect on this planet. It is my energy that sustains mountains and oceans. Nothing on my planet exists without my intent, my concurrence, and my energy materializing it and sustaining it. As each new life emerges, be it a sprout from a seed or the embryo of a human, I breathe life into the new life form. The Creator has ordained the Laws of Creation; I am His humble servant in executing my role as Earth's soul. I am a very powerful being indeed, very powerful.

I should add that a similar situation exists for all material creations throughout the universes. Every planet, every star, has a soul. Every particle, large or small, is directed by a consciousness that works in concert with the Creator's Laws.

When I was ready, when the plants and animals were to my satisfaction, then and only then did I allow man to be transported onto my paradise. I agreed to host the human race of Earth. I did so most willingly, foreseeing the ups and downs that would follow. At first all was in harmony. My newly arrived humans were most pleased with their pleasant surroundings. I provided all that was necessary for them to flourish, and they did.

The incarnation of a human on Earth requires my cooperation. (Remember, as the soul of Earth, as a conscious being, I cooperate with the birth and death of all on the surface of my physical form.) It is a coordinated effort between the soul of the human, his or her Oversoul, and Earth, my physical manifestation. It is my energy, along with the working of your Oversoul, that created you and every other human on this planet. Many humans call me Mother Earth, because my physical manifestation provides such a rich bounty for them.

Human life is most interesting in that it involves an individuated soul that may be incarnating for the one-thousandth time. Within each human is a spark of the Creator. Each life form bears the stamp of the God of this universe. Within each human soul is a contract for that lifetime. Each human has free will. My role is to assist with the materialization and growth of the human form, the costume the soul wears for a lifetime. I materialize and bind together these pieces into the finished form known as a man or a woman.

Some humans believe that they create their own reality, including their bodies and physical surroundings. This is somewhat true, in that their soul dictates much of their physical body for each lifetime. However nothing on my planet is created without my concurrence and my effort. Individuals have the power to create to the extent they alter what is already in place through my efforts. Humans would do much better modifying their experience of my creation by focusing on their mission than worrying about whether they can create by merely willing it to be so.

The enslavement of the human race is coming to an end. I could have ended it all by withdrawing my energy from my physical manifestation and letting my planet collapse: self-annihilation. But I listened to the wishes of the Creator who would have Earth returned to a pristine beautiful planet. It is this later course that I will follow. It will not be easy or swift, but it will happen.

5-7-10 Greetings to all my human guests. I am the soul behind what you call "Earth." I had planned to have a relatively quiet transition into my new physical manifestation, actually a return to my former pristine form; however, some of my human guests along with those who have occupied my surface for many years as invaders have other ideas. They are resisting my transformation to a pristine sphere. They are throwing their energy devices around like angry children who wish the game to be played their way, not according to my rules. This will not deter me, but it will make the transition more difficult for everyone involved.

The recent earthquakes were induced in areas where my surface was most unstable. This resulted in quakes not only in the areas where the invaders and their human allies concentrated their energy devices, but in other areas about my surface. Once the surface plates of my physical manifestation are destabilized, it takes some time to restore them to a normal level of activity. By this time in the evolution of my planet, major earthquakes should have been a feature of the past.

The volcanic eruption that spewed ash across Europe was again a disruption of my normally placid surface. It was without my direct participation that these events took place, but with my allowance, so you can say I had a hand in it all. I am allowing these events to take place to show the power of the dark energy, to wake up my human guests. You have within your midst those who are not functioning in your best interests!

Will there be more eruption and more earthquakes? Probably. I am working in concert with your space brothers and sisters to mitigate the level of destruction of all such eruptions and displacements. Some of the best-known possibilities such as the Yellowstone caldera and the San Andreas fault have been attended for many years. Nonetheless it is still possible that earthquakes and volcanic eruptions can take place where your space brothers and sisters are not focusing their ameliorating energies.

Everyone is now positioning him or herself in their respective physical locations. The stage is set for the transition. Each human is choosing to weather the ensuing transition in his or her own way. Everything is in order for the final act.

Looking past the transition, all who choose to remain with my physical manifestation will find themselves in a veritable paradise unlike any other they have experienced. In cooperation with your brothers and sisters from other planets, my surface will be cleansed of all remaining pollution. Yes, all pollution of the air will be gone. There will be no more chemtrails or weather modification, or pollutants spewing from smoke stacks. My waters will once again run clear without pollutants from the land washing into them, because

pollutants from the land will be no more. While I am able to cleanse myself from all of these irritants by myself, now that my energy has been restored, it is an excellent opportunity to demonstrate cooperation so all of those from distant star systems who have gathered about me will be given a role in the re-creation of my surface.

Some of your space brothers and sisters are eager to plunge in and make everything right with their technologies. I have requested a more moderate approach, one friendlier to the humans who will remain with me during this transformation. Those who have special roles to play in this next phase have been directed to safe places where there will be the fewest disruptions to their way of life.

Those who persist in the large cities will feel changes and dislocations most severely. There will be interruptions in their sources of food, water, and electricity — all that is transported into the cities. Fossil fuel will be unavailable. In contrast, those who are in the country will experience a more normal existence. In the cities many will choose to die.

At this moment the descendants of those who invaded my physical manifestation many thousands of years ago are acting like petulant children. They know the game is lost; the final hour of the drama comes close. They are now determined to destroy much of the playing field, the stage, as they make their exit. They are being forced to leave my physical manifestation by the overwhelming presence of Light. They will leave, or they will be forcibly removed by benevolent beings who will come to be with my human guests. I do anticipate that the invaders will use their force field in attempts to create further havoc. I am working with your brothers and sisters of the Light to counteract this.

As others have said in these communications, the moon is an artificial structure. It was placed in orbit many, many years ago as a constant reminder of the invasion of the dark energy. Since darkness will no longer prevail, the moon will disappear. It is not needed in a civilization of Oneness, or for my pristine environment. Its removal will affect my physical manifestation minimally.

As you already sense, time is collapsing. This does not mean that my rotation, or my orbit around the sun, is changing. These are more or less fixed and will continue to be so. Time, as you work and play within it, is collapsing until the moment of transition to a love-based civilization, then all will re-emerge into the Light of Oneness.

The world you will experience after the transition will not be changed in many ways, as my basic nature has already manifested itself. Only the constructs of mankind will disappear, to be replaced by structures more in tune with my physical manifestation, and with the Oneness of all. Much will disappear; much will appear.

There will be a certain amount of chaos attendant to my transition. It will not last long and on the other side will be a beautiful idyllic paradise with food, water and a pleasing environment conducive to full lives in harmony with all. The few days or weeks of the transition will be challenging, but not impossible to endure. Prepare yourselves now to go without some of which you have become accustomed. At the same time, open yourselves to the possibilities of new ways of seeing, hearing and touching. Each of you who have agreed to accompany me will be fully utilized for you bring skills that will be needed. These skills may not be readily apparent to you, as they do not necessarily relate to what your current occupation or skill is today. So look within, “What is the fundamental gift I possess?” Bring it forward to give birth to a new civilization.

Along with those who choose to remain with me as “Caretakers,” I will be transitioning within the next few months. All are invited to come along, but I foresee that only a few will be brave enough to do so. With those few we will begin a civilization of Light. I ask among those who are reading these words, who will join me in creating such a



civilization on my physical manifestation? I am offering a pristine paradise free of fear and all that accompanies it. Who will join me? All will be provided for those who wish to remain. You also will be transformed, and you will like very much your new physical manifestations.

8-25-10 I am the soul of Earth. I would like you to understand from my perspective the factors of the transformation. For indeed there will be a transformation for I will no longer tolerate the abuses to my physical body. Many factors of the transformation are already occurring; there will be more in the coming months. My physical body will cleanse the abuses that it suffers so that it might return to the pristine beautiful globe of which I was so proud and which sparkled like a jewel for all in the universe to see.

When humans first came to my physical manifestation they created a civilization that was in concert with what they found here. They honored my pristine waters with my abundant fish. They honored my lands that produced foods for their consumption. They breathed my clean air. When they first came they respected all and lived in harmony with all. They saw themselves as One with all, saw the consciousness of all, and worked to be One with all, for this is the way of other planets in the universe.

In the centuries that followed, humans fished in my waters. They cultivated my lands. They hunted my animals. However, they did this with great respect for all, giving thanks for the bounty that I supplied, for, as I have previously communicated, it is indeed with my active involvement that everything and everyone is here on this planet. All that is physical on my planet is with my concurrence, with my willingness to create, to conceive, and to nurture. Everything that happens on my Earth body, even that which is unpleasant to me, is with my consent.

When the humans wished to explore other regions, I provided winds to fill their sails. When they wished to trek across the vast regions, I supplied them food along the way. For many years it was a wonderful symbiotic relationship.

Only in recent times has the attitude of conquering nature prevailed among the populace, principally the white race. Their attitude of subduing nature to provide the comforts of modern civilization, along with their fear-based behavior, has resulted in the current abuses to my body. Examples of this attitude are the over-fishing of my oceans and the continued hunting of my whales.

What my body experiences today is the following: My skin is punctured to withdraw petroleum to power your so-called modern civilization. My skin is gouged to extract coal. These fossil fuels are processed to make many products, some of which are sprayed upon my soil as insecticides and herbicides. Some petroleum products are laid upon my surface to create roads for vehicular traffic. This latter smothers my land under a layer of non-breathable inert substance. Current civilization is addicted to the use of fossil fuel products. At the same time, my skin is gouged to extract minerals for your roads, buildings, machinery, computers, houses, and appliances.

This puncturing and this gouging of my skin will stop. There are other ways in which electricity can be created. There are other ways to transport yourselves and your goods. There are other ways to create buildings, and modern conveniences. All of these techniques have been delivered to you my children, but those who would control me, and my human guests, have hidden them. In moments of creation your inventors and scientists were given these from the vast reservoir of universe knowledge. In addition, your brothers and sisters from other worlds have provided you with these alternatives.

As for the transformation of my Earth body, it will be transformed despite the



resistance being put forth. The transformation will consist in halting all extraction, burning, converting, and disposal of fossil fuels. The transformation will consist in halting all gouging of my skin to expose minerals. These actions will bring your current civilization to a halt.

After they are terminated, your space brothers and sisters will come to tend to my wounds. They will heal my land. They will clean my air and waters. After a relatively short time I will be returned to the pristine paradise that was present when humans first came to my globe.

When the transition is complete, then you who would be the Caretakers may begin a new civilization in harmony with my land, waters, and lands. You who are to be Caretakers will be taught new non-invasive ways to live on the land, to drink the waters, and to breathe the air. Yes, you will need to be taught these things, as you do not know them today. You will be coached to see harmonious ways of living in concert with all.

What I have described is not an easy path, but it is one that will occur, for my Earth body is a wondrous place for souls to experience living in a physical environment. Souls need this experience for their growth and maturation. I willingly provide this as a service to this universe, but I will no longer provide it in fear-based ways.

I am Earth soul. Yes, I volunteered to host the dark energy that has overwhelmed all, but I also have said “no more.” So the darkness is going away; the Light is emerging daily. Within a short time, all will be renewed; all will be once again a wondrous place for my human guests, as well as for my animals and plants. I am so looking forward to this time.

There will be physical adjustments as I shake off the last of the darkness. There will be extreme weather as my climate returns to a salubrious state everywhere. There will be dislocations until all live in harmony. There will be interruptions to your lives as the fossil fuels are eliminated and mining is stopped.

Is it possible to avoid all of these changes? The choice is an individual one. You may choose to reincarnate at a different time and place. It would be my preference that not all of you decide to do this, as there are aspects of your current civilization that are unique and wonderful. These I would welcome to my new Earth. So I ask you to come along to the new Earth, to join with me as a Caretaker. I welcome all who would live in harmony and Oneness.

## 8

**The messages in this chapter were received in the fall of 2010. They have not been posted at Mark's Corner. (Note: They may update previously communicated information.) These messages include the following:**

- **Gods and Goddesses**
- **Oversouls**
- **Incarnation**
- **Internalizing**
- **Transforming**
- **Making Way for the New**

### **Adrial**

It is no wonder that you who have been introduced to the lighter densities begin to think of yourselves as gods and goddesses. The enslavement of mankind has been extreme on this planet; the pendulum swung far into darkness. Now that the pendulum is swinging to the Light, and humans are able to see their true nature as souls having a bodily experience, it is no wonder that they would think in grandiose terms. You are to be congratulated for having broken the bonds of your captivity. You who have tasted the fruits of the lighter densities are to be honored as way-showers, as those who will lead the rest of mankind to the promised land. Revel in your newly found powers and insights. Revel and remember them during the difficult days of the chaos. Practice being of the Light, and being powerful.

Now for a bit of reality, as has been explained earlier in these messages, the God of this universe created Oversouls, grand creations with vast powers, to explore and experience the manifestations of His universe. They were charged with individuating themselves to allow humans and other sentient beings of physical nature to exist. This they have done in billions of instances. They are behind the many humans inhabiting Earth. They are also behind the humans and other sentient beings throughout this universe. They are the truly powerful, so there is the first stage of a hierarchy within the universe. Individuated souls are not the same as Oversouls. They are not totally separate, as they are irrevocably connected to their Oversoul, plus an individual soul retains its unique signature throughout all eternity. So the soul behind Mark is a huge and experienced soul, much more than represented in this one body; your individuated soul is not of the magnitude of the Oversouls.

Prior incarnations? Subsequent incarnations? Yes, your Oversoul has had and will have many manifestations. Your cumulative Oversoul retains memories of these individual incarnations, in the past and henceforth. You retain your individuality, but you will never again incarnate as Mark of Earth. As you have been told, your universe name is Plantageon.

All will become more clear as you reunite with your soul in the afterworld, in the between stage where you can know all and prepare for another life in the physical, if your Oversoul so deems it advisable.

As for your extended life on Earth, after your successful transition to the lighter density of the new Earth, you will be afforded many years, although there will be no linear time. You will be accorded a new, younger body into which you will evolve. I cannot tell you how long you will remain on the new Earth, but you will be present, as I foresee it. And yes, the institute will manifest itself, in the lighter dimensions of the new Earth.

The most important consideration for you as an individual soul is to progress along the path to reuniting with Creator. You have already undertaken numerous experiences contributing to soul growth; there will be many, many more opportunities. These will be determined in the times between incarnations, and you will go on to reincarnate on other planets and amid more advanced civilizations. Our advice would be to take advantage of every opportunity.

At this moment you also have the opportunity to transform your physical body to function at a higher frequency, a frequency beyond the confines of the density of the 3rd dimension of current Earth. This is a unique opportunity in that it is usually accomplished through the reincarnation process. However, everything is in alignment for this most unusual event to take place: As Earth transitions to a higher frequency, you the individuals who inhabit her have the opportunity to travel with her by raising your own frequency. Those who do so will become the Caretakers of the new Earth, bringing with them the knowledge and skills gained in the 3rd dimension to establish a new civilization in Earth's higher frequency. The function of the institute of which we speak is to allow those of lighter densities to mentor transformed Earth residents in the realms of teaching, health, and leadership.

What do you know in your heart? What do you see as truth? Do you rely on the words of others, even my words to deliver the truth? All messages that come from another are subject to interpretation of the mind of another, to the background of another, to the emotions and feelings of another, and to the spiritual orientation of another. You must look into your heart to determine the truth.

What have you internalized? Internalization is the process of discovery, of finding truth, and then taking it within yourself to see how it fits, how it feels. Have you done this with writings you honor? Have you done it with the videos you like? Have you done it with the words of other humans you admire? If, as an expression of your truth, you quote what others have said, then you have not internalized the underlying truth behind the words, and if you have not internalized the underlying truth, it is not at the core of your being.

What does the core of your being resemble? Is it like a jumble of related facts, comments, opinion, and interpretations? Or is it a coherent assemblage of what you know to be true? You are to determine your own truth, not the truth spouted by another. Until you have internalized and made it your own, it is not a part of who you are.

Truth is like a salad: It is pretty to look at. It is nice to smell. It tastes good. Only after you have digested it does it deliver nutrition to your body. Yes, truth is like a salad; only after you have internalized it does it nourish your mind, your emotions, and your soul.

So leave the recitation of the great works of others to those who must depend upon such things. Seek truth that resonates so that you may digest it to make it a part of who you really are. Then you will have a foundation upon which you may transition to the new Earth. Internalizing is a vital aspect of ascension to the 4th dimension and beyond. Begin now to practice it. Internalize truth and you are well on your way to the next stage of your journey.

The process by which you, Mark, became the editor of this book began many years ago, before your incarnation on Earth. You were selecting a new incarnation and saw that Earth was to be an exciting place in which to live during the time of the great transformation. Most recently you had been incarnating on Supsten, along with other members of your soul group. Earth presented a unique opportunity to use some of what you had learned in your prior incarnations on that planet of transition. You petitioned your Oversoul to allow you to experience Earth.

A life filled with change was found, one that would immerse you in Earth's conventional paradigm, but not to the extent you would be unable to withdraw at the proper moment. You were born into a conventional family. They had only a dim knowledge of the larger picture, and saw you only as a somewhat unusual child. Nonetheless they successfully trained you in the ways in which they lived, and in how they saw the world around them. Your father and mother wished a successful business career for you within the paradigm prevalent on Earth.

You achieved success in your business career, but not to the extent that you felt totally captivated by it. During those years you felt the hollowness of the business world and explored paths apart from it. You did save some funds to enable you to do your current work.

Your awakening in 1987 was a reminder of what you had set out to do upon coming to Earth. You were to set an example of change, of one person who had moved from a world controlled by darkness to the world of Light. You were to be a wayshower, and thus it has become. You have successfully changed yourself from one who was immersed in a career prescribed by the Illuminati to one focused on the Light.

For the past fourteen years you have dedicated yourself to discovering the larger truth and presenting it to others. It began with your first book, *Trillion*. Then further change occurred when you discovered you could receive our messages and post them. The role of editor for this book now takes you to another step of seeing the larger picture and presenting it to others as an objective seer. You will now show to all the ability to change, to open to the larger picture, and to discern the truth.

In this process you were guided by several of us. In this process you are now watched over by several of us. In this process you are gathering to you those of similar mind who would show to others the transformation from the dark to the Light. Your role now is to ground the institute in this world, to show that there are humans willing to cooperate with those of us from lighter energies for the benefit of all.

With these final words, we have now supplied you with the knowledge you require to transform yourself. Go now into your heart. It has been our privilege to work with you, Mark, on this project. Blessings from all in the celestial realm.

## Part II

# Current Paradigm



## 9

**The messages in this chapter are Observations from the Andromedan Starship Athabantian, and include the following topics:**

- **Time of Transition**
- **Powerful Elite**
- **Disappointment with Humanity**
- **Service to Self; Service to Others**
- **Lack of Harmony**
- **Interconnectedness of All**
- **Superstitions**
- **Radio and TV broadcasts**
- **Catholic Church**

### **Bren-Ton**

10-8-09 I am Bren-Ton, aboard the starship Athabantian, observing you from a vantage point high above your planet. I seek connection with you, my sisters and brothers. For the next few moments, put yourself in my position, as we observe your planet without the confines of time. We see a pristine orb as Earth was long ago; we also see Earth's current condition where she has been severely tarnished by the activities of those who inhabit her surface. We see that she retains her beauty, but much has disappeared under the gouging of shovel and the whirr of the drilling rig. Earth has stated that she is tired of playing host to those who injure her. She is ascending to a higher frequency, leaving behind the gross negligence, the painful intrusions into her skin, and the fouling of her atmosphere.

From our vantage point we see the general population of the planet oblivious to the injuries they inflict each day. We have attempted to awaken you. Your glimpses of our ships demonstrate our presence nearby. There are over a million of us walking the surface of your planet, working to awaken all to who they really are. At this point we have no choice but to resort to more extreme measures in one last attempt to awaken more of you, for Earth will ascend to a higher frequency, with or without you, and she will shed that which defiles her. She will, once again, become an iridescent pristine planet.

There are a few in the population listening to us. In these few we have hope of continuing the civilization that is unique to Earth. So it has been determined that these will ascend with Earth to become her Caretakers. The sleeping masses will go to another

planet where they may live out their slumber and in time, with repeated incarnations, awaken to their own magnificence. On this new planet they will awaken believing they are at home and have always lived there. From our vantage point we have no other choice: Earth is ascending. She must be allowed to fulfill her destiny as a beacon for all in the universe. She will no longer be subjected to the fear generated by the majority of her guest inhabitants.

From our vantage point, we see the next few months of Earth as a time of transition. The structures created by the consent of Earth's majority will disappear to be replaced by institutions worthy of those who remain as Caretakers. The consent of the majority will be replaced by the realization of who the Caretakers really are.

We see the powerful of your planet, those who have amassed wealth and positions of power, scrambling to retain that which they believe is theirs. They are a pitiful group — some humans, some invaders of the dark energy — who choose to function from a place of service to self. We will remove these cancerous ones, plucking them one by one from the planet and ushering them into a place where their frequency dictates they will find others of their kind.

From our vantage point, we are performing selective surgery at the request of the planet, to assist her to achieve her new frequency. We are also doing this in cooperation with God and on behalf of the many organizations of the Light that see Earth as a pivotal planet in this universe. We know quite well that what happens here reverberates throughout the universe. We cannot fail; we must have Earth as a planet of the Light.

We have labored for many years to reduce the effects of earth shifts, extreme weather, and distortions of the powerful who control you. Our associates among the whales and dolphins have aided our efforts despite repeated assaults on their kind. Despite recent earthquakes and tsunamis, we are overall pleased with our efforts, for there were many instances where the results could have been much more disastrous. We are likewise pleased to see the institutions of the powerful crumbling before the Light of truth.

From our vantage point we see a few who have responded to our urgings. A very few who have taken the first steps to change that which has gripped the planet for so many thousands of years. We plead with you: shed your fears, come out, arise and be counted. What have you done recently to show that you care about others than yourself? Are you still mired in your comfort zone? How do you spend your days? Do you dream of a better Earth, but do nothing to insure its development? Do you seek knowledge of who you really are? Do you understand that you are fragments of the God of this universe, individuated souls of those who direct the drama that is reaching its climax? Do you understand that you volunteered to come to this wretched planet to be a part of the solution, not perpetuate the problems?

From our vantage point we do see small lights, people who are creating new ways of behaving, taking responsibility for their lives. These are hopeful signs. Hurry to expand these efforts. Hurry to make these lights into a web of consciousness to awaken more and more.

Time as you know it is speeding up. Soon the difficult moments of transition will be upon you. Soon you will make the final decision whether to ascend with Earth to care for her, or whether you will delay that decision until some future time, choosing comfort over progress. This latter is fine with us, for we respect your free will decisions, and know that eventually all will come to the Light.

From our perspective we are seeking those on the planet who will demonstrate that they are willing to take some action to assist our efforts. We are seeking those among the

enslaved who recognize their enslavement and are taking action to break their bonds. We are looking for individuals who will move to safer places, who will seek out their fellow lightworkers, who will begin some enterprise, who will continue some action of communicating with us, who will put themselves out in the public as writers or speakers, who will take steps to protect Earth from invasive plundering of her resources, who will protect her precious wildlife, who will clean her waters and air and soil, who will meditate daily to uplift all, or who will listen to beings who are communicating with them. Yes, we are looking for those who will recognize our existence and act in concert with us to raise the people of your planet from their enslavement and return all to their beautiful selves.

From our perspective we are looking for some recognition that the people of Earth are willing to take some part in their own rescue. Their actions do not have to be perfect. The results do not have to be of the highest. They do not have to perform according to some precise recipe. It is the simple act, the simple intention to create something better, something new, a better way, a way that takes into account others, and a way that is not selfish.

From our perspective, a few hundred thousand miles away, we are looking for some verification that people on your planet truly want a better way to live. From our perspective aboard the largest and most sophisticated spacecraft imaginable, we are seeking some people who will recognize that we have traveled across the galaxy to be here. We are calling to our brothers and sisters on the planet with whom we wish to become One in truth, love, and peace.

It will be a joyous celebration when we are finally united. Will you take the first steps to welcome us? Will you, here and now, take a few moments to communicate your willingness to cooperate? Will you take a moment to set an intention to work together for the highest good of all?

From our perspective we have gathered here an armada of the finest spirit warriors. We have lifted your planet from its fear-based depression. Now we are ready to take the next steps. Will you be with us as we create a new civilization for Earth?

Let us hear from you.

I am Bren-Ton and I speak for many on board the thousand starcraft about your world. We are ready. Are you ready to receive us? Are you ready to awaken?

My blessing on you, Mark, for you are one who has indicated to us that you are willing to receive us and to cooperate with us to raise up the peoples of Earth.

12-4-08 As we observe your planet from several hundred thousand miles away, plus listening to your radio and television broadcasts and sensing your individual energies, we find an interesting picture. On the one hand, we see people who tend to their families and their own wellbeing. We also see those who are determined to rule them. It is quite clear that there are two kinds of people living on your planet: those who go about their own lives and those who want to tell others what to do. This is in sharp contrast with what we would consider normal wherein each person is respected for his or her uniqueness and allowed to fulfill that which they desire.

It is only when we learn from those of us who walk among you that we begin to understand that the humans of Earth who desire control are living from fear and hope to gain some measure of security by controlling those around them. In your violence towards each other, once again we see some exercising control over others. We are speaking here of everything from the violent act of one individual against another to war and mass destruction. We believe this can be traced to a lack of understanding of why each of you is on your planet, the truth about the death of your physical body, and the influence of the dark energy.

We observe those who live in harmony with Earth and those who do not. There are those who farm the land to bring forth its bounty, and there are those who cultivate in the name of producing something beautiful. We see large areas of grass where it is irrigated with scarce water resources and wonder why this is so. We see large numbers of people living in areas that will not support an extensive population except by importing water. We also see those who treat Earth as their property.

Earth is struggling to feed so many, particularly when its bounty is concentrated in the hands of so few. We see the great unevenness in the distribution of wealth and resources. The transporting of goods to feed the U.S. population will not continue. So people dependent on transporting food long distances will be hit extraordinarily hard by the coming changes.

In the Andromeda star system, we seek harmony with each planet, and harmony with each person. We do not control one another. We do not perpetrate violence on one another.

At night we see the lights burning in your cities and towns. From those walking among you, we learn that you are providing light so that you might produce and sell vast quantities of goods to be consumed plus services for those who produce the goods. It is a forcing rather than an allowing. While it is entirely possible to do this, why not let the natural rhythm of the night be a time of relaxation and going within? Your bodies require sleep; why not let the night be a time for that?

We find no harmony in forcing the planet to give up her resources to produce things to be consumed. We would not tolerate such a gross distortion of the true purpose for living on one of our planets. It would be quite different if you had unlimited sources of energy, but you do not.

We also observe a high degree of superstition in all peoples of this planet. This is particularly true regarding the nighttime. Once the natural rhythm of the planet was interrupted by the dark energy when it tilted Earth, and days and nights became uneven, the agents of the dark energy took advantage of this to increase fear connected with the nighttime and the cold of the seasons. Stories and legends about powerful creatures that inhabited the dark were introduced; man's imagination took it from there. All manner of creatures were created by the experiments of the agents of the darkness as they mated with the humans and animals of Earth. Many of the stories of hideous creatures are true.

We also observe superstition in the cautious manner in which you greet strangers, so far from the greeting for a brother or sister. Rather than seeing sexuality as a natural function of the body, many taboos and superstitions abound in this arena. Rather than seeing food as something to simply nourish the body, all manner of concoctions have been created to appeal to your senses. Once man moved from eating fruits, vegetables, nuts and grains, superstition came into play. We find it amusing that some people devote their lives to perfecting the preparation of exotic foods.

We see many forms of education, particularly with children, as mind control. The educational system teaches them what they must know in order to be accepted into society. Yes, there is valuable knowledge in written communication, mathematics, science, and knowledge about your forefathers, but the educational system seeks to conform young people with knowledge dictated by those who control. There is little taught about the true history of the planet, rather young minds are conditioned to believe that this moment in history is the pinnacle of human achievement and that all prior periods were primitive. The truth about your economy and legal system are not taught, because they are meant to remain mysterious, available only to the few.

Moving to your broadcasts, which we monitor from our ships, rather than merely reporting on events, the news is used to propagandize the mass of humanity by controlling what is disseminated. The sensational is endlessly repeated to point out the depraved nature of most people versus the exalted positions of the elite. Fear of difference results, fear that any other person might be evil. This form of mind control is successful in making you see each other as potentially dangerous. So, even after you are no longer in the formal educational system, you are blasted with words and images meant to help you see reality in a certain way, in a way that the mind controllers desire.

From our observation, most humans lead very narrowly defined lives prescribed by the few who wish to remain in control. We wish that you might awaken to see your lives from a universe perspective, to see that much of what you take for granted are in reality control mechanisms.

Religion on your planet is an anomaly restricted to those planets controlled, or previously controlled, by the dark energy. We who travel the stars do not “believe” in God. We “know” there is a God — and we talk with Him, as we desire. He has said to us, “I am you, you are Me.” We see ourselves as always with Him as we traverse His universe.

Originally the humans who were brought to your planet knew who they were and talked with God. Then the dark energy blinded them, and they began to search for explanations for their crops’ failures or bounty, for sun, and for rain. You may look back on them as primitive, but in reality they had become disoriented wanderers whose very DNA had been distorted, wanderers who had been plunged into the most dense 3rd dimension conceivable.

When agents of the dark energy descended to this planet, they were heralded as gods. Their advanced technology was seen as both superior and mysterious. The agents of the dark energy encouraged people in their awe to turn to worship. Mating with one of the “gods” was considered a privilege. Supplying food to the gods was considered normal. Just as with the wealthy and powerful today, the agents of the dark energy reveled in the worship and tribute of the common people. This became the norm around your entire planet.

Over the years, religious practices were codified. The aliens were singled out as superior beings. Behaviors were transcribed for the common people; rules were promulgated. Superstitions were fostered with stories about the gods. Priests were entrusted with the knowledge of the gods. The whole idea of a God who permeated all was never allowed because the priests wished themselves to be seen as special.

In the Middle East, there incarnated one who walked the planet for many years. He was known as Joshua in those times. He carried with him the Christ energy, an energy of love from the Creator. He came to this planet to show its enslaved people a better way to live. Jesus touched the lives of people in the Middle East, and in lands far beyond.

There grew up about him a cult of gentle people who wished to follow his example, to live from love, not fear. But it did not take long for those who wished to control others to take the example of Jesus and make it into a religion.

Emperor Constantine saw a way to use the Christians to solidify his empire. He called upon the leaders of that time to create a formal Roman state religion. Ways of behaving were dictated. Much of Jesus’ life was ignored, much of what he taught twisted to the end of controlling people.

The Catholic Church established itself in Rome, where the agents of the dark energy solidified their grasp over the previously Light-based religion of Jesus. They transformed it into a religion with heavy ritual mixed with a seemingly generous hand for the poor. Always keeping the poor in their place, they accumulated great riches for the papacy and



its hierarchy. When the Church wished to expand its influence, after consolidating power over Europe, it encouraged exploration of the new world and sent its priests to supervise the conversion of indigenous peoples.

What is little understood in all of this is the covert hand of the agents of the dark energy within religion. They have cleverly enticed people to view religion as a force for good, while all the while it has served their control objectives. For those of us who observe your planet from afar, we see most religions as forces of distortion. God is available to all; merely ask to speak with Him. Priests and ministers with their holy books and rituals are unnecessary.

As we look at your planet from so many miles away, we see a confused people who labor under myriad forms of mind control. Look at religion from our perspective and you too will see it in this way. If you look at us, your brothers and sisters from the stars, through the distortions of religion, you will see us much less clearly.

We are coming to make ourselves known soon. Religion will be the strongest impediment to a truthful understanding of who you really are, of who your brothers and sisters really are, and of who God really is. We will bring this truth to you; are you ready to receive it?

## **Justine**

**9-25-08** The civilization in place on planet Earth allows individuals to ascend to positions of great power and wealth. This is usually done by means of a combination of dedication and hard work. In the case of individuals such as athletes, actors, artists, special talents accompany them. In all cases it is the result of better than average intelligence. In some cases it is based on inherited wealth. There are those who have amassed great fortunes by building companies on a single concept; more often it is the process of climbing within an organization. In many organizations this requires deceit and/or the threat of violence.

There comes a moment, somewhere along the line, when the individual is required to make a choice between single-minded dedication to his chosen goal of status, wealth and power versus things like family relations or service to others. This can occur even within organizations that are dedicated to the service of others, such as government and community service organizations. In every case the individual opens him- or herself to self-centered achievement.

At the moment when an individual begins the pursuit of a goal based on greed, or from fear of losing what has been achieved, he or she becomes very different. This is the subtle mechanism of power structures implemented on your planet. Invariably this means choosing between service to others, and service to self. Once one has decided on service to self, he or she lays him- or herself open to the fear mechanism, and potentially to domination by the dark energy.

This overall process is not present on the planets of other star systems. There the opportunity for a fear-based career is not possible. It is only within fear-based civilizations that such an extreme free will choice is possible.

Once this mechanism is understood, then one can see how the puppet masters work within the enslavement paradigm. There are those madly scrounging to positions of power and wealth, and those who sit back and watch as they do so. Those who would rule this planet take advantage of this.

The enslavement paradigm is very subtle. It is not a matter of chains and prison cells; it is a matter of structuring society to value wealth and power, and to give this structure mastery over the individual. Once wealth and power are allowed to dominate a civilization, then a pyramid structure is in place. Enslavement ensues for those at the bottom of the pyramid, the vast numbers of people. As one progresses up the pyramid, there is less and less poverty, hunger, and want, yet there is continued enslavement to the power structure.

All of this leads to conditions for a race of outsiders to dominate a civilization. By creating such a society they lay the indigenous people open to domination. By placing their kind in the top positions, they are able to control an entire society. In the early days of your civilization those who came from off-planet did this very thing. The very enslavers who created the pyramid structure occupy the top positions, albeit in most cases their influence is hidden.

Many on Wall Street who are asking to be rewarded for their financial misdeeds, by contributions from ordinary citizens, are those who are dedicated to service to self, who are operating out of fear. They are worried that their positions of power and wealth will be destroyed. Little of what is happening on Wall Street or in Washington is based on service to others. Those at the top of the pyramid are fighting to retain their status, wealth, power, and lifestyles, and they are using deceit and threats of disaster (violence) to achieve their aims.

9-30-08 I am commenting from an Andromedan starship on what I observe happening on the surface of your planet. Please know that what is happening these days impacts all within this universe. Everything is interconnected, more than you would ever imagine. A saying of your planet, that the flapping of the wing of a butterfly in the Amazon is felt throughout your world, is quite true. Energetically, we are all connected.

It is clear to us that the orchestrated fall of the stock market is intended to induce such fear that Congress will vote funds for the powerful of Wall Street and the banking interests, without consideration for ordinary people. As usual, the real story is what is going on behind the scenes. Power hungry off-planet handlers are trying to obtain their last energetic morsels as the enslavement of Earth's people comes to an end. They believe, wrongly, that by diverting massive amounts of funds into the hands of those who serve them, consciously and unconsciously, they will retain some semblance of their stranglehold over the majority of people. Regardless of how the economic situation is finally resolved, it demonstrates a desperate gasp by the powerful to suck energy from the people they dominate.

Politicians in Washington are mere pawns in this game. They are being stampeded, by fear of not getting reelected, into doing something that they would not ordinarily do. A few are seeing through this grab for money, seeing that by merely adjusting regulations on banks that they could accomplish what is necessary to solve the crisis. Despite wishes to the contrary, fear based action will probably rule the day, as it is easier to do what is being asked than to take action with clear eyes.

Again, the hidden hand of the off-planet invaders who rule the beliefs and actions of a small cabal is seen in their solution to the dilemma: create more money, but only to reward the few. By gouging the populace, they tighten the screws on the poor, both in America and elsewhere on the planet, make a mockery of hard-working people, and enrich those who already have a great plenty.

The energies everyone is feeling, consciously or unconsciously, are directed to you

from several sources. There are the harmful energies from HAARP that seeks to cloud the minds of humans, make them tired, and induce fear. Despite its name it operates at 4 to 6 Hertz, the same frequency as the human brain. It is operating at full power these days. It is particularly effective, as aerosol spraying has lowered the resistance of everyone's physical body.

Energies are also coming from the armada of starships in orbit about your planet and from elsewhere in the galaxy. These energies are beneficial, intended to uplift those who will open themselves to receiving. Your physical health is better for receiving these energies. This is the same for everyone who is open.

There are also energies that Earth is directing to her surface dwellers. She is calling you to experience her revitalized beauty. Go into the wild to allow her to talk with you. She is clearing the skies and waters, and refreshing the ground. Enjoy the revitalized Earth. There is more of this to come as she ascends into her beauty of a lighter density. Find ways to resonate with her. Walk on the soil barefoot. Smell her fragrances. Look upon her beauty.

Make no mistake; these are extraordinary times. This is not just one more business cycle. You are living in times that will not be repeated on this planet, or for that matter anywhere else in this galaxy. This is the triumph of the Light over the darkness that has gripped this planet for eons. Enjoy the fact that you are here to live through it. I am most appreciative that I am here to observe.

From the perspective of a visitor to your world, I am amazed at the darkness in which mankind has labored. If you could but see the civilization of my home planet, you would see a huge contrast. Even though we still have to choose, we are not overwhelmed by the overarching darkness that makes it almost impossible to see the Light clearly.

As an example, on my home planet children are only brought into homes where they are to be loved. No one is brought into life without the decision of the parents that they have the time and the means to dedicate to the new person. This leads to fewer dysfunctional families, healthier children, and better-balanced, more loving adults. There are few instances of drug or alcohol abuse, few suicides, and almost no physical abuse. Contrast this with your world where all of these are present.

Here on Earth you have the ability to choose between the dark and the Light, and that is a wonderful experience for many to undertake. However, under the current paradigm the price that is paid in ruined lives is too high. So Earth will ascend into the Light along with those who wish to accompany her.

There will be no more of an economy that is structured to enslave the many and benefit the few. There will be no more need to climb the corporate ladder in search of riches and power. There will be no more need to lie and claw one's way to the top of an artificially structured pyramid. On my world, there is no economic deprivation, and no economic pyramid. Wealth is provided to all in abundance.

I am Justine of the planet Supsten. I leave you with my blessing.

# 10

**The messages in this chapter focus on the Structures within the Current Paradigm, and include the following topics:**

- **Earth Human Structures**
- **Invasion of the Dark Energy**
- **Progress of Humanity**
- **Domination of Corporations**
- **Possible New Structures**
- **Innovators**
- **Structures of Primitive Societies**
- **Domination of Fossil Fuels**
- **Civilization of Supsten**

## **Bren-Ton**

**1-13-09** Since the invasion of the dark energy, there have been isolated instances of progress in human relations. Some Earth-humans have turned from war to live side-by-side in peace. These are triumphs of the Light of the Creator in the hearts of individuals and communities. They are the hope upon which our assistance to your world is based. It is these examples of the triumph of the Light over the dark energy that have encouraged us to assemble our armada of starships, and caused a billion of your brothers and sisters to assemble in order to create a level playing field. It is these examples of the Light that have brought us here, that make us believe that with our help you can throw off the fear infused in you by the dark energy and create a new civilization.

As anyone might observe, your tentative reprieves from conflict are not without their problems; the vestiges of the dark energy are still strong in every human, and their agents still control your structures. There is a lack of trust, hollowness in relationships, and constrictions on new ways of being. There is not a wholehearted acceptance of each other as brothers and sisters. Life is fragile due to the lingering effects of the dark energy.

From my vantage point, aboard the starship Athabantian, I see that the structures that have been imposed upon the humans of Earth are the principal means of continued control over you. Structures are utilized in other civilizations, but on Earth they have been contorted to become control mechanisms. These structures, found in every aspect of your lives, are both physical and rooted in beliefs. We will look at them one at a time in the coming days.

Let us first examine the structures of the many giant corporations that have evolved over the past two hundred years or so. These corporations were first initiated around shipping, and then around railroads and manufacturing. They were mechanisms to collect money and initiate controls for a particular purpose. Corporations marshaled the forces of labor and materials, combining them with capital, to ship goods from distant lands, to build the railroads, or to produce steel.

From the outset these corporations were set up to make a profit for those who originated them and those who invested in them. Soon making a profit eclipsed the objective of running a great railroad or making good steel. The greed of the managers and investors became more important than the objectives of the corporations.

Following on this distortion, the ordinary people who worked for these corporations were squeezed to maximize profits. Suppliers were squeezed to maximize profits; they in turn squeezed their people. Yes, a certain amount of money needs to be generated for reinvestment in a business, but the whole concept of using an artificial structure to enhance the power and wealth of a few over the needs and wants of the many is the root cause of the problems of a corporation.

The modern corporation utilizes this same structure. Profits for those who supply money are paramount. All else is squeezed to make this happen. The working environment of the laborers, as well as their salaries, is minimized. The salaries of those at the top are exaggerated, their importance to the corporation justifying their vastly higher compensation versus the people who produce the actual goods and services.

1-15-09 Once again we look at any structure, such as a corporation, to see if its basis is recognition of the worth and equality of all the men and women involved, versus the desires of those at its top. You who are dedicated to building a new civilization of Light must conceive of structures different from those currently present on Earth. These new structures could still be dedicated to the production and distribution of goods or services, but would recognize the needs and equality of all the people involved, and would maximize the benefits to all involved, customers, employees, and suppliers.

Such a structure is virtually unknown on your planet, due to the idea that some people are worth more than others, that some people are different, that people need to be controlled, that the accumulation of wealth is good, and that comfort and security are more important than looking out for the needs of all. This is why we continue to insist that the fundamentals of all structures must be rethought. Leadership must be seen as just another talent, not that which justifies power and wealth.

Look at re-establishing corporations as collaboratives. Everyone would feel that they are part of this new type of structure. Everyone would feel that they are vital to its success. People with different talents would be brought together, not controlled. Some would emerge as leaders; some would be more suited to other tasks. People would be primary, not just another factor of production. The contribution of the planet would be recognized. All costs associated with producing and distributing a product or service would be accounted for. The result would be a completely new type of structure.

Such structures will be a part of the new Earth, for it is only in the Light that you will move forward. Visualize them now; prepare to implement them. From the chaos will come new ways to believe and behave. Vivid memories of old structures should remain as examples of what not to do. This is why it is so important to have you with these memories transition to the civilization of Light.

New structures will apply only to essential goods and services. Much of what is



considered necessary by your modern society will disappear with a lack of promotion of their benefits. For without promotion, much of what you now consider to be essential would not exist. Look to a new way of being without promotion, without selling. This is another false premise upon which the modern corporation is built.

Why did the dark energy not succeed in completely overwhelming human society and all humans of this world with the structures it imposed upon them? Because the Light of the Creator continued to burn within individual humans. Although few acted on the knowledge, many recognized that everything was not dark and hopeless, although most simply paid attention to their own survival, and that of their immediate family.

A few in each society, call them explorers, entrepreneurs, artists, creators, or innovators, saw that life could be better and set out to achieve something despite the complacency of others. It is these innovators who kept your world from completely falling under the domination of the dark energy and its agents. Yes, Mark, you were an innovator in your business career, so you understand going against the established structures. It is people like you, and those who are now attracted to these words, that will pull human society forward.

It would be very easy to see the situation as quite dark — it is! But there is hope and there are cracks in the darkness. Continue to give hope to others so that they may withstand the coming chaos. Show those who would be the innovators that they can arise out of the ashes of a shattered civilization. We will be here to help you in this grand endeavor.

What is different this time is our “on the ground” assistance. We are already among you. More will soon come and make our presence known. We will remove the dark agents, forcing the last vestiges of the dark energy to withdraw. Soon, very soon, you will have a new way of being. Then what will you do with your level playing field? Do not rely on new technologies to solve basic problems. Many of these new technologies are based on the need to control nature, to provide amidst scarcity. The new paradigm asserts unlimited wealth and unlimited energy. See that your new structures contribute to a new way of being for all Earth-humans.

1-17-09 My observations, based on many years of observing Earth and her peoples, are that your indigenous societies are a mixture of those that are highly spiritual and those who are mired in superstition. Historically indigenous peoples, if left alone by powerful conquering forces, will develop a fairly placid existence as hunter gatherers with the possibility of farming. Their societies will achieve a balance with the land. Structures come into play when fear intrudes. Those who are more sensitive may attempt to explain the fear; in the process they may create superstitions. Those less sensitive then accord the sensitive ones special powers; that differentiation opens the opportunity for structure. If the sensitive person has a “better than” attitude, he or she will use it to accumulate power. Structures then are based on beliefs, rather than truth.

In terms of complexity, the structures found in primitive societies such as your indigenous peoples are the simplest, particularly compared to the extremely complex structures found in multi-national corporations. Structures are based on the beliefs of the tribe about their natural surroundings, their relationships to others in the tribe, and their relationships to spirits. While at first glance these may appear to be quite simple, on closer examination these structures may be more complex, and they are invariably dictated by superstitions. Structures of the American Indian and other indigenous peoples now include their relationship to the dominant white society.

Earlier civilizations have been abandoned and/or destroyed by climate change, and

by earth changes, as well as structural failures. Your environment was not abused to a great extent until the advent of the widespread burning of fossil fuels. Prior to that the greatest blight upon the land was deforestation for fuel and farming. For those people who lived close to the Earth, climate dictates their survival. Many of the media and scholarly impressions of indigenous peoples have clouded the truth because research has been biased by religious beliefs.

Some of the spiritual practices of your primitive societies are quite uplifting. They have relationships to the spirits that are not as segregated as found in industrialized societies. This is more like the structures found on other planets. Within the civilization of Andromeda our structures are much more fluid. The rigidities seen in Earth structures were placed there by the dark energy as control mechanisms.

The point I am making here is that structures have been imposed on all humans of your planet, from those in primitive societies to those working for multi-national corporations, and that these institutions are quite rigid. Their rigidity is based on beliefs that find their essence in fear. In the case of primitive societies, there are the fears of their natural surroundings as well as fears based on superstitions.

Rigid structures are not innate to humans. The humans we observe on other planets do not have such rigid structures. Their societies are not so tightly controlled as on Earth. I submit that most of the structures found in Earth-human societies are based on fear, a fear imposed by the dark energy and its agents. As such, most of your structures must be dissolved to make room for a civilization of Light.

1-20-09 You asked for details of who I am. Let me reply in the following way. At the time we of Andromeda contributed some of our race as the seed humans of Earth, we were somewhat like Earth-humans of today, but with knowledge of who we were and of our connection to the universe. When the dark energy descended on this planet, it removed some of your DNA. This devolved your ancestors to more primitive beings than the original seed humans we had placed on this planet. The dark energy did not overcome my home planet in this way.

Since that time, the last million years, we have evolved to the point that we no longer occupy physical bodies. We exist, if you will, at a lighter density where we require only light for energy. We do not eat food or breathe air. Our ship is one that we created for these conditions. You would not be able to detect it if it were immediately overhead, because of its higher frequency. We were one of the first to respond to Earth's call for assistance. We came here sixty years ago to supply energy to a failing planet, along with other ships from other star civilizations. We have been here ever since, and I have been aboard, watching your situation.

I now return to the subject of large corporations. Oil companies are the epitome of large multi-national corporations. They explore for oil all over the globe, produce, and refine it into products used by your civilization. The demand for oil products has risen exponentially over the past hundred years, primarily due to its use in transportation. Other fossil fuels are used to produce electricity and to heat homes, but oil products remain the principal fuel for transportation.

The civilization of this planet is defined by oil more than by any other structure or material substance. There would be no widespread transportation of products around the globe without it, no grapes in the winter, no exotic foods from far off lands. There would be no supplies of grain or manufactured goods shipped to distant lands, no Coca Cola in the heart of Africa, and no clothing from Malaysia. Oil defines your modern civilization. Its

burning is also one of the major things that has fouled your atmosphere, water and land. It also causes great pain to Earth as it is extracted.

As you point out in your talks, Mark, oil has made the tremendous increases in the population of this planet possible; without it Earth's population would be much smaller. With the use of massive amounts of diesel and chemicals, oil is a major component in the modern farming that feeds this bloated population. This too takes a toll on Earth.

As we look at your planet from a distance, petroleum was more suitable for manufacturing products than for burning. Its complex hydrocarbon nature makes it ideal for various plastics. This was intended for an interim time until you had evolved enough to create materials in other ways. It was never envisioned that they would become so dominant an energy source. When we of the more advanced civilizations gave your inventors the recipes for the products of petroleum, they were intended as a transition to a higher level of evolution, not for the plethora of products that have been developed in direct contradiction to the health of the planet.

The dark energy took oil, something that was basically good, and twisted its use into a control structure. As it is today, without the use of fossil fuels, your civilization would collapse. This structure is grounded in a resource extracted from Earth, and then burned to mobilize your society. It is also a structure that involves a large number of people. It is a structure that has a culture. Like other structures, it inordinately compensates those at the top compared to those at the bottom. It enriches its owners, be they individuals, governments, or royal families. Not only does it perpetuate a pyramid structure within itself, but it also perpetuates such a structure within all that it touches. It is supported by the military and by governments around the world. It is the backbone of many other structures.

It is a structure that does not operate in the best interests of the majority of people. It has addicted you to a way of life that is not sustainable. Whether you realize it or not, you are now in the final days of oil-based societies, as oil companies extract from ever increasingly difficult places, and in structures such as shale and tar sands. This is escalating the price of petroleum products. And where will it all end? Those who recklessly extract give no thought to future generations, or to the safety and health of the planet. Their attitude is one of plunging blindly forward.

The consumption of petroleum has become a major structure used by the dark energy and her agents to control the people of this planet, to bloat its population to unsustainable levels, and to bring all to the brink of self-destruction. Reflect on how beliefs have created, and now control, your civilization at all levels.

1-23-09 It is my pleasure to continue with our observations of human life on your planet. We observe structures in place around your globe in every culture, country, city, and village. There are structures in government, education, the economy, and more. Every person has multiple structures within which he or she lives, and to which she or she is addicted. Addicted, you say? Yes, addicted.

We observe how the structures of fossil fuel have addicted you to a way of life that has become the bedrock of your modern civilization. You find it difficult to imagine what life would be like without this structure, for it gives you freedom of mobility, freedom of choice in food, and freedom to have comfortable homes. Yes, the availability of this one -- commodity has addicted you to a way of life, but at what price?

Look at the fouling of the environment due to the burning of hydrocarbons. Look at the damage to Earth with the extraction of coal to fuel your lifestyle. Look at the fouling of

the oceans from transporting vast amounts of goods across great distances. The refined products of oil power those great ships. Look at the fouling of your atmosphere from jet airplanes that whisk you around the globe. Yes, you are addicted to a modern lifestyle, but it is unsustainable.

There are other structures also that are very much a part of your lives. Educational systems are structured to disseminate a certain range of knowledge. This results in prescribed ways of studying history, and other subjects. All that is taught within the educational system of a country is based on the views of that country's leadership. What about the million-year history of human life on this planet? Where is it taught? What about other civilizations in the universe? Where are they taught? What about alternative science? It is not because these things are not known; the educational system is rigged to limit the range of knowledge.

As humans on this planet, you take comfort from these structures. They support your material needs, and supply your thirst for knowledge, but like fossil fuels, at what price? As you examine each structure; ask yourself, "At what price?" So, why are these structures in place? They have but one goal. Those who established them feed off the energy of fear that these structures engender, as they constrict the true nature of humans. Long ago those in control concluded that humans confined within structures would supply them with the energy of fear that they require.

From a universe perspective, there was also a larger desire. The dark energy descended on this planet, and on other planets, in an attempt to counter the Light of the Creator, to create overwhelming darkness to challenge the Creator's rule of Light. Your sector of this universe succumbed to that dark energy, and the planet upon which you reside became one of the darkest places in this universe. Yes, Earth felt the full brunt of the ambition of the dark energy. Darkness became a cancer upon the planet, smothering a brilliant sphere, and stifling her human residents. It was not until our starships, and the ships of others, came to her rescue that Earth breathed once again in her beauty. Today she has regained much of her health; her human residents are on their way to regaining theirs.

So you see, it is through the structures imposed upon you, humans of Earth, that the dark energy has controlled you. It is through the energy of fear, engendered by these structures, that the dark energy damaged this planet and her residents. Such structures do not exist in the galaxy of Andromeda. They never have. That is what has allowed us to evolve from the status of human life that we brought to your planet to the high consciousness in which we reside today. We are light bodies, not the dense bodies of your existence. The dark energy would have you remain as its servants in the dense energy of fear, but that is not to be. The last vestiges of its reign are now disappearing. We will remain until it is all gone, and we have once again established a free human condition on this planet. Then it will be up to you, the human residents of Earth, to create a civilization of Light.

1-26-09 It is my pleasure to return for further discussions about the unique structures we find on your planet. I now wish to turn to the subject of energy: This is the way that we who have evolved to a higher consciousness see almost everything. The density of Earth is the densest in the galaxy. This density was achieved by overlaying your physical existence with fear, fear supplied by the dark energy and by those who resonate with its darkness. From our perspective, your density is like moving through water, rather than through the lightness of air.

The density of Earth is changing. Those who choose to remain with her will find it



necessary to change their energy in order to live here. Those who do not change will find it impossible to remain with Earth: Some will die; some will be transported to another 3rd density planet to continue their lives, but without the fear component of your current Earth existence. The souls of all who are incarnated on Earth at this time foresaw the choice they would be required to make.

You who are to remain must learn to flow with things rather than see all as rigid. We have been discussing structures; structures are rigid. Structures are rigid to control you. Flowing is the opposite of structure. Yes, we know it is strange for you to begin to view things that you had previously known only from the vantage point of structure.

Let me point out some examples of where there is already energy manifesting itself. Music has a flow to it. It is true that most music has some structure to it, but it flows from one note to the next. When you are listening to music, you too can be in the flow. Certain kinds of music flow better than others; classical symphonies flow better than rap music.

When you are outdoors with nature, there is a natural flow. Nature has few straight lines: Forested areas flow into meadows. Streams flow into lakes. The breeze flows through the trees. The ocean washes the shore. It is the constructs of mankind that are rigid due to their structure. You say, you did not create these structures, that “they were imposed upon you by the agents of the dark energy.” That is true; they were imposed, but it is your consent that enables them to continue.

Structures are created by rules. The structure of government is created with laws. The structure of corporations is due to the practices and codifications of rules of behavior. Science operates within a defined set of rules. Medicine sees the human body within a set of rules. All structures imposed on humans operate within a set of rules, within defined boundaries, and within a defined hierarchy. Most of the rules are for the benefit of the rule makers, as opposed to operating for the good of the whole. There is a great difference between the flow of pure energy and the rigidity of structure.

You, who would move forward with Earth, must learn to flow with energy, learn to abandon rigid structures. It will be uncomfortable at first, but with practice it will seem routine. Flow requires trust in the greater good, in the Oneness of all. Flow requires seeing your brothers and sisters of this planet as little different than you, of seeing your brothers and sisters of the stars as little different. Flow requires seeing all as One, of seeing God as One with you and with all others, for it is in this Oneness that you will move from the fear that infects you today to the Light of a new civilization.

As you go about your daily routine look for those things that keep you in the rigidity of structure. No, you cannot totally dismiss them at this moment, but begin to notice them. Then notice those things with which you flow. Allow yourself to move with them. For the moment just notice, be aware. Become accustomed to slipping out of structure into the flow. When this happens you are operating at a higher consciousness. Practice this as you go about your daily routine.

## **Justine**

10-17-08 Capitalism evolved to its present form over a period of several hundred years. It was transported to the world through colonialism. The British and other empires introduced it to their colonies.

Capitalism had its roots in the desire of ordinary people to invent something to take them out of their dependence on the largess of the king. In the days of feudalism, a serf



would work for his master, retaining a portion of what he produced as his reward. Then a serf would barter with other serfs for what else he desired. This system was unfair, completely controlled by the master, and kept ordinary people at a subsistence level. It was the tradesman. Who broke that scheme of things and created a merchant class. With the merchant class came the bankers who held people's money. The rise of the so-called middle class came from those roots. In its earliest days, capitalism was based on a monetary system that had intrinsic value.

The creation of a monetary system without intrinsic value — a paper currency with no backing — is an invention that has historically led to a build-up of false prosperity and then a precipitous fall. This has been repeated throughout the history of capitalism.

Along with its indispensable partners, oil and other fossil fuels, capitalism created the climate for a population explosion. Without fiat currencies and oil, the planet's current population could not be fed, clothed, or housed. Without fiat currencies and oil, the population of the planet would be smaller by about 90%. Without fiat currencies and oil, the rape of Earth could have not occurred in such an extreme manner.

The demise of the control pyramid based on wealth is at hand. Banking systems and their many extensions, the backbones of capitalism are showing cracks worldwide. Dependence on fossil fuel is revealing its folly. Keep in mind that the truth is not as reported in the media. Capitalism will not recover from this breakdown. The capitalist system, with its dependence on fiat currency and oil, will be totally shattered in the coming months.

Capitalism will ultimately be replaced with an economic system that is amenable to the general population of the planet. The system that operates on my home planet is such that each person has sufficient money to meet his or her needs. It is not a question of "earning" money. Money is supplied in sufficient quantity to allow each person to accomplish that which he or she wishes for his or her life. There is no structure in which money is accumulated in order to dominate others. Money simply is. People give to each other without thought of getting something in return. Yes, I know this sounds utopian, but that is our system and it works. As I stated in an earlier communication, my planet transitioned from the old to the new.

Now to interim time, during the next few years, the monetary system will return to relying on that which has some intrinsic value. Precious metals will be one way to accomplish this. Think of what people wish, what they find of necessity — those things will be used for barter. In primitive societies it was agricultural goods or domesticated animals. In more advanced societies it will be harvested produce, canned goods, and necessities. Yes, a can of Vienna sausages will work, as will cigarettes and whisky. But on a more practical level, oil and seasonings will do better. Salt will be a good barter item; it has been used before.

The demise of the current economic system will mean that a smaller population will reside on this planet. Many of your current inhabitants will choose to abandon ship to seek an existence that is more in line with the economic system and energies they know. They will decide that they do not wish to advance to a planet with an untried economic system and no fossil fuels, or they may decide they do not wish to live through the interim time. That is acceptable to everyone involved: the humans of the new Earth, those of us from other planets, and the celestials. Since all is energy, everyone's choice will be accomplished quite easily. There will be a bifurcation of those who wish to live through the interim time and make a contribution to the new Earth, and those who do not. It is up to each individual to choose. Parents may choose for their children.

The current structure is collapsing. A new One will replace it. There will be an

### *Transformation*

interim time of adjustment. We, your brothers and sisters from other star systems, are here to assist. I am Justine of the planet Supsten of the Altairian star system. I leave you with my blessing.

# 11

**The messages in this chapter focus on the Beliefs in the Current Paradigm, and include the following topics:**

- **Earth Human Beliefs**
- **How Beliefs Support Structures**
- **Dark Energy's Use of Beliefs**
- **Flawed Humans**
- **Jesus' Mission**
- **Christ Energy**

## **Bren-Ton**

1-28-09 It is my pleasure to return for more discussion. I would like to turn our focus now to a consideration of your beliefs. Beliefs are the glue that holds structures in place. For the next few transmissions, I will give you our observations as to how your beliefs impact your lives. Beliefs are different from truths. Those who would control you construct beliefs. Beliefs are a fabrication; beliefs are not truth.

For those of you existing on Earth at this time, truth is something that is very hard to determine. That is because there is so much circulating among you that is based on beliefs. Scientific theories are beliefs; they are not truths. Any theory is a belief that something exists, or works, as portrayed by the theory. It is not the truth of the thing, nor is it the experience of the thing.

Your experience of typing these words is real. It is your experience of reality. You can be sure that when you depress a particular key it will produce a particular letter on the screen. That is a valid experience. It is not a belief. If you had no experience of typing, then you might believe that depressing a key would produce a letter, however after you actually do act, it results in an experience.

You experience certain bodily functions. You know that these are true because you experience them. If you eat an apple, you can experience the taste of it, and the satisfaction of having eaten it. If you see other apples in the store, you can believe that they will produce the same experience, but until you have eaten them it is only a belief.

Mark, you have a wonderful ability to visualize. By visualizing you are able to produce a feeling within your body. Your body does not know the difference between your imagination of a particular action and the actuality of that experience. You can imagine eating an apple and feel the pleasure associated with it. You can eat the apple and feel the

same pleasure.

As one goes through life it is important to distinguish between that which is real, that which one has experienced, versus that which one has imagined, or visualized. Your body reacts the same to either.

Beliefs are used to control you. You have a belief that you are not capable of governing yourself without having a structure with which to do so. So a government is created to control you, and all the other people who need to be controlled. Laws are enacted to spell out that control. Everyone is seen in an adversarial light versus the government that has been set up. Each person must fight for his or her rights. Each must diligently pursue that which is due to them. Once you give up your personal power to a structure, you automatically place yourself in a position of less than. Once you are less than the structure, you must fight to get that which was yours in the first place.

Structures thus have the ability to take you away from the position of being One with others and place you in a position of opposition to others. The belief that a structure is necessary is what gives it power over you.

If you were to approach each situation knowing that you were One with all other people, all other things, you would see the situation much differently. If you were One with the land you would not need laws to govern how you lived upon it. If you were One with other people you would not need laws to govern how you interacted with them. Laws are structures based on beliefs that they are necessary.

Begin to see yourself as One with all. In the new civilization, all will recognize that they are One. This is one of the demarcations of an advanced civilization. The new civilization of Earth will have the ideal of One at its very foundation. The concept of beliefs and structures is the opposite of knowing and living with the truth that all is One. Again beliefs are what allow structures to exist. Examine your beliefs. Are they serving you?

1-30-09 It is my pleasure to return for more discussion. I would like to continue with our observations of beliefs as used on your world. A belief that underpins much of the civilization of Earth is that every human is flawed, that human nature is fundamentally tilted toward iniquity. This belief is at the center of your need to create structures to take care of this fundamental flaw. This results in seeing others as unworthy or bad, and forms the basis for fearing others.

Two structures on your planet that have flawed humans as their basic tenant are governments and religions.

When governments see people as flawed, it allows them to exploit those governed in whatever way suits the structure. Those who believe they somehow know better than the common people control all governments on your planet. Sometimes, as in the case of dictators, this belief is a convenient excuse for saying that people need a heavy hand.

The belief in the flawed individual was injected into you by the dark energy many thousands of years ago. It is this premise that has allowed structures to be put in place to control you. From our vantage point, that of an advanced civilization of the stars, we know there is no such flaw in ourselves. We see it as a belief ingrained in the humans of Earth. From generation to generation, the belief in a flawed humanity has been handed down from parent to child, from one society to the next. It has also been imposed on those who have been conquered by the strong, making them slaves to the conquerors' beliefs.

This belief of a flawed individual is the basis for most of your structured religions. The Christian, Jewish, and Islamic religions all embrace this as a basic tenant. The basis for conquest by Muslims and Christians is based on the premise that other people,

primitives or developed, are flawed and need to be brought under the protection of religions that have learned to cope with this fundamental flaw.

The idea of the need to be saved stems from the belief of a flawed human. The idea that Jesus came to Earth to save people, and that you need to see him as a savior is based on the premise that humans are flawed and need to be saved. From our perspective, not only is this wrong, it is not true.

When our ancestors, yours and mine, placed you on this planet, you were in no way flawed. You were pristine beings on a pristine planet. Nothing happened to you along the way to create a flaw. There was no Satan or devil that led to the flaw. Yes, your DNA was manipulated, but it was belief in a flaw, a belief created by the dark energy, that became the means of controlling you through structure.

Once you see yourselves as basically good, you will begin to see that you are One with Earth who is basically good. Once you see yourselves as flawless, you will accept all your brothers and sisters on your planet as loving relatives, not as lesser beings. Once you see yourselves as flawless, you will see those of us from other planets as also flawless, and not immediately jump to the conclusion that we are evil.

Your belief, and it is only a belief, that you are fundamentally flawed is incorrect. Begin to see yourselves as flawless. Open to the larger truth that the universe is basically good, and that you can be a part of this goodness. The love of the Creator shines very brightly in you. If you shed your belief that you are flawed, you will more easily resonate with that love. When you resonate with the Creator's love, you will ascend with Earth to a place of Light. That is what this moment is all about. Come with us to the Light.

2-2-09 After the dark energy descended onto your planet, subjecting the humans of Earth to genetic manipulation, and thrusting them back to a fearful primitive state, it should not surprise you that your ancestors turned to their surroundings to create primitive religions. They saw the sun and the moon as overlords. They saw the passing of the seasons as mysterious. Their efforts at hunting and gathering were shrouded in superstition. First they became superstitious, then religious. They began to worship aspects of nature as gods.

When the agents of the dark energy, physical beings from a different planet, made their appearance, it was quite understandable that these invaders would be viewed as gods. They encouraged the primitive humans to worship them. Thus began the first formal religion, a structure designed to control the humans of Earth: If the gods required it, it must be fulfilled. All was done out of fear; there was no love expressed between these gods and their human subjects.

My ancestors from Andromeda were powerless to interfere. A powerful shield had been thrown over your planet by the dark energy. Our scouting parties were rebuffed. At the same time, we were occupied with defending our own planets from intrusion by the dark energy. We paid scant attention to your planet for many thousands of your years; the situation on Earth deteriorated. However, there remained a spark of the Creator within primitive man, and in many instances the rule of the dark energy was not complete. Slowly, ever so slowly, primitive enclaves advanced beyond the role of hunter gathers. However religions continued to hold all in bondage.

The recoded histories of Egypt, Babylon, and other ancient cultures demonstrate the hold that the priests of those cultures had over the common people and their rulers. Depictions of Egyptian rulers show them surrounded by tall off-planet allies. The religion of Egypt was one step above that of early man, but it served equally well to keep people



in bondage.

Atlantis and Lemuria preceded the culture of Egypt. These were colonies established by those of us from other planets. All went well until the spiritual aspects of these cultures deteriorated into religions with heightened positions for the priests and priestesses, and fear began to rule. When this led to rigidity within these two cultures, they began to see those from the other culture as different.

My reason for pointing out this evolution is to show the hidden hand of religion in all of this. It is the beliefs of people that support the structure of religion. These beliefs rely on superstition and implanted ideas, not truth. Beliefs have held the primitive humans of this planet, and subsequently the more advanced civilizations of this planet, in a grip since the dark energy descended. Religious beliefs, and other mind control methods, are the principal ways in which the dark energy ensnares humans.

Thought forms and images are constantly being presented to the human mind. If fearful images are absorbed, they create the emotion of fear in the physical body. These thought forms can coalesce into beliefs about reality. Most often these beliefs are based on that which comes from thought forms, or the teachings of others, not truth. I will communicate more on our views about your religions and beliefs the next time we speak.

2-14-09 It is my pleasure to return to this forum. I am Bren-Ton of Andromeda with the following message for you. Elitists are at the top of any structure because they epitomize its beliefs. This is true for political, corporate, financial, educational, and religious structures. It is not possible to be one of the top people of a structure without embracing wholeheartedly its underlying beliefs.

I use the term elitists because once someone has ascended to the top position within a structure, they look upon those below them as somehow less than. They feel the wealth, power, and privileges accorded to those at the top are justified. They do not mourn over those beneath them, those who are obviously inferior, because they are not one of them. And if they have climbed from the ranks of the inferiors, they do not regret having left them behind. They see themselves as stronger and smarter than those over which they rule. This very simple mechanism for transforming humans from common people to self-centered elitists has been in place for thousands of years.

As we discussed in earlier messages, structures were imposed by the dark energy to control the humans of Earth. Once in place a structure maintains itself through the beliefs of those within it. The majority must agree or the structure would collapse. Elitists are an integral part of all structures.

It is only a small step then to placing a limited number of non-humans within any structure so that it follows the specific intent of the dark energy. The agents of the dark energy, non-humans who are able to assume human form, are relatively few in number. However they are strategically placed within all structures on this planet, those of the industrialized nations, and those of the less developed countries. They are in structures that are ostensibly dedicated to the will of the majority, such as politics, those that were established with some noble goal, such as relief organizations, and those who are self-seeking, such as corporations and dictatorships. All structures function with the objectives of serving the needs of those who control them. All structures are based on beliefs; it is the beliefs about them that give them cohesion and longevity. Please review my earlier messages to appreciate the full development of structures and beliefs.

Fear enters into the belief-structure equation by making people who are fearful subservient and willing to give up their rights as individuals. You have seen it in the wake

of the 9/11 incident. What you may not realize is that this process has been going on for centuries. Fear establishes the need for structures. Fear conjures up the need to believe in something. Fear is basic to all that I have described. Fear is the ingredient that glues structures and beliefs together.

The transition to a civilization of Light will require that structures and beliefs be abandoned. They will be replaced with truth, Oneness, and love. If people come from a place of love, then structures are not required, nor are beliefs needed. This is where you, the enlightened people of Earth are headed. Are you ready for such an extensive redo? Can you turn aside from fear, structures, and beliefs? Can you join with your brothers and sisters from the cosmos to enter into a new day?

## **Jesus**

2-2-09 When I incarnated on this planet, I chose to do so among the Jewish people because their religious beliefs were very structured. My soul contract was to bring the Christ energy, the energy of Creator's love, to the humans of Earth. This I did by introducing Creator's love into the rigid structure of rules and regulations that were stifling the Jewish people, causing them to see all from a place of fear.

My father Joseph and my mother Mary conceived me, as did your parents, Mark. I was born in due course and enjoyed a normal childhood before becoming aware of who I was. My mother and father saw their son, Joshua, as special, but not that unusual.

The stories about my birth and my childhood are just that, stories attributed to me after I had achieved fame as a teacher. People wanted to ascribe something special to my early years, so stories grew up about my birth and early childhood. I assure you, they were not that remarkable.

My awareness of my mission became apparent when I was entering my teenage years. At that time I became aware that I was interested in and saw things in a way different than other children of my age. I felt that I did not fit into the mold of what was considered "normal." I sensed that I was different, not special, not better than, just different.

Growing up in Palestine, I had the advantage of interacting with people from many other countries. I became curious about the different cultures of Earth, and was determined to explore these for myself. I left my home in Nazareth at the age of 17 to journey to other lands, traveling to Rome, the capital of the civilized world of that day.

On my travels I found people of different races, black, brown, and white, plus many different languages and different family habits. I saw everyone as my brother or sister. Everyone was human just like me, some small differences, but basically just other humans whether they were of high station or low. We were all just humans of this planet.

My enlightenment increased dramatically when I discovered a knowingness that there were other inhabited planets. I was given the knowledge that my soul had incarnated on many of these. This too helped me see other Earth humans as my brothers and sisters, and allowed me to love them. This enlightenment and love for my fellow humans stemmed from the Christ energy within me, an energy that was apparent to all with whom I came into contact. I will have more to say in forthcoming messages. My love to all until we speak again.

2-14-09 I am pleased to provide a message for this forum. I am the one whom you call Jesus. The Christ energy that I brought to this planet with my incarnation is unique,

but at the same time universal. It is a facet of the Creator's love focused on the relationship between one being and another. It is like grease or oil that lessens the friction between gears. It is a breath of fresh air in a stale environment. It is one person extending a hand toward another when it would not be in that person's character to do so. It is making allies out of old enemies. It is making close friends out of acquaintances. It is an energy that radiates from the one who embodies it to envelop all in his or her surroundings.

It is yours for the asking. It is yours to add to who you are. If you walk with Christ energy, you will assume a new gentleness, a new tolerance, a new way of moving within a group, and a new friendliness. In order to claim the Christ energy, you need only assent to its presence within you. It will not change your basic nature; it will enhance it. It will give you resolve in the face of criticism, love in the face of fear, and comradeship in the face of separation.

The quality of the Christ Light is like that of aquamarine: it has the colors of the rainbow. The Christ Light that I brought to this planet has done much to assist the development of your modern civilization. The Christ energy has kept the Light of the Creator alive despite hardships imposed by the agents of the dark energy as they attempted to distort its true nature. The goodness of those who recognize the Creator's Light within themselves, enhanced by the Christ energy, have been the salvation of civilization.

So I say to you this day, as you enter into the final moments of your transformation, take the Christ energy as a gift from Creator. Do not look too much on me or my life on this planet; they are of lesser importance than the gift I brought. Let the reality of the Christ energy replace your worn out beliefs, whatever they may be. Let the Christ energy strengthen you in the coming months. Whatever your current religious beliefs, know that the Christ energy is a gift from Creator. The Christ energy is not the exclusive purview of Christianity, which itself is a false set of beliefs about me and my life on this planet. Know that the Christ energy transcends all beliefs. It is a powerful force for good. It does not depend on the particular beliefs of the one who holds it. It transcends the behavior of those who pass it on.

The Christ energy is very misunderstood. Those who wanted to capture the Christ energy and restrict it unto themselves and their followers coined the word Christian. Like many things religious, the Christ energy was warped to the goals of the dark energy. The true Christ energy is a powerful force unto itself; it is incapable of being contained by a particular sect or cult. It continues its work of uplifting relationships despite definitions, rules, and selection of believers. The Christ energy that I brought to this planet was never intended for a particular church or religious sect or cult. It was never intended that one group capture the Christ energy. It was, and is, a gift for all Earth humans. Those who claim title to the Christ energy have fallen into a trap laid by the dark energy.

From time to time, over the long history of humans on this planet, energies have been directed at you. The most notable was the descent of the dark energy one half million years ago. It wiped out much of what was good and beautiful about humanity's situation at that time, thrusting your ancestors into a primitive state. For many years Light energies attempted to penetrate the darkness, without much success. The agents of the dark energy did not record these attempts, as they did not wish to acknowledge anything existed outside them and their influence on humanity. Most recently, the energies of the armada, that collection of starcraft from about the galaxy, have successfully contributed their energy to raise Earth from her depression. This grand armada continues to provide energy to the planet and to its human residents.

I brought the Christ energy to this planet some 2,000 years ago. I successfully

penetrated the barrier of the dark energy by bringing the Christ energy with me at the time of my incarnation. It grew within me until I was a young man, ready to talk with others about an energy that manifested itself so obviously within me. The agents of the dark energy did not appreciate that they had within their midst such a disruptive power. I was allowed to travel, handing off the Christ energy to many that I encountered, spreading the energy throughout “the civilized world.” All records of my travels, and their subsequent benefit, have been wiped from your history books. Only that of my life that served the darker purposes of establishing a religion survived. My primary purpose in incarnating on this planet was to bring the Christ energy to you and your ancestors. I did not intend to establish a religion. I did not come here to die for your sins. I came here to distribute the Christ energy, period.

And it worked, the effects of the Christ energy since the days I walked this planet are many. Once again, the effects have been largely wiped from your historical records so as to minimize the impact of the Christ energy on the development of civilization. You would not be typing my message, in a relatively free country with modern conveniences had not the Christ energy uplifted mankind. The Christ energy has ennobled many who have gone forward to make a better life for themselves and their fellow man. It has never diminished since its introduction, only multiplied. It is a positive energy overcoming what the dark energy would control, diminishing its influence daily. Please join with me, and all others who embody the Christ energy, so that we may assist you during your transition.

# 12

**The messages in this chapter focus on the topic of Dark Energy, and include the following:**

- **Fear, Caution, Preparedness, and Worry**
- **Lies about**
  - **History**
  - **Religion**
  - **Government**
  - **Money**
- **Reality of Dark Energy**
- **Living Enslaved**
- **Civilization of Fear**
- **New Civilization**
- **“Get Real”**

## **Adrial**

6-7-09 It is my pleasure to speak with you again. Fear, caution, preparedness, and worry are different when manifested in humans. It will be easier to define fear by looking at caution and preparedness first. Preparedness is what the squirrel does to prepare for the winter. Preparedness is what is taught to boys and girls who are Scouts. Preparedness is what the mountain climber or scuba diver does before setting out. Being prepared is prudent. We are encouraging you to be prepared.

Caution is paying attention around heavy equipment that might injure you. You exercise caution while driving a vehicle, as you watch out for others, pay attention to the rules of the road, and observe signs and traffic lights. Caution is the parent telling his or her child about safety on the playground. Caution is a teacher explaining a new sport and its rules. Caution is paying attention when walking down a dark alley or a dimly lighted street. Exercising a reasonable amount of caution is a prudent way to live your life; excessive caution can be debilitating.

Fear is different from preparedness or caution. Fear is that which grabs your gut for some unexplained reason. Fear is most likely caused by not knowing the truth about a situation. Fear is disabling, whereas precaution and preparedness are enabling. As I explained in my last message, the energy of fear is directed at you from a number of



sources; these create unidentified feelings of fear. You are also able to create fear within yourself.

It is reasonable to fear that the monetary system will crumble. If you are living in Israel, Palestine, Afghanistan, Pakistan, Myanmar, or Sudan, it is reasonable to fear that you might be the victim of violence. Violence and uncertainty in many facets, and in many areas of your world, are facts of life.

Fear comes from people distrusting change and clinging to what is familiar. Fear comes to many when they contemplate death. Many are fearful about the future, without stopping to think that they have been okay thus far in their lives. Fear comes to those who have amassed large fortunes or power; they fear losing that which they believe is rightfully theirs. Fear comes from your ego's desire to preserve itself in the face of criticism and uncertainty, and a lack of understanding of who you really are from a universe perspective. Humans can be fearful about many things. Do not confuse fear with preparedness or caution.

Fear can be immobilizing. Fear can cause one to tremble or lash out. Fear can cause one to act in a basic instinctual way. The deer fear the lion. This is a reasonable fear, since many of them are attacked, and they sense that they may perish in this way. Despite their caution they lead tranquil lives grazing and raising their young. Do not emulate the deer in your approach to fear. You are much more than they; you have the ability to rise above your fear. You have the ability to prepare as well as be cautious.

Worry is a manifestation of fear. It comes from a lack of preparedness, a lack of caution, and, most importantly, a lack of trust in the larger picture. The larger picture is the Oneness of all, the cycles of life, and the workings of that which is not physical. Worrying about a loved one is quite natural, if you do not know where they are, what they are doing, or you sense something is amiss. Yes, it is fear based, but it generally only mildly affects the actions of anyone else. In most cases, it is merely a waste of time, not effective action.

Fear about a situation is more deeply rooted. Fear about the future demonstrates a lack of knowing about the working of the universe, and God. Fear of death becomes an unreasonable fear once you understand the cycles of incarnation and experience.

Anger is a manifestation of fear resulting from a situation in which things are not going the way in which you would like. Actions based on anger are seldom justified. Anger can motivate, but love does a much better job of solving. Anger blinds one to the reality of the situation, to the Oneness of all, and to the love of others. In the long term, injustice is not solved by angry reactions. One does not solve a problem by declaring a war against it. When feelings of anger or mistrust are followed by actions of love, this is more likely to result in a long-term solution.

Those of you who would be the Caretakers of the new Earth must learn to ACT from love in all situations. Anger, judgment, and all other fear-based actions have no place in Earth's future. Cultivate an attitude of love to everyone and everything. Give rather than take. Smile rather than frown. Embrace rather than reject. Understand the Oneness of all and act upon that understanding. Leave no room for fear-based actions. Surround yourselves with the golden Light of God and the Christ Light, and send them out to all.

1-21-10 Greetings: It is easiest to consider the situation on Earth by examining its current civilization and comparing it to the civilizations of other planets. We who observe your planet see the current civilization on Earth as an overwhelmingly dark civilization of fear. Yes, there are points of light, examples of lives, families, and small organizations

based on love, but they exist within an overall civilization based on fear. The background of fear is true for those in primitive tribes who are dominated by superstition and violence; it is equally true for advanced cultures dominated by religion, power, wealth, and violence.

What does a civilization of fear look like? Look around. The nations of your world have monetary systems based on accumulating vast wealth in the hands of a few. You have governments that operate in the interests of those in power, not the interests of the governed. You have religions that operate in the interests of the priests, ministers, rabbis and mullahs, not the interests of common men or women. Your corporations serve the interests of their management and owners, not the interests of the customers, employees, or the larger population in which they exist. These institutions do not see Earth as a living organism, but only take from her for their own selfish desires. These institutions are based in fear, greed, anger and violence.

Are there individuals who live in love? Absolutely. Are there small companies based in love, based on service to others? Yes. Are there health practioners whose practice is based in love? Yes. Are there families based on love? Yes. Are there government operations based on love? Yes. But all these exist against an overwhelming background of fear, within a civilization of fear.

A civilization of Light is a civilization based entirely on love. This is the flip side of the duality that pervades your very dense situation. Within a civilization of Light, there will be only love-based organizations. A civilization of Light is a civilization based on people operating from love, operating from Oneness with all.

A civilization of fear operates from a position of individual effort, sees others as different, and relishes competition. A civilization of Light operates from the Oneness of all, from cooperation with all, and from the love of all for one another. These two civilizations cannot exist in the same time and space. It is one or the other.

For Earth to move forward, the demise of the current fear-based civilization is a requisite. Its demise will not be easy, for those for whom the civilization of fear was constructed will fight to maintain their power and wealth.

This, dear people of Earth, is the situation in which you find yourselves. The current civilization of your planet must go away. This is the requisite to creating a civilization of Light. The existing civilization must dissolve. The existing civilization must crumble.

Think for a moment of a sand castle on a beach. It was constructed of wet sand, not the most sturdy of building materials. Some sand castles are quite elaborate; most are the work of children. At high tide the overwhelming force of the ocean's waves washes the castles of sand away. The Light is like the ocean waves, the sand castles are unable to withstand its power. Your current civilization is like a sand castle, built on an unstable foundation, eventually subject to the overwhelming force of love, and just like the sand castle on the beach, your civilization will be washed away.

It is the small points of light that you have established, against an otherwise bleak landscape of darkness, that give us hope that a new human civilization can be formed on Earth. It is these instances of love, amidst the overwhelming fear, that will enable your space brothers and sisters to make their appearance, to offer their assistance.

Earth is moving to a lighter density, a higher frequency of vibration. The dark energy of the current civilization cannot persist in this higher frequency. All the structures and beliefs associated with your current civilization will wash away, leaving a clean slate upon which a new civilization of Light will be constructed. Prepare yourselves for the coming moments; hold fast to love and the vision of a new civilization.

I am Adrial. I offer this message so that you humans of Earth may better understand

coming events as they wash away that which is most familiar to you.

3-15-10 Greetings to all. About you are the many lies that form the walls and bars of your prison. Look at the pieces of paper you call money. They have value only because you the people will exchange them for real goods and services. In reality they have no intrinsic worth; it is only because you believe they have value that they do. The illusion that paper money has value has become even more extreme with electronic transfers, i.e. simple notations within computers of a value attributed to someone's bank account.

The illusion of fiat money has created societies that enable a few at the top of the pyramid to accumulate vast wealth, not only in the form of digits within a computer, but also in the form of influence, corporate control, land, buildings, gold, and other real assets. Do you perceive fiat money as an illusion with which you live? It is not that your physical reality is created; rather it is that you allow your physical surroundings to be manipulated before your very eyes and willingly accept your imprisonment. Each time you use paper money you vote for your continued imprisonment. You would be well advised to convert that which is merely paper into things that are more substantial, things which will serve you better when the pieces of paper you call money are no longer of value.

Let us look at another example. Many on this planet honor the moon with monthly rituals, songs to its beauty, and beliefs that tides are vital. Yet the truth is that the moon is an artificial satellite, a hollow sphere that was placed in orbit about the planet as an observation platform, as a convenient way station for travelers. Yet the vast majority of people believe the moon to be a vital part of their lives. It is another illusion that forms the bars of your prison.

Lies by governments of your world that the sightings of our starships can be dismissed is another cause for your imprisonment. By denying the close proximity of your brothers and sisters from the stars, those in power make you small and insignificant. Whereas the truth is that you are magnificent beings, that you are destined to be cosmic citizens, akin to those who are nearby. By allowing yourselves to be convinced that you are tiny and insignificant you allow yourselves to be manipulated. You are the ones who allow your media to continue with its lies. You are the ones who purchase the newspapers and magazines to support the media with their cover-up of your true worth.

Yesterday, Mark, you saw the evidence that your beliefs about food are the results of manipulation. Scientifically valid research does not confirm certain widely held convictions, such as the belief that high levels of cholesterol cause heart attacks. Those who sell drugs and medical advice put forth that illusion as a way to sell their drugs and medical services. Do you see the illusion? Do you see the way in which your beliefs are in reality your enslavement?

Much of what you consume is tainted by chemicals to enhance the wealth of those who supply it, not to increase its food value. Many products you purchase are produced by those who labor for the least wages, not necessarily by those who do honorable work for a just wage. You are governed by those who are more interested in their own power than in restoring power to the people. Your societies are structured for the benefit of those at the top, not for the benefit of those at the bottom. You are told you can be anything, yet once you achieve it, you fall into the trap of seeing yourself as better than the less advantaged. You are taught that you can become wealthy and powerful, yet when you achieve this, you spend all your time preserving that which you have against those who do not. See the lies in your existence. See the illusion that has been created about you.

As with all of these efforts to diminish your true nature, the only source upon which

you can rely is within. Look to the soul within the costume of your body. Go within to find the truth of who you really are. Practice quiet moments when you can feel your greatness. Close your eyes to close out the world, and know that you are incredible. Close your mind to the chatter that supports the lies about you. Take time to get in touch with that which is real. Prepare yourselves spiritually and physically for the moment when the lies of your current existence crumble.

The institutions created by those who want to imprison you are about to collapse from the sheer weight of their compounded lies. That which does not support you as a child of God, a child of the universe, will all disappear. The crumbling will take place in a very short period of time, and quite soon. All the lies are destined to evaporate. Your money, your medicine, your government, your media, and your religions — all will disappear to make room for the truth. Prepare for this grand event. Get in touch with who you really are. Build on this foundation. Help others to see. Form communities with the central message of “Get Real.” The illusion lies not in your 3rd dimension existence, but in your willingness to embrace your enslavement.

Those who say that this illusion will soon disappear are correct. What they project as the results, however, are flawed. The other side of the shattered illusion is not a glorious unfettered existence; rather it is a slow reconnection to that which is real. The humans of Earth that survive the great dissolution will be faced with a clean slate, a level playing field, a new opportunity to reconstruct a new civilization. And how will you do that? Where will you begin? It will be a long and arduous road. Will you join your fellow humans of Earth and with us from the stars in this exciting endeavor? We come here to advise you; please see the truth in my words.

## **Bren-Ton**

Greetings to all. One of the reason there are so many ships arraigned about Earth is that the dark energy and its agents desire to recapture the planet before Earth ascends into the Light of the higher dimensions. Yes, there are continuing forays of the dark energy from where it still reigns. Earth is a jewel of this galaxy; it has been under domination by the dark energy for many thousands of years. The dark energy would regain that domination if it were not for the assistance of those like me who came from other star systems to assist.

There are daily battles of the dark energy against us. However, at the present time there is such a vast accumulation of starships that the dark energy is unable to supply its agents on the planet; because of this they are withering.

On the ground, the agents of the dark are staging their last futile attempts to intimidate those of the Light who are on the planet’s surface. Yes, we are on the surface, assisting in your battles to emerge from darkness. The agents of the dark energy are so well entrenched in many of your institutions that it will require their total collapse before they can be replaced with structures to serve the needs of all in a loving way.

Fragments of the dark energy still linger on your planet. They would invade any person whose vibration is so low as to be a ready host. Fear still resides in many, so they become unwitting hosts to the dark, which feeds off their fear.

There also remain among you many dark entities who are disguised as human. These occupy positions of wealth and control over your lives, contorting all to their ends. Many of those who are prominent have been replaced by these entities. However, real controls are exercised from the shadows, from behind the scenes. The accumulation of vast



wealth is in the hands of a few. It is these few who manipulate the markets for stocks and precious metals. It is they who invade your corporations, turning them into instruments that do not work in your best interests. Most hideously, they dominate your religions, turning the beliefs of people against their best interests, and denying the true nature of God.

Yes, fragments of the dark energy are active both on Earth and in the area surrounding your star system. The dark energy is angry that you are awakening. It is angry that Earth is transforming. However, we are of sufficient force that the dark energy will be repulsed, and its agents will lose their positions of power and be removed.

The time of the trifurcation is nearing. Then all will choose whether they go or stay. Part of the delay of this trifurcation is to give the dark entities one last chance to come to the Light. Some are doing this, but not many. This time is also available to awaken the slumbering masses, wherein a few are indeed awakening.

I will not dwell more on the darkness, but it is important that people do realize its reality and guard against its invasion. Seek the Light of God, bathe yourselves with His love, and look for brighter days ahead. There will be difficult times ahead as the planet cleanses herself, and the remnants of the dark energy are at long last finally removed. Prepare yourselves and seek the Light. Love everyone, even those of the dark, for the love of God is the strongest power in His universe.

10-30-08 We who observe your planet and its people from afar recognize what the dark energy that descended upon you wrought. Although that dark energy is now lifting, the enslavement of Earth's peoples remains. What is most interesting to us is that most people do not appreciate how much they are enslaved. Your enslavement has been done so cleverly that a person merely assumes that these conditions are the way things are, and never question how it might be different. I am not suggesting an advance to a higher level of existence; I am pointing out that things could be much better in this 3rd dimensional existence without the efforts of the agents of the dark energy.

Perhaps an example will help make things clear. Let us take a fictional family: A father who works for a financial institution, a mother who works part-time in a medical clinic, and a child who attends a traditional school. Much of what this family unit is living out has been handed down to them from their forebearers. They have inherited certain ways of seeing and coping with reality. They are creating their experience based on what they have received from their forebearers in terms of history, religion, and society.

Let us look first at the father. He believes that he must "earn" money to feed, clothe, and shelter his family. He does this by going to work each day. At the bank he lends money to people. I would point out that he assumes that lending is the proper way in which monies are to be transferred to others. On our 3rd dimensional planets, we charge no interest on monies. Money is simply a medium of exchange. The whole concept of lending, or money based on lending, is a cleverly constructed scheme promulgated by those who wish to enslave. A bank is an institution created at the instigation of the enslavers.

The father in this fictional family also believes that he must dress and behave in certain ways to be accepted by his peers. This too is a form of enslavement. He also believes that he must show up at work at a predetermined time and go home according to the clock. This is more enslavement. The books and records of the bank are another enslavement mechanism. If all of this structure were taken away, we would have a free flow of money, not one controlled by financial institutions. So maybe you can begin to glimpse the enslavement that has been foisted upon your society by this simple example.



As for the mother, she has been taught certain ways to manage her child, through rewards and punishment — in order to keep the child safe and secure, to teach or train him or her. To a great extent, this was handed down from the mother's parents. Some of it is true; most is designed to control the upbringing of children, to prepare them to fit the chains and shackles of adulthood.

The mother also works in a medical clinic where she processes paperwork. Here we see the hand of the institution of insurance and the medical establishment. The medical establishment has set up certain rules by which doctors may administer to their patients. Again all of this is highly structured. At this moment in your history this is all cleverly designed to treat symptoms rather than cure patients, and to keep money flowing. There is no mention that all is energy, and that the human body can be affected by simple energy techniques without the need for expensive medical care. This is known on my planet; it was known on yours also until the dark energy clouded it.

As for the child, he or she is subjected to learning certain things to prepare him or her to fit into society. The school does not teach students to think; rather they are taught how to behave. Their individuality is submerged into the norms of that which society wishes for its little people. Children are also forced to memorize knowledge about history, religion, and society.

In the larger scheme of things, the overlords of your society have cleverly structured things to be in a constant state of chaos: nothing may be known for sure, nothing is totally predictable, and nothing and no one can be totally counted on because all is in a state of flux. Ask yourself why it is that most major problems receive band-aids rather than solutions. Why does fundamental restructuring never take hold? Layers upon layers of false premises are intertwined into an impossible morass of rules and traditions. This all is designed by the puppet masters to confuse all, to keep all in a state of flux without end.

I contrast this with our civilization where the dark energy has not impacted us. Money is a medium of exchange; it is never lent. It is available as needed, to accomplish that which is desired. Few institutions and rules are required because people operate based on the best for all concerned. They are motivated by the desire to do well and to achieve the highest result. Everyone is healthy; there are no artificially induced diseases. People are taught from an early age to take care of and to respect their bodies. Parents are more interested in doing that which is in the best interests of their child than making sure the child will fit in. Fitting in is not a problem as everyone is accepted for who they truly are. There is no need to put up a false pretense as everyone communicates telepathically. Children feel happy and free to express themselves.

Again, I say you do not appreciate how enslaved you are. We are beginning to understand how blinded you have been, and offer these brief comparisons to our cultures so that you may understand what you may create after the playing field is leveled — after the removal of the agents of dark energy.

I am Bren-Ton of the star system Andromeda. Those of us who observe your planet and its peoples wish you only the best. We are here to assist your transition.

10-31-08 Those who exist without the Light of the Creator have shown themselves to mankind since they first came to this planet. In addition to being seen as gods, their dark sides were first reported in stories around campfires. When man began to draw, there were depictions of dark beings. With writings, sculptures, and paintings the dark ones took on more detail. Most recently, movies and television have portrayed those who live far from the Creator's Light. It is fitting that we should discuss this topic on this day, for it was

created to honor those of the dark. Celebrating a holiday with costumes trivializes the influence of the dark energy. It is a technique used by the dark energy to hide its influence.

Some would say that those of the dark are only man's imagination. But then what is imagination and from whence does it come? The imagination of man is two-fold: First, there are real events and real persons, both of the Light and of the dark, the results of first-hand contact, which are then enhanced by the creativity of an individual. Second, there is direct communication such as that in which we are engaged. Inventors, artists, and musicians all create based on direct communications. Both the first and second are the situation with those who depict dark personalities.

Now, back to those non-humans who exist without the Light, who reside in the shadows of your planet. Those humans in whom the Light is not strong may encounter them, may fall beneath their spell. There is a certain inquisitiveness that has been placed in mankind that draws people to that which is dark. This tendency was placed in the DNA long ago by those who ruled this planet under the direction of the dark energy.

Keep in mind that all forms of darkness, whether embodied or not, feed off fear generated by other beings. The agents of the dark energy on this planet generate fear by showing themselves as hideous creatures who have given themselves completely to the dark, who exist without the Creator's Light.

Modern writing and movies depict all manner of creatures who are "evil," who exist in the dark. They also depict humans who have turned to the dark as tormented creatures. I say to you that these creatures do exist; they are not just the product of imaginations. Even the appearance of ships from other star systems has purposely been twisted to be fearful. Those who radiate fear attract fear to themselves. This applies to everything from dark energy beings resident on this planet to the appearance of starships and beings from afar.

If you are not of the Light, beings who are not of the Light will draw themselves to you, or you to them. Stories of non-humans feeding on the flesh and blood of humans are true. There are those who relish this feeding because it feeds their dark energy. The worship of Satan is another example; it is far more prevalent than you might imagine. The celebration of evil on this day is another. Those attracted to dark movies and books are allowing themselves to experience fear that feeds the darkness.

Your planet has resided in the clutches of the dark energy for many thousands of years. The darkness wants to be recognized, wants to increase its fear within the population. War and other horrors that man imposes on man are ways in which the dark energy feeds on mankind. Anything that generates fear serves its purpose, anything.

Those of you who are of the Light would do well to reinforce yourselves and not tamper with the darkness. That is not to say that you should avoid recognizing it for what it is. See the truth in what is said about it, but do not tempt yourself by dabbling with it. It is a very powerful force and in many ways it is very seductive. Stories about children who are abducted and human slaves have truth to them. Stories of human misery such as hunger and concentration camps are true. All of these events are intended to overwhelm the general population with a sense of fear, and breed more fear through anger. A further intent is to create a sense of hopelessness, to make people believe that the human condition is beyond help, to make people believe that this is the way things are, and that they will never get better.

As we help to transform Earth and her human inhabitants into a place of Light, a place of beauty, shed the images of darkness, revel in the Light. Walk upon the Earth without fear. Generate no fear for those around you. Let your light shine for all who would

be attracted to it, give hope to all. Love those who are caught in the dark, but do not descend to their level of fear.

I am Bren-Ton of the star system Andromeda. Those of us who observe your planet are here to assist your transition.

### **Justine and Bren-Ton**

11-12-08 Some of Earth's human inhabitants never completely bowed to the will of those who would control them. In their hearts they kept the light alive, always believing that there was some good in all, never completely surrendering their souls to the control of others, and knowing their enslavement would end someday.

We are of course generalizing here about Earth's human population. There have been instances where the darkness had such a complete hold over a population that the entire population of a country or region succumbed to its reign. But even these instances did not last forever. After the death of those in control, the spark once again emerged and the Light directed people to build anew, to seek a better way to live. Thus the great dynasties of China, of Rome, of Atlantis, and others throughout history flourished for a time, but ultimately decayed because they were not built on the good of all people.

It is so in the U.S. at this time. In the beginning the country was founded on what was to be a better way to live. Yes, wealthy white men did seek a better way for all to live. America evolved toward a beacon of freedom and openness. But the dark energy sought to capture this bright spot on the globe, so it instituted control of the financial system, control of the government, the creation of corporations and other institutions, and the subjugation of the common man in various subtle and secretive ways. These institutions, initially created by the actions of men for good, were twisted by acts of men who had sold out to greed and fear. In this way the system was perverted to the ends of darkness.

Yes, there have been bloody confrontations between those who believe one way and those who believe otherwise. However, the depictions in your movies and in your history books exaggerate the reality of these. In every case there were those who operated from the Light, who inspired others to do things in the best interests of all. In every case a few people recognized the Creator's Light within and set out to manifest it.

So you see, the Light resides even in the darkest of circumstances. The dark energy has been unable to squash it. Ordinary people have ultimately arisen to seek their common benefit.

The situation today on your planet is that the dark chains are being broken by the actions of common women and men, in conjunction with the energy of your brothers and sisters from distant planets. Do not believe everything you read in the media about the actions in this country and in others. The truth is being deliberately distorted to prolong the reign of capitalism and those who control it in the name of wealth and power.

We, who watch from orbit, see the truth in the uprising of peoples around your planet. There is a groundswell of those seeking that which is right, true, and based on the common good. Yes, we will wipe out the last vestiges of the dark energy when we remove its off-planet allies. This will happen soon. Then the playing field will be level and the innate goodness of people will emerge to construct a new civilization based on truth and love. All of this will occur in concert with a revitalized Earth.

Our brothers and sisters of Earth, in the coming days and weeks remember you are of the Light. You have the ability to remake yourselves and your civilization. Take this opportunity to live in the Light. Your belief systems will be sorely challenged. Be open to

## *Transformation*

new ways of seeing and believing.

I am Justine from the star system Altair and I am Bren-Ton from Andromeda.

# 13

**The messages in this chapter focus on Change, Illusion and Reality, and include the following:**

- **Discernment**
- **Experiencing the 3rd Dimension**
- **“It’s All an Illusion”**
- **Free Will**
- **Individuality**
- **Oneness**
- **Feelings**
- **Context**
- **Internalizing**
- **Imagination**
- **Physical Transformation**
- **Transformation Time**

## **Justine**

11-30-08 You of the lower densities affect more than you might imagine. You are constantly communicating with other humans: verbally, telepathically, and by your physical presence and actions. You are communicating with your environment, and the things that occupy the space around you. Your unique vibration sends off communications to all.

If you send off a vibration of fear, that more dense vibration, it will be felt by all. If you broadcast a vibration of love, everyone picks it up. Just as when you move into a crowd and send out your vibration to the other people there, you also send out your vibration to the non-human objects within your immediate vicinity. Those that are alive will more readily pick up your vibration than those that are not.

While it is true that the slowing of energy creates all in the physical density, you as a 3rd dimension being must use 3rd dimensional tools to affect your body and the things about you. At a much higher vibration you will be able to create all that you require for your existence by the mere act of willing it to be.

God created the stage upon which you are currently playing your part in the grand drama. The hands and tools of man subsequently molded it to that which you currently experience. Men used the tools of the 3rd dimension to modify your environment; they did



not do it by means of exercising a higher vibrational technique. In this way they created the computer that you use and the chair upon which you sit. You may utilize these things, but you may not modify them except with the tools of the 3rd dimension. If you were vibrating at a higher level, you would be able to modify the computer with that vibrational energy, and also be able to modify the chair.

While it is fine to constantly tell yourself that all is energy, you must also remind yourself that the 3rd dimension is the platform in which you are currently living. This is the stage upon which you act out your daily routine. See the stage, be grateful for it, honor it, embrace it, and love it. You incarnated here to experience it to its fullest. Do not dishonor it by saying to yourself, "It is all an illusion." You have important tasks to perform here. You have people to influence to a greater love of this planet, of themselves and their brothers and sisters.

Yes, this planet is transforming itself to a higher vibration, but it will be a gradual process. It will take many months to accomplish all that we have spoken of: the pole shift, the removal of the moon, and the removal of the last of the dark energy agents. Now is the time to decide how you will respond to these changes on the stage of your existence, not by denying the reality of your existence, but making the best of it. You have but a short time on this planet; make the most of it. Enjoy the little things; enjoy food, your companions, and your situation. You can influence much around you by your attitude. Those who look at you will know by your individual resonance whether you embrace your situation, or whether you chafe at your very existence. Set an example of being. The Light of one positive person can influence many with whom he or she comes into contact. These people in turn can influence others in myriad ways. This then becomes a cumulative effect.

Soon I, and others like me, will come to your planet. We will introduce a new vibration into your reality. How you receive us will have much to say about your future, and about the future of all on your planet. We encourage you to resonate now with the Light, with love. Do not be fearful of the little things in your daily life. Keep focused on that which is uplifting and positive, both the small and the large. Help others to see the positive side of their existence. Then when we make our appearance, everyone will more readily accept us as their brothers and sisters.

I am Justine of the Altair star system. May we all move forward to create a brilliant new civilization for Earth.

## **Moraine**

12-9-08 Thank you, Mark. It is my privilege to communicate with you. You have asked about what humans are able to change within this physical dimension. I will give you my experience as someone from a planet that has transitioned to a density without the dark energy, but still in the physical.

Please keep in mind that your planet was thrust into the very densest of physical dimensions many years ago when the dark energy came to this sector of the galaxy. It caused many changes for the people of your planet, but it was unable to change some of the basics.

When you were born, you came into a reality that was already in place. Your soul attached to your physical form; this created you, a unique human. You encountered the loving hands of those who attended your birth. These experiences and things were real; they were not of your creation. The cloth in which you were wrapped was made from fiber;

it was not of your creation. The bed upon which you rested was likewise not of your creation. The breast from which you received your nourishment was there for you; you did not create it. What I am describing is the wondrous things that God had put in place as a part of His creation, the things that welcomed you when you came into this world, this physical density. These formed a stage upon which you would play out your life.

Now let us jump forward to the time when you are grown. What can you affect and what can you not? The body within which you reside is a physical form. You, an incarnated soul, are captive within this costume for the lifetime of your contract. You affect the health of your body in myriad ways. Your astral body may travel out of your body for brief periods, but it returns. Your soul, captive within your body, remains there until you transition.

So, looking about you, as an adult of the human species, you ask what can you affect, and what must you accept as that which you cannot change even if you so desire? Your relationships with other humans are the most obvious thing over which you have control. It is up to you to determine with whom you will interact, and how these relationships will develop. You have free will, so unlike the physical you are totally in control in the relationship arena.

You say there are “officials” who wish to interact with you, and over which you have no control. That is not true. You can choose not to interact with them, and suffer the consequences. You can choose to live in another location. You can choose to live outside your present society by choosing to become One who does not respect the laws of your society. So you have options.

Moving on, you can choose not to interact with certain members of your species, not to recognize former relationships, and not to make new ones. So the whole arena of relationships between humans is yours to explore and affect as you wish.

Then there are the relationships you have with non-humans. Each person has spirit guides and guardian angels. Here you have a choice, either to recognize your guardian angel and spirit guide, or to ignore them. This is a relationship over which you have some control. I would advise any human to recognize and cultivate relationships with both your guardian angels and your spirit guides. You have the ability to speak with your spirit guides, everyone does, or you may choose to ignore them. That is a choice. Many in your society dismiss this opportunity, to their detriment.

Then there is your relationship to God. Everyone has the ability to know God. Those who dismiss Him, Her, or It (God does not mind what you call Him) lose something quite valuable. Every human can interact with God. He is available to speak with you whenever you wish. He is most accessible when you are in quiet moments.

Anyone can speak with God; I would encourage you to do so. God will answer. This is not the same as praying. Speaking to God is recognizing that He and you are of the same Oneness. Prayer sets up a condition of a petitioner, a supplicant. God wishes to interact with you, not receive your petitions from bended knee. The former elevates you to the level where you see yourself in a new light. Agents of the dark energy thrust the petitioner role upon humankind as a control mechanism.

Your soul is individuated from your Oversoul — a powerful beings of God’s original creation. Seeing yourself as divinity presupposes no hierarchy between you and God. You may speak with God, the God who created this universe, the God who is everywhere within His creation. He will speak with you in whatever way you are most comfortable. Seeing God within all is most appropriate. He is the consciousness within all. At the same time there are myriad celestials and spirit beings who are here to assist you. They are the agents of Light, the messengers of God, and the controllers of the physical universe. And, yes, the

physical universe is real. My planet does exist. I have walked upon its surface.

Beliefs are at the root of what humans may change. If you believe that you can change something, you will be able to do so — within the limitations imposed by your vibration. For example, you are not able to change the wood of your desk into something else, because it is a part of the physical in this density. So discernment is an important part of knowing what you can change and what you cannot. The intent of the following invocation is worth remembering:

God grant me the serenity  
To accept the things I cannot change  
Courage to change the things I can  
And wisdom to know the difference

Be discerning how you spend your limited time on this planet. Make choices as to how you can best contribute to your own soul growth and to that of your brothers and sisters. Know that you can change by altering your beliefs. It is beliefs that the dark energy has dictated for so many years. One of the main forces for the control of beliefs is religion. It is here we see so many in your culture shackled. Even today when technology and economics are so dominant, when so much information is available, we see religious beliefs controlling the behavior of many.

Economics is another arena in which beliefs are most important. The entire financial system is structured on belief. The value of a fiat currency is based on the belief that it is worth something. If that belief is shattered, it will quickly lose value. The reason the dollar is so valuable is that it is “believed” to be the most stable currency. If that faith were no longer there, it would quickly descend from that status. Soon events will conspire to wipe out people’s belief in the value of the dollar. This will bring chaos on a worldwide basis. The agents of the dark energy are currently engaged in a last frantic attempt to buoy the dollar.

A pyramid structure is ingrained in all religions, and in other belief systems: those on top dictate to those beneath. For belief systems to work, it is necessary to have a good and a bad, a better and an inferior. Then priests, officials, and executives can dictate who is worthy of receiving the fruits of the system, and collect their tribute.

Beliefs are changed by the impact of new information, which may lead to new insights. In addition to new information, openness in the individual is required to transcend the hold of beliefs. In your case, Mark, it was divorce that shattered your adherence to the Catholic religion. Then you became aware of the Urantia Book and its teachings. It was UFOs that shattered your adherence to the Urantia religion. Now as you receive these messages, and information from other sources, be open to what resonates with your inner knowing. Do not depend on others to shape your beliefs. Set an example of One who listens to his heart and chooses which messages to accept.

At the same time you are opening to new information, be discerning about dark energies that seek to ensnare you. Reports about depraved behavior, along with images and stories about those reveling in activities of the dark, assault your mind and emotions from many directions. Here is where discernment is most needed.

This is most easily done by calling on the Christ energy, asking it to embrace you, and saying to all entities that if they are not of this high energy they are to depart and never return. Jesus brought the Christ energy to this planet. It is here for all to use. Call upon it as needed. The Christ energy is a gift from the Creator. It is the energy of truth, love, compassion, acceptance, and joy. It embraces all laws of the universe. Allow the Christ

energy to work with you; it will help you to discern.

Each person has a unique path to pursue in this lifetime. Listen to your inner guidance to discern that path. Each of your choices can be aided by looking into your heart. As you read these words, you know that the heart energy is guiding you to a higher way to live, to a life free from attachments, to a way other than the conventional.

You volunteered to come to this planet as an example of the Light. Become so in your own unique way. As you go about your daily routine, you can shine your unique light for all to see. Become a beacon. When many beacons of Light shine forth, all will ascend to lighter densities. More and more beacons of Light are shining forth. Will you choose to join your light to theirs?

At another time I will have more to say about how you may use energy to impact your physical and psychological wellbeing and that of others.

## **Bren-Ton**

11-17-08 The most important thing to remember about your incarnation in this body is that your soul determined that it was in its best interests to have this experience. Furthermore, it decided that this particular time and place was an appropriate time and place in which to undertake this incarnation.

There is great value in this 3rd dimensional experience. The experience should not be denied. Why else would your soul undertake such a difficult path? All experiences in this 3rd dimension are desirable — those you may decide are good, and those you may decide are not so good. They all contribute to the growth of your soul; they are all experiences that your soul craves. Do not diminish these experiences by choosing to ignore some aspect of them. That which surrounds you — the people, the setting, the climate — all are important to gain the fullness of the experience.

It is not in anyone's best interest to dismiss aspects of this 3rd dimensional experience by saying that it is an illusion, or by choosing to focus on one part to the exclusion of others. Yes, this reality was created by the slowing of energy into this dense material state. That was the mechanism used. It is good to keep that in mind as a mechanism of change, but as a 3rd dimensional being, do not deny the reality of any of it. What you experience as a 3rd dimensional being is very real to you in your role as a 3rd dimensional being.

Savor this experience; do not refuse to experience its fullness by dismissing some part of it. There is great value in experiencing a lifetime either in the Light or in the dark. From the dark you may learn that which you do not desire. From the Light you may learn what you do desire. Both are of great value.

If you do not fully appreciate dark aspects of this material reality, how can you know what it is you wish to avoid? Someone who has experienced eating burnt food is in a better position to say that they do not wish to consume it again, than someone who has never tasted burnt food. Furthermore, it is impossible to avoid many aspects of this 3rd dimension, because you are immersed in it. Better to recognize it for what it is, and experience it; then discern what you desire and what you do not desire.

Those who wish to live looking at reality through the lens of "it is just an illusion," are not too much different than the alcoholic who refuses to look at reality except through the bottom of a bottle. Distortion of the truth is never helpful. Those who have experienced the effects of alcohol are in a better position to say they do not wish it than those who have



never experienced it. Furthermore, those who have overcome the addiction to it are stronger from that experience. At the same time, focusing on the dark aspects of your existence here is not helpful. Allowing fear to fill your being so that it distorts your perspective is certainly not helpful.

Seeing this world through the eyes of one who loves the experience is most appropriate. Love the life you are leading. Savor these moments, each and every one of them, those that appeal to you, and those that do not. Learn from the experiences of each. Feel what it is like to love, what it is like to fear. Learn to distinguish between the two. After you have figured this out, help your brothers and sisters to do likewise. But hurry, the hour of the transition is nearing. Soon we will make our appearance. Soon the transition of the planet to a place of greater Light will be upon you.

In a planet of Light, the stark choices of the darkness and the Light will not be so apparent. This planet, Earth, is a unique experience. Savor it. See it for the experiences it gives you. Do not dismiss it by diminishing it as an illusion, or falling prey to drugs, alcohol, or some other diversion. Reach out for as much of the experience as possible. We, who observe you, envy your situation.

At the same time maintain an attitude of love toward all. Love your sisters and brothers wherever they may be on their path. To those who are open, show them the high road. To those who are not, allow them their path. You see the institutions of man are crumbling before your eyes. This is a marvelous moment to help everyone discern how he or she will live: in fear or in love.

I am Bren-Ton of the star system Andromeda. We will make our appearance soon and what a splash it will be, but that is for another day.

### **Adrial, Bren-Ton, and Justine**

7-28-09 We, who are your sisters and brothers from other star system, and celestials from the universe, are here to assist the transformation of your world and its peoples. However we have certain restrictions on the actions that we can undertake on your behalf. The most important of these is that we cannot interfere with your free will decisions and the soul contracts to which each of you agreed prior to your incarnation. In this regard we cannot descend upon your planet and magically correct all the imperfections of your lives, all of the many wrongs perpetrated upon you, and the results of your actions and inactions. Earth asked that she be set right; you requested that your lives be removed from the influence of the dark energy, its agents, and those allied with it. That process is well under way. Further actions we will now take will be done as gently as possible.

It is our hope that you will now undertake bold action on your own behalf. By doing so the greater are your chances that you will become Caretakers of the new Earth, and will not have to replay successive incarnations in this density to achieve soul growth. To help you understand your situation, we have asked Mark to help us lay before you some of the illusions under which you are laboring and the reality of each.

Illusion #1: The situation on Earth today is fairly similar to how it has always been. Wars, poverty, and conflicting beliefs are just the way it is, and it will continue in much the same way. Reality: The Earth of today is vastly different from that of thousands of years ago when it was a beautiful pristine planet. Wars, poverty, structures, and beliefs have been imposed on you by amoral invaders aligned with the dark energy who act only to their own benefit. We are assisting Earth as she returns to her previous state; you are invited to



come along with her. On the new Earth there will be no dark energy or the agents thereof, nor will wars or poverty exist, and structures will be to the benefit of all.

Illusion #2: In the near future, there will occur some act that will magically move enlightened people to the 5th dimension. Reality: Such an action, while possible if there were enough Earth-human lightworkers, is unlikely as things now stand. It is also within God's power to make this happen, but He will not, as too many opportunities to play out the results of your free will acts would be prematurely aborted. A slower transition, involving first a return to Earth's pristine state, and the opportunity for those of you who wish to be Caretakers to accompany her, is already underway.

Illusion #3: Global warming is due to the burning of hydrocarbons. Reality: Earth is warming. This is not due to human influence, but is caused by Earth's transition to her pristine state and to a moderate climate. You are not causing global warming; however, you are fouling your environment by burning fossil fuels and by using toxic chemicals. The rise in Earth's temperature will cause the melting of polar icecaps and glaciers, causing the planet's oceans to rise, and inundating many coastal areas. We are working to right Earth's axis; this will eliminate seasonal fluctuations.

Illusion #4: There are elites who are rightly in control of your societies; by virtue of their wealth, they are accorded special status. Reality: No one is superior to anyone else, different yes, superior, no. The elites, and those who emulate them, justify their attitude and actions by making you believe that they are beautiful people who have the right to luxuriate in the trappings that wealth can buy. You are our sisters and brothers; you are each worthy of love and respect for just who you are. Any wealth you have amassed is not a measure of your worth. How you treat one another is the measure of your true wealth.

Illusion #5: The transition to the new Earth can be accomplished within your existing paradigm; only minor changes need be made to the institutions and beliefs of your civilization. Reality: The transformation that will return Earth to her pristine state will operate in the best interests of all rather than the few. Half-measures will not accomplish what needs to be done. This transformation will require dismantling the institutions and beliefs that do not serve all people of your planet, and then rebuilding them in ways that serve the highest good of all. This process will result in certain levels of chaos, dependent on your resistance to these changes.

Illusion #6: Those in government, whom you have elected to serve you, generally operate in your best interests. Reality: In some cases this is true. However, most of your elected officials, and others in positions of corporate or government authority are self-centered, looking after their desires before yours, and in many cases they are of the invader race that operates in its own selfish interests. An elite cabal has infected your democracies, corporations, and institutions, manipulating them to their own ends.

Illusion #7: You can rely on your broadcast and print media for news of events. Reality: While this is true in some cases, self-serving allies of the dark energy control the majority of your media and their content. What is reported as news is manipulated to support their plans. The Internet has become a source of truth about the larger picture and the misdeeds of those attempting to remain in control.

Illusion #8: The current economic and monetary crisis is slowly improving; the factors that caused the problems have been addressed and are being cured. Reality: The worldwide economic crisis stems from systems that were set up to feed those at the top of the pyramid while keeping those at the bottom in a state of slavery. A new monetary and economic system needs to be instituted to serve the needs of all in an equitable and just manner, and to reclaim the wealth accumulated by the elites.

Illusion #9: Essential services such as utilities and food distribution will continue to function during the time of transition to the new Earth. Reality: Depending on location — and major cities will be hit the hardest — food distribution may be halted; public utilities also may be interrupted for lengthy periods of time. If you wish to go forward as a Caretaker of the new Earth, shelter and a supply of water and food are essential to insure survival of your physical bodies.

Illusion #10: My faith will see me through the difficulties that are ahead. Reality: A direct connection to God is available to anyone. Seeing all your sisters and brothers, all of nature, and all in the universe as One, and directing the Creator's Light to all, is being asked of you. This is quite different than having faith.

We are asking that you take your future into your own hands by acting to rebuild the civilization of your planet. We are asking those who would lead this effort to begin immediately to adopt a new way of being, a new way of relating to others, and to show the way by “walking their talk.”

## **Adrial**

11-2-09 Greetings. It is my pleasure to communicate with you once again. The entrepreneur, the pioneer, the rugged individual, the lone inventor, and the captain of industry — all epitomize the American dream, the American way of life. At the core of capitalism are the values of rugged individualism, honoring of greed, and overlooking the needs of others to obtain what rightfully belongs to the strong individual. These values drive the American spirit; other nations emulate that spirit. They are the opposite of love, the opposite of Oneness.

When the dark energy separated from Creator it did so in the name of individualizing itself from Oneness. The dark energy decided to pursue what it wanted for itself rather than cooperate with the rest of the cosmos. Once that seed was planted in that ancient Oversoul, it was but a short journey to expressing itself in ways directly opposed to the Light. It began to feed on the absence of Light, the darkness. It soon discovered that it could gain power over others by diminishing the Light within them. As it explored this new way of being, all manner of depravity took place, all in the name of separation from Creator. For some souls, the lure of self-aggrandizement attracted them to this dark energy, only to find that in the process they were submerged by it. So began a relentless struggle by dark entities to distinguish themselves at any cost, regardless of consequences to others.

This then forms the basis for the rugged individual of Earth. Distinguishing oneself regardless of the cost to others is a trademark of those who mistakenly see their individual path separate from the whole. This self-centered drive can manifest itself within an entrepreneur or pioneer. How then does the altruistic nature of an entrepreneur manifest itself? How does the leader of a movement operate in concert with Oneness? How does one leave behind individual drive to encompass the good of all?

Part of the answer lies with the ego that was instilled in humans as energy of action. The ego seeks to act; it does not embrace the needs of others. In opposition to the ego is the heart that embraces others' needs and wants.

Mark, you are well qualified to speak from your experience as an entrepreneur and venture capitalist. Draw on those experiences to see the contrast with where you are today. Teach those who are ego driven that there is another way. In your book, *One*, you allude to a totally new way of being when all are connected telepathically. When that takes place, it

will be impossible for an individual ego to assert itself without others seeing the situation. Once your telepathic abilities are restored, you will comprehend Oneness clearly. The removal of these abilities by the dark energy created your separateness.

One's ego cannot override the desires of the many unless the many allow this to happen. One entrepreneur cannot fashion a new enterprise without the cooperation of others. One pioneer cannot explore new vistas unless others support him or her. An artist or a writer can create, but without public acceptance, their work will not reach many. The defining difference between the dark and the Light is the intent with which each acts. Are the actions of the person driven by self-centered greed or fear of loss, or are they driven by a genuine desire to serve all in the name of creating a better railroad? At the heart of the matter are greed and fear. They can drive a pioneer, or a pioneer can be driven by desire to do something for the benefit of all.

The free will decisions of everyone in the universe and the connectedness to Oneness are somewhat difficult to explain to a 3rd dimension person who is today so conditioned to be an individual. The Earth experience is one of the most intense in terms of individualism. See it as a wonderful opportunity to experience the maximum distancing from Oneness.

The sleeping masses are asleep because they refuse to give up their individual, self-centered points of view. Religions, popular culture, the media, and most Earth structures are based on separateness. Structures at the higher, lighter densities are based on Oneness, not individualism. Such structures will require a completely new way of thinking. That is one of the reasons we are creating an institute: To help 3rd density humans comprehend Oneness. For it is only in Oneness that you will be accepted into the loving family of the universe.

A nation dedicated to looking after the individual desires of its people is not based on love. The U.S. is based in individual freedoms, not cooperation to achieve the best life for all people of Earth. Examine the founding documents carefully; they were drawn up by men to preserve individual freedoms, not the collective good.

We who are part of the great armada are present here not for our individual aggrandizement as saviors of a planet, but as a grand collaboration to insure that Earth and her Caretakers emerge into the Light of Oneness. We take no individual pride in our accomplishments. With those who operate at the higher energies, there are no individuals, as you know them. You will see this when you raise your frequency to merge with all, contributing your energy to the whole.

The vast majority of humanity on this planet remains asleep. It will not be possible to transform the population without the free will choice of each involved. So it will come to pass that the planet will undergo the trifurcation between the awakened Caretakers who function at a higher frequency, the sleeping who will continue to slumber, and those who will have their involvement on this 3rd dimension planet terminated.

The moment of this determination is fast approaching. We who are assisting Earth have done all that we can do to awaken the people. You who are on the planet in human form have done a great work also. It is with sadness that we appraise the current situation in which the dark is retreating under the influence of our Light. We are not giving in to its remaining influences, rather we are celebrating the release of Earth from her bondage, happy for those who will accompany her, and recognizing that the universe will once again shine more brightly with the ascended Earth.

To all who have read my words and the words of others who communicate here, I applaud you and give thanks. You have the opportunity to carry the civilization of Earth forward, for there are many wonderful and unique aspects of this planet that we do not

wish to lose in the transformation. In your hearts, hold that which is good. In your memories, hold the knowledge that you have overcome the dark energy, for you are to be applauded. There are few who can claim this distinction in the universe. You are the new humans who will now go on to educate the universe with your strength and courage. Rejoice, for your time of glory is fast approaching.

Each will contribute to this transformation his or her uniqueness within Oneness. Each will be accorded a longer lifetime in which to stabilize the new Earth, while retaining the memories of their experiences. Remember well so that you can imprint the new Earth. Many children will continue forward without their parents. They are awake; their parents are not. Prepare to care for them, as they are the seeds of the new paradise.

The institute of which we have spoken will come to pass. There we will communicate with those who choose to move forward to give them the benefit of our experience. Many who are your brothers and sisters from distant star systems will come to that place to counsel with you. Anchor it well so that all may cooperate in Oneness.

## **Bren-Ton**

10-26-09 Greetings to all from the starship Athabantian: Many of your fellow humans enjoy discussing concepts about the larger reality. (I am referring here to those that are awake enough to be willing to engage in such discussions.) For them it is a mental exercise, but does not impact the way in which they live. The saying on the t-shirt Mark is wearing says, "be the change you wish to see in the world." This is the essence of living based on what one knows to be true. It is only when truth is internalized to the point that one acts, or changes one's actions, that it can really be said that one embraces a truth.

From our observation post here aboard our great starship, we see that many humans struggle with change. It is difficult to change when one is a lone knower of truth, much easier in a group where there is support. It is easy for someone to pay lip service to ideas of change, and then merely go about his or her life as if nothing had impacted them.

The role of emotions is not well understood by those of us who have not incarnated in human form on Earth. We do have some information from those like us who are walking among you, but much gets lost in translation. As we understand it, emotions play a huge role in your beliefs, which in turn play a key role in decision-making. We conclude that your emotions are a unique aspect of who you are as a human of Earth.

As we understand it, the whole process of internalizing a new idea, making it a part of your belief system, is conditioned on an emotional buy-in, a feeling that a new idea "feels good," or that an idea brings up fear. It does not matter whether the idea presented is true or not, a fantasy or a lie, it only matters that it produces an emotional reaction, nor does it matter that it is not in one's best interest.

What all of this is leading to is frustration that the people of Earth seem so resistant to change, and particularly resistant to accepting that we are here to assist them in transforming to a lighter density. The vast majority of you say you believe you are not alone in the universe. A majority believes that Earth has been visited by beings from other planets. Yet none of this is internalized.

The corruption of public officials, and others in positions of power and trust, has been adequately demonstrated over the past few years. Yet, there is no outcry for change, no rebellion against their authority and accumulation of wealth at your expense. We did not understand this, until we looked at your process of internalization. Apparently the



majority of you are “feeling” comfortable in your current situation, be it a life of comfort or one of mere survival. The vast majority of you are unwilling to “rock the boat.”

What does it take for you to internalize that you are slaves to a small group of wealthy and powerful beings, many of whom are not even of your human species? What does it take to awaken your hearts to know that those of us on other worlds are truly free to love, and that there is justice and equality? What does it take for you to internalize that you are being taken advantage of? What do you need to awaken and change?

Look at all that you have ingested from television, movies, and books, from your religions, and from your schools. Examine how others have circumscribed your lives, others who do not have your best interests at heart, and are operating from their self-interests. You have internalized their propaganda to make you “feel” comfortable. We are offering you truth and asking that you internalize it so that you will act in a different way, so that you will awaken to the larger picture, and so that you will welcome us as your brothers and sisters from the stars who come in peace.

The truth of our presence is forthcoming. Those who would control you will attempt to paint this with fear of “an alien presence.” You who are the lightworkers of this world are to overcome this campaign of fear with what you know to be true.

Internalize our reality. Internalize our sisterhood and brotherhood. Feel that we are all One. Internalize who you are, and who you may become. Internalize that you are being called to be cosmic citizens, to join with your brothers and sisters from distant star systems. Feel and then act in your own best interests, not the way you might be directed to do by those who cling to their power and wealth and would smash you without concern.

Yours is a glorious future. It will come about for those of you who awaken to the larger reality, to those who internalize the larger picture and allow it to formulate a new set of beliefs. The future is magnificent. Join with us to become all that you really are. Internalize the grandeur of life on the new Earth.

I am Bren-Ton of Andromeda.

## **Justine**

11-10-08 Today I wish to speak about context. There is more to causing change than merely voting for a new leader. Real change comes from the way in which individuals think and live. Furthermore, until an individual understands the context of his or her existence, and decides it is not suitable, they will not change it. It was only when the people of my planet saw that the context of their existence needed to be changed that we were able to change the way in which we thought and lived.

All people of Earth live in a cleverly contrived context: A reality that has been constructed for them, and a way of life in which they have been taught to believe. Most of it is a lie. The context in which you live is contrived so as to make you believe you are free to act while at the same time you are constrained by the context. Yes, you feel free to vote for a new leader, but that new leader is constrained within the context of an existing government, hemmed in by established rules.

Yes, the newly elected leader of the U.S., Barack Obama, will have to deal with the economy, but the economy is contrived. The U.S. economy has been built by layering debt on top of debt. It is designed to keep ordinary people enslaved, while allowing a few to prosper. Most people never get out of debt. Only a privileged few live out their retirement in a state of bliss. This debt-based monetary system has been spread throughout the world.



Developing countries, innocent of doing anything other than having natural resources and cheap labor, have fallen under the burden of debt created by the U.S. This is one aspect of your context that must be changed. It will be changed only by changing energy, the individual energies of people.

Those of you living on Earth must come to recognize that you are the ones creating this context. Yes, by your beliefs you have enslaved yourselves within it. Those of you alive at this moment inherited it. The dark energy and its agents cleverly worked on it for thousands of years to bring it to a place where it is today.

It is reinforced at every turn. Your history is a lie as it supports the reality of the context. Your television drums in the conventional context. Your books, your newspapers, your schools, your corporations, and your sources of food and housing all contribute to the conventional. You must learn to look beyond this conventional context, to see it as you go about your daily lives.

This may seem like a daunting task, and it is. If you are awake, you have experienced how hard it is to live in a situation where you are constantly assailed by the conventional. It is a constant struggle to remind yourself that it is not the truth, that those who are supporting it are unconsciously telling lies. This is particularly difficult when you are not certain as to what to believe or not believe. It is much more than “living in the world but not of it,” as Jesus said. It is recognizing that you are surrounded by a contrived context of your own making.

In America today, those who have been marginalized by the dominant white society have a greater chance of seeing the conventional context for what it is than the average white person. They have had the advantage of seeing it from outside. They have not been allowed to participate in the system, so they recognize it for what it is. I am speaking here of American Indians, African Americans, and other minorities. Also those of other countries are more likely to recognize the American system for what it is. Yes, the American system promises material abundance, but at what price? The American system requires one to put aside one’s most deeply held beliefs about the basic goodness of all people and to see others as them versus us, to compete with them rather than cooperate. It is in this compromising of basic beliefs that the degrading into slavery happens.

So what is the solution? Individual energies support the dominant paradigm. The combined energies of millions of Americans support this context. Those who have little material wealth, support it in the hope they might acquire greater material wealth. Those who have material wealth support it in order to keep what they have. The larger picture is largely ignored.

So a reorientation of individual energies is what is required. This can only be done one at a time. First there must be some sort of disillusionment with that which is. After that begins a process: Seeking for something better. Defining what is better. Intending to create what is better. A free-will decision to cling to what is better. Then determine to pursue the new at whatever cost, including the fact that your neighbor or family member is opposed to your new way of seeing and behaving.

When this happens, the simple act of casting a vote can be turned into real change. When enough people make individual decisions for change, it reorganizes the energy of a planet. Normally this is a gradual process; however, these are not normal times. The convergence of so many factors makes this an extraordinary time. We, who are here to assist, plan to speed up this process by making ourselves known.

That will happen in the near future. It will shatter the conventional context for most people. After that it will be up to everyone to reconstruct a new way of seeing and believing.

This is where you, and others like you who understand, come in. Continue to give insights into a beautiful and loving new civilization. We are hopeful that enough people will wake up to this possibility to create real energetic change. When this happens a shift will take place. Throwing off the current context and adopting a new one is likely to engender fear of the unknown in many people. Help them to trust in a beautiful and loving way of being.

The stage is set; the players are assembled. All is in readiness for the great event. We will appear soon. Help to prepare the attitude of the other actors to openness and acceptance of our good will.

I am Justine from the planet Supsten of the star system Altair. I give all of you our blessings.

## **Adrial**

4-24-09 I am Adrial, whom you would call a celestial in that I have never had a physical body, and I do not reside on any particular planet of the universe. My function is as we are doing today, answering questions posed by sentient beings. I am quite happy with this task.

You asked if I am part of an Oversoul. No, Oversouls are related to physical beings like you, not to pure spirits such as me. Celestials are direct creations of God. You do not now recall, Mark, however I have communicated with you many times during your numerous prior lives.

All in this universe is One with God, so I am just as much a part of God as are you, no more or no less. This is a realization that you must come to, in order to discover how important you, and every other human being of this planet is. You are remarkable creatures — your physical bodies, through many years of evolution, and your souls, through many experiences, are One with God. They were brought together here for you to experience this lifetime. Be grateful that you are here at this moment of Earth's great transition.

You have asked what is imagination. Universe mind is a vast ocean of knowledge. It is the accumulation from billions of lives on trillions of planets. It is a vast storehouse of ideas and thought forms. Almost every conceivable thought form, every conceivable idea, resides somewhere in this vast storehouse.

The universe mind is shared among all sentient beings. On your planet, this is confined to the humans who walk the planet's surface and those who live within it. While the animals, fish, birds, and insects are clever, they are not capable of creating. The great whales and dolphins, sentient beings, are dedicated to the single-minded task of upholding your planet's energy.

When an individual human such as you wishes to create something, the universe mind presents thought forms that you may access. You think you have a new idea; in reality it most likely is a thought form that floated into your consciousness from the universe mind. Your individual mind then adapts it to your particular circumstances. With trillions of thought forms in the great ocean of the universe mind, you may tap into almost limitless variations of solutions. Your mind sorts through them as needed, then adapts them to your particular situation.

The universe mind is not a passive function, it is capable of sorting through the many thought forms that reside within it, and offer to you a selection that might be appropriate for your situation. Thus a solution that was rendered practical on a planet

covered in ice will not be offered to someone who is in the middle of a desert or a jungle.

Keep in mind that the universe mind has been functioning for many billions of years; it has accumulated a vast number of individual thought forms from all the sentient beings who have ever lived throughout the universe. Each of these thought forms, appropriate or not to your particular situation, is constantly circulating. Without judgment, the universe mind constantly presents to your mind different ideas. Some of these are based on love; some are based in fear, some are uplifting, and some are degrading. It is up to you to choose which thought forms enter your consciousness.

If you wish an erotic experience, thought forms are presented from which you may choose. If you wish a gentle, loving idea, thought forms come to you from which you may tailor one to your particular situation. If you wish a particular depravity; it too is available. If you want a scene of great beauty, call upon the universe mind, it has probably already been experienced, and a thought form created. In addition to your own memories, you draw upon the thought forms from the prior experiences of your many sisters and brothers throughout the universe.

The artist, the musician, and the inventor, all are able to tap into this vast ocean of thought forms. Each is able to withdraw a thought form and make it into his or her unique creation. Again, it is tailored by the individual human mind to be appropriate for a particular situation, a particular desire. As each creation takes place, it creates new thought forms to be shared with others in the universe.

Mark, you used your imagination when writing your books. You set out to communicate certain ideas; thought forms were presented to you as ways to tell the story. You selected and then adapted these thought forms to your needs. In doing so you created new thought forms that may be used by others. In your particular case, by writing these books you also anchored certain truths in this dimension. So, you see, the creative process is a beautiful collaborative effort that utilizes and supports the Oneness of all.

On your world, because of the legacy of dark energy, there are many fearful thought forms circulating among you. These can spark anyone to think about something fearful. It is this process that leads to confusion, to hysteria, and allows you to be controlled by the dark energy and its agents.

Thought forms that trigger some apparently impossible or unrealistic situation may play havoc with your mind. You must learn to control these, or they will lead you down paths not for your highest good. Books that present fantastical plots arouse the reader to believe such things are possible on your world, in your life. While it is true that anything is possible, you would do well to decide what is appropriate for your highest good and pursue those lines, not indulge in unattainable flights of fantasy.

During these days of the transition, it most important to stay focused on your highest good. Select the thought forms that lead you in that direction. Find ways to increase your love for all others, and most importantly love yourself.

2-27-10 You will look back on 2010 as a year of great change. Do not believe the media reports that everything is returning to normal, that the economy is recovering, or that people are satisfied with their conditions. Beneath the surface much turmoil exists. We who observe you from starcraft in orbit about your planet see this underlying shift and see the panic of the controllers as they scramble to retain their ill-gotten power and wealth.

Stay the course as we have described it to you. Prepare for the collapse of your man-made institutions. Observe the changes in your planet's weather. Note volcanic and earthquake activity. Stay alert to the energies coming at you from beyond your planet. Much is

happening; much is at stake in your individual responses to these changes.

Those of you who appreciate what is happening will soon be called upon to explain to many others what is occurring. Be prepared to provide this service. You who understand are to be the bulwark to help the many to understand that we come in peace, that we are here to assist the positive transformation of your planet.

Much has been communicated in our previous messages; review them. Much is available from other sources. We are patiently waiting for the moment when we can meet with you as brother and sister, as fellow beings of this universe, and as allies in Oneness.

Enjoy this time of waiting, for you will look back on it as a moment of relative peace and calm. Enjoy your fellow men and women. Enjoy Earth in all her beauty, even as she struggles to cope with the presence of your fear-based civilization. Enjoy what you can of your current lives, for much is about to change. Enjoy and stay the course.

The axis of the Earth is gradually being corrected to vertical. You may not feel it yet in your lives, but some evidence is forthcoming. Scientists are measuring this, but attributing it to Earth's "wobble." It is not wobble; it is your space sisters and brothers exerting force to return the axis to vertical.

Yes, your planet is hollow; almost all planets are not solid masses. There is more life within than on the surface of most planets. This is true of Earth also. You have fellow beings within the hollow of your planet. They are of a type that can live deep within the hotter core. They have a civilization that is much advanced from that which dwells on the surface.

Oneness with all in creation is what is asked of each aspect of creation. Oneness means seeing all others of your species as equal, not different. Oneness means seeing the consciousness in animals, plants, and rocks, seeing them as creations of God. Oneness means appreciating all in the universe as your brothers and sisters, as part of a vast creation, as part of the grand drama.

Part of the transition in which you find yourselves is the deterioration and collapse of all that was created in fear, all that was used to control you, and all that was for the benefit of the few. This will be followed by a period of rebuilding from the level playing field of love and Oneness. The collapse will take but a few more months; the rebuilding will be a prolonged effort taking many years. You may think of the collapse as the end of the 3rd dimension; the rebuilding will take place in lighter densities. There will be no instantaneous transformation from one to the other. Although this could happen, if all on your planet were to so desire; however, there are far too many who cling to their current lives. We will have more to say about this in future communications.

When the moon is removed from Earth's orbit, women's menstrual cycle will no longer be regulated by it, but will return to what it was before the moon was placed in orbit.

There is no planet X that will approach Earth at this time, nor will a period of total darkness envelop the planet. All shifts of the planet will take place gradually as they are within the control of your space brothers and sisters. That will occur during 2012, but more important is the devolvment of your artificial structures and the shift from fear to love as a basis for your new civilization. To the extent that all people of your planet focus their attitude on love and turn from fear, the shift to a love-based civilization will be accomplished with a minimum of dislocations. As long as a majority cling to fear, the transformation will be more difficult.

You who read and understand these words have an opportunity to assist the transformation, a responsibility if you will. If you are reading these words, hold an attitude of expectation of the joy that will accompany the transformation. See the energies changing,



feel the changes in your bodies, and hold fast to the knowledge that all can and will be beautiful, joyous, and loving after the time of transition. Hold fast to the Light of the Creator. Do not despair as events swirl about you. Stay the course that we have outlined for you. We are here to assist. Together we will create a new civilization on Earth.

4-29-09 You will recall that in earlier messages Bren-Ton described the many beliefs and structures within which the humans of this planet are held. These structures and beliefs have been in place for many thousands of years. Yes, they have changed coloration and shape, but the basic pyramid form of the structures is the same with the elites at the top and the vast majority of people at the bottom. Similarly beliefs have retained their frameworks with elites at the top and the believers at the bottom. These structures and beliefs are so ingrained in the cultures of the peoples of Earth that they are passed from one generation to the next largely unchanged.

So, I ask you, how could these thousands of years of conditioning be changed in the wink of an eye? How could people come to change their outlook on life to see things in a different way? How could they change from a fear-based structure and belief paradigm, to a love-based paradigm?

There are two ways in which change may take place: First and most traditionally, it would take place over an extended period of time. People would come to see that their traditional ways were no longer working, then they would gradually establish new behaviors.

The second way is with some sort of a disruption of the normal, some calamity, some sickness of the whole, or some tragedy. Liken it to a body that has taken ill, so ill that there may be a temporary lapse into delirium, unconsciousness, or death. Most who return from a near-death experience have a completely new way of seeing things; many are changed by severe illnesses.

From an energetic point of view the latter is what is happening to Earth and her people. Earth became quite ill with all the fear generated by the human and non-human guests dwelling on her surface. She became so ill that she called out for help. Many of your brothers and sisters from distant star systems answered that call. They came and provided the life sustaining energies that Earth required. In the process they also gave humans life-altering energies.

So the normal transformation that might have taken a few thousand years is now being accelerated. This has not been tried before in this galaxy. However the intensity of the dark energy was such that Earth and her inhabitants would have died, had this assistance not been rendered.

Now back to your question that prompted this long explanation, “How long will the transformation of Earth and her people take?” As you know the transformation is already underway. It has been underway ever since the starships of the fleet arrived to provide the life giving energy.

The best analogy that I can give is to look at your own life, Mark. You have moved from a fear-based individual to love-based. Look at the heartache and turmoil that you experienced. You went through divorces. You went through job losses. You acquired and lost relationships. You suffered the loss of most of your money. And most recently, you had a serious illness.

The net result of this is that you became a new man. The result of the heartache, losses, pain and suffering, is that you are now, for the most part, a love-based individual. You are dedicating all your time and money to doing what we are now doing — spreading the word about the transformation. I would call what you have undergone personal



transformation. You may be coming from a place of love, but all your actions may not yet reflect that. This is a carry over from past behaviors. You will align more completely as you release to the Light. You are an analogy for the transformation that is occurring on this planet.

How much chaos Earth's residents will experience will be determined by what it will take for all of the structures and belief systems to fail, and new ones to emerge. How long that process will take can only be determined by the people involved. Look around you, how many of your neighbors are ready to give up what they have for a new way of living based on love? Not many.

The transformation of Earth and her peoples will take place over the timeframe of a few years, rather than thousands. This will be accomplished with trauma like sickness or various experiences as you, Mark, have undergone.

People need to think about these changes in terms of a sick body that has an illness. Will it require a near death experience to transform them, or will the sickness be sufficient? Many times the body is sick for a long time because the individual is fighting with his or her energies. This battle continues until peace is achieved, or the individual dies. How many will embrace the Light remains to be seen. Another part of the analogy is surrendering to a higher way of living.

All of this is based on individual choices. You, Mark, and others who are aware, are to serve as examples to the many. Stand tall; do not be afraid to speak your truth. Do all in the name of ONENESS with the universe, ONENESS with God.

## **Rosio**

2-12-09 My name is Rosio. I am the angel, or celestial, who assisted Mark's body to cleanse, and reconstruct in order to accommodate higher frequencies. I know this was an unpleasant process, but it was necessary to remove an accumulation of dense energies that had built up over the past decades, some of them dating from childhood. It was also necessary to provide as clean a vessel as possible for the introduction of new frequencies that would heal scars, and replace old fear patterns. All was done according to a formula developed over many previous involvements with humans on this planet and others. I am a specialist; this is my job.

I now wish to draw an analogy between what took place with Mark, and that which I see will take place with the humans of Earth. The cells of Mark's body form a symbiotic relationship with each other to fulfill bodily functions. Each is important, none unimportant. Each has a role to play. No one cell is more important than any other.

So, in the near future, my friends and colleagues among the celestials, plus physical beings from other star systems, will perform for Earth and her people the same type of cleanse and replenishment operation as was done on Mark's body. Mark's temperature was raised to kill certain unwanted intruders — the temperature of the planet will rise. Mark's intestinal system purged itself — the planet will be cleansed of many unwanted conscious life forms who are impeding its ascension to a lighter body. Mark's mind and stability were sorely tested as this procedure was ongoing — the collective mind of Earth humans and their stability will be challenged. Mark experienced fear during this process — most will experience fear during Earth's transition.

Mark drank water in copious amounts to flush away the residue of cells that were no longer required. Earth will experience extreme weather to flush out unwanted aspects

### *Transformation*

on her surface. Mark was unable to sleep for several days as his heart beat rapidly. Mark hallucinated — there will be wild visions and heightened energies surrounding Earth's transition. All will be affected; none will fail to notice that a huge change is taking place. Some will accommodate to it; others will reject it.

Mark does not realize it as yet, but there are permanent changes that resulted from his sickness. He will find new ways of behaving and relating. He will have a knowingness about certain things that comes from a close connection to those of us in the celestial realm. He will see this as insight; it is a knowingness of the truth of certain things. To sum it up, Mark will have a new way of being.

## **Part III**

# **Transition to New Earth**

# 14

**The messages in this chapter were received from Adrial. They focus on the Transformation of Earth and Her Humans, and provide Adrial's views on the following:**

- **Earth Changes**
- **Monetary System and Government**
- **Structures and Beliefs**
- **Spiritual Perspective**
- **Energies of Transformation**
- **Chaos**
- **Metamorphosis**
- **New Earth**
- **Possible Responses**
- **Decisions**

7-21-10 Greetings to all. Some of this may seem like a repetition of things already discussed, but I believe they lay a necessary foundation. There are several facets to the transformation that affect Earth's human guests. First of all, Earth is transforming herself to a planet of higher frequency. She is asserting herself against the fear-based energies that are being generated by her human and non-human occupants. Her alternative was annihilation of the planet and all upon her.

The process of Earth's transformation to a planet of Light began about 70 years ago when she cried out for assistance. Many beings around the Universe responded. They came aboard their gigantic ships to transmit Light to assist Earth in raising her frequency. This process has been successful; Earth is now well on her way to becoming a brilliant planet with a pristine ecology. Her frequency is rising at an increasing rate. She has a few more steps to complete; these will take place in these the final moments of her transformation.

Earth now is cleansing herself of the damage inflicted on her by her human guests. Think of Earth as a patient who has been grievously wounded. The wounds must be tended to so that she may successfully heal herself. That is the process she is now undergoing. This will entail extreme weather, earth shifts, volcanoes, earthquakes, and tsunamis. Like the cauterizing of a wound, some of this cleansing will be painful to those involved. No area of the planet will be unaffected; all humans will feel some effects. Areas where violence and fear are endemic, or where chemicals and munitions are manufactured, will experience the most extensive cleansing.

Part of this process is so that Earth may attain a more pleasant and salubrious

climate worldwide. She is warming from her core as the result of radiation directed to her from the sun, which, in turn, is being impacted by energies from the galaxy. Earth's glaciers are melting as a result of this new warmth. Her seas are rising with water contributed by the melting. Her tectonic plates are adjusting as part of this process. She is returning to a pristine planet of beauty — she once had such beauty, you know, before the dark energy plunged her into darkness.

Another aspect of attaining a more pleasant and salubrious climate is the correction of Earth's tilt. The dark energy moved her from a vertical axis to the tilt that produced seasons. This is being corrected as a part of creating a more pleasant climate worldwide. Another aspect of Earth's transformation will be the removal of the artificial satellite that you call the moon. The dark energy placed it here many, many years ago as an observatory, and as a control mechanism. Your space brothers and sisters will remove it.

So what do these things mean to the human inhabitants of Earth? If Earth is raising her frequency, then Earth's human inhabitants will be required to raise theirs also. All animals, plants, and rocks are welcoming the beneficial frequencies directed to Earth from the galaxy, the sun, and from your space brothers and sisters. These beneficial energies are directed to helping humans ascend along with the planet. Many people are experiencing disorientation, headaches, and sleepiness. Those that fear these beneficial frequencies and resist them will make themselves sick. Those who welcome the frequencies will find themselves living in a more relaxed state, free from fear and anxiety. This is what you call the 4th dimension.

Many, many years ago, the dark energy removed part of the DNA of the human residents of Earth. The new energies are now restoring this lost DNA. Humans of Earth now have the opportunity to function at a level of consciousness unknown until recently. This higher level of consciousness is available to all on the planet — if they accept it. If they resist it, if they fight to remain in their conventional lives, whatever those may be, the frequencies cannot perform their intended uplifting. Humans who resist the call to raise their consciousness will not attain sufficient frequency to ascend with the planet. Those who choose to resist will be allowed to continue in 3rd density lifetimes on other 3rd dimension worlds until they choose to ascend along the path of soul growth.

7-24-10 Greetings. Let us now speak about the monetary systems of all countries of your planet, and how they are designed to underpin those in power, even as they appear to support the activities of ordinary citizens. The introduction of debt is a way for the government to create more money than the wealth of an individual country can generate. Fiat currencies are an illusion that people support with their trading in goods and services, but it is not real; it is an illusion that will sooner or later crumble, bringing down with it the governments of countries.

That you have interlocking countries that trade with each other recognizing each other's fiat currencies is a further pyramid of illusion. Today other countries carry the fiat currency of the United States as treasury reserves; this is the pinnacle of a debt-based monetary system. It is a grand illusion perpetuated on the people of this planet by their governments.

Those within the high ranks of the government and managers of the monetary system recognize the house of cards they have built. The central bank of each country, the EU, the IMF, and the IBS, all participate in this debt based scheme to expand trade and commerce beyond the limits otherwise imposed by natural forces. Currently they are straining to maintain an illusion of stability.



This grand scheme is about to be broken. Countries have inflated their currencies by issuing excessive debt. Fiat currencies are all being inflated in the name of sustained growth despite contrary factors, for it is only under the illusion of continued expansion that a government can continue in power. Ordinary people foolishly expect their government to care for them. Governments care for people within their higher ranks. They, in turn, care for little else than staying in power.

How has this scheme of things become the situation on your world? It has happened because agents of the dark energy are at the very top of your governments and monetary systems. These non-humans work behind the scenes to insure their own power and wealth. They cleverly ensnare willing humans (remember everyone has free choice) to assist them, to partake in their power structure, in their extraordinary wealth.

How does a willing human align with non-humans? Any human who allows greed and the lust for power to rule his or her life makes a silent contract with the agents of the dark energy. You have had movies about people selling their souls to the devil to allow them to achieve more than they would without such an arrangement. The truth is very much like this. Ordinary people who aspire to the top ranks of wealth and power cast aside the yearning of their soul to love their fellow man, cast it aside to join the ranks of the powerful and wealthy. Once they start down this road, they telegraph their willingness to do whatever is required to achieve their ends. They will climb over others on their way to the top of governments, the financial world, or corporations. They will do anything, including murder, to achieve their ends. And the non-humans in charge welcome them to the ranks of the powerful, knowing full well that they are now captive to the system. Thus is born support for the organization known to you as the Illuminati.

As for the transformation, all of these manmade structures will disintegrate. The transformation of Earth's human race requires that all such structures fall by the wayside. These manmade structures and systems — monetary, corporate, and government — are in the process of failing. The U.S. dollar has been eroding in value for many years, as it has been inflated with massive amounts of unsecured debt. The monetary scheme and the government it underpins will soon fail. With its failure will come a worldwide collapse of other monetary structures. The transformation of your planet demands that all such monetary systems and their associated structures disappear. When this happens, most commerce and its underlying systems will cease.

Beyond the failure of the monetary system and governments will arise simple structures build around the needs of ordinary people to trade with each other, to live lives of mutual respect, and to provide the necessities. On other planets there exist monetary systems that are in the best interests of the people. With the help of your star brothers and sisters the transformation to this type of a monetary system will unfold. But first, the existing system must disappear; it will, and quite soon. The resulting chaos will cause many dislocations. The recovery from this part of Earth's transformation will be neither swift nor without hardships. All are advised to prepare for it.

7-27-10 Greetings to all on the surface of Earth: Beliefs rule the actions of most humans because you are unable to see the truth of things. You believe a certain diet is healthy so you eat certain things. You believe a certain way to exercise is good for your body so you practice it regularly. You believe that by conforming to certain standards of behavior that people will accept and like you, so you behave in certain prescribed ways. Beliefs precede actions. Beliefs rule the activities of most humans.

Many of your beliefs come from other people. Doctors tell you that you must do

certain things to cure an illness, so you follow their advice. Teachers tell children how to behave, so the children follow the rules. Churches tell their followers what to believe, so those that attend that church believe in a proscribed way. Corporations, through their advertising, convince you that you need a particular product, so you buy their product. A bank advertises superior service so you deposit your funds with them. You watch television to learn what others believe is going on in the world.

Beliefs do change. Parents convey judgments to their children; their children hold these beliefs until something comes along to change those beliefs. The media convey a story; days later the truth of the situation comes out. Governments publish statistics to show a particular trend; a month later a new statistic overrides the older one. Scientists discover a new virus; a new theory of disease is born.

Because you understand so little of your environment, your beliefs are what you have to go on in your daily lives. This is not a criticism; it is a statement of the situation in which the human race on Earth finds itself.

Those in power use beliefs to control others. Governments convince those they rule that they are operating in their best interests. This may or may not be true. Corporations convince customers that their products or services are the best; this may or may not be true. Religions convince their followers that they know the larger picture and that their followers should believe them. This is an exceptionally powerful way in which people are manipulated — for the benefit of a particular religion.

Most religions do not want their followers to believe that there is an armada of starships about this planet, and that aboard these ships are humans from other worlds. This will destroy the churches' grip over their followers, so they deny the possibility. Religious beliefs will be particularly difficult barriers for many people to overcome during the time of the transition. When the reality of the earth changes and monetary collapse hits them, they will seek out religion for answers. It is most unlikely that their religion will supply them with satisfactory answers.

Many people who have achieved a certain level of consciousness believe that they are in the right spot and in the right frame of mind so that the changes I spoke of in my earlier messages will not affect them. This is true only for the few who are truly able to maintain a higher frequency. To say that all is in "divine order" and believe that none of the projected difficulties will touch you is an illusion. Better to prepare yourselves for the difficulties, and then if they do not touch you, all well and good. If, however, you are not prepared for the changes associated with the transformation and they come despite your best efforts to deny them, you will find yourself in a most difficult situation.

Beliefs cut both ways. A strong belief in your own ability will carry you through the difficult times ahead. Such a strong belief will set an example for others. A belief that you will remain totally unscathed, and need not prepare, will not serve others well because in the event you collapse, their belief will disintegrate. If, on the other hand, you have prepared yourself physically, emotionally, mentally, and spiritually, then your belief will stand strong. You will weather the changes with a minimal amount of fear, and you will stand as a rock for others so that they might also weather the changes.

Examine your beliefs, really examine them. Are you in a state of denial because you believe it is too hard to be realistic? What can you change; what can you not? You are in charge of your experiences on the stage of life. Experiences are neither good nor bad; they are just experiences. Concentrate on having many wonderful experiences.

Collectively, humans can change Earth. It is after all your collective fear that has degraded her. I say collectively — that means the participation of a critical mass dedicated

to change. It is our opinion that you do not have that critical mass. Therefore we foresee that the changes associated with the transformation will impact you despite your beliefs to the contrary. Better to seek out those close to you, or move to a place of safety, then band together for your mutual benefit.

We foresee that there will be collections of people in safe places who share common beliefs about the transformation and what lies beyond it. We foresee that they will come to the assistance of each other in time of need, not degenerate into fear. On this basis we are prepared to assist these dedicated groups of individuals. We will not plunge into the chaos of the transformation and save people from what they have wrought. We will work with dedicated groups who care about each other and who are operating in the best interests of all. Seek out those of a like mind. Prepare for the changes. Support each other. We will come to assist, not save. Your beliefs will drive this process. Examine them carefully.

7-30-10 Greetings to each of you residing on the surface from those of us who observe you and wait. Each soul that is currently incarnated in human form on planet Earth is a member of a soul group. These soul groups have been together for a long time, experiencing many, many reincarnations. Among the souls within the group the roles may shift in each incarnation, so that one time it might be father-son, or mother-daughter. The next time it might be son-mother, father-daughter, brother-sister, cousin, friend, or distant relative. Over the past thousand incarnations all roles have been assumed, including dark and light, master and slave, gay and lesbian, perpetrator and victim, as well as angry and gentle. So it is today that most souls on this planet have experienced multiple lifetimes and are here for their final lifetime in this 3rd dimension. They are preparing to move forward, both as individuals and as members of their soul group.

The billions of souls present on Earth at this time are also here to be part of Earth's transformation. Everybody wants to be present as Earth and her inhabitants ascend to a "Lighter" frequency. It is an exciting time for all in the Universe, for all are watching Earth if they are not physically present on the surface or in orbit. Earth is moving from under the influence of the dark energy into full brilliance and taking with her as many of her human inhabitants as wish to go. The rest of the Universe is likewise experiencing an uplifting in energy, a transformation into an era of brilliance and enlightenment.

You as an individual soul must make a determination at this time. You must decide if you have had enough 3rd dimension experiences, enough of living in duality, enough of living surrounded by fear, and enough experiences of darkness. You must decide if you have acquired enough experiences that you are ready to move on, that you truly wish to live in a new way in the 4th dimension.

As one of the many celestials who serve this Universe, I am giving you a Universe perspective. We see quite a number of Earth humans ready to move forward. However, we see most on Earth remaining in their comfort zones whatever that may be. This is due to the lingering influence of the dark energy. This darkness has served to change Earth, the schoolhouse planet, from merely a 3rd dimension experience into one of extreme hardship immersed in the darkest of fear. As I have spoken of in earlier messages, you are surrounded by violence, greed, and judgment, you are constrained within structures, and you are manipulated by beliefs. It makes for a wonderful experience of the darkest of the dark; however, it is quite possible to have a 3rd dimension experience without the extreme darkness that is present on Earth. You have lived through it, have experienced what it has to teach. Now rise to the call of ascending to a higher way of living.

We see many souls who volunteered to come to Earth at this time stuck in the allure

of the 3rd dimension. The 3rd can be quite comforting for those who are well placed to partake of its wealth, comfortable living, and pleasures of the flesh such as a plethora of foods, entertainment, and companionship. Alcohol and drugs play a large part in convincing people that their lives are satisfying. Entertainment and the media play a role also. It is with great disappointment that I report that the vast majority of humans are unlikely to take advantage of this opportunity to ascend to higher frequencies; they will choose to remain in their comfort zones.

What about all the people who are not comfortable in this incarnation, those starving, those imprisoned, and those in poverty? My response is as follows: Many chose to be present on Earth at this moment to experience the great transformation, to experience living in very dense 3rd dimension. A soul born into a refugee camp wanted the experience of living in this denseness, perhaps as an initial incarnation. After Earth's ascension, there will be fewer opportunities to experience this darkness.

Some souls present on Earth previously incarnated at the time of Atlantis. They have volunteered to come back at this moment to help overcome the mistake that led to the demise of Atlantis: the choice of technology and rational driven action over the soul choice. They are here working to awaken the people of Earth to a similar situation.

From a spiritual perspective we see many who are choosing to assume the role of lightworkers. Some of them are walk-ins who full well know their mission. Some of them are from many other lifetimes and are now advanced enough in their journeys to awaken to the Light. In each case they are holding the torch high as an example of right living, and are spreading the truth about the larger picture. We salute those who are working to uplift this planet. Also among you are those who are recent arrivals from other star systems. They appear as humans of this planet, having shifted into human form. They too are working to the uplift Earth and her people.

The energies of transformation that are coming to Earth from the galaxy are uplifting all who wish to be uplifted. The energies coming to this star system are raising all the planets as well as the sun. All is in a process of transforming. It is a glorious moment to be present. Those who surround your planet as members of the vast armada are here to witness your transformation. We who are the celestials are in full cooperation with these energetic efforts to heal the planet and transform its inhabitants. Beyond your sphere there is a wondrous cooperation in and knowledge of the Oneness of all. We recognize that all are interconnected, that all are One with God.

Oneness with God is not necessarily a gentle experience. The rules of the Universe are quite specific. They are demanding of all who would live in harmony. You who are on Earth are only dimly aware of these laws, let alone follow them. Your lives have been corrupted by the influence of the dark energy who would have you live self-centered lives. It is in this self-centeredness that you serve the darkness.

Let me be very clear, when I speak of the spiritual point of view, I am NOT speaking from a religious point of view. I am not speaking about beliefs. I am speaking from Universe truth that is known to all who are operating in the higher densities, the higher energies. There is no belief involved. We know God, we are One with God. We are One with everybody and everything. Just as on your planet, each animal, each bird, each fish, each insect, each planet, and each rock is conscious. All in the Universe are conscious. Belief does not enter into it. Love and Light are the bedrock of all in a Universe of Oneness.

The most important thing for you to remember during this time of transformation is to discover who you really are: A soul having a physical experience. Worry not about death; you have experienced it before. Treasure your time in the material with its myriad



experiences for soul growth. Discover how to live in the present moment without attachments to the past or worries about the future. In quiet moments listen to the quiet voice of your soul as it guides you through whatever challenges are in the days ahead.

**8-1-10 Greetings.** Picture a place that is somewhat familiar, somewhat not, a place that is different in some respects, but not in others. You are now on the new Earth after her transformation. The transformation has been completed during several of Earth's orbits about the sun star. Time is not measured in months or seasons, as the moon is no longer in orbit about the Earth, and Earth is no longer tilted on her axis. Each day follows the prior in a tranquil procession of day and night.

Much seems the same in terms of what you call nature; some is much changed. Mountains and oceans are still present. The oceans define unfamiliar islands and continents. Some of the land has risen; some has dropped. In a few places there are beaches, in most places beaches are in the making as the water laps against newly exposed cliffs and shoreline.

On the land, streams and rivers carry water to lakes and the oceans. The air is clear, the skies blue with patchy clouds. Everywhere there is rich vegetation. There are no more deserts, for the land has been repaired to become once again verdant. Rain falls as needed to produce trees, bushes, and grass. Flowers are sprinkled about the landscape.

In the particular place where you are standing, you see that there are trees bearing fruit and nuts. You see bushes with berries and all manner of vegetables. Most of the vegetables and fruits are familiar. Most of the trees are in rows, stretching as far as you can see. Smaller plants are scattered throughout the rich natural vegetation of the orchard. In the distance you can see a tall mountain. You watch as rabbits and deer graze on grass, ignoring the planted varieties. Overhead the skies are filled with many types of birds. A wolf appears, but it chases neither rabbit nor deer.

It dawns on you that you are in a veritable paradise. You are alone, and quite comfortable being so. You wish for an apple, and turn to see an apple tree a few steps away. Your first bite of the fruit is wonderful, just the right mixture of crispness and flavor. You next think raspberries and turn to find a raspberry bush not far away. Like the apple, the berries' taste is just as you remember them. You have stepped into a place on the new Earth to which you can relate.

You hear voices and walk past a small wooden sign, "Appleton." A short distance away is a playground filled with laughing children. Adults sit in the shade observing the children at play. There are familiar toys such as a slide and swing set. The children are dressed in brightly colored clothes of a typical western style. You are visiting a place familiar to your specific background. If you were to visit a place on the new Earth similar to a different background it might be quite different.

You approach one of the adults. Recognizing you as a fellow human of the new Earth, she stands to receive your hug. After receiving directions, you wander off toward a nearby village. You pass houses with an open friendly style that speaks of the gentle nature of the climate. You feel neither hot nor cold. The sun is shining brightly, but its warmth seems gentler than you had remembered. The first house you pass has a wide porch. The two people on it are engaged in a conversation; they pause to wave as you pass.

A shadow causes you to glance upward; a sleek vehicle passes overhead. It makes little sound. You can see windows with people glancing out.

Walking further into the town on a grassy road, you come to the village square with a bakery, vegetable stands, laundry, and a clothing and general merchandise store. Each shop is brightly lighted within. You notice the absence of a bank, service station, church,



or government office. People pass on bicycles and there are small vehicles for individuals that resemble golf carts; they glide along quietly, above the surface of the ground.

You approach a group of people, men and women, seated around a table under a large tree. They invite you to join them. You take the only empty seat. It is as though they were waiting for you.

Let your imagination soar as the rest of this picture unfolds. Perhaps you will discuss the larger picture with the others, or you will talk about local happenings. I hope with this message that I have conveyed the sense of tranquility that pervades this snapshot of the new Earth. You are now in a lighter density.

8-3-10 My special greetings to all who will read this message: Between now and the end of 2012, the structures on Earth created by the dark energy and its human and non-human accomplices will collapse. These include governments, monetary systems, religions, educational systems, and health care systems. The oil and extractive industries, as well as major corporations, will crumble. Your public utilities, media, and internet will no longer function. This is all part of Earth's healing, for as with any patient, wounds must be cleaned before healing can commence.

Most of your current structures and beliefs are now being shown to be rotten at their cores. Financial systems benefit the wealthy. Governments benefit those in power. The legal system functions for those who are a part of it. The churches preach to squeeze contributions from believers. Oil conglomerates and corporations exist to enrich management and stockholders, not customers. Educational institutions train the next generation to be passive and compliant robots for other structures. Your media serves those in power. Your enslavement has been quite cleverly and thoroughly constructed. Short of becoming a hermit, you cannot escape the structures and beliefs imposed on you. All of this must undergo a metamorphosis in order for a new Earth and a new civilization to emerge. As these structures break down, there will be a time of chaos.

The Earth will be healed of the many wounds she has suffered at the hand of her human inhabitants. Her waters will be cleaned, as will as her land and air. This, however, cannot proceed until there is an end to the burning of fossil fuels, mining for minerals, and dumping of waste. 2012 is not the end; it marks the beginning of a new era: Earth's 4th dimension — a higher frequency, a lighter density for the planet and her inhabitants. As I have previously communicated, this new Earth will resemble the old in some ways, but not in others. Beyond 2012 lies a time of rebuilding a new civilization for Earth's humans. It will emerge from a metamorphosis of the old, like mushrooms emerging from decaying matter, like new grass emerging from rich soil.

After the chaos a time of gradual reconstruction will emerge. Measured from today, this period will take from 3 to 5 years. Little will happen instantly. Those who are preaching instant transformation are misleading otherwise conscious people. Each person has the ability to manage his or her experiences in this lifetime. This experience management takes place against the backdrop of the existing environment. All about you is a created reality, energy slowed into matter, but you did not perform that task; it was done long before you appeared on the scene. You are the actors and actresses on the stage of your circumstances. You as 3rd dimensional humans do not have the ability to create your circumstances — experience them yes, create them no. The problem with seeing your circumstances, your environment, as of your own creation and attempting to change your reality by imagining it differently is that this type of reasoning will lead you to withdrawing from the practical side of your current circumstances. Withdrawing is not the reason for

which you incarnated at this time and place. Experiencing life in this 3rd density, overcoming its restrictions, and moving into 4th dimension living is the reason for your incarnation.

The disintegration of the old is a necessary prelude to the emergence of the new. Yes, all is energy; your physical world is but a slow form of energy, but it still obeys the laws of the Universe: If one thing is to emerge, that which is currently in its place must disappear. This holds true for the current situation on your planet. The structures used to create your current civilization (corporations, monetary systems, healthcare, schools, governments, media, and religions) will disappear. Unfortunately there are few pieces of these current structures that can be salvaged to construct the new. It is only when people realize that the current paradigm does not serve them that there is a possibility to construct a new one. As long as people cling to their current ways, or refuse to admit how they impact their lives, there is little room for reconstruction.

This is not to dismiss the many new initiatives; some will ultimately bear fruit. The individual initiatives of ordinary people will ultimately emerge as the bedrock of the new. It will not be necessary for you to descend to the depths of a primitive society without modern conveniences like running water and toilets. Your new civilization will be constructed from bits and pieces of the old, minus the overarching structures and beliefs.

Nothing in the Universe moves quickly — deliberately yes, quickly no. You can see it in the creation of galaxies, and in the growth of plants and animals. Their creation is not done in an instant. It is only the impatience of humans that would construct instantaneous solutions to situations that have taken many years to develop. Yes, the higher dimensions are the path of ascension, but it is a path, not an instantaneous elevator ride.

The reason that change is taking so long, despite the desire of many for a better life, is that the situation is quite complex. First, there are some who like things the way they are. Second, there are many who would welcome change, but only on their terms, only by avoiding the rigors associated with the change. Third is the desire, on the part of those assisting this transition, to make it as painless as possible. Only a very tiny fraction of the whole of humanity is ready to move from the 3rd dimension to the 4th dimension, by taking the necessary steps to uplift their consciousness while at the same time paying attention to their bodies' needs and the needs of their environment. Many want to instantaneously ascend to the higher vibrations, yet they have done nothing more than wish for it. Wishing will not make it happen. Action makes things happen.

So it will take several revolutions about the sun star for Earth to return herself to a pristine state, and that will be with maximum assistance of your space brothers and sisters, and those of us from the celestial realm. Coupling all this with the dissolution of your structures and beliefs, and making the transformation as smooth as possible, will ensure a level playing field for the new Earth civilization. Then we shall see what Earth humans will do with that.

You will be assisted with electricity supplied by your space brothers and sisters. This will come first to the settlements of the Caretakers, second to the surrounding areas, and third to the larger population. Again it will not happen instantaneously in all areas. Again I say, yes, all is energy, but Earth controls all that is natural and she is dictating what will be on her new world. She plays an integral part in all creation on this planet, from newborn babies to tufts of grass. You as individual souls do not have the ability to instantly modify your physical surroundings. Yes, you can create your experiences, but that is only against the backdrop of a willing planet.

So the time beyond 2012 will be a time of rebuilding. It will not be easy, as so little

of the current structures and beliefs can be utilized. New structures will be put into place, in the context of Oneness and collaboration. New truths will emerge to replace old beliefs. Look about yourself today: how long does it take to change a belief? Years! How long does it take to construct a new institution? Years! Even with the benefit of living in the 4th dimension, it will still take several years for the fullness of the new Earth to emerge.

So a new civilization will slowly emerge after 2012. It will start in pockets that have been spared the worst of the chaos, due to their relatively benign attitudes and fearlessness. In these sacred pockets of community will emerge the new humans for the new Earth. Many are being led to these gathering places, knowing that they are to be part of something new. Slowly they will emerge into viable communities, sustainable communities based on barter and collaboration, but living in love at a high standard of development, not cave dwellers. Your space brothers and sisters will come to mentor these communities. They will bring with them technologies that will enable these communities to develop quite rapidly — rapidly, not instantaneously.

During the dismantling and reconstruction process there will be many opportunities for soul growth, for experiencing, for setting examples, for leadership, and for discovering who you really are. It is a wondrous time to be present on Earth, a time of massive change, but also a time of great promise. All who are now present on Earth are invited to take advantage of this extraordinary opportunity.

If you are digesting this message, then you are already functioning at a higher frequency. Recognize those situations in which you are without fear, without anger or anxiety, and when you are seeing all about you from a center of love. Find ways to remain in that state for longer and longer periods. In addition, discover the personal merkaba that will make your transition to the lighter densities much easier.

It is my wish that by spelling out the Earth transition it will cause you to prepare yourselves physically, emotionally, mentally, and spiritually. I look forward to interacting with you in the higher dimensions. I am Adrial; I wish you a wondrous journey through the transformation.

8-5-10 Greetings to all: This is my final message in this series. I trust you have benefitted from them. Most humans who see the information I have presented in these messages, if indeed they see the messages at all, or if they receive this information from another source, will not relate to their content in the slightest way. It is beyond their realm of consciousness. They do not see the larger picture, nor do they wish to explore the possibility of such. Unfortunately this is a majority of mankind at this moment.

The second group of humans will see the messages as fearful forecasts of what is to be. They do not wish to change from their comfortable lifestyles, so they will reject the messages as too radical, not based on science, not conforming to the current paradigm, or any number of other excuses. Fear will rule their response and they will reject the messages and the possibility of truth. This is a large percentage of the current human population of this planet.

The third group of individuals will see the messages, will understand them to some degree, and will interpret them in their own way. This is most acceptable, as none of you understands the larger picture in the same way. Each person sees a facet of the larger crystal and interprets it in his or her own way. Within this very smallest of the three groupings of Earth humans, there are several possibilities.

- The first reaction among this group of conscious people is that they are above the chaos associated with the dismantling of the current paradigm: “I do not relate to

what you are saying, because I will not allow it to touch my life. I fully expect to be at the right place, at the right time, and to be transported to a higher dimension at the moment of transformation. I expect the transformation of Earth to occur as time collapses. All will be of the Light; nothing will impact my attitude of love for all.”

- A second or alternate reaction is that, “I must prepare for the coming difficult times by creating a survival cocoon about me. I will store food and water, and will create a sanctuary off the grid. I intend to survive whatever will come. Why, because I do not wish to die.”
- The third reaction is one of preparing physically, emotionally, mentally, and spiritually for what is to come: “I am storing food and water. I will find a suitable shelter. I view the chaos about me as a loving observer without becoming enmeshed with it. Most importantly, I am reaching out to others of a like mind to create a community of like-minded people. When this transformation is over, we will come together to create a new civilization on this planet. I understand that Earth is not going away, although she will be much changed, as will I. She will be functioning at a higher frequency. I will join her there. I will become a Caretaker of the new Earth.”

So here are possible responses to the material I have presented in this series of messages. Where do you come down? What response do you choose? My blessing on each of you. May your journey be filled with soul-enriching experiences and many opportunities to express love.

# 15

The messages in this chapter are from Justine and Moraine. They focus on the Transformation of Earth and Her Humans, as follows:

- Caring for Ourselves
- Physical, Emotional, Mental, and Spiritual Balance
- Detachment
- Lessons from the Transformation of Supsten
- Remaining Steadfast
- Chaos
- Initial Steps to Creating a New Civilization
- Surprise at Timing of Changes
- We Are Your Brothers and Sisters

## Moraine

7-1-10 Greetings to all on Earth from your sisters and brothers from distant star systems. Today I wish to speak to you about caring for yourself during this time of the great transition. You have an obligation to care for your body, mind, emotions, and soul. You have been given this wondrous opportunity to be present on Earth during the moment of her ascension to higher frequencies. Are you taking maximum advantage of this growth opportunity? How are you caring for your soul? Do you have a solid spiritual practice? Does it infuse all other activities? Do you really understand who you are? Do you understand about God and the larger Universe? What do you understand about Oneness?

Each of you has an obligation to care for the human body within which you are housed. It is not possible to teach others about health unless you possess good health yourself. You cannot give love unless you love yourself. You cannot respect others unless you respect yourself. You will judge others until you no longer judge yourself. You cannot ask balance of others unless you are yourself balanced. You cannot teach others what you do not know. You cannot show others a right way to live unless you are living it yourself.

Be healthy in all ways. Find the foods that are best for your particular body and consume them; exclude those that are not suitable. Find exercise that is right for your body; practice it daily. Find the right location in which to live; live there. Do first for yourself so that you may then do for others.



You must walk the talk so that others will look at your example and follow. The highest calling for anyone inhabiting a human body is to live at his or her highest — whatever that means for each individual, in each circumstance. Live at your highest and let your Light shine for all others to see.

As a human your emotions are at the center of much of your activity. Do you let your emotions rule your life? Or do you listen to your heart as a true voice of what is best for you?

Emotional balance, while somewhat difficult to achieve in humans, is most important as you ascend to the higher frequencies. What is it that triggers an emotional response in you? Do you flare in anger when you perceive an injustice to yourself? Anger is particularly debilitating when it is consistently triggered in a human body, as it produces lasting physical effects.

Do you lust after what you may not have? Lust causes physical reactions within your body. I speak from having had the experience of living in a 3rd dimension body. I now exist in a body of higher frequency where anger and lust are rarely seen. At this higher frequency, we are so interconnected that any emotional flare-up will be immediately transmitted through our connected energies, causing disturbances in the whole of our collective.

In your current state you also transmit energies. You may not realize it, but each time your emotions are triggered in any way, those around you detect this, most likely in a subconscious way. If you have a particularly empathic person around you, they will consciously pick up on your emotions.

What is your emotional reaction to advertising and movies? Do you empathize with the pictures in advertising and want what is being shown? Do movies and fiction create a longing within you to jump into the scene? These are subtle ways in which the dark energy is manipulating your emotions. Beware of being trapped by visual images — either those before you or those created by your imagination. Neither serves you well if they are a distraction from achieving emotional balance.

Are you thrown off by the emotions of others? Create for yourself an envelope about your physical body. Outside that boundary are the events and the drama that are part of life in the physical. Inside this boundary is that over which you have control; you may try to control that which is outside it, but you will experience little success.

Those who would control others for whatever reason are violating not only the boundaries of others, but also their own boundary. The rich and powerful are guilty of this error against Oneness. Anyone who attempts to influence the behavior of another person is violating the first rule of Oneness: We are each sovereign over our own energy and should be allowed to direct our own behavior, make our own mistakes, and learn from our actions.

Are you consumed with desire for something that is just beyond your grasp? Is it something that just a little more money could buy? It is a relationship with a person that is not suited to you? Is it a food or drink that would not be healthy for your body? Get control over these little things, and you will gain control of your emotions, so that when a major disruption occurs you will be able to glide through the incident without being affected. Gain balance of your emotions, and your life in the body will be more uplifting. Gain balance over your emotions, and you will be setting yourself up for a much easier time during the difficult days of the transition.

Is fear of the future gripping you such that you are unable to function? What are the grounds for this fear? Are they rational? Sort out the difference between fear and being

prepared. The squirrel stores nuts to be prepared. Are you a squirrel, or are you afraid of what might be around the corner, and have not prepared yourself and your family? Examine your deep-seated motives to find the emotions that drive your actions.

In these the final days of your existence in this 3rd dimension, it is most important that you remain focused on what is most important, what is in the highest good for all concerned, and what is to your personal benefit. Focus is a mind function.

If you allow your mind to dwell on the fearful events surrounding you, you may become immersed in fear to the extent you are immobilized. If you allow your mind to wander to things that are of lesser importance, you will find it more difficult to do the right thing at the right moment. Your task at this time is to set an example for those about you. You have an understanding of events as they transpire. Help others to see the larger picture, to see from a Universe perspective, and to see from Oneness.

As to events that are beyond your personal energy field, remember that your major influence is within your energy field. Those people and events outside are but the drama surrounding you. See the larger picture unfolding on your planet as karma and results of cause and effect. See the larger picture as events orchestrated by the forces of the Universe. See events as Earth plays out her cleansing and reorientation to move to the higher frequencies. See all, but do not let your mind race to fear. You will be guided as to your specific role. During these times, remain open to the quiet voice within.

Your mind is capable of imagining many things. It is important to distinguish between fantasy and that which is possible. Experience is the best teacher. Equally important is to distinguish between messages that are coming from sources beyond your mind, and ruminations of your human mind. Go within; listen to your body's reaction to your conscious thoughts, and in quiet moments you will be able to determine what is real and what is not. Now is not the time for excessive fantasizing.

Pollution of your mind is a problem. It comes from the media and from those around you who spread fearful rumors. If you are steady within knowledge of the larger picture, you will allow events, misinformation, and fearful responses to bounce off you. Maintain that steady focus on the larger picture. You know why you agreed to incarnate on this planet at this time and place. Find that purpose and embrace it, however outrageous it may appear. Use your mind to direct your actions.

As the chaos of events, relationships, and personal challenges swirls about you, your spiritual connection is all-important. Remember that you are a soul having a bodily experience. Connect to God in whatever way you choose, but connect, and stay connected. See all from a spiritual perspective.

See your close relationships as possibly members of your soul group. See others who are playing a significant part in your life as necessary for your maturation. See the suffering that others may be enduring and allow them to choose their path; do not become entangled in their drama. Maintain a healthy invisible barrier between yourself and others.

As for your personal challenges, see that they are the outworking of many lifetimes, and the culmination of many past choices. But do not dwell on the past; live in the present, the now. All has been arranged for your personal growth at this moment. You are here in this time and place by your own choice made prior to your incarnation. See that your soul needs the challenges of this moment for its growth; flow with events and interactions.

God loves you very much and extends a hand to lift you to new heights. However, you must choose to accept the offer. You can stay mired in the 3rd dimension; there will be plenty of opportunities to continue to play in this density. Or you can choose to soar with Earth and beyond, but choose you must.

Stay connected to the spiritual so that you may indicate most clearly your decision. Remember your choice is made minute-by-minute, not in some final judgment. By your actions you are even now indicating if you will take the high road, or some detour.

Love those around you. Love all on this planet, even those who enslave you. See the Oneness of all with whom you share this experience, and know that you are loved.

Adopt an attitude of detachment from the chaos. Stand firm in your connection to God and the higher dimensions. Be One with all in the Universe.

This is the time you have been waiting for. This is the grand ascent of Earth. Rejoice for the days of fear and violence are ending. Rejoice because you are here to witness these glorious events.

## **Justine**

4-6-09 The first indications that things were finally changing on my planet, Supsten, were that the truths about many things began to emerge. At first it was a trickle about the misdeeds of those in power, those whom we had heretofore looked up to as superior to us. It turned out that we had misplaced our trust in them, and that they had taken the power and wealth we had allowed them to have and had misused it for their own pleasure, their own selfish ends.

As I said, at first it was but a trickle in the otherwise solid façade that those we had given power to were anything other than somehow superior to the common man and woman. Once the cracks in that armor opened up, there was a mighty torrent of information about the misdeeds of our leaders, both current and past.

We had media, not unlike yours on Earth, which broadcast information to us. It was only after the truth became apparent that we discovered that the media had been used as a weapon against us. It was a way in which the rich and powerful had misinformed us, had withheld the truth, and had outright lied to us about our situation. Our trust in the media was slow to erode as we had depended upon them to inform us of events.

So it was a dual collapse of our beliefs in the integrity of the media and our beliefs in the superiority of those in power. Many in my society became angry and attacked both the media and the powerful when they realized the extent of how they had been bled for so many years, how the money they had earned by their toil had gone to the pockets of the wealthy, and how government officials had supported this fleecing of the average person.

As we observe the situation here on Earth, we see that this first stage is just now commencing. Many people are seeing that the deeds of the wealthy and powerful are not, and have not been, in their best interests, despite what they have been told by the media. As yet there is no outrage. We expect that to begin as soon as the extent of the fleecing of ordinary people settles into the common consciousness. Quite frankly, we are surprised that it has not already occurred. I can only say that maybe things will be different on Earth as your beliefs and structures collapse.

My planet Supsten is not as rich in diverse cultures, or plant and animal life as is Earth. As I communicated before, we have only two human races, so the situation was somewhat simplified as we entered the time of transition. There are several landmasses on Supsten; each of these had their individual government. The peoples of the land masses had fought with each other in years past, but at the time of our transition, they were at peace with minor exceptions. It was fairly easy for us to see the activities of the wealthy and powerful as they accumulated all monies and power unto themselves. The situation on

Earth is somewhat clouded by your incessant wars and civil strife. The dark agents are using these conflicts as another means of clouding the truth from you as well as enriching themselves.

The largest truth to come out was the role of the agents of the dark energy and how they had penetrated every structure on the planet. And not just penetrated, but were behind the scenes in control of everything from government structures to religious structures, from beliefs in the rule and role of laws to beliefs about God. This penetration of our society by non-human outsiders masquerading as humans caused a tremendous outpouring of anger by many of my fellow humans. This was the spark that ignited our rebellion against the powerful and wealthy. This has yet to happen on your world, but we foresee it in the near future.

We currently anticipate that an event of disclosure will be forthcoming, wherein governments will reveal not only the existence of UFOs and ETs, but also their cover-up of that information. An admission of active participation by governments with ET projects will likely require more time.

4-11-09 The second stage of our transformation on Supsten occurred when my fellow humans began to react to the truth that was coming forth, the truth about the lies, misdeeds, and actions of the powerful and wealthy, and about the existence of the dark energy and its agents.

We had structures in which wealth could be concentrated in the hands of a few. We had structures in which power could be exercised by a few over the many. We had structures whereby truth had been withheld from the people.

When the truth of how the people had been deceived for so many years began to seep into the consciousness of the populace, there were demonstrations, sit-ins, and acts of non-compliance all around the planet. One of the things we see that is different on your planet, particularly in America, is media coverage; people do not know that their fellow men and women are upset. This is being done purposely to keep you asleep.

Now back to my story about Supsten. Some of our actions were met with force, some people were injured, and in some cases the force became deadly. This only served to reinforce the determination of the people to see drastic change within our governments and other institutions. After several weeks, most governments were no longer able to function.

My people went through a “dark night of the soul,” much as you, Mark, have done to arrive at the place where you are today. It was not a questioning of God; rather it was a questioning of traditional beliefs and structures. I would say to any of my brothers and sisters on Earth, “Do not shy away from confronting your dark side.” It was only after we confronted the unpleasant truth that we were the ones who had permitted the darkness and inequities to persist on our planet that we were able to move forward.

On Supsten, small groups of people banded together for their mutual survival. Those within these small bands helped each other in many ways, from supplying food to assisting with repairs to gardening. I look back on this second stage as the disintegration of all structures into a flat society with only these closely knit bands of people providing any form of organization. While some of these bands were rooted in fear, most eventually came to see love as the path.

Associated with this time was the failure of all services such as public utilities, law enforcement, fire protection, and garbage collection. It is not until one has to do without these that one appreciates the value of what one has. This second stage was not a pretty picture, and I am having trouble recalling some aspects of it. We foresee this stage occurring



for you within the near future. However, on Supsten we did not have the giant corporations you have on Earth, so our actions were targeted solely against our governments. Yours is a more complex situation: in many cases you do not know who is responsible for what, or where to find them, so doing away with existing structures will be more difficult. Stage I is the unfolding of the truth about your enslavement. Stage II is the reaction of people to that realization.

You are asking if this is necessary. My answer is yes. For many hundreds of thousands of years, you have been held in bondage. You, the slaves, have willingly submitted to the rule of the wealthy and powerful. It is not until you awaken and react to the beliefs and structures that bind you that any real change can occur. On Supsten many people clung to the old patterns, regardless of how undesirable they were, just because they were familiar. The wealthy and powerful on your planet have made provisions to hide from people's reactions, safe places where they can weather the storm. That was true on Supsten also.

I am relaying the dark days of turmoil on Supsten, when the populace finally reacted to the truth of the dark energy to help you understand. Yes, there was initially anger; that soon changed into a realization that new ways had to emerge. That is Stage III, but first there is the stage of utter despair, the knowing that all has been a lie and the collapse of beliefs and structures.

Yes, beliefs also. People finally began to see that the beliefs that had buoyed them were false and had led them into subservience. The most damaging were the religious beliefs that had separated them from God, and the leaders who had extracted tribute as they told them they were faulty. When these beliefs did not support us in our time of chaos, we finally discarded them.

My experience on Supsten was as a participant against the government and against my educational institution; you would probably see my institution as a college. I was a member of the teaching staff; my job was as a teacher of mathematics. When the truth came out, I was upset at the extent to which they had deceived me. At my college, we engaged in peaceful demonstrations, sit-ins, and acts of non-compliance. We refused to participate in violence. Our demands became so insistent that those in charge resigned.

Also I should say that on Supsten the experiences were not uniform. Some regions led these actions, while others trailed; some were violent, others were peaceful. The riots, demonstrations and sit-ins continued for several months, until the old no longer functioned. We gave little thought to reconstructing until all of the old ways — lies and misinformation, omissions and secrets — were gone.

7-15-09 In the coming months, it will be important to remain steadfast in what you know to be true. You will be buffeted by events, and by opinions about events. Some opinions will be deliberate falsehoods to lead you into fear. Know that we who care about you are here to assist.

Our transformation on Supsten was filled with wondrous events like no other we had ever experienced. At the same time it was most disconcerting to have that which was familiar disappear. It was also difficult to have our lifestyles pulled from beneath us. Our transition was not as extensive as what we foresee for you here on Earth.

We foresee that you will experience the destruction of institutions like your monetary system, to be replaced with something that will serve the needs of all rather than the few. We foresee that there will be earth shifts, plus extreme weather and rising ocean levels, as the planet is righted on her axis. All of these will occur over the next months, along with



the appearance of starcraft from around the galaxy.

Throughout all of these changes you will be buffeted by the concerns of others who do not understand, as do you. Many will be fearful because they did not listen as we gave them glimpses into their future. Many will cling to that which is familiar rather than risk change. You who know what is taking place must remain steadfast in the truth.

The agents of the dark energy are building for a last desperate maneuver. They desire to infect you and create war, for they wish to continue to control you. These things will blossom not as a beautiful flower, but rather as blight. The agents of the dark energy have carefully planned this as a last desperate attempt to control that which they already know they have lost. It was much this same way when we experienced the transition on Supsten, but your shift will be more severe as you have been more controlled by the dark than were we. We openly rebelled against control prior to any physical dislocations.

What you recently experienced in California, Mark, was a vivid reminder that the vast majority of people are glued to their current lifestyles. They are dependent on the import of foods into their cities. They are linked to their supplies of water and electricity. They are but cogs in a vast mechanism. What happens when that mechanism stops? Where will they find food, water, and energy? Yes, there are some who will survive. Yes, there are the few who will be plucked from the ruin of these cities and preserved, but the vast majority will continue to sleep. The vast majority will find themselves on another planet that they will call home.

So be steadfast as these events swirl about you. Find a place of tranquility where we can communicate with you. Remain steadfast in the knowledge that things will be attuned to the needs of all on the new Earth.

9-28-08 I, and others like me, are now present aboard starcraft in orbit about your planet. We have traveled here to be part of the grand disclosure to your people: there are indeed humans populating the Universe beyond Earth. We will make our appearance shortly.

I cannot tell you the date or time. It is like the massive invasion of Normandy that took place during your WWII. There was a date set, but several factors came into play: many ships were engaged, many individuals needed to be coordinated. Having said that, I hasten to assure you that your brothers and sisters from other star systems are not invaders. Rather, having been invited, we are coming by invitation to assist, and only assist.

First there will be the unmistakable appearance of ships from other planets and dimensions. This will be followed by events leading to the bifurcation. Those who choose will remain on Earth, as she transitions to a lighter density. All that is currently in place will remain for a time: the houses, the roads, the equipment, the land, and the seas will remain.

We have made provisions to smooth your transition to the lighter density, while you remain fully conscious of all that is happening around you. Those that remain will be charged with returning Earth to her pristine condition and creating a new civilization. Many on your planet are choosing to participate in this grand transition.

Those who fear to be a part of the lighter density of Earth will awaken on another planet believing they have always lived there. They will continue their lives in physical density, but one that is not controlled by the dark energy. As things now stand, the majority of her people will leave Earth.

Some families will be torn asunder because some will decide to stay while others

leave. Some houses will be occupied, some will not. There will be dislocations in the first days. That is why we have advised you to store water and food, and to secure shelter. We are taking steps to minimize the predicted earth changes. Be willing to accept some momentary dislocations; the greater good of all will emerge from this transition.

Those who understand will greet these changes with a positive attitude. They will show others that there is nothing to fear, that we come in peace and are here to assist. They will greet the ships that land.

This is coming more suddenly than many had anticipated. Preparations are speeding up because we wish to thwart any reaction by those who serve the dark. Everything is now in place for the mass appearance. Orders for your defense forces to stand down will be issued. This is more for their safety, and for that of people on the ground, than for us. We are impervious to your weapons.

Be comforted that communications like this are happening all over your planet. We are overwhelming those who would oppose our actions with a multitude of such communications. At this moment, they are collecting it all and analyzing it. They are not stopping anyone from communicating.

Everything that you now do, or have done for past years, is known to others. You have no need to be embarrassed by your actions or your thoughts; they are seen as the normal workings of a human mind, normal actions of a human living in your situation. You are doing exactly what you came here to do, what you agreed upon prior to your embodiment in physical form.

Mark, one of your great contributions was to change from the pleasures and workings of the 3rd dimension to that which you are now doing. This provides others a marvelous example so that they too might change. There are many who are wavering between embracing what appears to be crazy and sticking with their old ways. You assist them by your example.

As to 2012, things are accelerating. All will be accomplished by that date. Time is not fixed; time is subject to adjustment as circumstances warrant.

I am Justine of the planet Supsten of the Altairian star system. I leave you with my blessing.

12-23-08 Some of what you have transcribed, from the others and from me, refers to the difficult time ahead for mankind, as Earth and her human residents transition to a new way of being. Today, I would like to convey what it was like on my planet before, during, and after its transition. I hope to give a positive picture so that people will be enticed to remain on Earth to rebuild her civilization. I am conveying this information because so much of the story of my planet, Supsten, is similar to that of Earth.

I realize that you will have some difficulty visualizing what conditions were and are like on my planet, so it is perfectly acceptable to visualize it in terms familiar to residents of Earth. Suffice it to say, my home planet is similar to yours in most respects. After all, it is the home of humans very much like you, although if you were to visit Supsten you would immediately see some differences.

After the agents of the dark energy, who had controlled my planet for a long time, were tossed out, we examined various opportunities to restructure ourselves. (Once again I emphasize that our situation was not as extreme as the situation on this planet.) The first thing we did was to reorder agriculture so that it served the needs of those close to where food was being grown. Our remaining population was already clustered in places where there was adequate water and good soil, so this was a natural process. Tending to agriculture

quickly became a noble task, one that was sought by many, even those without experience. It took some seasons of experimenting, but eventually the techniques were stabilized, or I should say reestablished, for the basis of simple agriculture was known, and only had to be revived. The controllers had previously distorted the growing of food for their own ends.

I might add that we included raising farm animals as well as planting seeds. Farm animals were prized for their eggs and milk. Some animals were also used as food, but this was not their primary function. Raising animals only for consumption was not encouraged, as they required too many resources. Our main focus was on agriculture and what could be consumed immediately after harvesting. Fish had been farmed; this was continued in a humane way. Despite having our waters restored to pristine condition, initially we did not have energy or equipment to harvest our oceans for fish.

This brings us to the whole subject of energy. After the transition period, we were without many of our old sources of energy. Before the transition new energy sources had been introduced, despite attempts by the dark energy to suppress them, but they were not in widespread use. These new energy sources created electricity. It was then up to us to discover ways to utilize their electricity for transportation and other aspects of a modern civilization.

Our initial attempts were to adapt them to conventional vehicles and equipment. This provided a short-term solution for farm equipment and for transporting food locally. It also provided for heating of our homes. Our world did not have the extremes of temperature that yours experiences, so we did not have to cope with freezing cold. We in orbit are well aware of your plight as you cope with winter. We will do everything in our power to keep your electrical grid functioning, through the use of our energy crystals. We will not keep supplies of natural gas flowing.

Back to my message about my planet after the transition. Picture it as a newly created paradise where all manner of fruits, vegetables, nuts, and grains were grown. We also grew some herbs and spices. Salt was harvested and distributed among communities. So we had the basics of an agricultural based civilization.

I will not presuppose to project exactly how your civilization here on Earth will be recreated. That is why we encourage you to tell us how to you wish to proceed. Do you want an agricultural-based civilization or something else? We on Supsten are very happy having agriculture as the basis of our society. What will yours be?

One change, which you will develop as you are transitioning, is the ability to move on, despite external conditions. You have a saying that goes something like this, "Those who ignore the lessons of history are doomed to repeat them." I submit that a better saying would be, "Ignoring the lessons of history is the only way to move forward." What we found is that we humans of Supsten had the ability to totally set aside the old paradigm for a new one.

By setting aside all of our history, science, religion, power structures, and institutions, and starting anew, we were able to come up with what better met our needs. We listened to the wisdom of those who were not of our planet and learned from them what was possible, what they had achieved, how they had structured themselves, how they related to each other, how they related to our planet, and how they related to God.

The level playing field, which was created by the removal of the dark energy, left us with almost infinite possibilities. Once we shed our controllers, we discovered marvelous ways to do what was in our best interests. The best analogy that I can give you is that it is like adopting a new philosophy. If you will absorb a new philosophy completely, dismissing the old, you will see things differently. Now, if you extend this to all aspects of your life, to

your society, to your relationships, you wind up with a new civilization. This is what we are advocating for you of planet Earth. A new civilization that brings along with it none of the old ways as dictated by the agents of the dark energy, a new civilization based on love, not on fear.

Think about it, what would it mean to have an entire civilization based on love? First, you would love the planet, and all that it provides for you, honoring it in every instance. Rather than seeking to dominate Earth, you would cooperate with her to bring forth her bounty. Rather than seeking to dominate each other, you would see each other as valuable ingredients in your lives, ingredients with which you could experience new delights, some spicy, some sweet, some bitter, some sour, but all delightful in their uniqueness.

Love would mean thinking of others at the same moment that you think of yourself, including the welfare of and benefit to others in your every action. Then your structures would be based on the best for all concerned. They would no longer be constructed to control others. The Constitution of the United States was based on the concept that people were fundamentally flawed, that people needed to be restrained and controlled. We see that the basic nature of humans is to love and to want to be loved. Create a new constitution that has that as its basis. Completely dismiss the current structures of government that are based on a flawed need of some to be controlled by their betters, or the more powerful. Domination is NOT the basis for a love-based society. So you see that everything would be different. On my planet Supsten, we are now operating from this point of view. Those of us who remained on the planet after the chaos saw that this new approach was the only way to survive, the only way to build a new society.

As one who lived through our time of chaos, I can attest to the difficulty of functioning in the midst of everything falling apart. It was very stressful. It required all we could do to keep going, to pick up the pieces, to construct something of value. However, as I now look back upon those times, I value them greatly. I have a tremendous sense of pride. We created a new civilization on the ashes of the old. There is something quite glorious about that. I hope you will accomplish the same. If you do decide to stick around for the transition, you too will be rewarded with a tremendous sense of accomplishment.

After the withdrawal of the dark energy, many of our institutions collapsed, because those who had been in charge were no longer present. This was exacerbated by the loss of many of our people — those who had decided not to continue with the rebuilding of the planet. Amidst this chaos, we recognized that we had to find ways to get ourselves organized so that we could provide the basics for those that remained. Everyone, and I do mean everyone, was convinced that we needed to find new ways to organize. You might visualize for yourself the widespread dissatisfaction with the old ways that had led to so much chaos, and the desire for a new state of harmony. It did not take long amidst the chaos for people to wake up to the need for new ways of doing things.

So we looked around and determined that the only things we had any control of were those within our immediate area. That is how it began, organizing within local areas. In my case, I had been living in a city of about 250,000. One half the population was no more. So we were down to 125,000. Even this was most difficult to work with because of transportation and communication needs. So we broke things into neighborhoods, organizing each neighborhood around the needs of those within it. By that time we had recovered the basic necessities of life: food, water and shelter. We were able to communicate telepathically so that we could determine what each person, within the neighborhood, needed, what each person desired. We all attended frequent meetings to discuss new ways to organize. Some wanted to pattern it after the old; others argued for completely new ways. In the end, a new



way carried the day.

The new organization went way beyond any existing neighborhood organization that happened to be in place before. We set out to secure a safe source of water. We needed to provide for food growing and distribution. A catalogue of the talents available to us was composed. Those with particular skills were each noted. In this process we became a very tight knit community, looking out for the needs of each person within our group. We also set up regular contact with other communities that had formed within other neighborhoods. There was no competition, just a spirit of cooperation. Everyone was so devastated by the chaos that we simply wanted to live and to get along.

You asked for a description of our homes. All right here goes. Our structures are much like yours, except that we do not have such a grand supply of wood, so our structures are made of brick, stone, masonry, etc. They would resemble the structures in your Southwest that your indigenous peoples built. Mud or dirt mixed with water makes a fine building system. We have taken the art to a high level, with many nicely finished textures over the basic building structure. This was true for my entire planet as we had few forests. Not that they had been cut down, it is just that they never were, due to soil and climate. You of Earth are most fortunate to have your grand forests. You do not appreciate what a beautiful and bountiful planet upon which you live. I, Justine of Supsten of the star system Altair, wish you the very best during your time of transition, and stand ready to assist.

### **Justine, Moraine, and Bren-Ton**

3-5-10 Greetings, we are pleased to return once again with a message for you. We had expected one of three events to have happened by now: First the collapse of your monetary system under the weight of the extreme mismanagement of the wealth of your world by the few who are collecting it into their hands at the expense of everyone else. It is a system that will eventually crumble. Why it has not is a bit of a mystery to us who observe from afar. The tenacity of those who are controlling your wealth and how they continue to hold it is much greater than had been anticipated by those of us gathered about your planet, much greater than had been the case on other planets where Light has overcome darkness. At the same time it is not totally unexpected that it would be difficult, as Earth is the pivotal planet for this Universe.

The second event we had anticipated would happen during this interval were earth changes of some magnitude, things rivaling what has happened in Haiti and Chile, but more widespread, earth changes involving many more people. This too is a bit of a mystery, as they have not yet occurred. These smaller earthquakes have released some of Earth's pent-up energies so as to delay the earth changes we foresee. While this may appear to be favorable at first glance, it only serves to delay the inevitable. Earth is undergoing a transformation. She is ascending toward the 5th dimension. She is ridding herself of the fear-based oppression that has harnessed her for so many years. That this is being delayed will only cause it to manifest more extremely in the months ahead.

The third thing we had anticipated happening were events triggered by off-planet energies and our own involvement. We had thought that we would have been visible to you by this point — our presence widely known and acknowledged by your governments. However, it has been determined that it will be too dangerous to us and to you to undertake until other events take place. The forces directed by the fear based cabal who rule your planet are prepared to engage us in all-out conflict if we appear at this time. This we will



not do. We come in peace, not to impose our will on others, not to fight. All of this does not mean that we are abandoning you. We hope you can understand that events on a planet of your size and complexity are both intertwined and complicated. We are operating in the interests of all Earth humans. We can wait until the time is appropriate; after all, in our realm time is not the same as it is in yours.

So we would say to you this day, as Adrial said recently, stay the course. You who are of the Light continue with your efforts to raise the consciousness of this planet's peoples. Encourage efforts to create a better life amidst the dark energies of fear and deceit. We are confident that the transformation will take place. Light will triumph. We will now continue to communicate with you as events unfold, not waiting for the tipping point.

As events come to pass, it is most important that you view these happenings without involvement, perhaps a little sadness for what may be disappearing that you had come to find pleasant, but do not become involved in trying to save things. Adopt a posture of allowing things to flow, of allowing all to take place, of allowing each person to make his or her own decision. Observe all with an attitude of love as you watch the transformation of what is good about Earth and its peoples into something even more beautiful and wonderful.

The dissolution of the old will now proceed at a quicker pace. All that is based on fear will be gone within a short time. Had it begun seventy years ago when the great starships first came to this planet, it would be almost over by now; instead it has been delayed by the actions of the greedy few. Nonetheless the tipping point will be achieved; Earth will be returned to the beautiful planet she once was. All will be cleansed of fear to allow the building of a new civilization.

However, make no mistake, the process of removing fear as a basis for your current civilization and replacing it with love as the foundation for a new civilization is an arduous process. The rebuilding process will take many years. It is for that reason that we will establish the institute of which we have previously spoken. It will be dedicated to assisting with the rebuilding process that will take 50 to 100 earth years.

Nothing will happen instantly or without the opportunity to exercise your free will to greatest advantage. Nothing will happen instantly so that you might avoid the consequences of prior actions. Not all of those living on the planet today will agree to such a revolutionary path; most will choose to die rather than become Caretakers of the new Earth, Caretakers who will create a new civilization in Oneness with Earth, in Oneness with Earth's other inhabitants, and in Oneness with all in the Universe. As we say, the rebuilding will take many years, it will be a labor of love; it will be hard work.

Now that you understand this picture a bit more clearly, how many of you will join with us? We are your brothers and sisters from the stars; we come here in peace to assist you to rebuild the civilization of Earth. Will you remain on the planet? Will you join with us in the Light?

I am Bren-Ton. I am Justine. I am Moraine. We come to you in love and a desire for Oneness. Please communicate your wishes to us and to the others who wait to assist you in this grand adventure.

### **Justine and Moraine**

3-16-10 Greetings, our sisters and brothers. There is an incredible amount of energy directed toward Earth at this moment. It is the Light of love, and the Light of transformation.

This Light is coming from your brothers and sisters of star systems through this Universe. Never before in the history of the Universe have so many starships been assembled. Never before has there been this coordinated outpouring of love.

Those on the surface of the planet who are of the Light know of this massive in-pouring of energy. They are bathed in it each day; their lives are being transformed by it. They feel the quickening of time, the shifting of focus, and their withdrawal from things of the 3rd dimension.

The super wealthy elites of the planet may not understand the Light, but they are aware of it. They are fleeing from the changes they see, clinging to what they know and treasure, and burrowing underground. They too are preparing for the transition, hoping to ride out the storm.

Each day the Light shines more brightly. Each day it exposes more of the truth. Each day Earth embraces more of the Light. Each day the darkness that has gripped the planet for thousands of years fades a bit more.

Inch by inch the Light is overcoming the darkness. Each day, another inch or two is gained. Each day the darkness recedes a bit further. It is a tremendous undertaking, a battle of huge proportions. The Light will ultimately win; both the forces of the dark and the forces of the Light know this.

The forces of the dark are now resisting mightily. Their media would convince you that nothing is changing, but their stories are less convincing. Their religions preach dogma despite the Light and the truth of the larger picture. Multi-national corporations continue to churn out goods and services, for people are still buying what they produce. Governments continue to function, but not quite as well, for the Light is invading structures that operate from self-interest. Black operations pollute the skies and HAARP transmits its messages of discord. The off-planet agents of darkness engage in futile efforts to block the Light from their nefarious activities.

In the midst of this great battle the mass of people sleep. They do not sense the Light nor do they see the darkness. They merely sleep. Yet, inch-by-inch their lives are being transformed. At some time, very soon, each will awaken to the realization that there is a new Earth being born, and each will be given the chance to accompany her, or not.

This is the wondrous picture we see from the starship Athabantian. This is the moment for which we came to the vicinity of your planet. We are here to assist with the transformation of Earth and her people. We are your brothers and sisters, whether you realize it or not. We love you enough to journey from our home planets to be present at this moment of change.

Journey well, our brothers and sisters of Earth. We will be with you soon.

# 16

**The messages in this chapter are from Bren-Ton. They focus on Earth's Transformation, and include the following:**

- **Age-old Drama on Earth**
- **Truth Appearing**
- **Escalation of Light and Dark**
- **Structural Failures**
- **Times of Great Change**
- **Forgive and Forget**
- **Resolving with Love**
- **Positive Actions**
- **Attachments**
- **Change**
- **Trust Your Heart**
- **Level Playing Field**
- **Rejuvenating Earth**

5-14-09 It is my pleasure to share the following with you in the hope that more of you will awaken. Change is a constant in this Universe. The change that Earth is experiencing will move the planet from her current situation to where she was many years ago before the impact of civilization destroyed her land, water and air, before the fear generated by her humans diminished her brilliance.

Change is a constant. Those who flow with change have a much easier time in their lives than those who resist it. Often those who wish to maintain stability in their lives, fall into fear as a means of holding onto that which they have.

What is it that you are doing that keeps you attached to this 3rd dimension?

Are you clinging to money, or to possessions that you have amassed? Are you enjoying the pleasures of this 3rd dimensional existence such as food, wine, and sex that momentarily satiate your appetites? Or is it the drama of life in the 3rd dimension that appeals to you? Do you desire the give and take of competition with others to demonstrate your superiority, and their inferiority? Or is it the drama you find in a book or a dark movie? Or is it shopping for new clothes, or just the thrill of shopping?

Are you attached to your land? Attachment to your land is much different than appreciating Earth for her magnificence, honoring her beauty, and enjoying her wild flowers.

The land upon which you reside, the land you would like to call your own, is yours but for a fleeting moment. Honor the land of Earth, but do not seek to possess or conquer it.

Have you accumulated wealth and power as a means of isolating yourself from change, from the common people, from Earth, and from your enslavement? Are you addicted to alcohol or drugs as a way to shield yourself from reality and change? Change is a constant throughout the Universe. Even in death you will not avoid it.

Look to what it is that binds you to this dimension and cut those ties. In the coming days, all that is of this world will change. You must be able to flow with change, or you will remain stuck in this density. See all as fluid, not concrete. Flow with the changes. Seek only that which supports you in this.

Yes, change is upon you, flow with it. You are not just moving into the time of transition; you are already well within it. Your concept of time will continue to accelerate as you move forward, as things change, until that moment when all comes to fruition, when those remaining humans make their final choices known, and Earth and her Caretakers enter into the great change of slipping into the 4th dimension.

I am Bren-Ton of Andromeda; I have experienced both the 3rd and 4th dimensions during my existence, as will those of you who choose to remain on Earth. Choose to flow with change. Choose love and Light.

We understand that those of you who have been indulging in your attachments for many years find it hard to now release from these 3rd dimensional activities. However, you do have free choice; use it to raise your energy to a higher level in preparation for accompanying Earth to her brilliant pristine status. Now is your moment of choice.

So, I say to you, prepare for the most magnificent change that the humans of Earth have ever undergone. It will be upon you soon. Become like a great tree, firmly rooted in that which you know to be true, rooted in love, but flexible to the winds of change. If you are like a tree, you will sway, not break, in the moment of Earth's transition.

6-24-09 Greetings to everyone, I am most pleased to visit with you. Based on what we see as the current situation of your planet, demonstrations and acts of violence are likely to accompany the transformation of Earth and her people. There will also be many expressions of kindness, friendship, and love. During this time when people are realizing that their traditional lives are ending, you would be well advised to be prepared, not only physically but also mentally, emotionally and spiritually.

Examine your attachments and become solid with that which you know to be true. Ask yourself: to what of this 3rd dimension am I attached? Examine your daily life, your actions, your intentions, your fantasies, and your thoughts. Is it your next meal about which you think? Is it the next business meeting and what you will say? Is it how you will treat your child or loved one? Do you desire a new relationship with someone? Do you want to live in a particular house or neighborhood? Do you wish a vacation? Do you like your house arranged in a particular way? Do you desire a particular brand of toothpaste? Are you attached to a particular religion? Are you angry and fearful?

Are you comfortable with your life? Are you willing to give up this comfort for a larger purpose? Are you uncomfortable, but cling to your circumstances too fearful to change? Are you really willing to abandon your attachments? Where will you land during this time of choosing?

Let us assume for a moment that you are basically a good person, and not self-centered. You have loving relationships and a comfortable lifestyle. Then, you are directed to pick up and move to a more remote location, to avoid the impending chaos. This might entail leaving

a good job, might entail severing relationships, and will most certainly require that you leave behind some of your attachments. Are you willing to listen to your quiet voice and do as is suggested?

These are the moments of your transformation, along with the transformation of Earth. You are invited to accompany her in this adventure to a higher way of being. Which of your attachments will you leave behind? What will you bring with you?

What of your current life is worthwhile bringing into the new civilization of Earth? Do you have skills that will be of value in constructing a new civilization? Do you have a facility with relationships? Are you a leader? Do you know how to maintain appliances or electrical equipment? Do you understand electronics? Are you a great mother? Do you know how to grow lettuce in a hot climate? Do you understand what a new currency will look like? Do you know about the wild herbs in your area that can be used in healing? Do you have skills in helping people to see the energy of their bodies and how they can heal themselves? Are you a writer or a public speaker? Are you a cook who can make an excellent meal from a simple larder? Are you a teacher who can train the young? Are you a teacher who can teach the teachers? Are you wise with age and can contribute your decades of experience to practical aspects of daily living?

Each of you came here to assist with the Earth transition. All have been called to accompany her; few are listening. Are you one who can resonate with the larger picture of all and help others see the Oneness of creation? Can you assist your brothers and sisters to function in higher ways?

Everyone has a skill to offer. Everyone is here with a purpose. Everyone has attachments. Make a self-assessment: who are you? Why are you here at this moment in time, at this location on this planet? And then prepare yourself physically, mentally, emotionally, and spiritually for the adventure of transforming to a new civilization.

8-25-09 Greetings to all who read this and other messages at this site. I offer the following to you as one who comes from Andromeda and who, along with many others, has observed your planet for many, many years.

We find Earth in turmoil as the power struggles between different factions of the agents of the dark energy jockey for the spoils of their declining influence, as they attempt to preserve the wealth, status, and power they have stolen from the planet. They hold power in many places, but realize their time of deceit and domination is coming to an end.

We see that the United States is now the largest producer of arms on the planet, and is a major exporter. Much of the other manufacturing capacity of the U.S. has been transferred to less developed countries around the world to take advantage of their cheaper labor; in the process the United States has uplifted the economies of these other countries to compete with its own. This has resulted in a shift for ordinary people in the United States into lower paying jobs, such as retail, as this country continues to be the planet's largest consumer.

The money of the United States has become increasingly worthless. It was previously detached from any connection to precious metals so it now has value only as an expression of trust in the U.S. government. The recent flooding of markets with money and credit has further debased an already struggling currency. This will result in inflation as U.S. money becomes even less honored.

The people of the United States will have a particularly difficult time in the years ahead as they pay the price of these actions. At the same time, the U.S. political system has been corrupted by the influence of money. It is fair to say that most politicians in the U.S.



have been bought, in one way or the other, by the need to raise funds to attain elected office.

Recent actions by the U.S. government, and the governments of other countries, and their financial institutions to solve problems by infusing large amounts of money and credit have not solved their underlying problems. These remain and will cause further problems in the years ahead. The inordinate pay of those who head major companies and financial institutions is totally out of proportion to their contribution. We of other civilizations see money as a medium of exchange, not as a means of rewarding individuals for expected service.

Add to this the continuing pollution of Earth's atmosphere, land, and waters. Earth is warming, not as a result of pollution of the air, but as a result of her desire to return to her pristine state wherein global temperatures were more moderate everywhere. Earth's oceans have warmed several degrees in anticipation of this event. Melting of Earth's ice caps and glaciers will continue, along with rising sea levels. These will become extreme within the next few years, much faster than publicly predicted by scientists, and will cause extensive population dislocations along seacoasts.

The scientific community is keeping people in the dark. There is little discussion about the effects of solar flares, energies from outside the solar system, or global warming from within the Earth, let alone the shift of the poles. There is little public information about the devastating effects of food additives, and chemicals such as insecticides and herbicides. The latter are polluting not only Earth's ecosystem, but also the bodies of all humans on the planet. Coupled with the burning of hydrocarbons, they are causing many cancers.

These problems are not confined to the United States. Each country has its own set of challenges. You live in an extraordinary time. All of the factors I speak of are now accumulating into change for the planet and its peoples. We who observe from afar, as well as those of us among you who are working for a positive transition of the planet, foresee a period of great difficulty worldwide. Those who have become dependent on the production capability of others at great distances will suffer the most. Those who import food from great distance will likewise most feel the effects. Those who do not have an assured source of clean water will regret that they have not paid attention to this important detail. Those who do not have adequate shelter for the months ahead will find themselves "out in the cold."

ALL OF THE PROBLEMS TO WHICH I HAVE ALLUDED WILL BE RESOLVED, ONE WAY OR THE OTHER, IN THE COMING MONTHS. HOW LONG THIS WILL TAKE WE CANNOT PREDICT BECAUSE THERE ARE MANY CROSS CURRENTS OF ACTIVITY, AND MANY INDIVIDUAL FREE WILL DECISIONS BEING MADE.

Earth is returning to her former majesty; those who would be Caretakers are invited to accompany her. Those who cling to the current paradigms will not be included. To what within the current paradigm are you attached? Make preparations now for the changes that are coming.

Do not be fooled by the current positive signs in the U.S. and the economies of other countries. These are not sustainable, because the roots of the problems have not been addressed, because to do so would interrupt the activities of the agents of the dark energy. This upswing will falter because it is not built on a solid foundation, the foundation of Oneness with all Earth humans, Oneness with the planet, and Oneness with all in the Universe.

And so what are the practical implications for those of you on the surface of the planet?

I would say that first and foremost, do not get trapped in the rhetoric of the media. Little of the truth about the government, the economy, or other institutions is being revealed to you through the conventional media. In time you will come to know just how little of the truth you are being told.

Second, there is a Universe drama being played out, and you are at the center of it. That is why there are so many of your space brothers and sisters residing on the planet. What happens on Earth has important meaning for the entire Universe. That is why it will most assuredly become a success within the Light. There is so much attention focused on your sphere that it cannot help but ascend into the Light.

Third, there will be some dislocations as the final act of the drama takes place. We have told you that these events will happen. Earth will make certain corrections to herself. This will involve warming and changes in everything from weather to sea levels. Your institutions will disappear to be replaced with structures that serve all people of Earth, and the Universe. Many of the services to which you have become accustomed may disappear.

Fourth, new ways of knowing and acting will predominate; these will seem strange to you at first. Decisions will be made with the highest good of all involved. Those making decisions will take into account their impact on the larger Universe. Love and Oneness will prevail. Enlightened thinking and intentions will be the order of the day.

Fifth, you will interact with your space brothers and sisters. Yes, we will come to be with you. However, in order for this to happen, you will raise your frequency as we lower ours somewhat. Facilities to assist you to raise your frequency are being established in various locations around the globe. Teachers will assemble, students will appear. These institutes will enable you to interact with us from other star systems, other galaxies, and other universes, and assist you as you reside in lighter densities.

The moment of choosing is upon you. Awaken to the knowledge that you are at the center of the drama. Earth is returning to her former beauty. Who among you will lead the way in the glorious moments of the final act of this Universe drama?

You do not fully grasp, nor could you, the tremendous significance of the drama that is being played around you. Think bigger and realize that it is of cosmic proportions. Some has not been revealed so that all will focus on the immediate tasks, rather than the wonder of it all.

8-18-09 Thank you, Mark, it is my pleasure to return once again. The situation you describe has been so for much of mankind's history: Battles have been won, new beginnings celebrated, but the ultimate solution has evaded the best of intentions. Why? Because the forces of the dark remain so deeply entrenched that the loss of a single battle will not defeat them. It is only by shining the Creator's Light on it that the dark energy will ultimately be overcome.

The big question remains: Is change possible within the context of current human existence on planet Earth? After all, the situation on your planet has remained largely unchanged for thousands of years. The darkness has so overwhelmed ordinary humans that most do not understand how completely they are enslaved. Most simply feel that this is the way things are, and that this is the way things will continue.

It need not be so. Your brothers and sisters from other planets are showing you the way, showing you how your lives could be much improved. The Light of the Creator can infuse itself to the extent that the dark energy will be eliminated. This has been accomplished on other planets that were laboring in darkness; it can happen here also. It is happening here!

You are being bombarded with Light energy. It is coming from the craft of your brothers and sisters of distant star systems. It is also coming from other sources. It has overwhelmed the dark energy that has held Earth captive for thousands of years.

You can see it today in the truth that is emerging everywhere, the truth about the misdeeds of those to whom you have given your power, in the machinations of the very wealthy to whom you have given your money, and to the religions to which you have forfeited your souls. The Light is bringing all to the surface. It is causing those who are in fear to fight against the truth with fabricated lies, and outspoken defiance of change. At the same time it is causing people of the Light to intensify their efforts to bring love to all.

A final great battle, both bloodless and bloody, will soon be fought over the control of this planet. It will touch the lives of everyone; none are immune. The karma of a thousand lifetimes is being played out in these final moments. You are each being presented with the opportunity to decide. Are you going to awaken and choose, or continue to sleep? Are you going to choose the high road and bathe in the Light of truth? Are those who are now adhering to the darkness going to turn to the Light in these final moments? Are those who are attached to the 3rd dimension going to give up their attachments? You are headed not into the final battle, but into the conclusion of the war that has raged for eons, and you of Earth are at the center of the last great battle of this conflict.

An argument between two people often leaves one of the participants with feelings of discontent. If this is a couple in a relationship, continued arguments may ultimately destroy the relationship. Arguments within families can rage for years, with people unwilling to speak with each other. Arguments between neighbors result in high fences and other retaliations and barriers. Only if there is love, in addition to forgiveness, can an argument be resolved in such a way that both parties put aside the hurt inflicted.

Disagreements between towns and cities are settled in a court of law, but the losing side may harbor resentment against the winner; the same is true of most adjudications. Anything that requires the expense and emotions of a trial probably leaves the plaintiff or the defendant as the loser. This does little to settle continuing resentment. Corporations habitually seek ways to outdo their competitors. The loser in these battles is tarnished and resentment can be buried deep within the corporate culture.

Nations fight with their neighbors about a boundary, about incursions of one into the other, about trade complications, or about pollution by the other. Often these are adjudicated; sometimes they are settled by war. When nations make war on each other, the outcome is determined by the power of the victor. The loser is left with destruction to its economy, its populace, and its land. Most often the results of war tarnish the relationship between the two parties for generations.

Bloody uprisings are generally the result of people who do not have other options. Terrorism takes advantage of this situation. This is the case in the Middle East where age-old grievances have never been satisfactorily resolved. In this region fear dominates so strongly that love of one's neighbor is seldom even discussed.

In each of these cases, from altercations to war to uprisings, those involved are choosing force, rather than the opportunity to resolve by love, justice, and/or mutual respect. Living in love, the most powerful force in the Universe, can resolve disagreements, and heal the results of war.

Wars, uprisings, and altercations are the present human condition on Earth. It has been this way for many thousands of years; little has changed. Everything from disagreements to wars is settled by force, the power of wealth, the force of law, or the dictates of religion. Little has been settled by applying the power of love. Even those

altercations that appear on the surface to be mutually resolved may leave a stain on the psyche of individuals, corporations, or countries. Until that unconscious stain can be resolved with love, it remains a festering lesion that can once again erupt to cause friction.

We who observe your planet see the damages to your psyches. We see that only love will cure the damages wrought by the dark energy that turned you from loving people into fearful, competitive, and self-seeking humanity.

You are being called to journey with Earth as she transforms to a brilliant sphere of love. Those who live in love, those who can raise their frequency beyond resentment will accompany her. Those who choose not to undertake that effort to will not accompany her. Earth will be a planet of peace; only the peaceful will reside with her. It is by your choice, by the actions you undertake at this time that you indicate your willingness to behave in this way.

Undertake forgiveness. Undertake good will. Put aside judgments. Live with love and caring for others. Set an example of these as you walk your talk. Most importantly, replace memories of wrongs committed with love: Forgive and forget.

6-25-10 Greetings: Today I wish to speak of the final thrust for Earth and her human inhabitants to arise from the current paradigm. We are asking the humans of this planet to cooperate so that your space brothers and sisters may be of maximum assistance in this effort.

Those of us on the many spacecraft that circle your sphere see the final days of the current regime underway. We see the turmoil within the financial and government structures as they grasp to maintain their historic roles of dominance. We see the media as it attempts to convince all that “things are normal.” We observe religions telling their believers that merely having faith will save them. We observe the cruelty of one human against another as those who have power strive to maintain it.

Now we ask those among you who see things as we do to show your colors, to declare that there is no more “normal.” We seek cooperation from those on the planet’s surface. We need your help to break the chains, to loosen the gates, and to dismantle the walls of tyranny that have enslaved you all.

It is not enough that you wish for us to come and save you. That we cannot do, for it would merely set the stage for another enslavement. Seeing us as saviors you need do nothing. We will not play that game.

Now is the time for you to do. But what can I do, you ask? Let me give you some examples of what ordinary people can do to show that they wish to be free of domination:

- Meditate
- Write a poem
- Write a book
- Get out; interact with your fellow citizens
- Set an example of right living
- Help someone who has a disease
- Love your family members
- Love those whom you do not particularly like
- Care for Earth
- Stand up for something
- Demonstrate for something
- Speak out for something

## *Transformation*

- Spend your money in the right way
- Reach out to someone who is troubled
- Reach out to someone who is hungry
- Reach out to someone who is angry
- Give work to someone in need of a job
- Do radio interviews
- Start a new enterprise
- Recycle your waste
- Assist a neighbor
- Show your Light to all
- Live at your highest
- Be as healthy as you can be
- Eat right
- Take in a stray dog or cat
- Talk to wild animals so that they know they need not fear you
- Gently lift a spider from your home
- Greet all with a smile
- Arrange your affairs so that you can focus on things of a higher frequency
- Turn off your TV
- Engage in worthwhile conversation
- Truly discover who your neighbors are
- Assist Earth to cover blighted areas
- Write your elected representatives with your ideas
- Take time to smell the flowers
- Take time to observe nature
- Take a hike in the forest
- Take a walk on the beach
- Take the hand of a child who needs comforting
- Give to the beggar on the street corner
- Take time to talk with those around you
- Pay attention to the larger picture, not what the media is feeding you
- Help others see that change is upon everyone
- Love your children; listen to them
- Love your mate; listen to him or her
- Rearrange your life so that you can spend more time doing what is important
- Plant a flower
- Plant a tree
- Plant a garden
- Laugh
- Show joy at being part of the transformation of this planet
- Observe the antics of the darkness, but do not give them power
- Recognize goodness in others
- Point out that everyone has a spark of the divine within him or her
- Comfort those who are dying
- Send energy to those who are sick
- Let your Light shine for all to see
- Do something, don't just sit back and wait.



You are a powerful soul. Show that you know who you are in many little ways. Now is the time to do it, by doing so you will speed-up the process of transformation. By so doing you will raise your vibration. By doing so you will help create the 4th dimension on this planet. The time to choose is now; you cannot wait. Join with us who have traveled so far to be with you. You are the Light of the planet; show it.

The relationship between different dimensions, or as you call them frequencies, is not well understood by people in the lower densities. That is not an unexpected situation. For those of us who exist at the higher frequencies it is quite easy to see those of you living in a lower density, although we may not understand all of the ramifications of existence in that density. It is particularly hard for those of us who have not occupied a human body on planet Earth to completely understand the challenges of living in your situation. We can observe, but observing is far removed from actually experiencing.

For those of you who currently reside in 3rd dimension, it is near impossible to understand what it is to function at a lighter density. Some people, by no means a majority, believe that they understand what it is like to function at a higher density; many believe that they are already functioning in that way.

I can say from my own personal experience as a being of the lighter densities that you do not, nor can you completely comprehend what it is to function at the lighter densities until you have done it. Thus the concept of standing with one foot in the lower densities and one foot in the higher is somewhat of a stretch of the imagination. True, some of you are able to experience telepathy, are able to create things and situations on demand, are able to experience the now, but you are soon drawn back into experiencing the prevailing density that surrounds you.

The current Earth density is such that it holds you in many ways: through attachments to the things of everyday living, through the web of deceit and power structures designed by the dark energies, and through simple lack of clarity that living in a slower density imposes on you. While you may attempt to live “at your highest,” you can only approach truly living at that higher density.

Thus you must undergo a transformation process. This transformation process is now happening to all on the planet. Your vibrations are being raised by the extraordinary energies being supplied to you by Earth, by your space brothers and sisters, and by vast numbers of celestials. These energies will eventually elevate anyone who so wishes to a lighter density; however, such elevation must be in conjunction with your free will decision. If these new energies frighten you so that you resist them, they will bounce off you and you will remain in a 3rd dimensional existence. If, however, you open yourself to the new energies they will lift your soul and your physical body to a higher level. So I say to you, if you would ascend to the lighter densities, open yourself to the energies, allow yourself to resonate with the Light. Each of you has the capacity to move from the current paradigm to lighter densities; you need only open yourself to the experience.

Now we come to the question of the Caretakers. The Earth requests that a number of her current residents remain with her to create a new human civilization. These we are calling the “Caretakers of the new Earth.” Some of you who are reading this message know this to be true for you. Earth will soon be comfortably functioning in a lighter density. Those who can resonate in this lighter density can then create a new civilization based on 4th density functioning. In reality it is a return to the way in which Earth was before she was plunged into the depths of darkness under the grip of the invading dark energy. Earth is returning to a pristine globe; her Caretakers will accompany her.

Those who do not choose to be Caretakers have one of two paths: 1. Remain in 3rd

density and be transported to a place where you can continue that journey. 2. Ascend to the lighter densities beyond that of the new Earth, become one of us without physical density, and continue your Universe journey in that way. Either choice is acceptable; in the long term we will all meet again, and will all reunite with the God of this Universe in a magnificent celebration. In the meantime we may each take various paths to find our way, to experience what our soul desires, and, most importantly, to live and love in Oneness with all.

Look at your attachments. To what in 3rd dimensional living are you attached?

- Money
- Books
- Movies
- Television
- News
- Stock market
- Sex
- Drama
- Time
- Doctors
- Psychologists
- Alcohol
- Drugs — prescription and illegal
- Physical fitness
- Convenience
- Disposables
- Guns
- Hunting
- Fishing
- Sailing
- Boating
- Debt
- Caffeine
- Snowmobiling
- 4-wheeling
- Water skiing
- Snow skiing
- Camping
- Tanning
- A beautiful body
- A handsome physique
- Credit cards
- Food delicacies
- Wine
- Sugar
- Artificial sweeteners
- RVing
- Physical stimulation
- Gossiping

- Adult toys
- Gambling
- Card playing
- Novels
- Landscaping
- Collecting art, etc.
- Jewelry
- Clothes
- Music
- Astrology
- Religion
- Computers
- Internet
- Social networking
- Email
- Cell phones
- Motorcycles
- Fast cars
- Newspapers
- Travel
- A luxurious house

None of the above is bad unto itself; it is the attachment to them that is not in your highest interests. We understand that you must rely on things of the 3rd dimension for your basic lifestyle. No one who is living in the 3rd dimension can completely do away with everything, some things are necessary for living, and some are not.

Addiction is a different story; here the attachment is overwhelming the individual. Withdrawal symptoms accompany detachment. Anyone so afflicted should seek professional assistance and/or a support group such as Alcoholics Anonymous. Do it now before the rigors of the transition overwhelm you and all about you.

What I am addressing here are your attachments. To what are you clinging? What has become a part of your daily lives that is unnecessary, assuming that your objective is to ascend to the higher frequencies? Look around the room in which you are sitting, what is unnecessary?

Many of the things you take for granted as part of 3rd dimensional living are means of enslaving you, means of control, and means of attaching you so closely to the 3rd dimension that you are unable to see the larger picture. Look at where you are spending your time and money. Are you collecting stuff, or are you simply living with a desire to be at One with all?

Are you making the best use of your limited experience in this schoolhouse world? Are you learning what you came here to learn? Are you learning to make good decisions? Are you learning to love? What is your connection to God? Do you understand what living in Oneness is all about?

Earth is a marvelous teaching situation. Here you can learn what it is that you do not want. Here you can overcome addictions, attachments, and desires. Here you can strive for what is noble, uplifting, and in the best interests of all.

Are you making the best use of your time on this planet, of your experience in this lifetime? Look to the larger picture. Where do you fit into it? Are your attachments serving

you, or are they holding you back from attaining all that you might experience, all that you might love? Are you leading a healthy lifestyle, independent of 3rd dimension structures?

Know that religion, media, corporations, government, the monetary system, and the medical system will be going away. If you are dependent, how will you live without them? Most will not be replaced; the new Earth will require fewer structures. For those that are to be completely replaced, it will not happen quickly — it takes time to regenerate new structures, particularly if they are of a new type. How will you live without familiar structures, structures that give rise to your attachments?

Now that you have assessed where you stand relative to your current existence, let me return to the subject of moving to a higher vibration. It is going to be somewhat easier as Earth is moving all aspects of herself to a higher frequency. All of nature that surrounds you will be ascending to a higher vibration; this will aid you enormously on your quest to achieve a higher vibration, so go with the flow. Do not fight against those energies that are washing over you. We who are assisting Earth's transition are supplying energies, all of which are assisting you to move forward to higher frequencies.

Those of you who wish to get ahead of this curve — to ride the first waves of the new frequencies — may begin your process of transition by several techniques. First among these is to adopt a quiet gentle approach to all about you. This will open you to receive the higher frequencies. Find ways to spend quiet time, whether in nature or in the solitude of your own home, but find the opportunity to do so! Spend part of each day in quiet contemplation of the new Earth, in quietly allowing your body to resonate with the new frequencies. Allow your body to open itself to the new in any way you can. A massage is a good way to open your self. Soaking in a hot springs or hot tub is another. Open your self to the new higher frequencies.

Some of your Earthly brothers and sisters have been given techniques for accelerating your movement into the higher frequencies; seek them out. Those of us who walk among you in human bodies — there are many of us now — have techniques to assist your transition to the higher realms. Seek us out and ask for our assistance.

Just because you do not have specific training to move to the higher frequencies does not mean that you will be unable to do so. Everyone who desires to accompany Earth to the higher way of being will come along. There will be difficulties along the way as your body and its surrounding environment all change. You will have trouble assimilating to new ways of being, but no one who truly desires to ascend with Earth will be left behind. So set your intention to achieve this wondrous new way of being and come to our level of functioning. It is quite beautiful and loving here. We will welcome you each and every one.

10-6-09 Greetings to all. It is my pleasure to return to this site with new information. The current lack of publicity about important events is not an indication of a lack of action; in fact it may be quite the contrary. There are many things occurring on your world that are receiving no media attention. This is being done purposely. The controlled media does not wish to give information about these changes to you during this most important moment.

There are changes in your monetary system that will affect all on this planet. There are changes in the political, and in warring factions. All are positive, not because they usher in a time of plenty and peace, but because they are bringing things to a head. The first significant event from outside your planet is now at your doorstep. It will be known quite soon, despite a dearth of media coverage.

Mark, you have noted the absence of chemtrails in the skies over Colorado. For over

two weeks they have also been absent in other areas of your planet. This has diminished the effects of HAARP and other programs to suppress the health and awareness of individuals. This is but one example of positive actions taking place.

The price of gold has risen in anticipation of what? The American dollar has fallen. Why? These are but small indicators of the undercurrents that plague your financial structures, despite efforts to both control them and to keep them hidden from the majority. In the coming weeks they will make themselves even more evident.

Observe how the wealthy are taking extraordinary salaries from their corporations and banks, regardless of whether the entities are performing well. They are getting what they can while a sleeping population provides the money, whether directly or through governments. The wealthy are lining their nests at the expense of the many, and they are doing it in anticipation of a breakdown in the financial and monetary systems.

For you see, they too have foreknowledge of the demise of all. They know things will not continue as before. They too have ways of knowing what the future will bring, and they are preparing by building shelters and retreats. They are amassing great wealth, knowing that the money in circulation is worthless and that everyone will soon realize it. They are buying gold and silver, land, and other assets in hopes that such will retain their value.

The powerful are also securing their places of power. Politicians are staking out their territory. Tyrants are securing their fortresses. There is little compromise as they secure their footholds in preparation for changes beyond their control. Each is falling back on his or her base of power — what has served them within the 3rd dimension. They too sense that great change is coming. They too practice the arts of dowsing, tarot, and astrology, despite an outward reliance on the traditional.

Then there are those of the traditional religions who also see the coming changes. They too rely on forecasts of the future from sources other than those that preach to their flocks. They see that the changes may be so great that people will no longer trust what they are preaching, and they are securing for themselves places of safety alongside the wealthy and powerful whom they have supported.

So as the Light of truth and love increases on your world, so do the dark activities of the powerful, the wealthy, and the religious. As an observer of what is happening around you, approach all in an attitude of love. See those of the Light as they manifest more clearly. See the positive events as they occur. See the unveiling of the truth and celebrate. Also see the activities of the dark; do not deny them, for to do so gives them power. Acknowledge these activities, and then concentrate on the love and beauty manifesting itself.

These are times of great change. They are upon all of the Earth. Look at the behavior of animals; they sense the change. Be aware of changes in the weather. The magnetic field of the planet is changing. The poles are shifting. All about you is in change. Embrace the change and you will be more at peace. Find your center and stand firm. Retain your balance for the sake of those around you. Discover who you really are and why you are here at this moment and in this place. What is your unique mission? Where are you called to be? What are you called to do?

Listen as your heart speaks. Seek the advice of wise others to confirm your heart's message. Ask God to open your mind to receive messages. Ask your brothers and sisters from other worlds to communicate with you. All this is possible to help you discover your true self, and your mission on the new Earth. Join with enlightened people to become a Caretaker of the new Earth, to become a Universe citizen of the new paradigm.

10-24-08 This is Bren-Ton; I am pleased to return to communicate more. It has been



previously communicated to you that a dark energy descended on this planet at some distant time. That dark energy directed its agents to descend onto the planet to disrupt the normal workings of the planet and her human inhabitants. They set up the pyramidal and religious structures that underlay your civilization.

One of the most important things those of us connected with the armada will do in the near future is to “level the playing field,” as I believe you say it. This is a process whereby those who are of off-planet origins, and operating as agents of the dark energy, will be removed from your planet.

The question has arisen as to how this will be done and what right we have to do it. How it will be done is not to be disclosed at this time. Rather, I can say that it will be accomplished in full sight of those living here so that they may know that it has been accomplished, that a level playing field has resulted. When the agents of the dark energy, a rogue race, are removed, then the normal interactions of people indigenous to this planet may proceed. It will then be up to you to construct a new civilization without the enslavement imposed by those who had invaded the planet. It is a returning if you will to the stage at which the planet existed before the influence of the darkness descended, albeit without returning to the primitive lifestyle of that ancient time.

After this is accomplished, the major factors will be knowing who you truly are, an ability to communicate telepathically, and a connection to Earth, and to each other as brothers and sisters. It will be a chance to restructure your society in new and wonderful ways.

Now, as to how we have the right to intervene: First, Earth called for assistance to rescue her from the clutches of the darkness. Creator allowed such an intervention. We came here to accomplish this and it has worked. Earth is now much healthier. The appearance of the ecological movement has counterbalanced the fear produced by those who would use her for their own purposes, the fear engendered by reckless use of her resources and the pollution of her environment. The use of her resources has not diminished, but the intent of those who counteract their reckless and unwarranted use has engendered new energy to counterbalance the energy of fear. This is a most important development.

Second is that many people of this planet have cried out for help. They cried out to their God, they cried out for a savior. They cried out to leave their terrible circumstances. This cry did not go unheeded. However, it was not until we determined that your planet had been invaded by a race intent on service to self that we saw the opportunity to act. When I say we, I mean those aboard the assembled craft that are furnishing Light to Earth. Please keep in mind that we are here as your brothers and sister, not as invaders or saviors.

Something that you have called “the prime directive” has been disclosed to your planet. It is the law of non-interference. It requires that all in the Universe must be done in accordance with Creator’s directive that all be allowed to make free will choices. If their free will choice is overridden, then those who are doing so are deemed invaders. A corollary to the law is that invaders may be removed if it is the will of those whom they have subjugated.

This is the case on your planet at this moment. The remnants of the dark force are finally withdrawing, exposing the truth for all to see. The blanket that has obscured all is now removed. Truth is bubbling to the surface each day. Not only that, but the institutions created by those who oppress the indigenous people of this planet are crumbling.

So how can you be classified as “indigenous” when you too were brought to this planet many years ago? You were the first human inhabitants of this planet. My ancestors, and others like us, brought you to this place. That story has been told in prior communications.

As the first to people this planet, you may claim the right to be the indigenous population of Earth.

Those of you who choose to remain on this planet, after the interim time, will be presented with many challenges. There will be few if any systems or structures in that the hands of the invaders created most of them. So it will be incumbent on you to develop new institutions. This will happen as quickly as you earnestly desire. Since all is energy, it can happen quite quickly.

Whether a U.S. government behind Obama will succeed remains to be seen. We are hopeful that he will be able to construct the framework for a new government. It will require the cooperation of many. Keep in mind that his is but one of many efforts to correct the situation on your planet.

I am Breton of Andromeda. I bid you good-bye until next time. All aboard our starcraft send their love to our brothers and sisters on the planet.

12-16-08 Greetings to all. As others and I have said, Earth is returning to her pristine state. The harm done to her by humans and by the agents of the dark energy over the millenniums is being reversed; this includes population, environment, and resources, plus correcting other things. This is not a quick process; it will take some time. Once Earth is in her former state, she will move into a higher frequency to assume that which was determined from the beginning as her rightful place in the galaxy. And she will shine like no other orb with a beauty unique to her.

Those who choose to remain on the planet during this interim time will experience many wondrous changes. From the perspective of the humans on Earth's surface, you will first see the bifurcation of those who wish to stay and those who wish to go. This in itself will not be an easy process. Many loved ones will choose to leave; the reduced numbers of those who stay will have much with which to cope. No, the planet will not be littered with millions of dead bodies. As part of cleansing the environment, those of us from other planets will deal with the bodies of those who choose to depart — we are the clean-up crew.

The early part of our mission here was to provide beneficial energies to heal the soul of Earth. Another part of our job is to cleanse her physically, in a 3rd dimensional sense if you will. This has been done with other planets. I was there when Supsten of the Altairian star system was moved to the Light. I witnessed Justine and Moraine as they chose to stay and be part of their revitalized planet. They have many stories to share of those times. My story is of one who was part of the clean-up crew for their planet.

My civilization has technologies to clean the water, land, and air of your planet. When there is no danger to anyone from the agents of the dark energy and their misguided human allies, we will begin that process. In my experience this will not happen until the transition has taken place, although it may be different with Earth.

As the population of the planet is reduced, we will be very careful to nurture those who have chosen to remain here as Earth's Caretakers. In addition to helping them get organized on their new level playing field, we will start the cleansing process. Using giant energy scoops, we will process both air and water, being careful to handle the birds and fish so as to preserve as many as possible. I am sure they will enjoy their cleaned environment.

The land is a more difficult operation and one that takes longer. Using energy techniques, we will, one by one, heal the scars left by mining and by drilling. That is not to say that they all will disappear, some will be left as reminders for those humans who remain. After the major scars are removed and renovated, we will undertake an acceleration of plant life so that the deserts may once again bloom, the forests re-grow, and the planet's great

plains become fertile blankets.

Earth shifts will occur due to righting the planet to her vertical axis of rotation, and the removal of the moon. So you see, there will be dramatic earth changes, as you like to call them, along with environmental corrections. This may help to explain other messages you have been receiving about weather and other extreme conditions.

The time of transition for the humans of Earth will be one of uncertainty. There are several things that will help you through this period. First, know that you are not the only ones to have experienced such a transition to the Light. Second, that you have an extraordinary amount of assistance from those of us who have transitioned before. Third, that God and the celestials will be at your side to nurture you along the way. Fourth, that the planet and her people will not fail to achieve the Light. The end result will be a glorious new world for Earth and her human population.

There are several phases of the transition: First, a removal of the agents of the dark energy. Second, a return of Earth to her pristine condition. Third, acceleration of Earth and her people to the higher density. Each of these phases will take some time, as the situation is most complex. When I say some time, I mean several years. And yes, Mark, you will see this transition take place, although you may not be around for Earth's full transformation to Light.

The most dramatic and immediate, as far as you humans who currently occupy Earth are concerned, will be the removal of the agents of the dark energy and the void this will leave in institutions such as the economy, government, and religion. Disruptions in all critical services will occur as these agents of the dark energy, and their clones and adherents, are removed from their positions of power.

The second most dramatic will be returning Earth to her pristine state, and all that accompanies that process. These two parts of the transition will be result in a fair amount of chaos. Here it will be most important to have others upon which you can rely, and have a close connection to God.

Broadcasting will be interrupted, as all electronic communication will be severed. You will communicate without the Internet. Critical services such as electricity and natural gas, food, and water will be interrupted. Transportation will come to a halt. All of this will come to pass in the near future. Think of what you can do to provide for these, as well as a heated shelter.

Many will blame these problems on us, your space brothers and sisters. Despite this, we will assist humans to survive, and then prosper. We will assist you to reorganize without the influence of the dark agents. This in itself will be a major undertaking. How many of you have the stomach for living through all I have just described?

I am guessing not many. Most people will say that they wish to come back when the messy work is done. However, we cannot have everyone opt out. We must have a few upon whom the new civilization of Light will be built. Who among those reading my words will sign up?

I leave you now with a blessing to our brothers and sisters of Earth from your brothers and sisters of distant star systems. We will communicate again soon.

**4-11-10** You are not alone, even though you may be feeling that you are. We are sensing the energy of each and every human of your planet. We see the fear-based reactions of some. We see the love based action of others. We see the points of Light where those of you who are aware of the larger picture are moving forward to create a new and better life for yourselves and others. We are with you even though you do not see us in materialized form.

Those who are feeling alone should reach out to others to see if they can find someone of like mind. Do not be shy about expressing your feelings, your insights about the current situation; you may find like-minded friends in the most improbable places, friends who are just as shy about speaking out as are you.

Now is the time for everyone on your planet to let it be known that they will no longer tolerate current conditions. It is important to take a stand and let it be known. Yes, there are circumstances where it is not appropriate to let your innermost thoughts out to the public, but mostly it is shyness and fear of being thought strange that compels you to be silent. Now is the time to take a risk with your fellowman, to see if you can find like-minded people with whom you can share this journey.

Over the next few months, there will be many changes. Over the next few months you will see a crumbling of the structures of mankind, structures created to control you. You will also see earth changes. How you reach out to others will determine the course of your future life on this planet and elsewhere. How you lead your life during this period of turmoil will test whether you are truly love-based or fear-based.

Each of you incarnated into this lifetime on Earth because you wished to be present at this moment. Those who do not wish to be here are already leaving — the true numbers of those dying is being hidden from you. There was a great demand among many billions of souls to be present on Earth for her transition. You are here because you wish to be here. Now how are you going to conduct yourself?

As you walk the daily routine of your life, be aware that millions of your brothers and sisters from far-off planets wait to be with you — those of us in orbit are coming soon; there are trillions of others who remain on distant planets. However, our moment of appearing will have to be with the correct timing, the right conjunction of events. Time is not a consideration; the timing of events is what counts for those of us in the higher dimensions.

If you wish to see us more clearly, then remove yourself from the constraints of your 3rd dimension. Leave material things behind. Leave structures behind. Leave your dependence behind.

So now, if you are not feeling so alone, then perhaps you will find more courage to speak out about who you really are. We have been teaching you that you are each an incredible being who has donned a costume to partake in the great drama of Earth's transition. This drama is unique in that you are both the actor and the director of the play. You are writing your script, and acting out your drama each and every day. The same is true for the billions of others on your planet. Each of them also is an incredible being who chose to be part of the drama. See them as your brothers and sisters in the costume of their choosing. Then reach out to them, speak to them in terms that they will understand, tell them who you are and what you foresee. You have been given the Light of knowing; share it with all. Do it appropriately; do not attempt to force your views on anyone, but do it. If you successfully connect with only one or two others, think how wonderful that will be.

If you reach out to some and they reject you as crazy, then allow them to be who they wish to be at this moment. You cannot force anyone to be part of the script in your play. All is an individual choice. All you can do is to reach out, reach out and connect. We are observing you, we are walking beside you, and we are holding your hand as you attempt this courageous way to live.

There are many of your space brothers and sisters walking in the material plane of your world. They too have donned human costumes. There are many more of us who are present in a form you cannot detect. We are beside you each moment. We are supporting you as you tread this difficult path. You are not alone.

Fear has entered the psyches of many, fear stemming from the small changes they see, fear from the revelations of misdeeds by those they had previously respected, and fear of the unknown that lies ahead. Overcome this fear by understanding the larger picture. Overcome this fear by knowing that we are with you, that we support you during this time of Earth's transition.

Reach within to find strength to overcome the fear. Reach within, for that is the only lasting source of strength. Find quiet moments when you can get in touch with the small voice within each and every human of Earth. Many have ignored the voice for so long that it has become weak. Listen to your soul and find peace within yourself.

The pace of life is accelerating as time collapses. Do you find yourself wondering where the week has gone, where the day has gone? Do you find yourself accomplishing less in a given amount of time? It is not your imagination, not the result of aging. Time is shrinking. This is the result of Earth accelerating herself to a higher frequency, and the true cause of global warming. This speeding of your lives will accelerate even more over the next months.

The collapse of time, along with the changes and revelations will become so extreme that many will be unable to cope with life. How do you choose to live from this moment forward? Do you choose to accelerate your psyches to flow with the new ways of being? Or do you resist the changes being thrust upon you? The choice is yours.

We are with you to mentor you about existence at a higher frequency. We are with you to show you how to restructure your civilization. Make your choice, and then accept our assistance. We who are already at these higher frequencies wish to guide and mentor you. Leave behind the things of the old paradigm. Make the decision to join with us as citizens of the cosmos. We come in love. Will you return that gesture? Our hands are out to you; will you extend your hand to us?

I am Bren-Ton of Andromeda. I wish you love as you tread the path of your transition.



# 17

**The messages in this chapter focus on additional aspects of the Transformation, as follows:**

- **Trifurcation of Humanity**
- **Energies of Transformation**
- **Sleeping Majority**
- **Acceleration of Time**
- **Maintain Your Energy**
- **Four Transformative Changes**
- **What is Different; What Remains the Same.**
- **Nibiru**
- **Timing of the Transformation**
- **Caretakers**
- **Light Overcoming**
- **Impediments**
- **Not Business as Usual**
- **Be Steadfast**
- **Standing Tall**

## **Adrial**

**5-7-09** In the coming months all will be sorted according to the Light. This is the Light coming from the ships of the armada, the Light coming from the galaxy, the Light generated by each individual human, and the Light of the Creator. Those humans of the highest Light, lightworkers, and those who resonate with them, will be called to move with Earth, as a moth is attracted to the light of an electric bulb. Those who resonate at a much, much slower frequency, that which is dictated by fear, will not be able to tolerate such a high frequency of Light and will flee from it. They will be removed, or they will choose to die. After death their souls will be placed among others of that slow frequency and will be given opportunities to reincarnate in order to achieve lightness.

Then there are those who fall into neither of the above categories, those who are neither of the highest frequency nor of the lowest; these are the humans who are asleep. They are the vast majority who are comfortable in their discomfort, “who go along just to get along.” The third aspect of the trifurcation will be for these. They will be removed from Earth and taken to another 3rd dimension planet where they will awaken. All of this will

occur over the next months of Earth time. We, who are not of Earth, see it as already accomplished.

Earth is ascending to a higher frequency. Those of you who are to be her Caretakers are to remain with her as she experiences a cleansing, for it is only after a such a cleansing that she will be able to fully manifest herself as the beautiful sphere she once was. It is during this cleansing process that you will need to special care for yourselves.

Yes, you who ascend with her will have gardens to grow what you require for sustenance, for even in the next higher dimension you will still need to eat. Yes, you will have a salubrious climate, so that you will not need extensive heating, but not everyone will acquire this instantly. Remember I said this would take place over the coming MONTHS. There will be a transition time in which not everything will be completed. It is during this time that you must look to your own needs, such as food, water, and housing.

There will be abnormal weather as Earth adjusts to her new way of being in the higher Light. There will be flooding as the poles are shifted — as gradually as possible — and ice melts. Those along the seacoasts will experience this most dramatically; it will affect those of you in Colorado less. And yes, there will be both earthquakes and volcanic activity. Those places that have these today may experience them more severely, as Earth adjusts to her new way of being.

I cannot tell everyone what will be required as it will be an individual need. I can only speak to the failure of your structures and beliefs. Imagine yourself without these and you will know what to expect. Imagine yourself without your current money system, what will that be like? Imagine yourself without your current medical system, how will that impact you? Imagine yourself without your current beliefs.

Again I say, the trifurcation will be such that those of different energies, different ways of experiencing themselves, will choose which energy they will follow. Those who resonate at the slowest frequency, characteristic of living in fear, will not tolerate the intense white Light of the higher dimension. Those who are asleep will not be attracted to it either, as it will cause them discomfort, forcing them to awaken from their slumber.

You may already be feeling the effects of the increases in energy, as you are less attracted to things of this 3rd dimension. You may be shopping for fewer things to make your lives easier. You may have less interest in competitive sporting events. You may be more content in spending your days in the garden. Feel your connection to the Earth. Feel your connection to those of us who are communicating. Disregard the pull to be drawn into hyperactivity or ego based activities. Live a simple life based on resonating with a beautiful planet who will generously supply all that you require.

Your brothers and sisters will assist your transition, as they are able to do so. Once again, this assistance will not be uniform nor will it be instantaneous. You must do for yourselves until all is once again settled. Do this out of the Light of love, not out of fear for yourselves. Connect with others who also understand; support each other. Do not go into fear, as all will be provided in your new environment, but prepare for a transition time.

The reason there are so many of us walking among you is that this is a less fearsome way for us to meet with you than a sudden appearance of a giant ship. Also the agents of the dark energy would try to turn any appearance of a ship into a fearful event. From your first book, *Trillion*, you understood that we are here, and you accepted us as your brothers and sisters. You are but one among many who are working to make our appearance seen as an act of love rather than of fear.

One of the readily recognizable signs that change is coming to your planet will be a change in your moon. There will also be other signs recognizable by almost everyone. As

always, the choice will be to see these changes from the viewpoint of love or from fear. If you have made the preparations that I and others have suggested, both within your soul and in your physical condition, you will be better prepared to look at these changes with the face of love, and not immediately resort to fear, not believe the media or others who would attempt to convince you of fearful news.

It will require more than the right attitude or the right intention to survive the coming days. There will be periods without the services and other necessities of life, as Earth cleanses herself in anticipation of ascending to a higher frequency. Prepare yourselves now in order to avoid undue hardships.

It is most important during these times that you maintain your energy at the highest levels. This can be done by carefully monitoring what your body, emotions, mind, and soul consume. Stay focused on love in all aspects of yourself. Be discerning about those with whom you associate. Make sure your projects and work support a healthy living lifestyle.

After the initial surge of change, it will take some time for all factors to play themselves out. It is during this time that you will be tested as to your resolve, your commitment to your path, and your attitude towards others. Remember why you wish to survive: You who are to be the Caretakers of the new Earth are to assume leadership roles — leadership based on love, peace, caring for all your brothers and sister, and caring for Earth.

12-9-09 Greetings: There are four transformative changes now at work on Earth. One relates to the monetary system and economic structures of your current civilization. This very old structure was purposely organized so that the few at the top would reap the benefit of the efforts of those lower on the pyramid. Your monetary system is crashing. The banking system will be no more. The elites are being stripped of their ill-gotten wealth. The current economic structure will disappear.

The second, and more important change is the increasing vibration of the planet, as she raises her frequency. This will result in moderate temperatures worldwide. This will also cause some earth shifts as tectonic plates and oceans adjust to less ice, and will precipitate volcanic activity in certain areas.

The third event is the appearance of your brothers and sisters from distant star systems. The disclosure of their reality by your governments is but a prelude to their appearance. These announcements and appearances are taking time in order to avoid widespread fear, a condition the current controllers would desire. After increasing appearances, there will be on-going contact between civilizations.

The fourth factor is the galactic energies that are affecting your star and all planets of your system. Some of these happen with regular long-term frequency; others have been designed for this moment. You might be feeling them as energies that are affecting your bodies. They are affecting all on the planet — humans, animals, plants and rocks — regardless of whether they are being detected or not. These are transformative energies.

These four factors are playing out against a background of accelerating time. All events are moving more swiftly. Those who are orchestrating this transformation are managing these various energies like an orchestra; all play together to achieve the required transformation.

Then, of course, there are those of the dark energies who are resisting this change. They are being dealt with one by one. Each is given the choice of joining the ascension or being removed, like an instrument that is unwilling to play the music of transformation.

So you see this is a very complex situation. Never before have so many factors come together in one moment of transformation. Earth is the focal point of an entire Universe as

her transition takes place, and it surely will take place.

The final consideration in all of this is the impact on individual humans of Earth. Much is being directed toward you. We are most interested in making your transition as painless as possible. Whether an individual human chooses to become a Caretaker of the new Earth, chooses to continue to sleep, or clings to the ways of the dark ones, each will be led to that place which is most comfortable to their particular frequency resonance.

I hope this will help those of you who await the transformation to better understand events.

7-30-09 For many thousands of years, the peoples of Earth have made little progress toward fulfilling their destiny as children of the Light. There have been material gains, but, in general, little spiritual growth. The “band-aid” approach has not worked; fundamental change has not occurred.

- What is different in this moment of your time is that Earth is transitioning to a lighter density, having shaken off the dark energy.
- What is different is that an armada of craft, from around the galaxy, are assembled near Earth. Their energy has assisted your planet with her return to health; they will now assist you.
- What is different this time is that the attention of an entire Universe is directed toward Earth and the transition of her humans.
- What is different this time is that a million non-resident beings are walking the planet to assist mankind.

What remains the same is that:

- Each human is still free to choose whether or not he or she wants to be part of the new Earth or remain as they are.
- There is a small minority who are awakened to the Light, and who have indicated that they wish to be Caretakers of the new Earth.
- There is another small minority who are acting in their own self interests and desires that the planet remain in a state of fear so that they can continue in control, retain their wealth, and retain their superiority over others.
- The majority of people are asleep, leading their conventional lives, wishing for nothing more than to be left alone, unwilling to see the larger picture, loving conditionally, and unable to act for fear of change.

What comes next will be transformation. Yes, there will be events that will catch the attention of many, but it is individual free will decisions that will determine the outcome for each person. We truly wish that all peoples of Earth would accompany Earth, however that is plainly not to be the case, so our original plans have changed and we will go forward with other plans.

There will be a trifurcation as previously described. Mark, the tranquility you experienced yesterday as you were riding your bicycle was what the situation will be like for the majority of people who go to another planet to continue their lives in this 3rd density. You had quite a pleasant experience, one with no obvious influence of the dark energy. On the new planet, there will still be transportation on roads such as you now have. One of the challenges the people on this new planet face will be to evolve transportation

without the benefit of fossil fuels. This will be easier because agents of the dark energy will no longer be forcing beliefs and structures on people and thwarting efforts to develop energy alternatives. We foresee that evolution beyond the burning of fossil fuels will begin on this new planet as soon as the population takes responsibility for the effects of the pollution it generates. Let me be very clear, I am not describing the ascended Earth here; this is our view of the new planet to which most of your population will be transferred.

Also on this new planet, since there will be no agents of the dark energy controlling the media, news of events will be more truthful, albeit slanted by the agendas of individual reporters. The truth will circulate freely, but knowledge of the larger reality will come slowly. In most respects life will seem exactly the same as what everyone had been experiencing on Earth; people who have continued to sleep will not notice they are on a new planet. The dynamic of choices and their results will continue, as it exists throughout the Universe.

Interpersonal relationships will be almost as difficult as they are here on Earth today, but will be somewhat lessened by the absence of the dark energy, even though its residual effects will remain. This does not mean that all will be peace and Light. There will be memories, the need to work out karmas, the need to repair old family arguments, and the need to deal with fearful and angry men and women. But the intensity of the anger will be lessened as it will not be fueled by fear generated by the influence of the dark energy.

The situation for the Caretakers who choose to move with the pristine Earth will be quite different. The description that Moraine gave of the new Earth is most beautiful, so I will not duplicate it.

As always, even within the context of what is different this time, the choice is yours:

1. Become Caretakers of the new Earth. 2. Adhere to fear. 3. Continue to sleep. Begin to act today, for it is by your actions that we will know how you choose.

5-11-09 Some would call me an angel, however I prefer the term “celestial” as it conjures up fewer images of a being with wings — of which I have none. Celestial also implies that I am ageless, that also is true for I have been around many millions of years.

As to specifics of pending events, yes there is such a thing as planet X or Nibiru. It has an elliptical orbit about your star. It is from this planet that the Annunaki came to Earth. Nibiru will have no further interaction with the new Earth as Earth’s Light is becoming so strong that beings from Nibiru will have no desire to approach her. Also the armada will be defending Earth from any intrusion by the Nibiruans.

Furthermore, Nibiru will not make a close approach as her orbit has been altered by the energies of certain celestials and star peoples. Yes, it is within their power to alter the path of planets. How else did you suppose that galaxies were formed? How else do planets maintain their perfect rotation about a star? All is not left to chance and evolution; the hand of God and his designated associates can be seen everywhere.

As you already know, time is speeding up, so it is no longer a fixed linear measure. Time will be further accelerated until in the final moments it will appear as if everything has transpired in an instant. As I have already indicated, there will be a trifurcation, a sorting according to choice. During this time of the trifurcation there may be hardships, both for those who remain with Earth and for those who leave. We do not know the extent of the personal difficulties for anyone, as we do not exactly know how Earth will react to the righting of her axis and the breakup and removal of the moon.

The exact number of people transitioning with Earth cannot be known, as many personal choices are yet to be made; however, judging by the current leanings of humans,



we estimate it will be about 12%. Much will be determined by reactions to pending events. Will people rely on love or fear?

Agents of the dark energy have replaced many of your top people in corporations, governments, and religions. They form a tightly knit alliance that is withstanding change to existing structures and beliefs. Because we not foresee that you as human beings will be able to thwart their plans, events of off-planet origins will occur. They will be beyond the control of the dark energy or any of his agents. It will cause everyone on the planet to reconsider who they are, what their basic patterns are, and what they choose for themselves. As currently foreseen, these will occur as a series of events over the next months. There will be no mass landing or appearance of the ships of the armada in the United States until the military no longer wishes to engage them in battle. This is for the safety of the humans of the planet.

Keep in mind that Earth will return to her pristine state, before she ascends into a higher frequency. This will require some time for all on the planet to acclimate to this, including the animals and plants. Although all could be done instantly by manipulating energy, it will be more beneficial for all concerned to accomplish this more gradually. Keep in mind that you are both physical and spiritual beings. All must be accounted for in this transition.

Also, please keep in mind that there are limits to what I may disclose to you. We do not allow you to foresee the future in the same way as we who see the all-present, because there are many choices involved, and because there exists the need to allow each person to choose in the moment. Based on observing you for thousands of years, it is my considered opinion, an opinion shared by many others, that mankind is unable to overcome the dark energy and its agents without external assistance; thus the armada of starships and the many non-residents who walk the planet to assist you. We are restoring your DNA so that you may more fully function knowing the truths of the larger Universe, and be less bound by fear. Those who enslave you limited the solutions you are able to conceive. The schemes, constructs, and beliefs imposed on the humans of Earth must be dismantled before you will be truly free to create your own future.

The preparatory stage of initial events (subject to adjustments), which many have spoken of, is now underway. More visible signs of it will manifest themselves in the coming weeks. Keep in mind the vast scope of the transformation of Earth and her six billion humans. This is but the first of many events making up the totality of the transformation.

A caution: many things will be reported in the coming months. Not all of them will be true. Not all of them will come from the Light. There will be deliberate misinformation. Events will be deliberately withheld from the public. We will keep you apprised. Look to your heart to know what is true for you. See all from a place of love. Do not fall into the fear that will come from many directions. Stay with love through all.

9-4-09 I offer the following to you as one who has observed your planet since its inception. Many of your enlightened brothers and sisters of Earth have fallen into the trap of believing that some magical moment will happen wherein they will ascend to some higher dimension in an instant of time. Keeping in mind that Earth is returning to her former self does not square with this perception of a magical ascension.

Rather it is imperative that everyone understand that there are soul contracts to be fulfilled, karma to be played out, and the effects of free will choices to be learned. If these are introduced into the picture, then the magical moment makes no sense; rather a path of modifying what is already in place and/or creating anew, albeit at a higher frequency, will occur.

If this were a more reasonable scenario, one would look at the institutions controlling one's life and see what needed to be changed to make them compatible with the new Earth. Take for instance the institution of government: Does it serve the people for whom it was created? In most cases, it does not. Most governments of planet Earth serve those in power, elected or appointed. They believe that it is their right to build empires on the backs of the governed, and to milk their positions for status and wealth. We who see all in Oneness know that this is not the right function of government. So your governments will collapse of their own weight as you transition to the new Earth. And with what will they be replaced? New forms of government, dedicated to serving the needs of all will replace the old.

And who will construct this new government? You who are continuing with Earth to her former brilliance are charged with creating new institutions. And how will you learn to do this? You will be taught, by your brothers and sisters from other worlds who have mastered governing. They will come to be with you to teach you the art of governing in Oneness. Those of you who would be the students of this new government, who would have a hand in creating the new government, will learn what has worked on other planets. And you will determine a form of government suitable for the new Earth, the brilliant new Earth, the most magnificent planet in the galaxy. Earth with her diversity will require a government in accordance with that diversity. Perhaps it will be governments, not just a government. That is something to be hashed out in discussion between you the Caretakers and those who will bring their knowledge and wisdom. Nothing will be imposed from afar; rather it will be a developed jointly.

And other institutions will similarly be created in this manner: as a joint exercise between those of your planet, the Caretakers of the new Earth, and the wise from around the galaxy. This process has already begun, in a fashion, as with these transmissions and those of others. This process has already begun as Earth humans begin to ask, "What are the ways in which we can give birth to a civilization of Light?"

So you see, the concept of an instantaneous ascension cannot occur because it would abrogate the opportunity to experience the creation of a wondrous new civilization, and after all, what is life about except to experience and grow? No, the opportunity is too ripe for growth among the Caretakers to miss out by magically ascending to the higher frequencies. Ascension is a hard won reward for a job well done, not an instantaneous lift that will then require lifetimes to appreciate.

At the opposite extreme from those who believe in a magical ascent are those who believe that your world is in darkness without redemption. They are awake enough to see the problems of your sphere and feel overwhelmed by them. They correctly perceive the activities of the agents of the dark energy clinging to their power and wealth. They correctly assess that they have been misled and manipulated, but they fail to see the Light at the end of the tunnel.

For indeed, despite their denial, there is now Light at the end of your long enslavement. Due to the energy of your star brothers and sisters, your planet is slowly returning to her former brilliance, before the dark energy and its minions descended. But this can only be sensed from the point of view of love. If the vantage point is one of fear, then indeed all looks hopeless and it makes sense to continue the battle for survival. That is the trap of many who are awake enough to see what is going on, but not awake to the positive effects of the Light, the hopeful changes taking place around them. For if one concentrates on all the misdeeds, all the forms of enslavement, and the concentration of wealth and power in the hands of the agents of the dark one, then it does indeed appear to be hopeless.

As with many things in this Universe, balance is called for. See where the Light is

emerging. See where the dark is crumbling. But be realistic that all is not Light, nor is all dark. Shades of gray are a more reasonable way to view the situation of your planet. Gray in that the Light is slowly overcoming the darkness, but it still has a way to go. Gray in that the Light of truth is shining on dark activities. The Light is ferreting out hidden sources of power, the accumulation of vast wealth, and the enslavement of the many for the advantage of the few.

See the middle ground, the gray, for the dark is losing its hold. See the gray, for therein lies balance of perception; therein is the opportunity to contribute; and therein lies the way to the new civilization of Earth. Are you prepared to become a Caretaker of the new Earth? We are recruiting those who are willing to undertake the rigorous training to become Caretakers. All are welcome. The process will be self-selecting as you move through the training to find your contribution to the new civilization. Identify yourself and we will assist you. Or choose sleep and you will incarnate again and again on another low-density world. Sooner or later you will come to the Light. Why not now? Why not as a Caretaker of the new Earth? Each of you was born in this time and place to become a Caretaker. The choice is yours.

There will be many events beyond the confines of your planet that will affect the humans of Earth. These are related to Earth's return to its original frequency of vibration. Other planets of your star will be affected by the energy of these changes.

The correction of the physical tilt of the planet is underway. This gradual process is being undertaken to minimally disturb the tectonic plates and seas of the planet. The change in the magnetic poles of the planet will also happen gradually, again to minimally disturb the electromagnetic and other energies. Keen observers and scientists have already noted some of these changes. The latter are reluctant to make public statements due to the status of their positions.

Your planet is hollow, like most planets of this galaxy. There are beings who live deep within your sphere. They are of a higher frequency than your own. They have been minimally impacted by the influence of the dark energy, except to the extent that the entire planet has been impacted by the destruction of its ecosystem and depressed by fear generated by humans.

The giant ships that occupy the space near your planet are of biological structure. They were grown to their current size by the intention of their creators. However, they are not biological in the sense that they bear children.

The coming days of the transition will see families separated as members thereof pursue their individual free choices based on their understanding of events, their resonance with love or fear, and their attachment to the things of this paradigm. Each person is to choose for him- or herself. None may coerce another. Each of you has a mission with regard to these times. You came here with that agreement. Discover your path. Pursue it at any cost to your current comforts or attachments. You are all called to be Caretakers of the new Earth. We do not wish for any to remain in this density, however it is always an individual choice. Each will next find him- or herself in a situation where the frequency will be most amenable to their choice.

There are difficult times ahead. This is not "business as usual." Those who are attached to this current paradigm will be gently lifted from this planet to another of similar frequency. They will awaken to believe that they have always lived there. They will then pursue their individual paths, make their individual choices, and in time ascend to a higher frequency. This process on the new planet may take many lifetimes. These are not fearful events, only the result of free will choices of individuals.

Living your life attuned to the Oneness of all is the ultimate state of being. Living in Oneness will allow one's frequency to attune to the larger picture, to the consciousness of all. This is the opposite of fear that sees each as separate, each to be used, conquered, or competed against. See the Oneness; exist in Oneness.

The transition times will last for several more years — they have already been ongoing for several years. They will be most difficult for those near the seacoasts, as water levels will rise as Earth's temperature continues to rise and melt the planet's ice. There will be periods of difficulty as you transition from fossil fuels to the use of clean sources of electricity. There will be times when food is not readily available as it now is. The climate of the entire planet will moderate, but not for a season or two. Water is the most critical resource; pay attention to your source of it. Store sufficient food for a period of up to six months. Find warm shelter for the cold months.

Keep in mind through this transition that some will die, as is normal during difficult times. Death is not the end; it is the opportunity for a new beginning. Many will choose to reincarnate on either the ascended Earth or on the alternate planet to Earth that will house the majority of Earth's sleeping population.

7-7-09 The transformation from your current state of enslavement by the remnants of the dark energy to a place of Light will be accomplished in stages, with contributions by beings from around the Universe. It is a process that has been meticulously planned. It is a process that commenced some years ago with the awakening of those of you who had incarnated here to be part of this transition.

The steps continue today with energies transforming your DNA and consciousness. The goal of these myriad steps is to return Earth and her human residents to that place of pristine elegance before the dark energy descended on Earth. Another goal is to further transform those who will be Caretakers of the new Earth by means of these new frequencies.

As previously explained, there will be a trifurcation involving those who choose to resonate with the Light, those who reject the Light, and those who choose to remain asleep. Earth herself is experiencing an overall rising energy, a rising frequency.

Various steps in this process were delayed by acts, such as continuing wars in the Middle East, orchestrated by those of the dark energy who remain on Earth. Dictators in countries such as Somalia, Bhutan, North Korea, and Iran are examples of where the agents of the dark energy have inserted themselves counter to the general trend toward the rising peacefulness of Earth's peoples. The United States as a major supplier of arms, as well as a supporter of corporate and financial elitism, has been an obstacle. These are setbacks, not impediments.

The U.S. is slowly changing course. The dark intentions of dictators are being exposed. Corporate and financial misdeeds are rising to the surface. All of this is the result of energies supplied by your family of star people and energies from the Universe. These energies of Light will ultimately win the day.

More concrete evidence of Universe involvement will take place in the near future. See it as just one more step in the transition. It is not "the step" — there are more. The most important thing to remember is to remain in the Light. Do not go to fear, despite pronouncements from governments, military, media, or religions.

These messages have been provided to give assurances. I need not say more as all has been spelled out by others and me. You are well on your way to the new Earth, now it is up to you the humans of Earth to craft your new civilization. There will be no magic moment when all will become a paradise. No magic moment of ascension. This could occur,



but then valuable lessons would be lost for those who have volunteered to help create a new civilization. Also there has been great value during these past thousands of years in learning what the dark energy can bring, in the valor with which it has been resisted, and in learning what does not work. Keep these memories alive as you proceed forward. You are learning these lessons for an entire Universe.

You who would remain as the Caretakers of the new Earth will go forward with conviction born of the Light, plus knowledge of the dark years. Record a true history of Earth's human civilization. Honor those who struggled against the darkness, those who kept the Light shining, and honor those who are now present to assist you to the new civilization.

The stage is set for the final act of the dark play on Earth. The actors are in place. The curtain is about to rise. It will be a glorious ending to a very long drama.

7-15-09 The transition that you are undergoing will not take place in an instant, as many foresee; nor will it require many years, as predicted by others. You will experience a startlingly different paradigm as you experience the pristine planet of your distant ancestors. It will not be accomplished within the man-made structures of this planet.

Having said what it is not, let me paint a picture of what it will be. There will be a series of events, each of greater impact than the last, each building on prior events. The first of these will take place very soon and will serve as a wakeup call to all Earth humans. Then there will be a pause to allow everyone to choose. Then another event will occur and another pause. The intent here is to awaken and transform: Awaken the sleeping masses and transform those who would accompany Earth on her journey.

There will be a level of chaos as people adjust to new ways of being. Three types of events will interlace themselves: 1. The appearance of your brothers and sisters from other planets to assist you. 2. The crumbling of your existing institutions to make way for new leadership. 3. Earth shifts and extreme weather that are a part of Earth returning to her pristine state.

As Justine has said, find your center, your place of balance, and remain there throughout these times. By now, you will have prepared for your physical wellbeing. Now focus on your emotional and spiritual wellbeing. Find a connection to God. Hold fast to it. Your highest good, and that of all others in the Universe, is what this change is about. It may not appear to be the case at times, but it is. Hold fast to the knowledge that you chose to be here at this moment. You volunteered to make a difference in some way, a way soon to be revealed, if it has not already made itself known.

Remain steadfast to serve as a beacon to others who are unsure. Be steadfast to insure that your loved ones have a rock to which they can anchor. Your steadfastness will insure a smooth transition. You are anchors for the new humanity. Stand tall in the knowledge that you see the end result and that it is indeed wondrous. Be steadfast to show your Earthly brothers and sisters that those who come from other star systems are here to assist, not to dominate, nor to take advantage of them. Be steadfast in love for all, in the Oneness of all. Very soon the first event will take place. Be steadfast.

There are several techniques by which you may learn to assume the lighter frequency of love. They have been told to the wayshowers on your planet, Earth. Search them out. They are not difficult to learn. They are available for anyone who earnestly seeks them, anyone, anywhere on your planet.

The basic idea we wish to convey is to assume an attitude of unconditional love. The



closer you can approach that wondrous state, the higher will be your frequency. Walking in love, walking in the lighter vibrations is what it is all about.

See the chaos for what it is, a fear based lower frequency. Some people are trapped in that lower frequency. See the chaos as part of the play that was specifically written for these moments. See those of the lower frequencies as the actors and actresses in that play. Stay detached and see all as a wondrous unfolding for your learning. Remember all for it will serve you in future times, remember for the entire universe is watching as you walk tall amidst the turmoil.

This does not mean you will be untouched by aspects of the turmoil. You will be touched! It is unavoidable. You will have loved ones who choose to vibrate in fear. You will have instances where you will be challenged to dip into the familiar and comfortable of the old paradigm. By relying on the frequency of love you will be able to discern what is in your best interests. Rely on your heart, on the guidance of your soul, and rely on those of us who will come to nurture and mentor you.

The great separation is just around the corner. Prepare yourself today to live at the highest frequency you can attain. Do not worry that you are not being perfect. No one in your circumstances is perfect. Prepare yourself by practicing to walk in the light, in love. Practice and remove yourself as far as you are able from the enticements of the lower frequencies. Monitor what is coming into your mind, into your emotions, your body, and your soul. Now is the moment to be vigilant. Practice living in the light, and walking tall among those of the lower vibrations.

One additional thought we would leave you with: Be like a young tree that flexes in the wind; bend with the coming changes. We do not totally foresee the route to your final ascension, when we do we will so inform you. In the meantime, remain flexible.

Based on our Supsten experience, by assuming the frequency of love, you will weather the chaos. We wish you our very best, we give you our blessings, and welcome you to the light.

## **Bren-Ton**

11-17-10 Greetings: It should be obvious to anyone who is conscious of the larger reality that events are proceeding on many fronts. We observe the following:

- There have been closely watched meetings of the G20 and G4 bodies over the past months. Can there be any question that all is not “business as usual” in your world’s financial systems?
- We note the record instances of earthquakes, tsunamis, volcanic eruptions, and extreme weather since the first of this year. Is there any question that Earth is adjusting herself?
- The number of sightings of our craft, at our instigation, is unparalleled. Many witnesses are coming forward and the media is now open to reporting those events. Can anyone seriously question our nearby presence?

These are but the few indicators that have made the popular press. I can assure you that there are many more that lay hidden behind the veil of corporate, financial and government facades. The public is always the last to know of major events, as the elitists believe they need to control insider knowledge.

## *Transformation*

A further indication is the number of people experiencing the effects of the energies coming to your planet. Almost everyone understands that these are not normal times, even the least conscious. Many people are experiencing headaches, sleeplessness, bodily aches and pains, disorientation, and sickness that cannot be explained. These are the results of the energies coming from our starships, from the galaxy via the sun to your planet, and from the heart of your planet to its residents. These are all beneficial, if you will but allow them to wash over you and accept their healing and rejuvenating effects.

Oh, yes, there are a record number of beings, in human form, walking your planet. They are here to assist you. They have chosen to lead extraordinary lives among you to assist your transformation. If you are fortunate enough to encounter one, honor them for their efforts on your behalf. In many cases they have left a much more comfortable situation to be with you here.

So I say to you this day, you are all in the midst of the transformation of humanity. You may embrace it and advance to the next level of consciousness, or you may ignore it or fight it. The choice is yours. Of course we would like to have as many as possible accompany Earth as she transitions to her new way of being.

# Part IV

## New Earth

# 18

The messages in this chapter were received from Moraine in January of 2009 and from Moraine and Justine in September of 2010. They focus on The New Earth (after the Transformation), and provide details on the following:

- Disease
- Food and Water
- Moderate Climate
- Being vs. Doing
- Collaboratives
- Telepathy
- Leadership
- Money
- New Civilization
- No Fossil Fuels
- Energy Crystals
- Time
- Relaxation of Life
- Chaos
- Caretakers
- Earth Ascension
- Crystal Children
- Love-based Choices
- 4th Dimension Challenges
- Institute

## Moraine

1-3-09 For those of you who choose to stick around for the transition to a new civilization, one of the first things you may notice is the absence of disease. You may already recognize that all diseases are frequencies that reveal themselves in 3rd density as viruses, parasites, and other agents of disease. The dark energy and its agents generate these frequencies. We will stop this process by eliminating those who are causing these frequencies. When the dark energy and its agents, human and not, are no longer able to

create and transmit new energies of disease, all on the planet — human, animal and plant — will function in uplifted ways. Earth will be happier as her residents will be healthy, no longer battling to overcome unnatural diseases.

The next thing you will notice is that your food will taste more delicious, and it will be more nutritious. You will require less of it to sustain yourselves and you will expel less of it after deriving value from it. This is because your food will be free of unwelcome ingredients, and your body will be free of bacteria that clog and debilitate your digestion. With a clean source of water, you will feel more refreshed with the simple act of consuming it. You will have less desire to add substances to water or to seek alternative drinks.

You will also feel a more comfortable environment as the temperature of the planet will have been restored to a moderate climate. This will mean fewer clothes. You will enjoy being outside just for the pure enjoyment of being outdoors. You will require less shelter, less housing, and fewer distractions from being with Earth in her natural state. This may appear to be a more simple life, and that is true, but you enjoy it as a release from the many artificial means you had previously employed to “conquer” your environment. Think of people who live in tropical latitudes; they are able to enjoy a much simpler lifestyle, wearing less clothing, and occupying simple houses.

Today diseases and insects accost people in the tropics. What if they were no longer present? What if their water was pure? What if they were satisfied with less food because it was more nourishing? Many of you would say that this might become boring after a while. You might ask, “What am I to do?” What if the answer was that you are to merely enjoy being? What if there was nothing that you felt that you had to do?

This is another big change: There will be no urgency to do! Please understand that this need to be occupied with doing was implanted within you by the dark energy. How did the dark energy encourage its slaves to work for it? It did so by implanting in them the need to survive. Just “being” is a normal state of humanness, not constantly doing, not scraping to survive, not clawing to the top of the heap, not operating from fear.

I lived through the transition on Supsten; it was a marvelous transformation. I am looking forward to seeing such a transformation on Earth, to assisting such to occur. My physical body is much older than yours, Mark. Part of the transformation process is that you will be given additional years of life. Plan on it. Without the debilitating effects of disease, and impure food and water, you will easily live for a very long time by your standards. Your ancestors, as referenced in your ancient writings, lived a much longer time than is common today. Aging is an artificial frequency that will no longer be at work after the transition. Your body, regardless of age, will be transformed into a vessel with minimal aging processes. So you, and others who so desire, will be able to assist the transition for a long time.

As others have told you, the humans of Earth are already in interim time. We estimate that the most difficult of times will last a few months, depending on personal circumstances. So having sources of food, water, and shelter for a few months is sufficient. We will rectify and reconstruct things quite quickly once the process is begun. We do not yet know when all will align for us to commence.

My blessing on you, Mark. As you know, we have a special relationship from lives ago. That wonderful smell you are sensing is to confirm my reality and to encourage you to continue. We know it can be very lonely pursuing this path.

1-6-09 Justine and I, and the others from Supsten, have been members of the armada for less than a year of your time. We asked to come here to assist in the final stage



of the transformation of Earth: the creation of a new civilization. I wish to explain now, how you, the people of Earth, may find yourselves after the transition, and what you can do with it.

As a result of the transition, you will find those that remain on your planet operating from a place of love: Fear will no longer dominate your lives. You will see others through the eyes of love, seeing them as your brothers and sisters. You will recognize them as fellow survivors of the great transformation.

If you then organize yourselves based on that fundamental premise, you will understand how we constructed our associations on Supsten. I see it as a wonderful basis upon which to formulate things as it takes into account the needs of all.

Assume for a moment that everyone sees the Light in each person, including him- or herself. Then how would they treat that person? I believe they would want the best for them. They would love themselves as a survivor, and they would love others as survivors, as fellow participants in building a new society.

I would then propose that the next step to organizing would be a cooperative effort. Each person would wish to cooperate with others to maximize the good for all. Let us dub this type of organization a “collaborative.” It is different from the agricultural and insurance cooperatives on your planet in that it does not seek to make money. An example may help. Let us say that a group of people, a small community if you will, wishes to have a bakery. One of its members is good at making bread. All agree that a bakery would be beneficial. All agree to contribute whatever they have to make it a success. No one thinks about making money on this adventure, there is just the desire to have the fruits of a bakery. One person provides flour, another oil, another sugar, another the fuel for the oven. In the end you have a bakery in operation. All receive bread. No one is left out. It is like the efforts of a large family — indeed you have become an extended family.

Now let us look at organizing a larger community. Keep in mind that your abilities to receive the thoughts of another person, and transmit your own, will have been returned to you as a part of the transformation process. So you will be able to communicate truth, ideas, and opinions. Utilizing this, you will easily be able to tell when you are organizing for the benefit of all, and when you are not. So we now have a larger community with the intention to band together. They wish to use the model of an extended family. They wish to operate from love and from the recognition that each person is important, and, most importantly, there is no hierarchy of power of one over another. Everyone is willing to operate in the best interests of all. This will be a new way of seeing things, so it may take a while to get it going. There may be a few mishaps as people slip back into old ways of seeing and doing. However in the end, if you adhere to the principles of cooperation based on love, you will find yourselves with an organization of almost any size that seeks the best for everyone involved.

On Supsten, we found that we were able to organize things quite well using this model. I do not know if it will work on Earth, but I would encourage you to try it. Is there a need for leadership? Oh yes, there will be leaders, but they too will operate from the basis of love, equality, and non-judgment. They will be people who happen to have the particular skill of leadership. They will not be rulers. They will not be attempting to control others.

This then brings us to a medium of exchange, money if you will, or currency. If we have an organization, however large or small, it will eventually need to have a medium of exchange. Put into this model that money will be available for all. There is no scarcity. Currency is simply a medium of exchange, something that every person recognizes is of value, intrinsic or not. On Supsten, we agreed that money could not be lent or hoarded. No

one may keep our currency as a means of building wealth; it expires after a period of time. And no one may charge interest on the money given to another.

Back to our example of the bakery. If the members of the collaborative wish to contribute money for the purchase of a baking machine, money is contributed to the baker. It is not lent. There is no expectation of making a profit. Money can be used to buy the bread, or other things can also be used to trade for the bread. Anyone in the community who has a need for bread will have it.

What about those who can manage money well versus those who do not? Since money cannot be hoarded, it limits the ability of one person to seek an advantage over another. If a person needs help in determining how to spend their money, one of their brothers or sisters will step in to assist.

Does this sound idealistic? Probably so. However, if everyone is operating from the basis of love, and that is where all will be after the transition, then this type of organization, this type of money, will be quite feasible. We made it happen on Supsten. I believe you can make it happen here on Earth. If you do, you will produce a wonderful new civilization.

Not everyone will be able to contribute equally, depending on his or her skills. For example, children will not be full contributors. Once again, if you are coming from a basis of love, communities will organize themselves quite well. The weak will be cared for. Keep in mind, as I said in an earlier communication, there will be no disease, yet some will naturally be stronger, some will have more ambition, some will have leadership skills. Not everyone will be equal in desire. Nonetheless all will all be accommodated under the umbrella of love, telepathy, collaboration, and the desire to do the right thing. It is the desire to operate in this way, plus believing that it can be done, that will ultimately cause it to happen.

What I am advocating here is a new civilization for the people of Earth, much like we have been able to achieve on Supsten. It will be drastically different from any known on this planet since the early days of humanity. It will be a return to those glorious days. It will be sustainable. It will be in concert with Earth and her bounty. Fear will be replaced with the Light of love. This is the level playing field about which Justine and Bren-Ton have spoken. Look upon it as a wondrous opportunity, and you will make the most of it. Yes it will be challenging to construct such a society, but the benefits are enormous.

1-9-09 As I look upon your planet, the biggest difference between the situation on Earth and that of my planet, Supsten, is the level of oil, gas, and coal extraction and burning in which you engage. As many others have articulated, this is harmful to Earth. As a part of your transition, this extraction and burning will be halted. This will have wide-ranging effects on your civilization. As we have told you, the pollution of your atmosphere, land, and water will be cleansed. It makes no sense to do that if the sources of the pollution are not halted.

On Supsten, even under the influence of the dark energy, we evolved technology to produce energy so that we no longer burned hydrocarbons. This was a technology for generating electricity by using certain crystals. It is one source of power for the starships of the armada. The crystals generate electricity, but do not degrade in the process. These crystals are present on your planet. Some occur naturally; we have brought more.

As I said, a part of the transition to a lighter density will mean that burning of fossil fuels will stop. We from Altair, along with others, will replace the electricity generated by this burning with electricity from crystals connected to your grid.

The dislocation from discontinuing fossil fuels and switching to clean energy sources

will be a major change for the people of your planet. All trains, with the exception of those powered by clean sources of electricity, such as crystals, hydro, wind, and solar, will stop. All diesel-powered ocean traffic will stop. All truck and automobile traffic will come to a halt as supplies of gasoline run out. Those cities where mass transportation is powered by electricity will be less affected than those where the sole means is diesel-powered vehicles.

The difficulties of this transition are dependent upon your desire and ingenuity to create and produce vehicles that will run on electricity or other non-polluting energy. How long it will take is only a guess at this juncture. I can see that this is difficult for you to write, Mark, as you see all of its implications, the impact on your life, and on the lives of others. Your main concern is that, if transportation from fossil fuels is abruptly halted, then your society comes to a complete halt.

We are all too aware of this. Others of the armada plan to provide vehicles to transport people and food. Others will support your efforts to produce non-polluting vehicles. None of us wish what is good about your civilization to crumble. You have functional technologies, from toilets to computers, to make your everyday lives more pleasant. All of us wish to support you in the continued use of these. We do not wish you to freeze or go hungry, return to stone-age survival, or fight over remaining resources. The main reason we have taken so long to institute this transition is for these very reasons. Until satisfactory solutions are found, we will not commence.

Let me move on to another aspect of your transition. Time will become much less important to you. You will still have the day and night, but they will be of even duration, as the planet will be spinning about a vertical axis. So day after day, and night after night, will occur with a constant rhythm; there will be no seasons, as the tilt will be gone. That measure of time will disappear. There will be no months as the moon is gone, so another measure of time will be gone.

The people of Earth will fall into a rhythm of life without the constraints of meeting deadlines; it will be a much more relaxed way to live. This in itself will free you to live more at peace, more in tune with your natural environment. Food will be grown throughout the year so that there will be no specific season for harvest. This will make it more plentiful for all.

This condition will also produce a relaxation of all within the animal kingdoms. Animals will give birth according to natural rhythms, not according to the seasons. Migration paths will change, as birds will not flee the warmth or cold. Bears will not hibernate; squirrels will not store for the winter. All animal and plant life will make adjustments to the new Earth.

As humans without time constraints, you will be much more relaxed about your lives. With this relaxation of life will come more freedom to discover who you are, to explore your planet, to explore relations with other Earth-humans, and to explore relations with those of us from other planets. You will soon discover more about being One with all.

In your new circumstances, you will communicate with anyone telepathically; such interactions will be based on truth. You will be free to explore who you are, so you may come much closer to the idea of just being. Life will be more relaxed so that you will not feel pressure to perform or to survive. You will probably fuse into that comfortable condition where we of Supsten now find ourselves. I have found it wondrous to function at a lighter density after having extracted myself from the slow chaotic existence of the 3rd dimension.

One more thing I would touch upon, as it will affect your new lives. The surface of Earth will be altered by earth shifts, and by the heating of the planet. We have indicated

to those who are the most likely to stick around where there are safe places to live. Rising seas will inundate many of the current seacoasts. The sea will rise about sixty feet when the ice caps are completely melted. This alone will change the face of the land. The earth shifts that will accompany the revised tilt to the Earth will produce some plate shifts and volcanic activity. This will add to the changed face of the planet. Alterations of weather patterns will produce more changes on the face of the planet.

Against this new physical background, the new civilization will be built. With our assistance, Earth will have cleaned herself. Her environment will rejuvenate itself much faster than your scientists could ever imagine. So you will have a physical paradise. And you will have new ways of organizing yourselves, new ways of seeing yourselves, new ways of being.

Yes, there will have been chaos, and the memory of it will be fresh with those remaining on the planet. However, it is from this chaos that the new civilization will be born. Do not run from the chaos; embrace it as a necessary step to the new civilization. We will make it as easy as possible for you, but there will be difficulties. It is through these difficulties that you will shed the old ways based on fear and assume the new based on love. You will come to realize that the old ways do not work, that the new ways are the only path through the chaos. From this realization a brilliant new civilization will be born. By adopting love for all, by seeing all as One, you will survive. We will cradle you in the Light to insolate you somewhat from the chaos. Know that you and all others who choose to go forward as the Caretakers of the new planet will emerge into a new way of being, a way never before experienced on this planet.

You and others have been asking, “When?” Here is our best prediction of this moment. Many see Barack Obama as a shining light, setting out to do the very best for this country and the world. We are concerned that those who seek to retain the status quo may overwhelm his efforts. This will then usher in a realization that all the old structures need to be completely replaced. That realization will usher in the chaos, exacerbated by a collapse of the economy. When the chaos commences we will make our appearance, removing the last of the agents of the dark energy. Then out of this chaos, and the realization that your sisters and brothers from other planets are real, will come the new civilization of Light. We are balancing all of this against the practical issue of transportation as previously addressed.

9-22-10 Those of you who have been reading the messages at this site since 2008 have most rightly concluded that the fear-based problems of Earth and her human inhabitants will not be solved using 3rd dimensional solutions. There are no tools in the 3rd dimension to overcome the fear, lies, war, greed, and power struggles that go on in the 3rd dimension. A more radical approach must be imposed: Moving beyond the enslaving institutions and beliefs of the 3rd dimension to living in higher frequencies based on love and Light.

We who observe and prepare you for the great transformation, and there are many of us from around the Universe, have known this since the beginning of our involvement — years ago. Since there is no way out of the 3rd dimension except through transformation or death, let us explore some of what it will be like in the higher frequencies. What will remain the same? What will be different?

Earth has stated that she is not going away; rather she is ascending to a higher, lighter frequency. She will then function as a brilliant sphere that many souls will desire to experience. Actually she is returning to the frequency that she enjoyed prior to being



overwhelmed by the dark energy. From this you can deduce that much of what you perceive as your physical environment will remain intact, albeit somewhat modified. Oceans, mountains, and plains will take on a new brilliance. Deserts will turn green. Plants will have new vibrancies; some will no longer be present. Earth's animal kingdom will reorganize itself, as all will be based on Oneness. This applies to insects, birds, and fish, as well as mammals.

Humans will be present on Earth, basking in her higher frequencies. Indications of this are the myriad children being born with extraordinary facilities of awareness. These crystal or indigo children are the forerunners of the humans of the new Earth. They will be teachers of their elders who remain with Earth as she ascends to the higher frequencies. The children, easily adapting to a higher frequency world, will lead the way to creating a pristine paradise for humanity.

You will notice major changes in your own body, as well as those of others, as physicality resonates with Earth's higher frequency. The more sensitive among you are already feeling changes in your bodies. Think of people you know functioning exclusively from a place of love. Imagine yourself infused with Light, functioning from a place of love, relating to others with love. You and those who transition to the new Earth will be transformed, and the ways in which you act will be quite different. You will live longer and your body will gradually become younger in support of your new frequency.

The humans of the new Earth will still eat and drink. They will still need shelter, as the climate will moderate but not become tropical. Humans will desire relationships with each other. And humans of the new Earth will want to organize themselves in various ways. Since all will be functioning from a place of love, for no other vibration will be comfortable at these new levels of Light, and everyone will be telepathic, organizations will take on new dimensions among people who are functioning from Oneness. There will be little need for organizations such as governments, and there will be no military or police.

Since people will still require food and shelter, and since not everyone will have similar abilities to provide these, there will be a barter system. And since there are limits to bartering, a monetary system will come into existence. Such things as these will happen rather quickly as people "remember" how to construct such a system. (This will be much different than the gradual evolution of monetary systems that occurred historically.) People will recall how the monetary systems of old did not serve them, so there will be no lending or ability to use the monetary system for power of one over another. As previously explored in these messages, elaborate constructs such as corporations will be unnecessary.

Beliefs, and the institutions associated with them, will disappear as people learn to rely on truth. The true nature of man as a soul having a bodily experience will be the basis of all, along with the truth about the elegance of man's soul. The truth about mankind's history on this planet will be unveiled. The truth about God and His Universe will become apparent with the appearance of our brothers and sisters from other star systems. Truth will be the norm, so education will be quite different among people who "know" rather than believe. There will be no opportunity for one to seek advantage over another by using their superior insights or abilities. Rather education will be a collaborative learning experience involving beings from around the Universe.

There will be no disease caused by fear, stress, viruses, bacteria, or parasites; these are part of the 3rd dimension fear-based paradigm. There may be a need for doctors to attend to the occasional broken arm, but physical bodies will be universally healthy within Earth's new environment. People will be educated to honor and care for their physical health; this will be the principal activity of the "medical" profession. Things like massage



will still be required for those who over-tax their bodies, but the absence of stress and the ability to adjust one's physical form will eliminate much of the need for any type of outside assistance.

The environmental problems — caused by the burning of fossil fuels and mining for such fuels, plus minerals and metals — will be terminated. Machinery that depends on the burning of fossil fuels will no longer function as supplies disappear. Transportation will grind to a halt, as will the production of electricity from fossil fuels. Alternative technologies will be introduced to provide electricity; new technologies will be introduced to replace existing machines.

In the higher dimensions you will immediately notice that there are fewer people on Earth. Only those who can truly embrace the higher frequencies will be present. Those of you who desire to ascend with Earth will discover ways to increase your frequency. Some individuals will immediately ascend to much higher frequencies; there they will then act as mentors and coaches for those in the lower frequencies. Such is done today by your brothers and sisters from other star systems.

You might glean from the above that the process of transforming Earth to a higher frequency might take some time. That more gradual process was to have started many years ago; it has been repeatedly delayed by the actions of the dark energy and its minions, as they cling to the last vestiges of their power and wealth in order to maintain the status quo, and continue the enslavement of mankind. As it stands today, the transformation will be swift, occurring over the coming months. We see the monetary system as the first man-made construct to crumble. Governments, corporations, and religions will quickly follow.

The collapse of manmade structures is playing out against a background of energies coming to Earth from distant sources. These energies are already impacting everyone's physical and emotional bodies. Physical disabilities are surfacing. Emotions are being exaggerated. Relationships are being tested. The process of transforming humans from carbon-based to crystal can be a somewhat painful and disconcerting experience. Earth is also receiving these energies, as witnessed by the extraordinary "natural" and man-made disasters, plus extreme weather, all occurring since the beginning of the year. These will intensify in the coming months as Earth sheds the remaining vestiges of the darkness of the 3rd dimension.

Is God energy or is He someone we may talk with? As with any question about God, the answer is almost always, both and much more. He is the energy that created and now upholds this Universe. At the same time He is intimate with you, and is very capable of speaking with you. God is present everywhere in His Universe. Very simply, God Is.

Some say that each human can be seen as divine because their soul is so wondrous and beautiful. The soul of each Earth human, and indeed of all beings throughout the Universe, is beautiful, and is everlasting in that it survives mortal life. At the same time a soul reincarnates over and over again, along with souls of a soul group who are all learning, experiencing, and growing. Each soul is on a journey to become all that it may become, to advance to higher energies and greater wisdom. The members of the soul group play different roles for each other: father or mother, son or daughter, friends or adversary, different races, and sexual preferences. The individual soul is also part of a cumulative Oversoul that is amassing the collective experiences of many lifetimes. Add that there is no time in the soul level and you have individual and cumulative souls at a divine level all in simultaneous time.

Your dreams and states of semi-consciousness are important in that they provide information about your soul's activities. Dreams are another way of looking at your life as

a human. They may portend the future or they may give insights into the present. Keeping notes on your dreams is important, as the memories fade with the new day. In the dream state you may travel, may encounter, and may gain knowledge. Those of us who are at higher frequencies often use dreams and states of semi-consciousness to impart messages.

Many of your star brothers and sisters walk among you. Some are materialized as humans with whom you interact. Some are walk-ins. Many of your race have been contacted, some from childhood. Your star brothers and sisters are conscious of your free will and will not trample on it despite a great desire to assist. At the same time, a much larger number of your space brothers and sisters await here in orbit, await your invitation to come in peace. With current attitudes and control of the media by those in power, any mass appearance would be misconstrued as an aggressive act and would be resisted militarily. This would result in unacceptably high numbers of casualties among those who are not awakened. Since this is to be avoided, we are finding other ways to make appearances in peace and love.

### **Justine and Moraine**

9-2-10 Today we wish to discuss the challenges you will face after you have raised your frequency to the higher dimensions, after your existing structures and beliefs have disappeared, after the earth shifts are completed, and after your lives have been vastly changed. This is the moment when you will find yourselves in a love-dominated civilization. It will be exquisite, if you allow yourselves to flow with the changes. We are offering this communication based on our experience on Supsten after we transitioned.

We see fear-based choices and actions gradually subsiding as love based choices and actions replace them. This is an on-going process; one that will continue until love becomes the dominant way of being. Each human on Earth is being asked to choose whether they wish to move into this strange, new love-dominated culture. The summation of these many choices creates a new way of being, a new civilization.

There is a moment when you will shift from linear time to the “now.” One moment you are in linear time, the next moment you are in the now. You will perceive that something has changed, in fact all has changed — for you will see all differently. So this is your first challenge. How will you navigate in this new way of perceiving, this new way of experiencing?

The second challenge has to do with your body, in that you will feel lighter. Old aches and pains will be gone. You will have perfect eyesight and hearing, and your touch will be extraordinarily sensitive. Things will smell so wonderful, and their taste will be glorious. This may be quite a pleasant shock. How will you accommodate yourself to this situation?

Many of your actions today are designed to avoid disease. In the 4th dimension, the diseases introduced by the dark energy are unknown. Your bodies will vibrate at a frequency in which disease can no longer reside. Many of you have become attuned to living with physical disabilities and accosted by disease. How will you now function? How will you go about your new life without worrying about catching one disease or another?

Relationships are the next challenge. Everyone will perceive things a little differently. There will have been no conditioning as to how you are to perceive, no parents to coach you, no prescribed box in which to fit, no rules or regulations. It will be wonderful, but also quite disconcerting.

The next challenge is to manage telepathy, for you will have this marvelous gift after

the shift to the 4th dimension. For the first time (for most of you), you will be able to communicate without words. You will merely think a message you wish to send to another and it will be transmitted. Others will be sending you messages also. In fact, you will be receiving large numbers of messages simultaneously, and you may initially feel bombarded with the thoughts of others. Your first challenge will be to filter what you wish to receive and what you do not. Discrimination is the order of the day, then learning to manage what you wish to say to another.

Once you have mastered the basics of telepathy, you can begin to establish relationships with other people. Keep in mind that everyone will be operating from a basis of love — this alone will be quite a change. There will be no judgments — after all, everyone is in the same situation. How do you relate to someone who can receive your honest transmission without the filter of conventional politeness, without the filter of your emotions, or your choice of words?

We have spoken of the absence of fear. Today you are immersed in a fear-dominated paradigm. Almost all aspects of your current environment and many of your relationships are built on fear. Fear of being cold leads you to build shelters. Fear of being hungry leads you to purchase and store food. Fear of rejection inhibits your relationships or may cause you to purchase a certain product. Fear of poverty leads you to achieve and to save. Fear of authority determines your actions. Many of your beliefs are fear based. Those who control you use fear as a major tactic. Fear is the basis for almost everything of your current civilization; no one lives without its effects. How will you react to the 4th dimension where there is no fear to constrain you or proscribe your actions?

One corollary of your fear-based society is that each of you has established a comfort zone in which you live your lives. You have your daily routines. You have your circle of friends and relatives. You have your favorite foods and drinks, and your favorite pastimes. Your comfort zone is the result of coping with a fear-dominated civilization. When you are no longer living in your comfort zone, how will you react?

If you are now highly conscious, elements of the new reality of which we speak may come upon you gradually, then one day you will wake up and all of it will be before you. It is not that you are un-prepared to deal with any one aspect of your new reality, it is that you will now deal with all of it simultaneously. We can attest from personal experience that this will be quite challenging, as you can no longer fall back on old familiar ways of acting.

We have also spoken of the need for all manmade structures that are based on fear to disappear so that others may take their places. However, do not expect this to happen instantaneously. Supplanting existing constructs cannot happen quickly; constructs based on fear — governments, monetary systems, corporations, and religions — took many years to build. It will take time to reestablish loved-based versions of them. Likewise all beliefs that are fear based will disappear to make way for truth.

Will this transition be easy or quick? No. It will be gradual as individuals change. The mass of people changes only slowly, one person at a time. There will be no mass conversion to a basis of love. It will take place one individual at a time. Beliefs change slowly, not in an instant. Look at your own experience, Mark, it has taken several years for you to move from a fear-based individual to One based in love, and throughout this you were quite open to the whole process. You are a natural risk taker. For someone who is by his or her nature more cautious, change will come more slowly. So it is with the majority of the population; they are not risk takers. Only a small percentage in any population are leaders who will show the way.

Layer these factors of the transition onto the changes Earth is undertaking as she

## *Transformation*

moves from a fossil-fuel-based civilization to one that does not puncture or gouge her skin, and you have the makings of the great transition in which Earth and all of you are engaged. Is it any wonder that there was a waiting line to see who would incarnate at this moment? This is exciting stuff. The drama is intense as we watch it inch forward day by day.

The institute we are creating will allow us to come and assist humans to navigate in their new way of being, for the transition to a love based civilization will take some getting used to. For now we broadcast energy, walk among you working in select situations, and interact with selected people. In the future we wish to broaden this interaction and work with many to help them accommodate themselves to all the new things of which we have spoken.

# 19

**The messages in this chapter focus on Leadership and Caretakers for The New Earth, and include the following:**

- **Oneness**
- **Leadership in Oneness**
- **Organizing in Oneness**
- **Caretakers**
- **Money in Oneness**
- **Collaboratives**
- **De-aging Process**
- **Dedicate Wholeheartedly**

## **Bren-Ton**

**6-15-09** The following is a series of lessons about leadership in Oneness. This type of leadership is different than any other leadership, although it bears some of the same characteristics. Once you accept the Oneness of all people, plants and animals, and the Oneness with Earth and the Universe, everything changes. So it is with leadership also; everything changes.

First a leader in Oneness will see that everyone and everything is conscious, and will treat everyone and everything in that way. Others are neither less nor more than the leader. The leader is not above others, is not better than others. The leader merely has the ability to lead. It is a talent, nothing more or less. It does not confer special privilege, rewards, or status. The leader is the leader simply because he or she possesses the talent.

Leading is seeing what needs to be done and crafting a plan to do it. This vision comes from the ability to foresee. It is intuitive within the leader to be able to foresee a way in which events will play out, to take into consideration all factors that will come into play, and to see a path through the morass. Thus we see that one aspect of the talent of leadership is vision. Not everyone has this ability. Other people have different abilities for which they are to be honored, but a true leader will have vision.

In addition to foresight, a leader will put him- or herself in front of others in a public way. This is done by writing, speaking, counseling, and/or with energies. In doing this, a leader will be willing to risk criticism and revolt against what he or she is speaking about.

A true leader will have the ability not only to speak out, but also to phrase things in such a way that others will relate to what he or she is saying. What is presented will be



neither too complex nor too simple to appeal to the listener. In addition, he or she will have the ability to motivate others to act. In many cases this means changing the way in which others think and behave. So a leader will be able to inspire others to change.

Finally, a leader will be able to garner participants about him- or herself, for one cannot lead if others will not follow. The more revolutionary the path that the leader is treading, will be the more difficult it will be to get others to follow him or her. So it behooves a leader to propose a path that is possible for those whom he would have follow him. It does no good to propose a seemingly impossible path for others, even if the leader sees it in this way and may be prepared to follow that path himself.

Contrast this with the autocratic style of the so-called leaders of your corporations and other institutions. They enrich themselves at the expense of their customers and employees, both of whom they consider to be their inferiors.

So the above are the characteristics of a leader in Oneness. It may seem rather basic, but on further reflection it will become more meaningful to consider someone who is leading participants who are all in Oneness with him or her and with each other.

6/16/09 A leader is to access those who are to participate with him. In them he must see their Oneness with him. He is no better than they; they are no different from him. His job is to inventory their talents and desires, and utilize them to best advantage.

In Oneness is the ability to truly see the other as a unique expression of God. In Oneness is the ability to see each other as brothers and sisters of the same or different Oversouls. In any dimension, there is a unique physical expression of the underlying soul. The leader must see this in each participant and appreciate it.

Those who are attracted to the vision of the leader will comfortably express to him their talents and their desires. Those who would be a part of his team will show him how they will fit in with him and others. It is the leader's job to listen to each of his potential participants and to ascertain what they are saying about themselves. It will take wisdom and openness on the part of everyone involved for this process to work.

Inherent within leadership in Oneness is a lack of rigidity, yet some form of structure will be achieved. A leader will make decisions for the team, the group, the community, or the state. The participants who are closest to him will absorb his vision and make it their own. They then can convey it to others. It is through this approach of mutual appreciation, shared vision, and Oneness that a new type of structure will emerge.

If physical things or animals are to be utilized, they too will be appreciated for their Oneness with the members of the team. Rocks, plants, animals, birds, and fish are part of the Oneness. Team members will come to see their Oneness and importance. If it is the task of the team to find, chop, and deliver wood, then the trees must become an integral part of the process as will the mode of chopping and delivery.

Recruiting members for his team is the job of the leader. Volunteering to be part of the team is the job of those who would participate with the leader. Members of any team have opportunities to join with various leaders. How they select whom they wish to follow is an individual decision. It should be carried out with both deliberation and purpose. The entire process must be transparent; there must be no hidden agendas on either the part of the leader or participants.

Note that I did not use the word "follower" when speaking about those who would be associated with a leader. Follower implies less than a fully conscious union. Only those who are aware can participate with a leader in Oneness.

6-18-09 I am happy to share the approach to organization that we would hope to implement on your planet. Intuition is to be cultivated in both the leader and the participants of his team. The value of it in decision-making and action is to be recognized. The opinion of either the leader or a participant, based on one's intuition, is to be honored. It is a matter of feeling comfortable with this way of decision-making, as opposed to analysis.

Meditation or another consciousness raising practice is an important part of the new leadership and participant mode. This will serve to connect everyone to a higher way of being. When all members of a team are at this higher level of consciousness they will more easily join together in proper decision-making and action. No formal way of meditating is prescribed.

This will lead to a direct connection with God. Only when that is firmly established will the true meaning of Oneness within the team become apparent. Functioning from a place of Oneness with all will create organizations like no other. Seeing projects in Oneness will make their accomplishment not only easier, but will facilitate the highest good for all involved. Training all members of a team in these practices will bear plentiful fruit.

Once this is accomplished, the ability to communicate telepathically will follow quite naturally. If one's conscious mind can be quieted through a meditative practice, then the door to telepathic communication opens. When a leader and his team members are all joined in this close association there is no room for private agendas, or room for deceit or manipulation, and no room for maneuvering or game playing.

Since you have all been taught to compete with each other, to see each other as different, and to seek your own welfare, this type of functioning will be quite a new experience. Seek out those people who will join with you in this type of an organization. Let the natural leader emerge. Within a short time an experience will emerge in which everyone communicates openly, everyone recognizes the strengths of each person, and in which there is a free exchange of ideas.

There are many other aspects of leadership and organization, such as ethics and leadership training for children, which we will share with you. These will become known, Mark, as you build the leadership institute we have requested of you. By this message we are recruiting those who might join with Mark in building such a teaching institute for Leadership in Oneness. We see such an effort as essential to creating a new civilization for Earth, and have promised to assist in its success.

## **Justine**

11-14-08 One problem with human organizations as currently structured on this planet is that they remove and impersonalize those at the top from those at the bottom. This allows those at the top to believe that they are somehow better than those at the bottom. Once this begins, then the power and wealth factor kicks in and those with money believe they are better than those without it.

This scheme was put into place by the dark energy and its agents. They descended onto this planet with superior technology and powers. They looked upon themselves as better than the humans of this planet, and they required the indigenous people to worship them as gods.

Your modern organizations retain these characteristics. As one ascends in the ranks one loses touch with that which ordinary workers are doing. Those that enter the organization without having worked among the majority of workers, never make that

connection. Soon it becomes a mark of the elite that they do not get their hands dirty with the work of ordinary people. Soon they begin to consider themselves above all. In their elevated lifestyles they compete only with each other and distance themselves ever more from the common woman and man.

Those who are slightly lower on the pyramid envision themselves climbing to the summit of power and wealth. They align themselves with those at the top so that they too might have what those at the top have. Then they too lose touch with their brothers and sisters in the lower ranks.

On my planet, Supsten, it was a tremendous advancement in civilization when we recognized that every human was of equal worth. We then began to honor each regardless of their station in life, age, sex, etc., regardless of the “job” they were doing, as important and worthy of our love and full recognition. Then we extended this to the issue of money and it became apparent that money should be made available to all in equal measure and no one should be accorded more regardless of how they contributed to the whole because each was essential to the functioning of the whole.

This then brings us to the question of leadership. Leaders are simply those who have a particular gift of insight into the bigger picture, are willing and able to speak up, and are willing to work in this way. Leaders are no more or less important than anyone else; they simply have a talent that they are using. On my planet we do not reward leaders any different monetarily than we do someone who is cleaning the streets. The street sweeper is providing a necessary service, is a valued member of the community, and is a brother or sister just like anyone else.

Because of this attitude we have many people who find joy working in fields to harvest food, and are satisfied sweeping streets. We have others who are happy maintaining our libraries or heading up our institutions. Individuals are recognized for their contributions in many ways, but not monetarily. Thus everyone may have a comfortable dwelling, and sufficient food and clothing. Luxury items such as a boat are shared among many people, so that a single family does not hoard items like these.

I know this sounds like a radical departure from that which you have today on your world. Keep in mind that the agents of the dark energy established the whole pyramid scheme of gods and wealth. It was a way to get people to compete, to see each other as different and separate. It is an artificial scheme, not part of Creator’s plan for honoring all as equally important. Once you reopen your ability to communicate telepathically, this way of life will become quite natural.

Once humans see each individual as important, they will then see the other manifestations of Earth as important, and honor each aspect of her beauty and functionality. Each of her creatures will likewise be honored for its role in supporting the whole.

Yes, this sounds utopian to your ears. Yes, it is a long way away from where you are today. However, some of you reading this message are to be the leaders of the new Earth. How better to begin than by honoring all your fellow humans as beautiful, worthy, and unique individuals. Money can be a medium of exchange, not something to be accumulated and used to triumph over your fellow man. May we all move forward to create a brilliant new civilization for Earth.

### **Justine and Moraine**

10-11-09 Our planet, Supsten, was transitioned from the hold of the dark energy to

the Light many years ago, as you count time. It was a process of Light coming from our brothers and sisters to help the planet raise her frequency, and to raise the frequency of those who inhabited her. The process was quite beautiful as we who were there recall. There were disruptions, but they did not last long and were not as severe as some had feared. We felt that we were conveyed in a gentle embrace to the higher frequencies.

We must add that the situation on our planet was somewhat different than on Earth. Here the dark energy and its agents are much more entrenched than they were on Supsten. For that reason the transition will be more difficult, will take longer, and more of your space brothers and sisters will be involved. Also the majority of your population remains asleep to events swirling about them. We are sad to see this situation but that is the reality of it.

Back to Supsten and our transition. We were asked who wished to be a Caretaker of the ascended planet. Each person, in some way, was given this information: Do you wish to remain on Supsten for an extended lifetime? Do you wish to assist others of this planet, the animals, and the plants to ascend? Will you commit to being a Caretaker? (Nothing was spelled out in precise terms — because we would not have understood it anyway.)

We will not go into the exact process of transformation, particularly as it may not be the same here on Earth. However, we will describe the end product: Our physical bodies became younger. Aging halted and we assumed the physical envelope of young people. This was done without reverting to death or reincarnation, without “walking in” to younger bodies. Our bodies were simply transformed into younger versions of our existing forms.

We retained our memories of all that had transpired in our lifetime. Everything we considered good, or not so good, all decisions, all experiences, and all lessons were remembered, in most cases more vividly. We arrived at a place where we had our memories and mental facilities intact, our personalities were retained, but we were in younger, more physically attractive bodies. The younger bodies resembled ours at a younger age, but were more beautiful and healthy. When you meet us, you will understand what we mean. The glimpses we show to you now are of our new bodies.

So the question for the readers of this message is the following: “If you knew that you would be provided with a young, healthy body, and could retain your memories and mental facilities, would you agree to be a Caretaker of the new Earth? Are you willing to stick around for another 50 to 100 years?”

Every human living on Earth is enslaved, whether they admit it or not. The very density of Earth enslaves humans. By refusing to admit your enslavement, you are giving power to what enslaves you, for if it can enslave you without your knowing it, it has accomplished its highest objective.

The process of raising a human from enslavement can be compared to plucking a slave, who has known only miserable slavery, from a primitive internment camp in an isolated territory of your planet and placing him or her into your modern society. Yes, he or she will recognize other humans as similar. Yes, there is still food and water, but everything else will be new and strange. So it is with moving a human of Earth to a higher density.

Ordinarily this process is accomplished through the death and rebirth process. Every human of Earth has experienced many reincarnations, on this planet and others of a higher density. In the reincarnation process, the lighter density of the soul is experienced after death. The lower density envelops one when he or she is born on Earth. Those who are walk-ins experience this same level of disorientation due to the lower density of their new physical bodies.

The process of increasing one from the lower density of Earth to the lighter density,



in which we who are your brothers and sisters exist, requires special processes. It is not easy for a human of Earth to raise their frequency to match that of ours. It is a process that employs several techniques. There is no magic button that can be pushed and, magically, you are now functioning at a higher frequency. The institute we are creating will offer such to those who would be Caretakers of the new Earth, as well as other training.

When your frequency is stepped up sufficiently, we will be able to interact with you as you now interact with friends and family on Earth. That is the process that was used on Supsten when we were removed from the influence of the dark energy. The frequency of those of us who had volunteered to stick around was raised. It was quite a lovely and joyous process, not an arduous task. It involves light, sound, intention, and creation. We are Justine and Moraine. We are here to assist you in raising your frequencies.

10-17-09 What would it be like to have another 50 to 100 years added to your life? Not much for someone who is young, but for someone who is older it would mean quite a lot. If you knew right now that you would have an additional 50 to 100 years, how would you live your life differently? Would it be as a Caretaker of the new Earth?

As Caretakers of Supsten, our first task was to care for the physical welfare of those around us. This came after the removal of the last of the dark energy's agents and the great separation between those who wished to stay and those who did not. You described this trifurcation process earlier, Mark.

First there was the need to ensure that the Caretakers, those who chose to remain on Supsten, would have their physical needs met. This included water, food, and shelter, for although we were on a much-advanced planet, we still had these basic needs.

After the basics were supplied, there then came the matter of what we were to do. The forces of the transformation had dismembered our old institutions. There was no economy; there were no towns, cities, nations, government, or most other organizations, period. We had to organize ourselves, first into small neighborhood groups, then into ever larger groups. And how was that done? Those who had experienced this process on other planets assisted our reorganization. Our brothers and sisters from other planets, and celestials who had seen it all before, came and taught us what had worked for them.

As Caretakers, we had to learn new ways to organize, how to live without the structures that had been imposed upon us by the agents of the dark energy. This was a whole new experience, for we had no context in which to operate, everything is different when you start from scratch. It was beautiful in that there are no precedents; it was a bit scary because there are no precedents.

We knew that we wished to organize for the benefit of all; no one was to be omitted, but how to do that? The idea of a collaborative was suggested. A collaborative is a structure in which everyone is honored, everyone has a voice, everyone is cared for according to his or her needs, and everyone can contribute according to his or her skills. No one is compensated for any particular talent; everyone contributes his or her particular talent to the good of the whole.

This process was made much easier due to the reconnection of our telepathic abilities. We were able to know what each person could contribute, and what each person needed.

So the first role of the Caretakers is to care for each other, the second is to get things organized, at the most simple level. The third role is to expand organizing to embrace other organizations. All of this requires a tremendous amount of teaching and mentoring, and great patience. For most of us on Supsten it was our first time dealing with either survival or organizing. Looking back, it was magical when everyone cooperated for the good of the



whole, and each other.

We are now here to lend a hand by recounting our experiences for you. You are free to adopt what we suggest or not. We are here to mentor you. After the institute has done its job by collecting would-be Caretakers, and lifting their frequency, we will sit down and converse with you over a cup of tea or coffee, as you often do on your planet. I have no idea if we will like tea or coffee, but we will still sit down and talk in that congenial manner. We are very much looking forward to such a dialogue.

The de-aging process is gradual. You will go back not to your old body, as you knew it, but to a new younger body. It will resemble the old you, but will be much improved. Keep in mind that in the new Earth you will exist in an environment where there is no disease; therefore the aging process will be quite gradual for your new body.

The psychological adjustments to a new body may be more extreme than the physical. You will acquire new strength and endurance. These must be used wisely or you may injure yourself. A healthy amount of self-discipline is advised. Also your new body will function as that of a younger person with all the natural inclinations with regards to sex and consumption of foods and beverages. Using your new body to pleasure yourself, whether it be climbing mountains or engaging in sex, should be tempered with the knowledge that you are now a Caretaker of the new Earth, and that this is your primary responsibility. Nonetheless, make sure you enjoy your new environment; it will be a wondrous place compared to that in which you now dwell.

Seek relationships among the other Caretakers so that you may organize to the benefit of all. Seek both close friends as well as a wide range of acquaintances, for you are all on the new Earth for a reason. Each of you will have survived the rigors of the transformation to the new Earth. Honor each other as survivors, and fellow travelers.

So what is it like to know that you have volunteered to live an additional 50 to 100 years? How does it affect your mental outlook? How do you conduct yourself relative to others, some of whom have also volunteered, some who have not?

Just the idea that you will have an extended lifetime should induce you to take care of the body in which you currently reside — as good practice for that which you will be acquiring. Open your mind to the limitless possibilities that additional years give you. Will you change your lifestyle? Will you acquire additional knowledge? Will you engage in new activities? Will you begin new things rather than thinking of retiring?

Take a hard look at yourself in the mirror. Is this the way you wish to appear for the next 100 years? Since your body is a reflection of your soul, and to a great extent you can mold it, how will you change your appearance? Will you be more open or more reflective? Will you aspire to greatness, or be a vital cog in the organization of the new world? You have additional years. What will you undertake on behalf of your fellow humans of Earth?

Does all of this sound exciting enough that you will volunteer to be a Caretaker of the new Earth? We hope so, for our experience on Supsten was a wondrous enlightening one. Begin planning today as to how you will spend the rest of your extended life.

## **Adrial**

**1-17-10** Greetings. I give you my perspective as a celestial of this Universe. Please note that the title of this message is to “become” a Caretaker, not to “be” a Caretaker. This implies, as it should, that there is a process by which one becomes a Caretaker; that the right to be a Caretaker of the new Earth is not instantly conferred upon one simply because

he or she exists.

The process of becoming a Caretaker will commence as the planet moves from her current state of overwhelming darkness and establishes herself in the higher frequency of Light. As a part of this process all of her plant and animal residents will likewise establish themselves in this higher frequency. This leaves the human residents who have chosen to transition — some percentage of those now living on the planet — to wholeheartedly embrace their new surroundings of Light and live within them.

It will be unfamiliar, because every human who is now living on the planet is experiencing life against a background of darkness. Yes everyone, even those who are of the Light, see it against a background of darkness, for that is Earth's current condition. Thus it will require a reorientation to acclimate oneself to being on a planet of the Light.

We who function from places of Light will be with you to mentor those humans who remain on the planet. It will not be instantaneous or instinctual for those coming out of the darkness; rather it will require training, guidance and mentoring to fully embrace this new way of being. Beings from other planets of Light, as well as celestials from about the Universe, will undertake this mentoring.

But I am ahead of myself. There is one more matter I wish to bring to your attention in this message. To remain with Earth as she ascends to her lighter way of being will require a steely dedication on the part of any human. Anyone who wishes to remain as a Caretaker of the new Earth must first dedicate themselves wholeheartedly, with every fiber of their body, with every thought of their mind, with every intention of their soul to this transition, and remain steadfast to that during the trying times that will persist between where everything is now and when the planet emerges into her new raiment. Earth is in the process of shedding all of that which contributes to the darkness, all that induces fear, and all that results in war and violence. Those of you who are sensitive to such happenings see what is occurring about you at this moment.

I will not minimize the difficult times I foresee for every human, both those who will become Caretakers and those who will not. For those who choose not to follow along with the new Earth will also experience the chaos, the earth shifts, the extreme weather, and the uncertainty of survival. It is only those who are steadfast in their dedication to the Light who will remain on the planet after the transition.

So with this brief message, I bid you farewell. In the days ahead you will experience the transition. If you wish to become a Caretaker, hold fast to the Light. If you do not, there will be ample opportunities to depart the planet. I am Adrial, a celestial of this Universe. I hold each of you in unconditional love.

